

Retail Product Catalogue

WINTER 2022

Last updated: 16/04/22



IMPORTERS & SELECTORS OF
ARTISAN FOODS

PART 1 - CHEFS CHOICE & KURA



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Errors & Omissions Excepted

NEW PRODUCTS



ORGANIC AUSTRALIAN SEMOLINA



\$3.30



Chef's Choice **Certified Organic Australian Semolina 500g**

Chef's Choice Certified Organic Semolina is made from hard wheat, prized for breads, hard baked goods, all-purpose flour and flour blends with its distinctive earthy aromas, colours and textures. This natural source of nutritious coarse flour is perfect for varieties of sweet and savoury preparations, including pizza bases, pasta, gnocchi, biscuits, cakes and more of your favourite foods!

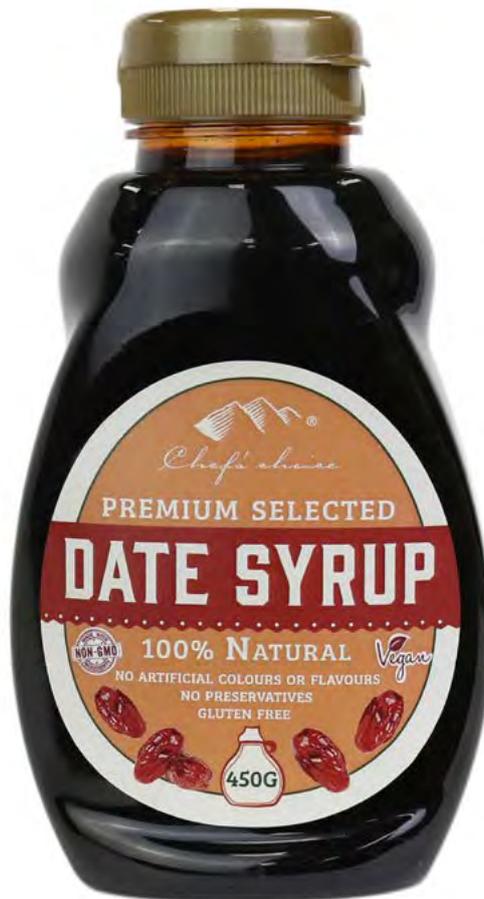
Product Name	Dimension	Barcode	TUN	CTN
Certified Organic Australian Semolina 500g	(L)6.3 x (H)22.7cm	9339337308079	19339337308076	10

NEW PRODUCTS



Chef's choice

DATE SYRUP



\$5.15

Chef's Choice **100% Natural Premium Selected Date Syrup 450g**

Chef's Choice 100% Natural Premium Selected Date syrup is produced from the finest dates, creating a naturally sweet and super tasty flavour. This rich and thick syrup has subtle caramel notes, just raw vegan and paleo-friendly deliciousness with no added sugar for that peace of mind.



vegan



gluten free



non GMO

Product Name	Dimension	Barcode	TUN	CTN
100% Natural Premium Selected Date Syrup 450g	(L)5.5 x (W)8 x (H)14.5cm	9339337301513	19339337301510	12

Also available in bulk 500g to 1kg

PURE SAFFRON

HBC boasts the highest quality saffron in Australia and New Zealand based on international standards through laboratory testing. Saffron is considered the most expensive spice in the world, due to the extremely labour-intensive process involved in harvesting these fine threads. This musty, honey-flavoured spice is best used in small quantities, often becoming bitter when overused. Most commonly used in risottos and paellas, this beautiful spice is a staple ingredient for Middle Eastern and European dishes.



\$3.90

Pure Mancha Saffron Threads on Card

- 0.5g
- (L)7×(W)10cm
 - B# 9339337000669
 - TUN 19339337000666
 - Certified Kosher



\$5.45

Saffron Threads on Card

- 1g
- (L)7×(W)10cm
 - B# 9339337003646
 - TUN 19339337003643
 - Certified Kosher



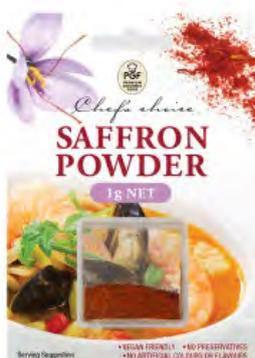
Saffron Threads Box Model

- 0.5g
- (L)22×(W)15×(H)10cm
 - 24 pc



Saffron Threads Box Model

- 1g
- (L)22×(W)15×(H)10cm
 - 24 pc



\$5.45

Saffron Powder on Card

- 1g
- (L)7×(W)10cm
 - B# 9339337003653
 - Certified Kosher



\$50

Pushal Saffron Threads

- 10g
- (L)6×(W)11×(H)2.5cm
 - B# 9339337000997
 - TUN 19339337000994

MUSHROOMS



\$6.80

Porcini Mushroom Powder

- 35g
- 12 PC/CTN
- (L)4.5×(H)11.5cm
- B# 9339337000430
- Certi ed Kosher



Dried & Whole Shiitake Mushrooms

- 50g
 - 12 PC/CTN
 - (L)13 x (H)7.5cm
 - B# 9339337007545
 - Certi ed Kosher
- \$4.65**



\$4.50

Dried Porcini Mushrooms

- 20g
- 12 PACK/CTN
- (L)9×(W)9×(H)5cm
- B# 9339337003004



Dried & Sliced Shiitake Mushrooms

- 30g
 - 12 PC/CTN
 - (L)13 x (H)7.5cm
 - B# 9339337007538
 - Certified Kosher
- \$3.08**



\$5.75

Dried Chanterelle Mushrooms

- 20g
- 12 PACK/CTN
- (L)9×(W)9×(H)5cm
- B# 9339337001017



\$5.75

Dried Mixed Forest Mushrooms

- 20g
- 12 PACK/CTN
- (L)9×(W)9×(H)5cm
- B# 9339337003011
- Certified Kosher



Dried Morel Mushrooms

- 10g • 12 PC/CTN
 - B#
 - Certified Kosher
- \$7.80**

FISH

\$2.85



\$3.30



\$11.00



Product Name	Dimension	Barcode	CTN
Anchovy Paste in Olive Oil 60g	(L)17 x (W)4 x (H)2.5cm	878266000511	48
Fillets of Anchovy in Olive Oil 48g	(L)2 x (W)10 x (H)5cm	810807520157	48
Cuttlefish Ink 90g	(L)5.7 x (H)6cm	8427163250028	24

FAT AND FOIE

\$8.70



\$13.25



\$27.25



\$36.50



Product Name	Dimension	Barcode	TUN	CTN
100% Pure Duck Fat 300g	(L)8.2 x (H)10.8cm	9339337307836	19339337307833	6
100% Pure Goose Fat 300g	(L)8.2 x (H)10.8cm	9339337307829	19339337307826	6
Block of Duck Foie Gras from The Perigord 125g	(L)11.5 x (H)7.7cm	3461951001381	1346195101388	12
Block of Goose Foie Gras from The Perigord 125g	(L)11.5 x (H)7.7cm	3461950021939	13461950021936	12



LA TOURANGELLE ARTISAN OIL

The production of gourmet oils is a time-honoured tradition in France. Originally, each village had a mill which roasted and extracted the oil from nuts gathered by local farmers. **These delicious oils were used in hearty rustic fare and were also found in Paris' finest restaurants.**

La Tourangelle is one of just a handful of these remaining mills that keep this tradition alive. Through a partnership between one of the oldest and most respected French artisanal oil mills, Huilerie Croix Verte SAS from Saumur, France, and California Oils Corporation, La Tourangelle has succeeded in recreating the spirit of a traditional French oil mill in Woodland, California.

Hand-crafting a wide range of delicious artisan oils in both California and France, La Tourangelle distributes an exclusive line of premium quality oils in many countries around the world.

\$21.50

Black Truffle OIL

- 250ml
- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000702

Black Truffles originate in Provence, France and are one of the most precious ingredients of Mediterranean cooking. The strong, intense, earthy flavour of this oil will bring a deep aroma to your dishes, and will especially complement pasta, mashed potatoes, meat and other dishes. Just like the most prestigious perfumes, the truffle extract is very rare, expensive and difficult to source. Only a few companies master the art of producing the extract. We infuse the extract in Grapeseed Oil because of its great properties and its neutral flavour that won't interfere with the aroma like olive oil may do.



\$21.50

White Truffle OIL

- 250ml
- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000719

White Truffles originate in Alba, Italy and are considered by many to be the most prestigious truffles. The strong, intense, earthy flavour of this oil will bring a deep aroma to your dishes, and will especially complement pasta, mashed potatoes, meat and other dishes. Just like the most prestigious perfumes, the white truffle extract is very rare, expensive and difficult to source. Only a few companies master the art of producing the extract. We infuse the extract in Grapeseed Oil because of its great properties and its neutral flavour that won't interfere with the aroma like olive oil may do.



\$9.45

Roasted Walnut OIL

- 250ml
- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000535

Walnut oil is delicious and easy-to-use oil. In salads, walnut oil mixes very well with balsamic vinegar or red wine vinegar to create simple but flavourful vinaigrette. Also try it with tarragon white vinegar. It is also delicious on grilled fish or meat: A dab of walnut oil is the perfect touch for enhancing flavours and easing digestion when added towards the end of your beef bourguignon or meat dishes. You can also try it in pasta with cheese. Don't hesitate to use it in cakes and baked goods, particularly with apples or pears. After harvesting, the nuts are washed, sorted, sun-dried for several days and stored for further drying. The walnut kernels are then ground and roasted in cast-iron kettles. The resulting warm paste is pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled. Walnut oil is extracted from English walnuts only.





LA TOURANGELLE ARTISAN OIL



\$13.20

Virgin Hemp Oil

250mL

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270001877

Balanced and rich in Omega 3. Discover the virgin hemp oil La Tourangelle! This balanced oil naturally rich in Omega 3 is dual-purpose: in cooking and cosmetics. Discover it quickly!



\$15.75

Toasted Pumpkin Seed OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000764

Toasted pumpkin seed oil adds a rich taste to salad dressing, soup, marinade, pasta, dips, pastries and more. Check out our recipe section for more. The pumpkin seed oil vanilla ice cream may be the easiest way to enjoy it: simply drizzle the ice cream with the oil and sprinkle with some pumpkin seeds...Enjoy! The process of extracting the oil has not changed for centuries. First, the best pumpkin seeds are toasted. It is then pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled in a protective tin can to preserve freshness.



\$12.95

Avocado OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000726

Avocado oil can be used the same way you use your extra virgin olive oil. But with a smoke point at 181 degrees it is very practical to use in the kitchen for pretty much any application. On salads or in a dressing, it contributes a hint of avocado flavour, and it is wonderful drizzled over slices of fruits. Cook, bake, dress or simply dip, avocado oil will make it all. Avocado oil is processed on equipment very similar to those used to process extra virgin olive oil. The avocado pulp is first expeller-pressed usually using a centrifuge. It is then lightly filtered and polished, using another centrifuge. The result is beautiful, emerald green oil with high level of monounsaturated fats that will bring a delicious, light avocado flavour to your dishes.



LA TOURANGELLE ARTISAN OIL



\$10.75

Roasted Almond Oil

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000559

Roasted almond oil is an outstanding product in the kitchen. With its fresh roasted almond flavour, the oil reveals subtle nuances when combined with other ingredients. Its delicate character makes it a good substitute for olive oil in cases where walnut oil and hazelnut oil are just too powerful. When combined with any salad, fish or vegetable dish, almond oil helps to fashion a gourmet meal. Almond oil is very popular in India with duck and curry, and in China it is also used with chicken and duck. Give almond oil a try - you are sure to love it. After harvesting, the nuts are washed, sorted, sun-dried for several days and stored for further drying. The almonds are then ground and roasted in cast-iron kettles. The resulting warm paste is pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled.



\$9.99

Roasted Hazelnut Oil

500ml

- 12 PC/CTN
- (L)7.5×(H)16cm
- B# 3245270000740

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000504

Roasted hazelnut oil is a well-kept secret of many top chefs. Great in salads, hazelnut oil combines very well with vinegar to produce light but flavourful vinaigrette. However, some say it goes even better with lemon juice. With pasta, potatoes and beans, hazelnut oil serves as a wonderful substitute for butter. Finally, hazelnut oil works great with fish, and you won't go wrong to give it a try with cheese or carpaccio. Once you "discover" hazel oil, you will return time and time again to rediscover this versatile treasure! The process of extracting the oil has not changed for centuries. First, the hazelnuts are ground and roasted in cast-iron kettles. The resulting warm paste is then pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled. The leftover cake is sold as cattle feed or for use in bakeries.

\$11.25

Grapeseed Oil

1L

- (L)7.5x(W)8×(H)25cm
- B# 9339337003738

Certified Kosher

It has a clean, light taste, which does not interfere with the flavours of anything you are preparing. It is an excellent ingredient to be used in salad dressings, to make mayonnaise and as a base for oil infusions with additions of garlic, herbs and spices. This is a delicate oil which is sure to be a great addition to your pantry!



New

\$37.20

Organic Extra Virgin Olive Oil

- 3L
- (L)15x(W)9.2×(H)26cm
- B# 9339337302695
- TUN
19339337302692
Certified Kosher

Three Olives Certified Organic Extra Virgin Olive Oil is produced from organically grown and hand picked Mediterranean olives using old traditional olive oil production methods and results in an elegant unfiltered oil, which has a earthy, mild and delicious fruity flavour and aroma. Perfect for everyday use and also ideal for dips, grilling or drizzling over salad, meat, fish or vegetables.





HIMALAYAN NATURAL PINK SALT & PEPPER

Himalayan salt has no preservatives or additives and is processed without harsh chemicals. This pure salt is found deep inside the pristine Himalayan Mountains and is mined by hand and ground by stone. The high mineral crystals range in colour from sheer white to varying shades of pink to deep red which indicates a beneficial amount of 84 trace elements and iron. These minerals give the salt a fine, subtle flavour which suits any cuisine. It is also delicious!

ALL GRINDERS ARE \$5.08



HIMALAYAN PINK ROCK SALT GRINDER

- 200g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337000096
- TUN 19339337000093
- Certified Kosher

This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan Rock Salt easily, in exactly the right amount, every time. Perfect for table use.



HIMALAYAN PINK FINE SALTSPRINKLER

- 200g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337001253
- TUN 19339337001250
- Certified Kosher

This attractive, disposable sprinkler allows for convenient table use as it dispenses Himalayan Fine Salt easily, in exactly the right amount, every time. Perfect for table use.



HIMALAYAN WHITE ROCK SALT GRINDER

- 200g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337000492
- TUN 19339337000499
- Certified Kosher

This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan white Rock Salt easily, in exactly the right amount, every time. Perfect for table use.



HIMALAYAN PINK SALT AND ORGANIC PEPPER GRINDER

- 200g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337002007
- TUN 19339337002004
- Certified Kosher

For your convenience, we have mixed our healthy Himalayan Rock Salt with our Organic Whole Black Pepper so you can enjoy this freshly ground mix at the same time. Perfect for BBQ's or on seafood and salads.



ORGANIC BLACK PEPPER GRINDER

- 100g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337002014
- TUN 19339337002011
- Certified Kosher

Organic is not a luxury – but is how food is intended to be. We select the highest quality, handpicked Organic Black Pepper from Sri Lanka, to be enjoyed with any cuisine.



ORGANIC BLACK PEPPER CRACKED SPRINKLER

- 100g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337004261
- TUN 19339337004268
- Certified Kosher

Our organic black pepper is produced from black immature peppercorns that have been finely crushed to give the texture of coarse ground black pepper.





HIMALAYAN NATURAL PINK SALT

ALL GRINDERS ARE \$5.08

Vegan



HIMALAYAN PINK ROCK SALT WITH CRUSHED CHILLI WITH GRINDER

- 160g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337003318
- TUN 29339337003312
- Certified Kosher

This superb chilli salt that offers a balanced blend of chillies and salt that can add real flavour to your cooking and meals. A must for any chilli-fan and a perfect way to immerse yourself in the beauty of chillies as you can use as much or as little as you like on anything at all.



HIMALAYAN PINK ROCK SALT WITH FOUR SEASONS MIX PEPPER WITH GRINDER

- 180g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337003158
- TUN 29339337003152
- Certified Kosher

It is a delightful combination of black, white, pink and green peppercorns combined with our brilliant Himalayan pink rock salt. It creates an enchanting flavour that matches anything from barbeques to fresh seafood and is a versatile seasoning.

Vegan



Vegan



HIMALAYAN PINK ROCK SALT WITH LEMON ZEST

- 150g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337004124
- TUN 29339337004128
- Certified Kosher

It is a sophisticated combination of lemon zest and pink rock salt. It has a delicate aroma, offering a slight tang which is sure to add depth to the flavours you enjoy this with. It is a great way to finish off roast potatoes, crispy chicken, pastas and roasts!



HIMALAYAN PINK ROCK SALT WITH ROASTED GARLIC

- 160g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337004131
- TUN 29339337004135
- Certified Kosher

It is a staple fusion of natural rock salt with real roasted garlic. The hearty flavour of the garlic is a perfect compliment to most dishes, adding an explosive layer of flavour to your seafood, poultry, meat and vegetables.

Vegan



Vegan



HIMALAYAN PINK ROCK SALT WITH DRIED PREMIUM PORCINI

- 140g
- 12 PC/CTN
- (L)5x(H)16.5cm
- B# 9339337004148
- TUN 29339337004142
- Certified Kosher

It is an intensely aromatic finishing salt with high quality porcini mushrooms. The distinct scent of porcini mushrooms greets you when you grind this over a dish, and the concentrated flavour and aroma of the mushrooms will spread to your taste buds. It is excellent with risottos, soups, pastas and to accompany a barbecue of meats and seafoods!



SEASONING

ALL GRINDERS ARE \$5.08



Chef's Choice Himalayan Pink Rock Salt with Szechuan Pepper and Crushed Chilli holds a beautifully unique flavour, a classical Asian fusion, and it's just irresistibly too good! Highlighting the slightly numbing and sparks of hot citrusy goodness from the traditional Szechuan Pepper, blended with hot chilli and our hand-mined Himalayan salt, it is a must-have to kick and spice up all your favourite dishes!



Chef's Choice Himalayan Pink Rock Salt with Pink Peppercorns is a beautiful twist to our regular salt and pepper combo that pairs with all dishes. Pink peppercorns have the same peppery bite, but only wrapped in a slightly fruity flavour, reminiscent of a berry with an attitude! This salt and pink peppercorn blend seasons all your favourite meals oh so perfectly!



Chef's Choice Himalayan Pink Fine Salt with Ground Chilli is beautifully balanced with salt and chilli to add the perfect amount of kick to your dishes. We use the purest hand-mined salt found deep inside the pristine Himalayan Mountains, combined with our fiery red ground chilli, a must-have for all chilli fans!



Chef's Choice Himalayan Pink Fine Salt and Ground Lemon Zest yields a delicate but citrusy kick that adds freshness and a twist to your regular salt seasoning regime. Its tanginess livens up so many dishes, use on your roasts, add to curries, perk up your veggies or even flavour your popcorn; the options are endless!



Product Name

Dimension

Barcode

TUN

CTN

Himalayan Pink Rock Salt with Szechuan Pepper and Crushed Chilli 145g	(L)5cm x (H)16.5cm	9339337307539	19339337307536	12
Himalayan Pink Rock Salt with Pink Peppercorns 170g	(L)5cm x (H)16.5cm	9339337307522	19339337307529	12
Himalayan Pink Fine Salt with Chilli Ground Sprinkler 200g	(L)5cm x (H)14.5cm	9339337307508	19339337307505	12
Himalayan Pink Fine Salt and Lemon Zest Ground Sprinkler 160g	(L)5cm x (H)14.5cm	9339337307485	19339337307482	12



SEASONING

ALL GRINDERS ARE \$5.08 EXCEPT *



Chef's Choice Himalayan Pink Fine Salt with Porcini Powder lets you enjoy the full flavour and rich aroma of porcini mushrooms, making the perfect addition and highlight for all your favourite savoury dishes. Paired with the finest Himalayan pink salt, this easy to sprinkle seasoning will ramp up your steaks, stir-fries and soups, even delightful enhancers in popcorn and baked chips. Sprinkle and enjoy!



Chef's Choice Himalayan Pink Fine Salt with Shiitake Powder has an irresistible aroma and flavour, making the perfect umami finale for all your favourite savoury treats. The strong, rich and deeply earthy flavour of Shiitake paired with the finest Himalayan salt is the absolute go-to option to revolutionise your roast chickens, roast vegetables, soups, and even delightful enhancers on popcorn and baked chips! Pair it with everything; this seasoning will be your kitchen's best friend!



Chef's Choice Himalayan Pink Fine Salt with Organic Ground Black Pepper is a simple combination of the go-to necessity on all meals. A mixture of the purest hand-mined salt found deep inside the pristine Himalayan Mountains with the finest ground Organic Black Pepper; it makes your single seasoning sprinkle of the highest quality!



***\$5.20**

Chef's Choice Organic Whole White Pepper has a sharp yet earthy flavour to give your dishes some wholesome character! White pepper is pickled and processed differently from black pepper, providing a hearty and musty flavour whilst still giving a sharp kick. Enjoy this premium quality whole white pepper over all your dishes!



Product Name

Dimension

Barcode

TUN

CTN

Himalayan Pink Fine Salt with Porcini Powder 175g

(L)5cm x (H)16.5cm

9339337307492

19339337307499

12

Himalayan Pink Fine Salt with Shiitake Powder 100g

(L)5cm x (H)16.5cm

9339337307546

19339337307543

12

Himalayan Pink Fine Salt with Organic Ground Black Pepper 220g

(L)5cm x (H)16.5cm

9339337307515

19339337307512

12

Organic Whole White Pepper 120g

(L)5cm x (H)16.5cm

9339337307614

19339337307611

12

Also available in bulk



SEASONING



ALL \$5.70

Chef's Choice seasoning range are produced with premium salts and 100% all natural herbs and spices, all blended to perfection to bring the smells, tastes and flavours from different parts of the world to this product!

With no fillers or preservatives added, these versatile seasonings are easy to use and can be used to marinate or be sprinkled on top whilst cooking. Perfect on poultry, seafood, pork, beef, lamb, vegetables and salad dishes these seasonings are sure to enhance any meals you to choose to prepare.

<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>TUN</i>	<i>CTN</i>
Sicilian Style Seasoning 110g	(L)5cm x (H)15cm	9339337005664	19339337005661	12
African Piri Piri Seasoning 110g	(L)5cm x (H)15cm	9339337005633	19339337005630	12
Mediterranean Style Seasoning 110g	(L)5cm x (H)15cm	9339337005657	19339337005654	12
Aussie Style Seasoning 130g	(L)5cm x (H)15cm	9339337005640	19339337005647	12



SALT FLAKES

Chef's Choice All Natural Himalayan Pink Salt Flakes are natural pink pyramid-shaped crystals loaded with flavour. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables.

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>
All Natural Himalayan Pink Salt Flakes 180g	(9339337304910	10

\$7.20



Also available in bulk 2kg to 25kg



HIMALAYAN NATURAL PINK SALT

Certified Kosher



\$4.35

Himalayan Pink Rock Salt Bag

- 300g
- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337001024
- TUN 19339337001021



\$4.35

Himalayan Pink Fine Salt Bag

- 300g
- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337000010
- TUN 19339337000017



\$5.80

Himalayan Pink Rock Salt Bag

- 1kg
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004803
- TUN 19339337004800



\$5.80

Himalayan Pink Fine Salt Bag

- 1kg
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004810
- TUN 19339337004817



\$4.80

Organic Black Pepper Bag

- 120g
- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337004063
- TUN 19339337004060



\$6.50

All Natural Whole Black Peppercorns

- 380g
- 10 PACK/CTN
- (L)11×(W)7×(H)21cm
- B# 9339337008108
- TUN 19339337008105



SEA SALT FLAKES

\$7.20



Chef's Choice All Natural Chilli Sea Salt Flakes will enhance the flavour of your favourite dishes and is ideal for any meat or chicken, fish, salads, potatoes and vegetables.

\$7.20



Chef's Choice All Natural Smoked Sea Salt Flakes have a pleasant smoky taste and is ideal for grilled meat, fish and vegetables dishes.

\$16.00



<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>TUN</i>	<i>CTN</i>
All Natural Chilli Sea Salt Flakes 180g	(L)13 × (W)5.5 x (H)18cm	9339337301131	19339337301138	10
All Natural Chilli Sea Salt Flakes 500g	(L)12 x (H)15.2cm	9339337301193	19339337301190	6
All Natural Smoked Sea Salt Flakes 180g	(L)13 × (W)5.5 x (H)18cm	9339337301155	19339337301152	10

\$7.25



\$14.75



Chef's Choice All Natural Black Sea Salt Flakes are natural Mediterranean sea salt flakes enriched with activated charcoal. Use black sea salt flakes both as a garnish or a roasting salt to enhance the flavour and look to any dish. Perfect for all types of seafood as well as meats, salads, fries and vegetables.

<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>TUN</i>	<i>CTN</i>
All Natural Black Sea Salt Flakes 180g	(L)13 × (W)5.5 x (H)18cm	9339337010453	19339337010450	10
All Natural Black Sea Salt Flakes 500g	(L)12 x (H)15.2cm	9339337301179	19339337301176	6



Louin' Body®

Certified Organic Spices



Spice Rack Dimensions:

Height = 190 cm

Length = 46 cm

Width = 45 cm

Introduction deal - Buy 47 spices listed below (carton 6 of each) and get the wooden spice rack free

\$2.77



\$2.77



\$2.77



\$3.20



\$3.35



Product Name

Dimension

Barcode

TUN

CTN

Organic Aniseed 50g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303906	19339337303903	6 x 6 (36)
Organic Basil Leaves Rubbed 23g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303517	19339337303514	6 x 6 (36)
Organic Bay Leaves 9g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303524	19339337303521	6 x 6 (36)
Organic Black Pepper 60g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303531	19339337303538	6 x 6 (36)
Organic Black Pepper Crushed 70g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303579	19339337303576	6 x 6 (36)

\$3.35



\$2.77



\$2.77



\$2.77



\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Black Pepper Powder 85g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303647	19339337303644	6 x 6 (36)
Organic Caraway Seeds 65g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303548	19339337303545	6 x 6 (36)
Organic Chamomile 12g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303999	19339337303996	6 x 6 (36)
Organic Cinnamon Powder 65g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303661	19339337303668	6 x 6 (36)
Organic Cinnamon Whole 30g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303562	19339337303569	6 x 6 (36)

\$3.80



\$2.77



\$2.77



\$2.77



\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Cloves 45g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303807	19339337303804	6 x 6 (36)
Organic Coriander Leaves 20g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337304002	19339337304009	6 x 6 (36)
Organic Coriander Powder 55g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303685	19339337303682	6 x 6 (36)
Organic Coriander Seeds 37g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303586	19339337303583	6 x 6 (36)
Organic Cumin Powder 70g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303692	19339337303699	6 x 6 (36)

\$2.77



\$2.77



\$2.77



\$2.77



\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Cumin Seeds 55g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303609	19339337303606	6 x 6 (36)
Organic Curry Powder 70g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303616	19339337303613	6 x 6 (36)
Organic Dill Seeds 22g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303944	19339337303941	6 x 6 (36)
Organic Fennel Seeds 58g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303623	19339337303620	6 x 6 (36)
Organic Fenugreek Seeds 95g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303852	19339337303859	6 x 6 (36)

\$2.77



\$2.77



\$2.77



\$2.77



\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Garam Masala 70g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303630	19339337303637	6 x 6 (36)
Organic Garlic Flakes 67g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303968	19339337303965	6 x 6 (36)
Organic Garlic Powder 72g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303975	19339337303972	6 x 6 (36)
Organic Ginger Powder 58g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303708	19339337303705	6 x 6 (36)
Organic Italian Mixed Herbs 20g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337304019	19339337304016	6 x 6 (36)

\$2.77



\$2.77



\$2.77



\$2.77



\$3.99



Product Name	Dimension	Barcode	TUN	CTN
Organic Lemon Grass 20g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303913	19339337303910	6 x 6 (36)
Organic Marjoram Leaves Rubbed 11g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303753	19339337303750	6 x 6 (36)
Organic Mint Leaves Crushed 18g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303937	19339337303934	6 x 6 (36)
Organic Mustard Seeds Black 85g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303869	19339337303866	6 x 6 (36)
Organic Nutmeg Powder 65g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303722	19339337303729	6 x 6 (36)

\$2.77



\$2.77



\$2.77



\$2.77



\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Nutmeg Whole 60g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303814	19339337303811	6 x 6 (36)
Organic Onion Flakes 27g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303982	19339337303989	6 x 6 (36)
Organic Oregano Leaves 35g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303760	19339337303767	6 x 6 (36)
Organic Parsley Leaves Rubbed 15g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303777	19339337303774	6 x 6 (36)
Organic Peppermint Leaves Crushed 24g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337304033	19339337304030	6 x 6 (36)

\$2.77

\$2.77

\$2.77

\$2.77

\$2.77

\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Red Chilli Flakes 53g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303593	19339337303590	6 x 6 (36)
Organic Red Chilli Powder 65g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303876	19339337303873	6 x 6 (36)
Organic Red Chilli Whole 17g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303883	19339337303880	6 x 6 (36)
Organic Rosemary 40g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303784	19339337303781	6 x 6 (36)
Organic Smoked Paprika 70g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303678	19339337303675	6 x 6 (36)
Organic Sweet Paprika 60g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303654	19339337303651	6 x 6 (36)

\$2.77

\$2.77

\$2.77

\$5.02

\$4.65

\$2.77



Product Name	Dimension	Barcode	TUN	CTN
Organic Thyme Leaves 27g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303791	19339337303798	6 x 6 (36)
Organic Turmeric Flakes 22g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337304040	19339337304047	6 x 6 (36)
Organic Turmeric Powder 70g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303739	19339337303736	6 x 6 (36)
Organic White Pepper 72g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303746	19339337303743	6 x 6 (36)
Organic White Pepper 80g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303920	19339337303927	6 x 6 (36)
Organic White Sesame Seeds Hulled 65g	(L)4.4 x (W)4.4 x (H)10.5cm	9339337303890	19339337303897	6 x 6 (36)

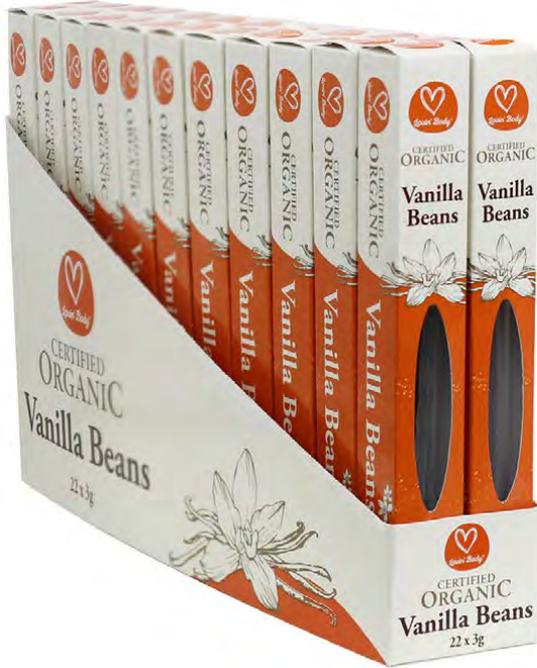


Lovin' Body®

VANILLA BEANS



Lovin' Body Vanilla Beans have brought one of the most internationally known and loved flavours to western cuisine. Lovin' Body Vanilla Beans are beautifully plumped, enhancing flavours and aromas in all your favourite desserts, beverages, milk products and coffee.



\$3.50

Product Name	Dimension	Barcode	TUN	CTN
Lovin' Body Certified Organic Vanilla Beans 3g	(L)2.5x(W)2.5x (H)19cm	9339337307232	19339337307239	22



Lovin' Body®

SAFFRON

Lovin' Body Saffron Thread is made from the best quality saffron based on international quality standards and gives a beautiful soft golden colour. It provides a rich flavour to all dishes with only a minimal amount. We are sure you will love it.



\$4.35



Product Name	Dimension	Barcode	TUN	CTN
Lovin' Body Saffron Thread 1g	(W)3.7 x (H)4.3cm	9339337307126	19339337307123	8

VINEGAR

\$5.95



Premium Chardonnay Vinegar

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337001284

\$6.45



Premium White Balsamic Vinegar

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337001260

\$4.85



Organic Apple Cider Vinegar

- 500ml
- 6 PC/CTN
- (L)6×(H)27cm
- B# 9339337006036



Balsamic Vinegar

\$6.50

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000126 m
- B# 9339337000409



Premium White Wine Vinegar

\$4.40

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000003



Premium Tarragon Vinegar

\$4.80

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000102



Premium Red Wine Vinegar

\$4.40

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000034

\$4.40



Premium Raspberry Vinegar

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000058

\$6.95



Premium Ardenne Champagne Vinegar

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337302909

\$4.95



Sherry Vinegar

- 500ml
- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000140

BALSAMIC GLAZE

\$5.55



\$5.55



\$5.55



\$5.25



Product Name	Dimension	Barcode	TUN	CTN
Pomegranate Glaze 150mL	(L)4cm x (H)17cm	9339337006838	19339337006835	6
Fig Glaze 150mL	(L)4cm x (H)17cm	9339337001376	19339337001373	6
Truffle Glaze 150mL	(L)4cm x (H)17cm	9339337001222	19339337001229	6
Balsamic Glaze 150mL	(L)4cm x (H)17cm	9339337001383	19339337001380	6



MAPLE

\$7.10



100% Pure Maple Syrup (Medium Grade)

- 189 ml (250g)
- 12 PC/CTN
- (L)7.5×(W)4×(H)15.5cm
- B# 9339337006265
- TUN 19339337006262

Our 100% pure maple syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.

\$7.85



Organic Maple Syrup (Medium Grade)

- 189 ml (250g)
- 12 PC/CTN
- (L)7.5×(W)4×(H)15.5cm
- B# 9339337006487
- TUN 19339337006484

Our Certified Organic Maple Syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.

100% Pure Maple Syrup (Medium Grade)

Our 100% Pure Maple Syrup is sourced from natural Canadian maple trees. This dark amber colour looking syrup has a strong and flavourful taste and is a healthier substitute to sugar.

Certified Organic Maple Syrup

Certified Organic Maple Syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar.

\$27.75



- 1L
- 12 PC/CTN
- (L)10×(H)20.3cm
- B# 9339337006272
- TUN 19339337006279

\$104.25



- 4L
- 4 PC/CTN
- (L)15.7×(H)30.5cm
- B# 9339337006289
- TUN 19339337006286

\$32.25



- 1L
- 12 PC/CTN
- (L)10×(H)20.3cm
- B# 9339337305801
- TUN 9339337305818

\$115



- 4L
- 4 PC/CTN
- (L)15.7×(H)30.5cm
- B# 19339337305808
- TUN 19339337305815



Maple Butter

- 170g
- 12 PC/CTN
- (W)5.4×(H)8.3cm
- B# 627843095347

\$7.35

Maple butter, also known as maple cream or maple spread, is a confection that is made from maple syrup. The consistency of maple butter is light and spreadable, very similar to the consistency of peanut butter. Use this creamy maple butter spread on bread, pancakes, muffins, toast, and biscuits. It's so tasty!



NATURAL SWEETNESS/ SUGAR



\$5.40

\$11.60

\$68.60

Organic Agave Syrup

250mL

- 12 PC/CTN
- (L)6.7 x (W)4.3 x (H)14.7cm
- B# 9339337007453
- TUN 19339337007450

740mL

- 8 PC/CTN
- (L)9.5 x (W)7 x (H)21.8cm
- B# 9339337007460
- TUN 19339337007467

4L

- 4 PC/CTN
- (L)14.5 x (H)35cm
- B# 9339337304354
- TUN 19339337304351

Chef's Choice Certified Organic Agave Syrup is a delicious and natural liquid sweetener with a low GI (32) that is made from the nectar of the blue agave plant. It is ideal for sweetening hot and cold beverages such as coffee, tea and smoothies and can also be used on pancakes, oatmeal and cereal. It can also be used in baking recipes such as brownies, chocolate cake and cookies.

ORGANIC FRENCH MAYONNAISE AND SAUCES

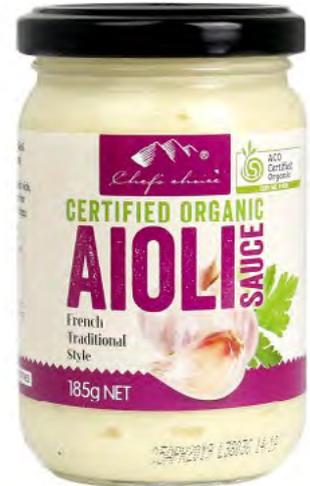
\$4.75



\$5.10



\$4.75



Organic Mayonnaise French Traditional Style 185g	(L)6 x (H)9.7cm	9339337000805	6
Organic Mayonnaise with Olive Oil French Traditional Style 185g	(L)6 x (H)9.7cm	9339337300829	6
Organic Aioli Sauce French Traditional Style 185g	(L)6 x (H)9.7cm	9339337000836	6

\$4.75



\$5.15



\$6.98



Seafood Cocktail Sauce French Traditional Style 185g	(L)6 x (H)9.7cm	9339337001543	6
Organic Tartar Sauce French Traditional Style 185g	(L)6 x (H)9.7cm	9339337000812	6
Truffle Mayonnaise 115g	(L)6.4 x (H)7cm	9339337007347	6



MUSTARD

Chef's Choice Premium Mustards can add exceptional flavour and texture to all your favourite foods. It can be used to marinate chicken, fish and pork and add spice to your burgers and wraps. Also excellent in mayonnaise, vinaigrette dressings and creamy sauces.

\$3.50



Premium Hot English Mustard

200g

- 12 PC/CTN
- (L)6.7×(W)6.7×(H)8.5cm
- B# 9339337000508
- TUN 19339337000505

\$2.80



Premium French Dijon Mustard

200g

- 12 PC/CTN
- (L)6×(H)10.5cm
- B# 9339337000164
- TUN 19339337000161

\$2.80



Premium French Whole Grain Mustard

200g

- 12 PC/CTN
- (L)6×(H)10.5cm
- B# 9339337000171
- TUN 19339337000178

ORGANIC LEMON & LIME SQUEEZE

Ready squeezed lemon and lime for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.



\$1.83

Organic Lemon Squeeze

125mL

- 24 PC/CTN
- (L)5×(H)9cm
- B# 9339337003752



\$1.83

Organic Lime Squeeze

125mL

- 24 PC/CTN
- (L)5×(H)9cm
- B# 9339337003769



ORGANIC SALAD DRESSINGS

Chef's Choice Certified Organic Salad Dressings are a great tasting dressing made from organic ingredients. This surprisingly tasty dressing is perfect drizzled over salads, grilled meat or roasted vegetables.

\$6.50



\$6.50



\$6.50



\$6.50



Product Name	Dimension	Barcode	TUN	CTN
Organic Salad Dressing with Balsamic Vinegar 360mL	(L)6 x (H)24.2cm	9339337305481	19339337305488	6
Organic Salad Dressing with French Shallots 360mL	(L)6 x (H)24.2cm	9339337305535	19339337305532	6
Organic Salad Dressing with Garlic 360mL	(L)6 x (H)24.2cm	9339337305566	19339337305563	6
Organic Salad Dressing with Dried Tomato 360mL	(L)6 x (H)24.2cm	9339337305528	19339337305525	6



VANILLA PRODUCTS

\$3.00



Vanilla Single Beans

- (L)4.5×(H)25cm
- B# 9339337001000
- TUN 19339337001007

\$5.65



Pure Vanilla Sugar

- 85g
- 12 PC/CTN
- (L)4.5×(H)11.5cm
- B# 9339337000300
- TUN 19339337000307

Chef's Choice Vanilla Sugar is a revolutionary vanilla and the first real alternative to pure vanilla extract, with some real advantages. Alcohol and gluten free, it is made with real vanilla beans and dextrose (corn sugar). Sprinkled on waffles, fresh fruit or cappuccinos it adds a subtle richness. Create your own hot chocolate mix with fresh cocoa, spiced mocha mix, or use it as a light glaze for fresh corn or carrots. Sprinkled on cappuccinos or lattes—it's the ultimate coffee condiment and much, much more. In essence, *Chef's Choice* vanilla sugar is the perfect addition to any food or beverage that you wish to enhance with the sweet, rich, yet subtle taste of pure vanilla.

\$18.00



Pure Vanilla Bean Paste with Seeds

- 100g
- 12 PC/CTN
- (L)5.8×(H)6cm
- B# 9339337300035
- TUN 19339337300032
- Certified Kosher

An infusion of a vanilla extract with finely ground vanilla beans. It will add an elegant appearance as well as an extraordinary flavour in culinary confections where the flavour and the appearance of vanilla beans are desired.

***Also available in bulk 1kg to 4kg**

\$6.50



Vanilla Beans Tube

- (L)5×(H)26cm
- B# 9339337000454
- TUN 19339337000451

\$50.00 pack of 20 Pure

Tahitian Vanilla Beans

- 12cm - 17cm



Also available in bulk 500mL to 4L



FLAVOURINGS



\$9.90

Alcohol Free Vanilla Flavouring

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337001215
- TUN 19339337001212
- Certified Kosher

This versatile flavouring creates a rich scent of vanilla. Natural, unique and undeniably delicious!



\$9.90

Pure Vanilla Extract

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000942
- TUN 19339337000949
- Certified Kosher



\$5.65

Rum Flavouring

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000874
- TUN 19339337000871
- Certified Kosher

We have formulated this appealing flavour using Fine Meyer's Rum for the best rum flavour.



\$5.65

Maple Flavouring

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337001420
- TUN 19339337001427
- Certified Kosher

The character of maple brings to you a delicate but tasty flavouring. Natural, unique and undeniably delicious!



\$5.65

Chocolate Flavouring

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000935
- TUN 19339337000932
- Certified Kosher

The rich flavour of the cocoa bean mingled with our pure vanilla extract for an outstanding, rich extract.



\$5.65

Coffee Flavouring

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000959
- TUN 19339337000956
- Certified Kosher

By extracting flavour from full-flavored, robust coffee beans we have created a premium coffee extract with generous coffee flavour.

Also available in bulk 500mL to 4L



ALL EXTRACTS \$5.65



\$5.65

Banana Flavouring

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003608
- TUN 19339337003605
- Certified Kosher

It is a versatile extract that gives you many ways to add natural banana flavour to your dishes.



\$5.65

Hazelnut Flavouring

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000911
- TUN 19339337000918
- Certified Kosher

This fine flavour has the aroma and flavour of roasted, buttery hazelnuts. It is excellent in cookies, sauces, and ice cream.



\$5.65

Raspberry Flavouring

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000867
- TUN 19339337000864
- Certified Kosher

Oregon and Washington's red raspberries are used to make this bright, plush extract.



\$5.65

Brandy Flavouring

- 100mL
- 12 PC/CTN
- (W)4.2×(H)11cm
- B# 9339337307324
- TUN 19339337307321
- Certified Kosher

This fine flavour is rich, enhancing dishes and drinks with a beautiful, authentic brandy flavour without using actual brandy!



\$5.65

Pistachio Flavouring

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003639
- TUN 19339337003636
- Certified Kosher

It is all natural and excellent in baked goods, beverages and ice cream. It is a versatile flavouring with sweet nutty tones that add a variety of flavours.



\$5.65

Blackberry FLavouring

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000904
- TUN 19339337000901
- Certified Kosher

An extract formulated to enhance sauces, bakery goods and ice creams with the succulent flavours of Oregon's blackberries.



Also available in bulk 500mL to 4L

EXTRACT



\$5.65

Terpeneless Lime

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000850
- TUN 19339337000857
- Certified Kosher

The zesty taste of lime comes through magnificently in this very fine extract.



\$5.65

Pure Almond Extract

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000881
- TUN 19339337000888
- Certified Kosher

Use in cookies, cakes, and almond croissants for a bold and impressive flavour.



\$5.65

Natural Strawberry Extract

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000898
- TUN 19339337000895
- Certified Kosher

This extract bursts with lively strawberry flavours that will add pretty notes in your gelatos, cakes, strudels, fruit salads, pies and sauces.



\$5.65

Pure Peppermint Extract

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000973
- TUN 19339337000970
- Certified Kosher

Only the most premium peppermint oil from the North-western United States is used to make this bold, bright and minty flavour.



\$5.65

Terpeneless Lemon Extract

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000966
- TUN 19339337000963
- Certified Kosher

This lemon extract will exhibit a fresh lemony flavour to your culinary creations.



\$5.65

Natural Coconut Extract

- 100mL
- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003615
- TUN 19339337003612
- Certified Kosher

It is pure tropical bliss in a bottle. With no artificial colours.



Also available in bulk 500mL to 4L

EXTRACT



\$5.65

Pure Anise Extract

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003622
- TUN 19339337003629
- Certified Kosher

It is a versatile extract with a subtle licorice overtone.



\$5.65

Terpeneless Orange Extract

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000980
- TUN 19339337000987
- Certified Kosher

Florida's premium oranges give this lush extract an unparalleled flavour.



\$5.65

Pure Cinnamon Extract

100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000928
- TUN 19339337000925
- Certified Kosher

We extract the oil from the bark of Ceylon cinnamon, the premium cinnamon of the world.



BI-CARB SODA

BAKING POWDER



\$3.50

Pure Multi-Purpose Bi-Carb Soda

350g

- (L)9×(H)11cm
- B# 9339337004780
- TUN 19339337004787
- Certified Kosher

It is a premium leavening agent with no aluminium or mercury and no bitter aftertaste.

Made from deposits of mineralised sodium bicarbonate, it is extracted by a natural water process that uses no chemicals.



\$3.50

Aluminium Free Baking Powder

200g

- (L)6.5×(H)9.5cm
- B# 9339337302954
- TUN 19339337302951

It will be your perfect pick for making fluffiest and softest texture in baked goods. This premium leavening agent is ideal for cakes, cupcakes, sponges, brownies, short breads, biscuits, scones etc.



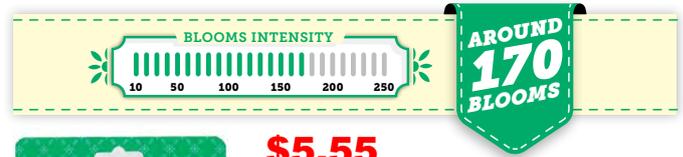
GELATINE



\$5.55

**Leaf Gelatine GOLD
24g (12 Sheets)**

Chef's Choice Edible Leaf Gelatine Gold Grade is a colourless, tasteless and odourless ingredient that sets clearer and a smoother consistency than powdered gelatine. Gelatine can be used in countless desserts and savoury dishes and offers none of its own flavour into a dish, which allows the flavour of the dish it combines with to shine through. This is why most professional chefs prefer leaf gelatine. The grade of gelatine is determined by its strength that is measured in "blooms". The higher the bloom, the better the quality. Our gold grade gelatine is a top quality product that produces a delightful consistency in dishes and desserts.



\$5.55

**Leaf Gelatine SILVER
30g (12 Sheets)**

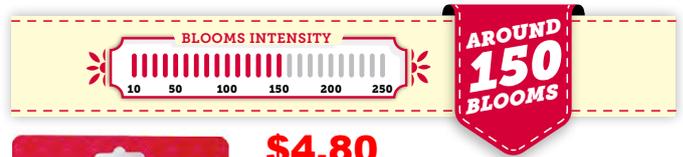
Chef's Choice Certified Organic Edible Leaf Gelatine Silver Grade sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.



\$5.55

**Leaf Gelatine SILVER
HALAL
30g (12 Sheets)**

Chef's Choice Edible Leaf Gelatine Silver Grade Halal sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.



\$4.80

**Leaf Gelatine TITANIUM
40g (12 Sheets)**

Chef's Choice Edible Leaf Gelatine Titanium Grade sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. This grade of gelatine sets quickly and is easy to use, making it a great gelatine for anyone from beginners to experts. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.

Product Name	Dimension	Barcode	TUN	CTN
Leaf Gelatine GOLD 24g (12 Sheets)	(L)10.9 x (H)29.7cm	9339337003172	19339337003179	12
Leaf Gelatine SILVER ORGANIC 30g (12 Sheets)	(L)10.9 x (H)29.7cm	9339337000638	19339337000635	12
Leaf Gelatine SILVER HALAL 30g (12 Sheets)	(L)10.9 x (H)29.7cm	9339337001451	19339337001458	12
Leaf Gelatine TITANIUM 40g (12 Sheets)	(L)10.9 x (H)29.7cm	9339337007002	19339337007009	12

GELATINE

\$5.10



Gelatine Powder GOLD

- 150g
- 12 PC/CTN
 - +/- 210 blooms
 - (L)10 x (H)20.5 x (W)5cm
 - B# 9339337006937
 - TUN 19339337006934

\$5.50



Premixed Vanilla Panna Cotta

- 140g
- 15 PC/CTN
 - (L)10x(H)20.5x(W)5cm
 - B# 9339337007606
 - TUN 19339337007603

Chef's Choice Dessert Premixed Vanilla Panna Cotta is a silky, smooth, vanilla flavoured classic Italian dessert. The ingredients are premixed and only take minutes to prepare. Perfect as a light dessert after any meal.

Made with 88% Organic Ingredients.



NATURAL SWEETNESS/ SUGAR

\$3.10



Organic Raw Sugar

- 600g
- Product of Brazil
 - 10 PACK/CTN
 - (L)16x(W)7.5x(H)23cm
 - B# 9339337002427
 - TUN 19339337002424
 - Certified Kosher

It has a heavenly taste and is produced from 100% certified organic sugarcane and is a wholesome alternative to refined white sugar. Raw sugar is often used to sweeten coffee or drinks and can also be used in cooking and baking. Raw sugar is the most natural form of sugar you can enjoy, and ours just tastes wonderful!

\$4.80 / \$7.80



Organic Rapadura Sugar

- 500g / 1kg
- Product of Sri Lanka
 - 10 PACK/CTN
 - (L)16x(W)7.7x(H)22.7cm
 - B# 9339337302541
 - TUN 19339337302548
 - Certified Kosher

It also known as Panela sugar is an unrefined and unbleached sugar, which is harvested from sugar cane and has a sweet caramel flavour and a fine texture. This healthy natural sweetener can be substituted for refined white sugar when baking or used to sweeten coffees, teas, hot chocolates, desserts and savoury dishes.

\$7.95



Guilt-Free Natural Sweetness

- 500g
- 10 PC/CTN
 - (L)8x(W)16x(H)23cm
 - B# 9339337004636
 - TUN 19339337004633
 - Certified Kosher

It is a 100% natural sweetener that tastes just like sugar with no nasty aftertaste, but contains added health benefits. Made from non-GMO corn, it has 40% fewer calories and 75% less carbohydrates than sugar, and is also proven to aid dental health.

***Also available in bulk 1kg to 25kg**

\$7.10



Organic Maple Sugar

- 150g
- 15 PACK/CTN
 - (L)10x(W)4.5x(H)20.5cm
 - B# 9339337001956
 - TUN 19339337001953
 - Certified Kosher

Maple sugar is a traditional sweetener in the northeastern United States and Canada, prepared from the sap of the maple sugar tree. It can be used as an alternative to cane sugar. Maple sugar is about twice as sweet as standard granulated sugar.

Also available in bulk 1kg to 25kg



SUPERFOODS

Certified Kosher

\$8.70

Raw Organic Cacao Powder

- 300g
- 10 PC/CTN
- (L)16×(W)8×(H)23cm
- B# 9339337003424
- TUN 19339337003421

Chef's Choice Certified Organic Raw Cacao Powder is produced by pressing out the cacao butter after the cacao beans have been ground. Cacao powder is full of flavonoids, which act as a natural health remedy. It presents a hint of bitterness to maximise the flavour of what you add it to. This powder gives an intense chocolate taste to baked goods and desserts which is just delicious!



\$6.75

Organic Roasted Cocoa Nibs

- 300g
- 10 PC/CTN
- (L)16×(W)5×(H)23cm
- B# 9339337300899
- TUN 19339337300896

Chef's Choice Superfoods Certified Organic Roasted Cocoa Nibs are cocoa beans that have been cleaned, roasted and separated from their husks and broken into smaller pieces. These flavourful little pieces also have great nutritional value and act as an energy booster and mood elevator! Great to use as a topping on salads or as a mix-in for baked goods or sweets for added crunch and flavour.



\$7.40

Raw Organic Cacao Nibs

- 300g
- 10 PC/CTN
- (L)16×(W)5×(H)23cm
- B# 9339337003448
- TUN 19339337003445

Chef's Choice Raw Organic Cocoa Nibs are cocoa beans that have been roasted, separated from their husks and broken into smaller pieces. These flavorful little pieces also have great nutritional value and acts as an energy booster and mood elevator! Great to use as a topping on salads or as a mix-in for baked goods or sweets for added crunch and flavour.



\$9.40

Organic Raw Lucuma Powder

- 250g
- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337300219
- TUN 19339337300216

Chef's Choice Superfoods Certified Organic Raw Lucuma Powder is an ancient superfood and is a great sugar substitute. It is a very versatile ingredient and has a silky, creamy texture with a sweet, caramel flavour, which can be used to sweeten drinks or used for baking and dessert recipes. Perfect for cakes, smoothies, muffins, puddings or ice cream.



\$8.85

Raw Organic Cacao Butter

- 300g
- 10 PC/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337004247
- TUN 19339337004244

It is an amazing, highly nutritious product obtained from cold pressing the cacao bean. It is excellent in making raw chocolates and can be combined with cacao powder or liquor and sweetener to make divine desserts. Cacao butter is nutrient dense which makes it a healthier alternative to butter, for use in baking, making.



\$6.50

Raw Organic Maca Powder

- 300g
- 10 PC/CTN
- (L)16×(W)8×(H)23cm
- B# 9339337004230
- TUN 19339337004237

It is a revitalising superfood that is extremely rich in nutritional substances that have wide-ranging benefits for your body and mind. Derived from the Maca root, the health benefits of Maca powder include long-lasting energy and essential vitamins, as well as improved moods, skin, sexual vitality and general health. These incredible effects make this product the perfect low-calorie addition to your baked foods, soups or smoothies.



Also available in bulk 1kg to 25kg



CHOCOLATE

\$7.55



Organic Dark Chocolate Couverture Drops 70% Cacao

- 300g
- 10 PC/CTN
 - (L)16×(W)7×(H)23cm
 - B# 9339337006081
 - TUN 19339337006088

It is made up of 70% cacao and is a wonderfully smooth and intense bittersweet chocolate that can be used for baking as they are for melting or nibbling. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other recipes! Ideal for baking, ice cream making and confectionery applications

\$7.50



Organic Dark Chocolate Couverture Drops 55% Cacao

- 300g
- 10 PC/CTN
 - (L)16×(W)7×(H)23cm
 - B# 9339337302879
 - TUN 19339337302876

It is made up from high quality organic cocoa grown in South America. These small sized dark chocolate drops melt fast and are easy to use making it ideal for any recipe that requires dark chocolate. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other recipes!

\$9.15



Organic Milk Chocolate Couverture Drops

- 300g
- 10 PC/CTN
 - (L)16×(W)7×(H)23cm
 - B# 9339337007422
 - TUN 19339337007429

It is made from premium organic cocoa grown in Central America. The combination of cocoa mass for creamy flavour and cocoa butter for easier melting makes it ideal for any recipe that requires chocolate. The perfect choice for making indulgent desserts!



NEW PACKAGING MUESLIES

 RECYCLE ME I CAN BECOME ANOTHER CONTAINER.

\$6.60



Delicious Bircher Muesli with Vanilla Flavour 500g

Chef's Choice Breakfast Delicious Bircher Muesli with Vanilla Flavour is one of the most nutritious ways to start the day. Easy to prepare, great for those who have an active and busy lifestyle and makes a healthier option than other breakfast products.

\$6.60



Delicious Muesli with Dried Fruits 485g

Chef's Choice Breakfast Delicious Muesli with Dried Fruits contains a delicious mix of quality rolled oats and dried fruits. Our muesli is GMO free and produced without the addition of sugar or any artificial colours or flavours. Enjoy our muesli with your favourite dairy or non-dairy milk for an excellent start to the day.

\$6.60



Delicious Nuts & Seeds Muesli 485g

Chef's Choice Breakfast Delicious Muesli with Nuts & Seeds is a delicious combination of rolled oats, walnuts, sunflower seeds, pepitas and organic shredded coconut. This blend contains healthy nuts and seeds that are full of natural antioxidants, minerals and healthy fats to keep you full for hours.

\$6.60



Certified Organic Paleo Muesli 550g

Chef's Choice Breakfast Certified Organic Delicious Paleo, Grain-Free and Raw Muesli is blended with 100% all natural ingredients and is perfect for those on a paleo or grain free diet. With no added sugar, no additives or preservatives it is the perfect meal to start your day or as an ideal in-between snack for an active lifestyle.

Product Name	Dimension	Barcode	TUN	CTN
Delicious Bircher Muesli with Vanilla Flavour 500g	(L)10.5 x (H)17cm	9339337307997	19339337307994	8
Delicious Muesli with Dried Fruits 485g	(L)10.5 x (H)17cm	9339337308000	19339337308007	8
Delicious Nuts & Seeds Muesli 485g	(L)10.5 x (H)17cm	9339337308017	19339337308014	8
Certified Organic Paleo Muesli 550g	(L)10.5 x (H)17cm	9339337307980	19339337307987	8

OATS

 RECYCLE ME I CAN BECOME ANOTHER CONTAINER.

\$4.50



Organic Quick Oats 400g

Chef's Choice Certified Organic Quick Oats are wholegrain rolled oats that have been cut and rolled thinner than traditional rolled oats, making it quick and easy to cook! It inherits a delicious nutty flavour and aroma, contains nutritional benefits and very versatile to use. Perfect for your favourite breakfasts, in smoothies and baked goods.

\$4.50



Organic Rolled Oats 400g

Chef's Choice Certified Organic Rolled Oats are wholegrain rolled oats that have been steamed to preserve its natural goodness. It inherits a slightly nutty flavour and aroma, contains nutritional benefits and very versatile to use. Perfect for your favourite breakfasts, in smoothies and baked goods.

\$5.45



All Natural Honey Toasted Oats 550g

Chef's Choice All Natural Honey Toasted Oats are steamed wholegrain rolled oats specially blended with a hint of honey, creating a deliciously nutty and warm flavour. These perfect oats have many nutritional benefits and are very versatile to use. Perfect for your favourite breakfasts, in smoothies, and baked goods.

\$5.75



Organic Buckwheat Flakes Wholegrain Cereal 280g

Chef's Choice Breakfast Certified Organic Delicious Buckwheat Flakes with Fruit & Nut Mix Cereal is a healthy and nutritious alternative to oats and other corn-based cereals. Mixed with a combination of delicious nuts, fruits and organic buckwheat flakes, which have a delicious nutty flavour, this mix is a great way to start your day.

\$6.15



Organic Buckwheat Flakes with Fruit & Nut Mix Cereal 380g

Chef's Choice Breakfast Certified Organic Buckwheat Flakes Wholegrain Cereal is a wholesome breakfast cereal that will give your gut the love it needs to start the day! Organic Buckwheat Flakes have a delicious nutty flavour and is just perfect as a muesli base to kick start your morning!

Product Name	Dimension	Barcode	TUN	CTN
Organic Quick Oats 400g	(L)10.5 x (H)17cm	9339337307898	19339337307895	8
Organic Rolled Oats 400g	(L)10.5 x (H)17cm	9339337307881	19339337307888	8
All Natural Honey Toasted Oats 550g	(L)10.5 x (H)17cm	9339337307874	19339337307871	8
Organic Buckwheat Flakes – Wholegrain Cereal 280g	(L)10.5 x (H)17cm	9339337307850	19339337307857	8
Organic Buckwheat Flakes with Fruit & Nut Mix Cereal 380g	(L)10.5 x (H)17cm	9339337307867	19339337307864	8



COCONUT PRODUCTS

\$3.30



\$3.30



\$3.30



These are simply dried and grated retaining all the natural flavour and aroma of the coconut flesh without the use of sweeteners or preservatives. Organic desiccated coconut is free from preservatives, sulphur and cholesterol. It is also high in fibre and very delicious.

it is a baking essential. This all natural, healthy treat is bursting with tropical flavours and aromas, making it perfect as a topping or ingredient in cookies, curries, cakes and more.

Product Name	Dimension	Barcode	TUN	CTN
Organic Desiccated Coconut - Finely Shredded 300g	(L)16×(W)7.5×(H)23cm	9339337005237	19339337005234	10
Organic Desiccated Coconut - Medium Shredded 300g	(L)16×(W)7.5×(H)23cm	9339337005220	19339337005227	10
Organic Shredded Coconut 200g	(L)16×(W)7.5×(H)23cm	9339337008252	19339337008259	10

\$2.40



It is made from the dried white flesh of organically grown coconuts and have an irresistible coconut taste! Our Coconut Flakes are great for snacking on its own, raw or toasted and can also be used for cooking, baking or garnishing.

\$3.65



It is a delicious, healthy alternative to wheat and other grain flours. It is essentially made from fresh organic coconut meat that is dried and ground into a very fine, flour-like powder. The light coconut flavour allows coconut flour to blend seamlessly into sweet or savoury baked goods.

\$4.80



It is a natural sugar made from evaporated coconut sap. A pure and unrefined sugar with a low GI, it is a natural alternative to processed sugars and artificial sweeteners. It adds a rich depth of sweet flavour to desserts and baked goods. It does not have a specific coconut flavour making it a really versatile sweetener in a wide range of recipes.

Organic Coconut Flakes 120g	(L)16×(W)7.5×(H)23cm	9339337010484	19339337010481	10
Organic Coconut Flour 500g	(L)18×(W)7×(H)25cm	9339337303838	19339337303835	10
Organic Coconut Sugar 500g	(L)16×(W)7.5×(H)23cm	9339337006555	19339337006552	10



COCONUT PRODUCTS



\$3.65

**Pallet
\$3.00
(120 ctn)**

It is made from the fresh juice of coconuts and is a healthy, refreshing and all natural drink. It makes a delicious, thirst-quenching sports and exercise drink and can be used in smoothies, protein shakes or as a juice base for drinks when mixed with other fruits.



\$1.55

Product Name	Dimension	Barcode	TUN	CTN
Organic 100% Pure Coconut Water 1L	(L)7.8 x (W)7.5 x (H)24.5cm	9339337007804	19339337007801	8
Organic 100% Pure Coconut Water 330mL	(L)5.5 x (W)5.5 x (H)14.5	9339337303234	19339337303231	12

\$2.50



It is a versatile ingredient with a rich creamy flavour but is lighter than coconut cream with a lower fat content. Coconut milk is used as a cooking base in many recipes and is rich in vitamins and minerals.

\$2.50



It is a versatile ingredient with a rich creamy flavour and is often used as a recipe base to add an exotic creamy richness and flavour. Coconut cream is rich in vitamins and minerals and can be used in recipes such as curries, soups, casseroles, drinks and desserts.

Product Name	Dimension	Barcode	TUN	CTN
Organic Coconut Milk 400ml	(L)7.5x(H)11cm	9339337005077	19339337005074	12
Organic Coconut Cream 400ml	(L)7.5x(H)11cm	9339337005084	19339337005081	12



COCONUT PRODUCTS

\$42.05

\$9.75



Chef's Choice Certified Organic Purified Coconut Oil comes from dried coconut meat and is one of the healthiest oils in the world. This naturally purified coconut oil is one of the most versatile oils around because it can withstand higher cooking temperatures and is neutral in flavour in recipes for cooking, baking, stir-fries and searing. It can also be used as a moisturizer or conditioner for the hair or skin.

Product Name	Dimension	Barcode	TUN	CTN
Organic Purified Coconut Oil 915mL	(L)9.5 x (H)18cm	9339337008191	19339337008198	6
Organic Purified Coconut Oil 4L	(L)23.5 x (H)20cm	9339337008207	19339337008204	4

\$13.65



\$9.15



Chef's Choice Certified Organic Coconut Oil is 100% natural cold pressed and extracted from premium grade organic coconuts. This lighter organic extra virgin coconut oil is considered one of the healthier oils for consumption as it benefits the body in many ways. With some nutty undertones, it creates a light aroma that is mild and sweet making it versatile and suitable for all cuisines. Coconut oil is an ideal alternative to butter, or any other vegetable oils on bread, vegetables, as a dressing for salads and smoothies or can simply be consumed on its own.

Product Name	Dimension	Barcode	TUN	CTN
Organic Coconut Oil Extra Virgin & Unrefined 915mL	(L)9.5 x (H)18cm	9339337004933	19339337004930	6
Organic Coconut Oil Extra Virgin & Unrefined 500mL	(L)9x(H)11cm	9339337004827	19339337004824	12



\$5.85

Chef's Choice Certified Organic Raw Coconut Butter is a versatile spread with a rich, tropical taste and aroma and goes well with just about everything! You can enjoy it straight from the jar, or use it as a spread on toasts or bagels, in baking recipes and on drinks such as smoothies. Great alternative to butter.

Organic Raw Coconut Butter 300g	(L)8.5 x (H)7.5cm	9339337007637	19339337007634	12
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Also available in bulk 1kg to 25kg



BEANS

\$4.49



Organic Red Kidney Beans

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000232
- TUN 19339337000239

True to their name, these popular beans are kidney shaped and are especially good in simmered dishes where they absorb the flavours of seasonings and the other foods with which they are cooked.

\$4.49



Organic White Kidney Beans

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)22cm
- B# 9339337000249
- TUN 19339337000246
- Certified Kosher

True to their name, these popular beans are kidney shaped and are especially good in simmered dishes where they absorb the flavours of seasonings and the other foods with which they are cooked.

\$4.49



Organic Borlotti Beans

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)22cm
- B# 9339337000263
- TUN 19339337000260
- Certified Kosher

Nutty in flavour with a creamy texture, borlotti are popular in Italian and Portuguese cuisine.

\$4.49



Organic Adzuki Beans

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000225
- TUN 19339337000222

Known simply as "red bean" where it is widely cultivated in East Asia. Adzuki Bean is light and creamy texture and mild, slightly sweet and nutty flavour when cooked that make it an easy and delightful pairing with other Asian tastes.

\$4.49



Organic Black Turtle Beans

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)22cm
- B# 9339337000256
- TUN 19339337000253

Black Turtle Beans are known to have a few different names around the globe. They are used in a variety of dishes but are known to be a staple ingredient in Latin American cuisine. Because of their meaty texture, they frequently appear in classic dishes and work perfectly in stews, sauces, salads and side dishes!

\$4.49



Organic Soybeans

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001208
- TUN 19339337001205

The soybean is a species of legume native to East Asia, widely grown for its edible bean which has numerous uses.

Also available in bulk 1kg to 25kg



BEANS

\$4.35



Organic Mung Beans

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001352
- TUN 19339337001359
- Product of Australia

Mung are traditionally used in East Asian and Indian cuisines. They are a healthy and inexpensive addition to any diet. When cooked, the mung beans can be eaten plain or with spices and vegetables.

\$5.60



Organic Peeled Split Mung Beans

500g

- 10 PACK/CTN
- (L)15×(W)6×(H)22cm
- B# 9339337009341
- TUN 19339337009348

Chef's Choice Certified Organic Peeled Split Mung Beans are traditionally used in Asian and Indian dishes. They are a healthy and inexpensive addition to any diet. When cooked, mung beans can be eaten plain or with spices and vegetables.

\$4.35



Organic Chickpea Splits

500g

- Product of Australia
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001611
- TUN 19339337001618
- Certified Kosher

Produced by dehusking and splitting brown (desi) chickpeas. Known alternatively as Channa Dahl. Easily stored for long periods with their nutritional value intact. USES: An excellent base for soups and casseroles and can be used instead of whole chick peas in many recipes including Dahl.

\$3.60



All Natural Chickpea

500g

- Product of Australia
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337002489
- TUN 19339337002486
- Certified Kosher

Chickpeas are a helpful source of zinc, folate and protein. They also can assist in lowering of cholesterol in the bloodstream. Chickpeas add lots of flavor and protein to all kinds of dishes, from hummus dips to salads to easy sides.

\$5.70



Organic French Style Green Lentils

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337008139
- TUN 19339337008136

Certified Organic French Style Green Lentils have firm texture and an irresistible nutty taste. A dietary staple throughout in many regions, green lentils work perfectly as a healthy side dish. Perfect for salads, soup, curries, dahl and pilafs.

\$5.25



Organic Beluga Lentils

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006500
- TUN 19339337006507

They are tiny black lentils with have a hearty, earthy flavour and soft texture. They are high in fibre, protein and nutrition making them perfect for vegetarian dishes and a great meat alternative. They can absorb different flavours making them great in stews, soups, and salads or served with rice.

Also available in bulk 1kg to 25kg

\$3.90



Green Split Peas

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003134
- TUN 19339337003131

Green Split Peas deliver the highest quality green peas for the most nutritious and delicious taste. With virtually no fat, low in calories and high in protein and fibre, this delicacy has been proven to lower cholesterol,

BEANS

\$3.60



Organic Red Split Lentils

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337302626
- TUN 19339337302623

Chef's Choice Certified Organic Red Split Lentils are colourful and have a earthy, nutty flavour and aroma. They are simple and easy to use and provide a lot of nutritional value! Because of their versatility, they can be used in a variety of dishes and cuisines from around the world!

\$4.10



Australian Red Split Lentils

- 1kg:
- 8 PACK/CTN
- (L)16×(W)8×(H)21.5 cm
- B# 9339337301230
- TUN 19339337301237

Chef's Choice Australian Red Split Lentils are the finest red lentils from local Australian farms with earthy flavours.

\$3.75



Organic Green Split Peas

- 500g
 - 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337302619
 - TUN 19339337302616
- Chef's Choice* Certified Organic Green Split Peas have a mild, earthy flavour, soft texture and are easy to prepare – no need to presoak. These tiny delicacies have nutritional benefits and are great to have as part of a healthy lifestyle. Delicious in soups, stews, salads, curries, dahl or as a simple side dish.

\$4.25



Australian Green Lentils

- 1kg:
- 8 PACK/CTN
- (L)16×(W)8×(H)21.5 cm
- B# 9339337301308
- TUN 19339337301305

Chef's Choice Green Lentils deliver the highest quality lentils for the most nutritious and delicious taste. With virtually no fat, low in calories and high in protein and fibre, this delicacy has been proven to lower cholesterol, increase energy and assist in weight loss.

\$5.40



Petite Lentille Verte (Small Green Lentils)

- 500g / 1kg
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000652
- TUN 19339337000659

Lentils have similar health benefits as common beans. Renowned for their deep nutty flavour and holding their shape when cooked. These lentils are perfect for salads or as a bedding for meat or fish.

Also available in bulk

QUICK!
SIMPLE!
TASTY!



EXPRESS

Certified Kosher

At *Chef's Choice*, we have new, exciting products in our recently added Express range, so it's easy to find everything you'll need in one place. Tasty, convenient and great value – we have done the work for you so that you can prepare a perfect meal with an ease of mind.

\$4.35



Chef's Choice Express Spanish Seasoned Paella Bomba Rice

- 200g
- 15 PACK/CTN
 - (L)12.3×(W)6×(H)23cm
 - B# 9339337003899
 - TUN 19339337003896

It has been developed by a qualified chef to deliver the authentic flavour of Spanish Paella. The blend of saffron and Spanish paprika we have included along with the gourmet flavours and spices incorporated in this rice, works magnificently with any paella you wish to bring to the table.

\$4.25



Chef's Choice Express Organic Persian Spiced Basmati

- Rice
- 200g
 - 15 PACK/CTN
 - (L)12.3×(W)6×(H)23cm
 - B# 9339337003882
 - TUN 19339337003889

It has been developed by a qualified chef to deliver the authentic flavour of Persian rice. The blend of saffron and Spanish paprika, that we have included, gives this rice a beautiful colour and presentation making it an excellent side dish to accompany any main meal.

\$4.35



Chef's Choice Express Forest Mushroom Risotto

- 200g
- 15 PACK/CTN
 - (L)12.3×(W)6×(H)23cm
 - B# 9339337003967
 - TUN 19339337003964

It has been developed by a qualified chef to deliver a delicious risotto with rich premium mushroom flavours. By using only the finest mushrooms sourced from around the world.

\$4.35



Chef's Choice Express Premium Selected Moroccan Couscous

- 200g
- 15 PACK/CTN
 - (L)12.3×(W)6×(H)23cm
 - B# 9339337006593
 - TUN 19339337006590

It has been developed by a qualified chef to deliver the authentic flavour of Morocco. The blend of saffron and Spanish paprika, that we have included, gives the couscous a beautiful colour and presentation making it an excellent side dish to accompany any main meal.

Also available in bulk 1kg to 25kg



BEANS

\$4.15



South Indian Style Coconut Dahl

- 170g
- 15 PACK/CTN
- (L)12.5×(W)6×(H)23cm
- B# 9339337002816
- TUN 19339337002813
- Certified Kosher (D)

Our South Indian Style Coconut Dahl recipe has been developed by a qualified chef. Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

\$4.15



Simple Dahl

- 180g
- 15 PACK/CTN
- (L)12.5×(W)6×(H)23cm
- B# 9339337002380
- TUN 19339337002387
- Certified Kosher

Our simple dahl recipe has been developed by a qualified chef. Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

\$4.15



Curry Dahl

- 170g
- 15 PACK/CTN
- (L)12.5×(W)6×(H)23cm
- B# 9339337002403
- TUN 19339337002400
- Certified Kosher

Our Curry Dahl recipe has been developed by a qualified chef.

Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!



COUSCOUS

It is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with. The nutty flavour marries quite well with other herbs and spices too!



\$3.40

French Original Gourmet Couscous

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000485
- TUN 19339337000482
- Certified Kosher



\$4.00

French Organic Whole Wheat Couscous

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000676
- TUN 19339337000673
- Certified Kosher

Also available in bulk 1kg to 25kg



COUSCOUS

Certified Kosher

\$25.38 / 5kg

\$3.60



Premium Selected Moghrabieh 500g / 5kg

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337005039
- TUN 19339337005036

1kg:

- B# 9339337006722
- TUN 19339337006729

5kg:

- (L)26.5×(W)6.5×(H)42cm
- B# 9339337006739
- TUN 19339337006736

It is the Lebanese equivalent of couscous. Moghrabieh is used in many traditional Middle-Eastern and Arabian dishes. It can be incorporated into tagines for a hearty and flavoursome final dish.

\$6.60

\$4.50



Israeli Pearl Couscous 500g / 1kg

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001925
- TUN 19339337001922

1kg:

- 10 PACK/CTN
- (L)13×(W)5×(H)27cm
- B#9339337004834
- TUN 19339337004831

It is tiny, round, toasted that has a slightly chewy texture, and because it's toasted, it has a slightly nutty flavour too. Like other couscous, this takes on flavours easily and adapts well to many dishes so you can create your desired flavours using herbs and seasonings!

\$4.50



Tricolour Israeli Pearl Couscous

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337007781
- TUN 19339337007788
- Certified Kosher

It has a slightly chewy texture and nutty flavour. Like other couscous, it takes on flavours easily and suitable to many dishes so you can create various desired flavours using herbs and seasonings!

\$4.50



Israeli Whole Wheat Pearl Couscous

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001932
- TUN 19339337001939
- Certified Kosher

1kg:

- B# 9339337003714
- TUN 19339337003711

It is a tiny, round, toasted variety of pasta that has a chewy texture with a slightly nutty flavour. Like other couscous, it absorbs flavours easily and can be used as a bed for stew, meat or vegetables or add it to soups, salads, pilafs and more!

Also available in bulk 1kg to 25kg



COUSCOUS

Certified Kosher

\$4.95

Organic Israeli Style Pearl Couscous

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337302596
- TUN 19339337302593
- Certified Kosher

Chef's Choice Certified Organic Israeli Style Pearl Couscous are toasted, medium sized balls of wheat flour, that has a slightly chewy texture and nutty flavour. Like other couscous, it takes on flavours easily and suitable to many dishes, so you can create various desired flavours using herbs and seasonings!



\$6.40

Organic Chickpea Couscous

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337303272
- TUN 19339337303279
- Certified Kosher

Chef's Choice Certified Organic Chickpea Couscous is easy to prepare, making it a staple product in many kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with. The nutty flavour marries quite well with other herbs and spices too!



SEEDS - AMARANTH

\$4.95

Organic Amaranth Seeds

500g

- 10 PACK/CTN
- (L)15×(W)6×(H)22cm
- B# 9339337300226



SEEDS - SORGHUM

\$3.45

Organic Sorghum Seeds

500g

- 10 PACK/CTN
- (L)15×(W)6×(H)22cm
- B# 9339337304194
- TUN 19339337304191



Also available in bulk 1kg to 25kg



SEEDS - QUINOA



\$7.05

Organic White Quinoa

500g

- 10 PACK/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337000201
- TUN 19339337000208



\$7.05

Organic Red Quinoa

500g

- 10 PACK/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337000218
- TUN 19339337000215



\$8.55

Organic Black Quinoa

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001475
- TUN 19339337001472



\$7.05

3 Mix Organic Quinoa

500g

- 10 PACK/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337000706
- TUN 19339337000703

* Certified Kosher



\$7.05

Organic Quinoa with Basmati Aromatic Rice

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003790
- TUN 19339337003797



\$5.55

Organic Quinoa Flakes

300g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004070
- TUN 19339337004077
- Certified Kosher


SEEDS
Lowin' Body®

\$5.85



Australian White Chia Seed (500g)

500g

- 10 PACK/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337303371
- TUN 19339337303378

1kg

- 10 PACK/CTN
- (L)16×(W)4×(H)28cm
- B# 9339337303388
- TUN 19339337303385

\$3.75

150g



150g (Clear Bag)

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337000690
- TUN 19339337000697

\$9.10

500g



500g (Printed Bag)

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003165
- TUN 19339337003162

\$14.70

1kg



1kg (Clear Bag / Printed Bag)

- 10 PACK/CTN
- Clear Bag: (L)17.5×(W)7.5×(H)30cm
- Printed Bag: (L)21×(W)8×(H)27cm
- B# 9339337004841
- TUN 19339337004848

Also available in bulk 1kg to 25kg



SEEDS

\$4.10

Organic Linseed

500g

- 10 PACK/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337305788
- TUN 19339337305785



Chef's Choice Certified Organic Linseed has a pleasant nutty taste and is a good source of protein and dietary fibre, making these tiny seeds a popular addition to any diet. While whole linseeds feature a soft crunch, the nutrients in the ground linseeds are more easily absorbed.

To achieve this simply grind the linseeds in a coffee, seed or spice grinder. Use the ground linseeds in yoghurt, shakes, smoothies, salads or in muffins, bread and cake mixtures to add the nutty taste and added health benefits of this product.



Certified Organic Flax Seed **\$4.80**

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001369
- TUN 19339337001366
- Certified Kosher

Flaxseed has a pleasant nutty taste and is a good source of dietary fibre, protein and other nutrients that make them a popular addition to any diet. While whole flaxseeds feature a soft crunch, the nutrients in ground seeds are more easily absorbed. To achieve this simply grind the flaxseeds in a coffee, seed or spice grinder. Use the ground flaxseeds in yoghurt, shakes, smoothies, salads or in muffins, bread and cake mixtures to add the nutty taste and added health benefits of this product.



Organic Sesame Seeds Hulled

140 g

- 15 PACK/CTN
- (L)10 x (H)20.5 x (W)5cm **\$2.60**
- B# 9339337007989
- TUN 19339337007986



Organic Black Sesame Seeds

150 g

- 15 PACK/CTN
- (L)10 x (H)20.5 x (W)5cm **\$2.90**
- B# 9339337007996
- TUN 19339337007993



ORGANIC PRE-MIX CHIA PUDDING



\$3.35 PER UNIT

Lovin' Body Certified Organic Pre-Mix Chia Pudding is a delicious, easy to make healthy breakfast, lunch or snack option made with organic chia seeds. It is packed with protein and other nutritious benefits. Serve with your choice of fruits, nuts, seeds and more as delicious toppings.

Product Name	Dimension	Barcode	TUN	CTN
Organic Pre-Mix Vanilla Chia Pudding 155g	(L)10 x (W)4 x (H)20.5cm	9339337008818	19339337008815	15
Organic Pre-Mix Matcha Chia Pudding 155g	(L)10 x (W)4 x (H)20.5cm	9339337008801	19339337008808	15
Organic Pre-Mix Cacao Chia Pudding 170g	(L)10 x (W)4 x (H)20.5cm	9339337008788	19339337008785	15



ORGANIC HEMP PRODUCTS



Lovin' Body Certified Organic Hulled Hemp Seed is delicious and versatile plant that has a pleasant nutty taste and loads of nutritional benefits. Enjoy these seeds sprinkled over yoghurt and salads or added to your morning smoothies to give your meal or drink a nutritional boost.

\$8.75



Lovin' Body Certified Organic Hemp Protein Powder is a natural planet-based complete protein powder that boasts many nutritional benefits and is suitable for all ages. It is easy to digest and with its mild nutty flavour can be added to smoothies, breakfast bowls, soups or baked goods.

\$8.25

Product Name	Dimension	Barcode	TUN	CTN
Organic Hulled Hemp Seed 350g	(L)15 x (W)6 x (H)22cm	9339337008832	19339337008839	10
Organic Hulled Hemp Seed 350g	(L)15 x (W)6 x (H)22cm	9339337008832	19339337008839	10



TAPIOCA

\$3.50



\$3.50



Chef's Choice All Natural Tapioca Pearls are a delicious and enjoyable experience to eat. These pearls are boiled with a liquid to form a gel, which can then be enjoyed as a dessert, or added to foods as a thickening agent. Tapioca's thick and chewy texture makes it fun to consume, and perfect for tapioca pudding, bubble or boba tea, and other desserts and candies.

Chef's Choice Certified Organic Tapioca Flour is a grain-free starch extracted from the cassava root. This product is primarily used for baking, delivering a chewy texture and crispy crust. It is also used as a superior thickener and great alternative to corn starch and potato starch in cooking, or for making other desserts.

Product Name	Dimension	Barcode	TUN	CTN
All Natural Tapioca Pearls 400g	(L)15 × (W)6 × (H)22cm	9339337009242	19339337009249	10
Organic Tapioca Flour 500g	(L)18 × (W)7 × (H)25cm	9339337304286	19339337304283	10

Also available in bulk 1kg to 25kg



GRAINS - FLOUR



\$4.50

Organic Buckwheat Flour

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001154
- TUN 19339337001151

Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy flavour. It's most commonly ground into a dark, gritty flour and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.

\$4.35



Organic Besan Flour

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001628
- TUN 19339337001625

Besan (chick pea flour) is produced by dehusking and milling brown (desi) chick peas. Has a rich nutty

flavour. USES: As a binding or thickening agent in many recipes and used widely in Indian and Middle Eastern cooking for pancakes, dumplings

and sweetmeat - commonly used for pakora batter.

\$4.00



Organic Barley Flour

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001598
- TUN 19339337001595

Produced by milling pearled barley to make a more

nutritious, flavoursome barley flour. USES: Because of the low gluten content, must be mixed with other flours to make a yeast-raised bread, can be substituted for wheat flour in quick breads, scones, etc. And as a thickening agent in soups, gravies, etc.

\$3.90



Organic Rye Flour Wholegrain

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001642
- TUN 19339337001649

Produced by roller-milling the whole rye grain. The nutrient-rich properties of the whole grain, and in particular the bran, are therefore retained. Moderately dark in colour with a strong, robust flavour. Easily digestible.

\$4.20



Organic Fine grain Corn Flour

450g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001185
- TUN 19339337001182

Corn Flour is a versatile cooking ingredient, perfect for adding flavour and texture to a variety of baked goods and sauces. This fine, golden flour is ideal for thickening gravy, custards, soups and sauces. Use it as a central ingredient in muffins, pancakes and more.

Also available in bulk 1kg to 20kg



GRAINS - FLOUR

\$3.90



Organic Soya Bean Flour

- 400g
- 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337001659
 - TUN 19339337001656

Produced by hulling the whole soya bean then finely milling through the secondary milling system into a soft, yellow flour.

\$5.80



Organic Stone ground Whole grain Spelt Flour

- 500g
- 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337001666
 - TUN 19339337001663

Produced by removing the firm outer husk then stoneground-milling the inner kernel of grain. The end product makes for an easy digestible food when baked. Retains a substantial proportion of spelt wheat's nutrients and full dietary fibre. High in nutrition and has a nutty flavour. Uses: Well suited to baking producing excellent dough's and pasta.

\$4.00



Organic Millet Flour

- 500g
- 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337001635
 - TUN 19339337001632

Produced by milling the hulled millet into a fine flour. No additives. USES: For flat bread, tortillas, corn chips, must be combined with gluten-rich flours to make yeast raised bread and cakes and as a thickening or binding agent - as a corn flour would be used.

\$5.00



Organic White Rice Flour

- 500g
- 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337003202
 - TUN 19339337003209
 - Certified Kosher

It is produced by milling the whole or broken pieces of grain into a fine flour. Because it is organic, it is more nutritious and slightly stronger in flavour than other commercially produced rice flours. Rice flour is high in protein and is excellent to use in shortbreads, loaves and noodles!

\$4.10



Organic Buckwheat Pancake Mix 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
 - B# 9339337003295
 - TUN 19339337003292
 - Certified Kosher

It is made from a blend of high-quality buckwheat, maize flour and other organic ingredients that create a soft textured pancake with a nutty taste. Buckwheat is valued all over the world for its health benefits and its high antioxidant content.

\$4.90



Organic Brown Rice Flour

- 500g
- 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337003219
 - TUN 19339337003216
 - Certified Kosher
 - Product of Australia

It is produced by milling the whole or broken pieces of grain into a fine flour. It is more nutritious and slightly stronger in flavour than most commercially produced rice flours, making it an excellent flour to use for baking shortbreads, loaves and even noodles!

Also available in bulk 1kg to 20kg



GRAINS - FLOUR

\$3.50



Organic Stoneground Wholegrain Plain Flour

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003257
- TUN 19339337003254
- Certified Kosher

It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular plain flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.

\$3.50



Organic Stoneground Wholegrain Self Raising Flour

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003264
- TUN 19339337003261
- Certified Kosher

It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular self raising flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.

\$3.50



Organic Unbleached Plain Flour

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003271
- TUN 19339337003278
- Certified Kosher

It is produced by roller-milling the whole-wheat grain and sieving off of the bran which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour and a stronger texture, and is more flavoursome than other white flours.

\$3.50



Organic Unbleached Self Raising Flour

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003288
- TUN 19339337003285
- Certified Kosher

It is produced by roller-milling the whole-wheat grain and sieving off of the bran. This is a strong flour which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour, a strong texture and is more flavoursome than other white flours. A baking flour suitable for most everyday-cooking needs.

\$8.69



Organic Quinoa Flour

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004087
- TUN 19339337004084

It is ground pure organic quinoa. This versatile flour brings flavour and bountiful nutrition to your cooking. It is one of the healthiest types of flour on the market today and is mild with a hint of nuttiness. It can be used for both sweet and savoury recipes like biscuits, cakes, breads and pastas.

Also available in bulk 1kg to 20kg



GRAINS - FLOUR

\$4.50



Organic Oat Flour

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006425
- TUN 19339337006422
- Certified Kosher

Made by finely milling whole organic oats. Oat flour can be mixed with other flours to create baked goods with a nutty flavour and a boost of nutrition to your baking recipes. Good for making biscuits, cookies, breads, pancakes, and more.

\$10.00



Premium Selected Chestnut Flour

- 300g
- (L)16×(W)6×(H)22.5cm
- B# 9339337005190
- TUN 19339337005197
- Certified Kosher

It is an all-natural product that is milled from natural chestnuts. A great alternative to grain-based flour, this versatile flour is far healthier and is perfect for cooking or baking.

\$7.80



Organic Green Banana Flour

- 400g
- 10 PACK/CTN
- (L)15×(W)6×(H)22cm
- B# 9339337302886
- TUN 19339337302883
- Certified Kosher

It is made from dried green bananas and is a healthy versatile substitute for wheat and plain flour. With its smooth texture and mild flavour, our flour can be used for cooking, baking, making delicious smoothies or to thicken soups and sauces.

\$8.15



All Natural Hazelnut Meal

- 320g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006807
- TUN 19339337006804
- Certified Kosher

It is the perfect ingredient to every chef's wholefood pantry. It contains the nutritious goodness of hazelnuts, which are packed full of nutritional benefits. Use hazelnut meal to add a naturally sweet, rich flavour to baked goods such as breads, biscuits, cakes, cookies or stuffings.

\$9.60



All Natural Almond Meal

- 400g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006791
- TUN 19339337006798
- Certified Kosher

It is made from ground premium Australian almonds and is fantastic for baking or desserts. Use as an alternative to wheat flour, almond meal is perfect for baking paleo bread, cookies, cakes, muffins as well as in cereals and smoothies.

\$6.10+GST



Organic Psyllium Husk

- 250g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337007408
- TUN 19339337007405

- Certified Kosher

It comes from the Psyllium seeds and is an excellent source of dietary fibre and helps maintain a healthy digestive system. They're used to relieve constipation, irritable bowel syndrome and diarrhoea. Psyllium husk is odourless and almost tasteless so they can be added to juice, water and smoothies, sprinkled on cereals or used in baking.

Also available in bulk 1kg to 25kg

GRAINS - FLOUR

\$5.90



Organic Arrowroot Powder 500g

- 10 PACK/CTN
- (L)13×(W)7×(H)24cm
- B# 9339337307348
- Certified Kosher

This natural source of starch makes an exceptional tasteless thickener to enhance and bind a large variety of your favourite foods. From baked goods to thickening sauces, puddings, soups, pie fillings, the possibilities are endless!

\$3.90



Organic Hulled Millet

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001246
- TUN 19339337001243
- Certified Kosher

Millet is highly nutritious, non-glutinous and like buckwheat and quinoa, is not an acid forming food so is soothing and easy to digest. In fact, it is considered to be one of the least allergenic and most digestible grains available and it is a warming grain so will help to heat the body in cold or rainy seasons and climates.

\$5.70



Organic Roasted Buckwheat Kernels

- 500g
- 10 PACK/CTN
- (L)15×(W)6×(H)22cm
- B# 9339337304545
- Certified Kosher
- Product of Australia

A natural source of high quality, easily digested protein. These kernels are the hulled seeds of the buckwheat plant which are lightly roasted and have a delightfully robust flavour. Simple to prepare, they are perfect for cereals, soups or porridge and can replace rice in salads, pilafs, casseroles and more.

GRAINS

\$4.00



Organic Popping Corn

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001178
- TUN 19339337001175
- Certified Kosher
- Product of Australia

Did you know that popcorn is one of the healthiest, and tastiest, snacks around? It's a whole grain food that's low in calories and fat and it's a complex carbohydrate. Popcorn is also high in fibre and 100% natural.

\$4.20



Organic Tricolour Hulled Millet

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337005176
- TUN 19339337005173
- Certified Kosher

Tricolour H. Millet is a unique grain that can be easily digested with a mild flavour that lends itself well to seasonings. It cooks quickly and is filled with protein and fibre.

\$4.10



Organic Buckwheat Kernels

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001161

Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy flavor. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.

Also available in bulk 1kg to 25kg



GRAINS

\$5.50



Farro

- 500g
 - 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337001918
 - TUN 19339337001915
 - Certified Kosher
- It is a delicious, highly nutritious grain made from roasted green wheat. It is 100% natural therefore it is free from any additives, it is low GI and low in carbohydrates. This product has a fine nutty flavour and is very easy to cook, making it a perfect ingredient to use in a variety of dishes. As it is a good source of protein and fibre, adding this to your diet is a simple and delicious way to be nutritious.

\$3.20



Organic Yellow Polenta

- 500g
 - 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337003189
 - TUN 19339337003186
 - Certified Kosher
- It is made by grinding corn and has a rich yellow colour with a slightly sweet flavour. Polenta is a staple ingredient in Italian households and can be cooked to be creamy and thick or allowed to set and then sliced. Polenta is an easy and delicious way to enjoy a healthy hearty meal and uncooked polenta can be used as an alternative to flour in cakes, biscuits and pastries too!

\$6.09



Premium Selected Black Barley

- 500g
 - 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337006678
 - TUN 19339337006675
 - Certified Kosher
- Delicious grain that is highly nutritious and contains a high amount of protein and fibre. Perfect addition to a range of breakfast cereals, mueslis and granolas and also tastes great when combined with yummy soups, stews and breads. It is also a great substitute for rice when used in risottos.

\$3.75



Organic Pearl Barley

- 500g
 - 10 PACK/CTN
 - (L)16×(W)7.5×(H)23cm
 - B# 9339337001604
 - TUN 19339337001601
 - Certified Kosher
 - Product of Australia
- Add to soups and casseroles (may need to pre-cook). Cook together with rice or as a rice substitute or Pre-cook and add to baked goods. - To make a porridge. Add to soups (traditionally beef or vegetable) and casseroles and cook and serve as a simple side dish or pilaf.



\$4.30



\$4.30

Premium Selected Australian Roasted Freekeh Whole Grain / Cracked

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337007941 (Whole Grain)
- TUN 19339337007948 (Whole Grain)
- B# 9339337007934 (Cracked)
- TUN 19339337007931 (Cracked)
- Certified Kosher

It is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.

Also available in bulk 1kg to 25kg



GRAINS - RICE

\$4.50



Wild Rice

- 150g
- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337001482
- TUN 19339337001489
- Certified Kosher

Grade A Wild Rice is known as Extra-Fancy, Grade A Wild Rice has dark, glossy grains in varying lengths that turn a deep brown colour when cooked. Cultivated in Minnesota, this wild rice offers a heady, roasted flavour.

\$5.10

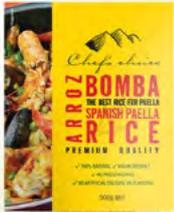


Organic Black Rice

- 500g
- Parboiled
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004094
- TUN 19339337004091

It has a sweet, alluring aroma with a nutty taste, soft texture and a striking colour, sure to be the wow factor in any dish.

\$6.10



Arroz Bomba Spanish Paella Rice

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001413
- TUN 19339337001410
- Certified Kosher

The best rice for paella is Bomba, a Spanish short-grain rice that is able to absorb three times its volume in liquid. When cooked, the grains remain separate and do not stick together. (The rice in paella should be dry and separate when it's done, not creamy like risotto.) Bomba is the rice prized by chefs in Spain; it's the best of the best.

\$4.95



Arroz La Marjal Spanish Paella Rice

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001444
- TUN 19339337001441
- Certified Kosher

As with any Spanish rice dish, it's extremely important to start with the right rice. While not quite as premium as our 'Bomba' rice, which should be considered the finest in Spain, our 'La Marjal' rice is still very good rice. When it cooked, the grains remain separate and do not stick together. The rice in paella should be dry and separate when it's done, not creamy like risotto.

\$4.80



Organic Brown Rice Medium-Grain

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000577
- TUN 19339337000574
- Certified Kosher

It is whole grain rice with all the nutritious goodness. It has a mild nutty flavour and a chewy texture, which is subtle and delicious when enjoyed with any dish. It is easy to cook and a pleasure to eat.

\$3.60



Certified Organic Fine Brown Bulgur

- 500g
- 10 PACK/CTN
- (L)16×(W)7×(H)23cm
- B# 9339337005022
- TUN 19339337005029

It is a tasty whole grain that is easy to include in your daily diet to increase your nutrient levels. It is commonly used in Turkish, Middle Eastern, Indian and Mediterranean foods. Bulgur is best known as an ingredient in tabouli salads, pilafs, kibbehs, soups, stuffings and stews.

Also available in bulk 1kg to 25kg



GRAINS - RICE



\$6.00

Organic Basmati White Rice

1kg in Bag

- 12 PC/CTN
- (L)16 x (W)8 x (H)22cm
- B# 9339337300172

Certified Kosher

Chef's Choice Certified Organic Basmati White Rice is an aromatic long grain white rice with a subtle nutty flavour and fine texture. Use Basmati rice as a perfect side dish with soups, stews, pilafs, casseroles and curries.



\$4.10

Organic Basmati Aromatic Rice

500g

- 10 PACK/CTN
- (L)16x(W)7.5x(H)23cm
- B# 9339337003783
- TUN 19339337003780

It is delightful not only for its flavour, but for its fragrance. Basmati rice is a unique species of rice originating from India and it has its own special aroma. Basmati is excellent for keeping your system in good health.



\$5.25

Organic Jasmin Rice

1kg in Bag

- 10 PC/CTN
- (L)16 x (W)8 x (H)22cm
- B# 9339337300462
- TUN 19339337300469

Certified Kosher

Certified Organic Jasmine Rice is a fragrant, versatile, long grain rice with a nutty sweet flavour soft texture. Perfect for fried rice and pilafs or use as a side dish with soups, stews, casseroles and curries.

\$4.50

Carnaroli Risotto Rice

500g

- 10 PC/CTN
- (L)15 x (W)6 x (H)22cm
- B# 9339337004643
- TUN 19339337004640
- Certified Kosher

It is a superior medium grain Italian rice and is also known as 'king of rices'. It is highly prized by chefs across the world for its creamy and delicious texture and intense flavour. Carnaroli Rice is also great for paella, sushi, puddings or salads and can be prepared like traditional rice.



\$3.60

Short Grain Sushi Rice

500g

- 10 PACK/CTN
- (L)16 x (W)7.5 x (H)23cm
- B# 9339337001437
- TUN 19339337001434
- Certified Kosher

It is a premium grade Japanese style short grain rice. This rice is simple to prepare and requires much less washing than other rice. When steamed, this rice has a great consistency, making it easy to eat with chopsticks and ideal for all types of sushi.



Also available in bulk 1kg to 25kg

MULTIGRAIN BLENDS



\$5.50

Aztec Mix

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001895
- TUN 19339337001892
- Certified Kosher

Chef's Choice All Natural Aztec Mix is a unique and wholesome blend of grains including brown long grain rice, red rice, multi-coloured split peas and hulled millet. This colourful combination does not only have a great texture and visual appeal, its versatility allows it to be enjoyed with everything from soups and salads to stews and curries.



\$5.50

Black Pearl Blend

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001529
- TUN 19339337001526
- Certified Kosher

Chef's Choice All Natural Black Pearl Blend has a striking presentation with the combination of long grain brown rice, black barley and red quinoa. It is a wholegrain product that complements dishes from lighter entrees to main meals.



\$5.50

Whole Grain 5 Blend

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001901
- TUN 19339337001908
- Certified Kosher

Chef's Choice All Natural Whole Grain 5 Blend is a combination of roasted farro, black barley, brown long grain rice, wild rice, and red rice. This versatile whole-grain blend has a fantastic visual appeal and delicious flavour, sure to compliment whatever it's paired with. These healthy whole grains do not only provide essential nutrients, they're delicious too!



\$5.50

Caviar Mix

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001505
- TUN 19339337001502
- Certified Kosher

Chef's Choice All Natural Caviar Mix provides a unique mix of couscous, roasted farro with long grain rice. It is a great mix for a delicately coloured side dish or to be used as a base in salads.



\$5.50

Jade Mix

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001536
- TUN 19339337001533
- Certified Kosher

Chef's Choice All Natural Jade Mix is a balanced blend of East and West. It is made up of fragrant bamboo rice, roasted farro, basmati rice, colourful split yellow peas, earthy green lentils and red quinoa. It has an aromatic flavour that matches well with many exotic dishes.



\$5.50

Jewel Blend

- 500g
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001499
- TUN 19339337001496
- Certified Kosher

With a phenomenal combination of Israeli pearl couscous, tricolour Israeli pearl couscous, yellow split peas and delicate red quinoa, Chef's Choice All Natural Jewel Blend is the perfect accompaniment for a variety of dishes. This versatile product does not only have a beautiful aesthetic and moreish texture, but it's perfect for absorbing the flavours of whatever you choose to pair it with.

Also available in bulk 1kg to 25kg



EARTH BLENDS

Chef's Choice Certified Organic Earth Blend is a healthy and flavourful mixture of brown rice and grains that has been popular in Japan as a healthier alternative to white rice. Great as a side dish in Western, Asian and Indian cuisines to compliment any main meal or with salads and soups.

\$5.50



Organic 5 Earth Blend

500g

- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006579
- TUN 19339337006576

\$5.50



Organic 10 Earth Blend

500g

- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006562
- TUN 19339337006569

\$5.50



Organic 16 Earth Blend

500g

- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006586
- TUN 19339337006583



SOUP MIX

\$3.45



All Natural Soup Mix 5 Blend

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337008368
- TUN 19339337008365

It is made from a quality blend of ingredients. We've combined pearl barley, green and yellow split peas and lentils to produce a hearty and nutritious soup filled with fibre and protein that tastes great.

\$3.45



All Natural Soup Mix 7 Blend – Grain Free

500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337008375
- TUN 19339337008372

It is made from quality assortment of beans, split peas and lentils. This hearty and flavoursome blend is nutritious, grain free and 100% natural.

Also available in bulk 500g to 1kg

\$9.70



\$5.25



\$6.70



\$7.70



Product Name	Dimention	Barcode	TUN	CTN
Organic Dried Blueberries 100g	(L)10 × (W)4.5 × (H)20.5cm	9339337000188	19339337000185	15
All Natural Dried Black Goji Berries 30g	(L)5.5 × (W)5.5 × (H)6cm	9339337303128	19339337303125	12
Sunmuscat Clusters - Seedless 100g	(L)13 x (W)5.2 x (H)18cm	9339337304538	19339337304535	10
Organic Sundried Goji Berries 250g	(L)16 x (W)7x(H)23cm	9339337304309	19339337304306	10

\$6.90



**\$42 PER KG
(4 KG BOX)**



\$2.90



Product Name	Dimention	Barcode	TUN	CTN
Premium Muscatel Clusters 100g	(L)13 × (W)6 × (H)18.5cm	9339337303029	19339337303026	10
TABLETOP Muscatel Clusters 4kg	(L)37 × (W)28 × (H)11.5cm			
Organic Pumpkin Seeds – Pepitas 180g	(L)13 x (W)6 x (H)18cm	9339337304569	19339337304566	10



ORGANIC 100% PURE JUICE

Lovin' Body Certified Organic 100% Pure Juice is jam-packed with the numerous antioxidants extracted, not loaded with sugar! Enjoy this juice full strength or mix with other juices for enhanced sweetness. Makes an excellent addition to smoothies, ice cream and sauces. Not from concentrate, no preservatives, gently pasteurized, purely and simply made from fresh fruits to preserve its natural goodness, beautifully rich taste and sweet aroma.

\$10.65

\$7.95

\$10.65

\$7.95



Product Name	Dimension	Barcode	TUN	CTN
Organic Wild Blueberry 100% Pure Juice 510mL	(L)6.7×(H)26.5cm	9339337307294	19339337307291	12
Organic Sour Cherry 100% Pure Juice 510mL	(L)6.7×(H)26.5cm	9339337307287	19339337307284	12
Organic Wild Cranberry 100% Pure Juice 510mL	(L)6.7×(H)26.5cm	9339337307300	19339337307307	12
Organic Sea Buckthorn 100% Pure Juice 510mL	(L)6.7×(H)26.5cm	9339337307317	19339337307314	12



CANNED BEANS

\$1.50



\$1.45



\$1.45



\$1.45



Product Name	Dimention	Barcode	CTN
Organic Black Eyed Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337300844	12
Organic Black Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337003110	12
Organic Borlotti Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337003028	12
Organic White Cannellini Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337002991	12

\$1.45



\$1.45



\$2.03



\$1.45

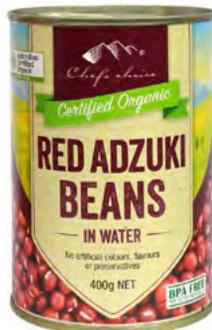


Product Name	Dimention	Barcode	CTN
Organic 4 Bean Salad in Water 400g	(L)7.5cm x (H)10.8cm	9339337003103	12
Organic Chickpeas in Water 400g	(L)7.5cm x (H)10.8cm	9339337003066	12
Organic Green Peas in Water 400g	(L)7.5cm x (H)10.8cm	9339337003035	12
Organic Brown Lentils in Water 400g	(L)7.5cm x (H)10.8cm	9339337004278	12

\$1.60



\$1.45



\$1.45



\$1.60



Product Name	Dimention	Barcode	CTN
Organic Butter Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337003042	12
Organic Red Adzuki Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337003097	12
Organic Red Kidney Beans in Water 400g	(L)7.5cm x (H)10.8cm	9339337003073	12
Organic Baked Beans in Tomato Sauce 400g	(L)7.5cm x (H)10.8cm	9339337003080	12

ARTICHOKE

\$3.75



\$6.90



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>	<i>Kosher</i>
Artichoke Paste with Preserved Lemon 200g	(L)6.7cm x (H)8.5cm	9339337300530	12	✓
Long Stem Artichoke – Alla Romana – 700g	(L)8.6cm x (H)15.1cm	9339337300783	6	✓

AGED VINEGARS



Aceto Balsamico di Modena IGP Giovanna Pavarotti Gold

- 250ml
- 6 PC/CTN
- (L)8×(H)17.5cm
- B# 8032697840012
- TUN 18016017001403

\$15.75



Aceto Balsamico di Modena IGP Giovanna Pavarotti Silver

- 250ml
- 6 PC/CTN
- (L)8×(H)17.5cm
- B# 8032697840036
- TUN 18016017001397

\$14.25



PRESERVED LEMONS

\$5.00



\$2.99



\$5.07



<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>TUN</i>	<i>CTN</i>
Preserved Whole Beldi Lemons 350g	(L)7.2×(H)12cm	9339337305450	19339337305457	12
Preserved Lemon Paste 200g	(L)6.7cm x (H)8.5cm	9339337300493	19339337300490	12
All Natural Preserved Lemons 350g	(L)7.2cm x (H)12cm	9339337008726	19339337008723	12

CHESTNUTS

\$5.85



\$5.55



\$6.75



<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>CTN</i>
Chestnut Cream With Vanilla 325g	(L)8.3 × (H)7.1cm	9339337006753	12
Chestnut Puree 300g	(L)8.3 × (H)7.1cm	9339337006760	12
Roasted Chestnuts 230g	(L)8.2 × (H)10.3cm	9339337006777	12



FERMENTED VEGETABLES



Chef's Choice Certified Organic Bean Sprouts is ready to eat. Perfect for salads and more.

Chef's Choice Certified Organic Beetroot Slices are delicious and delicately sweetened with agave syrup. Perfect for burgers and salads.

\$3.55

\$3.55

Vegan



Product Name	Dimension	Barcode	TUN	CTN
Organic Bean Sprouts 330g	(L)7.9 x (H)9.8cm	9339337305238	19339337305235	6
Organic Beetroot Slices 340g	(L)7.9 x (H)9.8cm	9339337305245	19339337305242	6



FERMENTED VEGETABLES

Chef's Choice Certified Organic Celery Salad is crunchy, and ready to eat. Perfect as a tasty side dish served with salads, grilled vegetables or hot dogs.

\$3.55



Chef's Choice Certified Organic Garden Peas is ready to eat. Perfect for cooking and in salads.

\$3.55



\$5.30



Chef's Choice Certified Organic Gherkins are crunchy and delicately sweetened with agave syrup. Perfect as a snack or as part of a tasty side dish.

Product Name

Dimension

Barcode

TUN

CTN

Organic Celery Salad 330g

(L)7.9 x (H)9.8cm

9339337305207

19339337305204

6

Organic Garden Peas 350g

(L)7.9 x (H)9.8cm

9339337305412

19339337305419

6

Organic Gherkins 680g

(L)9 x (H)11cm

9339337305191

19339337305198

6



FERMENTED VEGETABLES

Chef's Choice Certified Organic Red Cabbage is delicious and ready to eat. Perfect as a side dish.

\$3.55



Chef's Choice Certified Organic Sauerkraut with Beetroot is a perfect accompaniment for meat and vegetables and salads.

\$3.55



Vegan



Chef's Choice Certified Organic Sauerkraut is crunchy and ready to eat. Perfect as a tasty side dish served with salads, grilled vegetables or hot dogs.

\$3.55



Chef's Choice Certified Organic Sauerkraut with ginger and turmeric is a perfect accompaniment for meat, vegetables and salads.

\$3.55



Vegan



Product Name	Dimension	Barcode	TUN	CTN
Organic Red Cabbage 350g	(L)7.9 x (H)9.8cm	9339337305252	19339337305259	6
Organic Sauerkraut with beetroot 350g	(L)7.9 x (H)9.8cm	9339337305184	19339337305181	6
Organic Sauerkraut Natural 360g	(L)9 x (H)11cm	9339337305160	19339337305167	6
Organic Sauerkraut Ginger & Turmeric 350g	(L)7.9 x (H)9.8cm	9339337305177	19339337305174	6



FERMENTED VEGETABLES

Chef's Choice Certified Organic Spinach is delicious and ready to eat. Perfect for sauces, salads or as a side dish.

\$3.55



Chef's Choice Certified Organic Sweet Corn is tasty, fresh and juicy. A versatile addition to any kitchen pantry.

\$3.55



Vegan

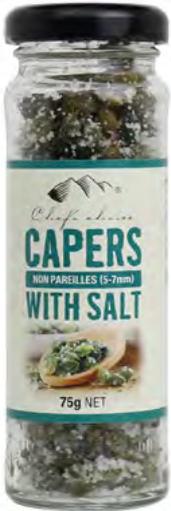


Product Name	Dimension	Barcode	TUN	CTN
Organic Spinach 330g	(L)7.9 x (H)9.8cm	9339337305221	19339337305228	6
Organic Sweet Corn 350g	(L)7.9 x (H)9.8cm	9339337305214	19339337305211	6



CAPERS

\$2.50



\$2.85



\$4.10



\$2.90



\$3.00



Product Name

Dimention

Barcode

CTN

Capers with Salt NonPareilles 75g

(L)4.2x(H)12.5cm

9339337003554

12

Green Peppercorns in Vinegar 110g

(L)4.2x(H)12.5cm

9339337003561

12

Pink Peppercorns in Vinegar 110g

(L)4.2x(H)12.5cm

9339337003578

12

Capers in Vinegar Lilliput 110g

(L)4.2x(H)12.5cm

9339337003684

12

Caperberries in Vinegar 240g

(L)5.7x(H)12.5cm

9339337003523

12

GHERKINS & CORNICHONS

\$3.05



\$3.15



Product Name

Dimention

Barcode

CTN

Cocktail Cornichons with Dill 350g

(L)7.8 x (H)11cm

9339337302145

12

Cornichons French Style 350g

(L)7.8 x (H)11cm

9339337002441

12



TOMATO PRODUCTS



\$3.10



\$3.10



\$2.90



\$3.50



\$3.50



Product Name

Dimension

Barcode

TUN

CTN

Organic Passata Di Pomodoro with Basil 690g

(L)7.8 x (H)22cm

9339337004926

19339337004923

12

Organic Passata Rustica - Crushed Tomatoes 680g

(L)7.8 x (H)22cm

9339337006913

19339337006910

12

Organic Passata 690g

(L)7.8 x (H)22cm

9339337300257

19339337300254

12

Organic Pasta Sauce Napoletana w/ Italian Chilli Pepper 350g

(L)7 x (H)12cm

9339337002939

19339337002936

12

Organic Pasta Sauce Arrabbiata w/ Italian Chilli Pepper 350g

(L)7 x (H)12cm

9339337002946

19339337002943

12

\$1.85



\$1.85



\$2.30



Product Name

Dimension

Barcode

TUN

CTN

Organic Diced Tomatoes 400g

(L)7.5cm x (H)11cm

9339337004704

19339337004701

12

Organic Whole Peeled Tomatoes 400g

(L)7.5cm x (H)11cm

9339337004711

19339337004718

12

Organic Cherry Tomatoes 400g

(L)7.5cm x (H)11cm

9339337004872

19339337004879

12



MEDITERRANEAN RANGE

\$5.05



Chef's Choice Baby Artichoke Hearts are firm and amongst the tastiest artichokes you will ever try. Cut them into quarters and add them to your favourite salads, pizzas or antipasti platter.

\$3.75



Chef's Choice Mediterranean Wild Olives are small and tender making it perfect for salads, sauces or as part of an antipasti platter.

\$5.00



Chef's Choice Semi-Sundried Cherry Tomatoes is produced using sweet, delicious soft tomatoes marinated in oil and garlic. Over 600g of cherry tomatoes are used to make 100g of semi-sundried cherry tomatoes.

\$3.75



Chef's Choice Mediterranean Grilled Garlic is delicious and can be eaten straight out of the jar, used as a marinade or sliced thinly over salads, seafood, chicken or any recipes calling for loads of garlic!

\$3.75



Chef's Choice Fresh Harissa is easy to use and very versatile. Perfect for dips, salsas, as a marinade or on roasted vegetables.

Product Name	Dimension	Barcode	TUN	CTN
Mediterranean Baby Artichoke Hearts 280g	(L)7.2 x (H)12.4cm	9339337305948	19339337305945	6
Mediterranean Wild Olives 280g	(L)7.2 x (H)12.4cm	9339337305955	19339337305952	6
Mediterranean Semi-Sundried Cherry Tomatoes 280g	(L)7.2 x (H)12.4cm	9339337305924	19339337305921	6
Mediterranean Grilled Garlic 200g	(L)7.3 x (H)8.5cm	9339337305962	19339337305969	6
Mediterranean Fresh Harissa 200g	(L)7.3 x (H)8.5cm	9339337305986	19339337305973	6



MIDDLE EASTERN RANGE



\$3.95



\$3.95



\$5.15

<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>CTN</i>
Orange Blossom Water 250ml	(L)4.5×(W)4.5×(H)21cm	9339337004681	12
Rose Water 250ml	(L)4.5×(W)4.5×(H)21cm	9339337004667	12
Pomegranate Molasses 250mL	(L)4.5×(W)4.5×(H)21cm	9339337004674	12



\$5.25



\$13.00

Chef's Choice Tahini is made from ground and roasted sesame seeds and is a versatile ingredient to use. It's nutty, creamy and flavourful making it perfect for use in many different recipes. Use it as a sauce, dip, spread or dressing.

<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>CTN</i>
Stone Ground Tahini 400g	(L)8 x (H)13cm	9339337007859	12
Stone Ground Tahini 900g	(L)10 x (H)15.2cm	9339337007880	12



ORIENTAL SAUCE RANGE



\$3.15

Chef's Choice Oriental Premium Oyster Sauce is an essential ingredient in Asian cooking. This all-purpose seasoning sauce enhances the flavour and appearance of any dish. Great as a dip or use for stir fries and marinades on meat, fish or vegetables.



\$3.30

Chef's Choice Oriental Premium Hoi Sin Sauce is an essential ingredient in Asian cooking. This versatile sauce can be used as a marinade on chicken, seafood and beef or on stir-fries with vegetables. It can also be used as a dipping sauce on Peking duck and springs rolls.



\$3.90

Chef's Choice Oriental Premium Fish Sauce is a great way to pack flavour into your Asian dishes. Blends well with vegetables, seafood, chicken or beef and can be used for stir-fries, salad dressings, dipping sauces and more.

Product Name	Dimension	Barcode	TUN	CTN
Oyster Sauce 300mL	(L)6.3 × (H)18.7cm	9339337007576	19339337007573	12
Hoisin Sauce 300mL	(L)6.3 × (H)18.7cm	9339337007583	19339337007580	12
Fish Sauce 300mL	(L)5.8 × (H)22.7cm	9339337007569	19339337007566	12



ORGANIC NOODLES

\$3.15



\$3.15



Product Name	Dimension	Barcode	TUN	CTN
Organic Mushroom Miso Ramen 60g	(L)9.8 × (H)10.5cm	9339337302930	19339337302937	6
Organic Wakame Seaweed Miso Ramen 60g	(L)9.8 × (H)10.5cm	9339337302947	19339337302944	6

Also available in bulk 1kg to 20kg



GRAINS - FLOUR

\$3.40

\$2.80



Chef's Choice Premium Selected Tempura Batter Mix enhances your fried foods with a golden coating that appears light and delicate. With this mix, you'll be able to make great-tasting tempura for all of your recipes such as seafood, fish, meat and vegetables.

Chef's Choice All Natural Panko Bread Crumbs are Japanese style bread crumbs which create a delicious, crispy and light coating to your favourite foods as they absorb less oil than ordinary breadcrumbs. It is the perfect coating for chicken, fish, seafood, meat and vegetables.

<i>Product Name</i>	<i>Dimension</i>	<i>Barcode</i>	<i>TUN</i>	<i>CTN</i>
Tempura Batter Mix 350g	(L)15 × (W)6 × (H)22cm	9339337304514	19339337304511	10
Panko Bread Crumbs 180g	(L)16 × (W)7 × (H)23cm	9339337304507	19339337304504	10

SOY SAUCES & CONDIMENTS



\$3.15



\$4.13



\$4.42



\$3.62

Organic Tamari Soy Sauce 250mL

Kura Certified Organic Tamari Soy sauce is naturally fermented from organic soya beans; the traditional processing and authentic Japanese style soy sauce! Naturally gluten and wheat-free; its exquisite flavour is highly enjoyed to enhance sauces, marinades, stir fry, and any dishes you please!

Organic Premium Soy Sauce 250mL

Kura Certified Organic Premium Soy Sauce is naturally fermented from organic soya beans with the traditional brewing and flavour of Japan! An authentic soy sauce that is just perfect for everyday use to enhance all your favourite dishes!

Organic Gluten Free Soy Sauce 250mL

Kura Certified Organic Gluten-Free Soy Sauce is natural and traditionally fermented from organic soya beans, whilst especially made gluten-free! This authentic Japanese soy sauce is perfect in simmered dishes, stir fry, marinades, salad dressings and more!

Organic Reduced Salt Soy Sauce 250mL

Kura Certified Organic Reduced Salt Soy Sauce is natural and traditionally fermented from organic soya beans, whilst perfect for a low sodium preference with no loss of authenticity. Just perfect in simmered dishes, stir fry, marinades, salad dressings and more!

Product Name	Segment	Size L x W x H(cm)	Product Code	Barcode	TUN	CTN
Organic Tamari Soy Sauce 250mL	  	6 x 20	KJP0103	9339337307195	19339337307192	12
Organic Premium Soy Sauce 250mL	  	6 x 20	KJP0112	9339337307676	19339337307673	12
Organic Gluten Free Soy Sauce 250mL	  	6 x 20	KJP0113	9339337307669	19339337307666	12
Organic Reduced Salt Soy Sauce 250mL	  	6 x 20	KJP0114	9339337307645	19339337307642	12

SOY SAUCES & CONDIMENTS



\$3.75



Premium Ponzu Citrus Sauce 250mL

Kura Ponzu Citrus Sauce is the perfectly flavoured citrusy and tangy condiment, giving a light and delicate taste when used as a dipping sauce or marinade. This essential Japanese staple is the absolute pair for gyoza, meats, fish and veggies for that punchy, refreshing flavour.

\$3.05



Premium Teriyaki Sauce 250mL

Kura Premium Teriyaki Sauce has a nice balance of sweet and salty flavours, making it perfect to use as a marinade for meats or as a sauce base for stir fries. With no added preservatives, you can enjoy this flavourful sauce that will bring a rich taste to your favourite dishes.

\$3.77



Premium Mirin 250mL

Kura Mirin has a uniquely sweet and slightly tangy flavour. Cook it with a saltier base, and you'll have the key to that distinct umami flavour in Japanese cuisine! Create beautiful fusions in all your favourite simmered dishes, soups, salads and more.

\$2.90



Organic Rice Vinegar 250mL

Kura Certified Organic Rice Vinegar is traditionally brewed through the fermentation of premium rice. With a less acidic flavour than most vinegar, it's delicate, mildly sweet and natural flavour is perfectly versatile for stir fry, salad dressings, marinades and all recipes requiring vinegar!

Product Name	Segment	Size L x W x H(cm)	Product Code	Barcode	TUN	CTN
Premium Ponzu Citrus Sauce 250mL		6 x 20	KJP0110	9339337307638	19339337307635	12
Premium Teriyaki Sauce 250mL		6 x 20	KJP010	9339337307720	19339337307727	12
Premium Mirin 250m		6 x 20	KJP0111	9339337307621	19339337307628	12
Organic Rice Vinegar 250mL		6 x 20	KJP0101	9339337307218	19339337307215	12

SOY SAUCES & CONDIMENTS



\$3.75



Kura Authentic Seaweed Furikake Seasoning (85g)

Kura Authentic Seaweed Furikake Seasoning is an authentic Japanese style seasoning that has been specially formulated by a Japanese Chef. Seaweed Furikake can be enjoyed by sprinkling over rice, eggs, salads, or meats to add texture and give an umami taste to any dish.

\$3.75



Kura Authentic Bonito Furikake Seasoning (80g)

Kura Authentic Bonito Furikake Seasoning is an authentic Japanese style seasoning that has been specially formulated by a Japanese Chef. Bonito Furikake can be enjoyed by sprinkling over rice, eggs, salads, or meats to enhance flavour and add an umami flavour to any dish.

Product Name	Segment	Size L x W x H(cm)	Product Code	Barcode	TUN	CTN
Kura Seaweed Furikake Seasoning (85g)	 	5 x 16.5	KJP0126	9339337307966	19339337307963	12
Kura Bonito Furikake Seasoning (80g)		5 x 16.5	KJP0127	9339337307959	19339337307956	12

SOY SAUCES & CONDIMENTS

\$3.90



Shichimi Togarashi Japanese 7 Spice Blend 50g

Kura Shichimi Togarashi is the traditional staple of Japanese cuisine. The perfect trifecta of flavour, heat, citrus and umami is a killer addition to any dishes you please, including all soup, noodle dishes, roast veggies, meats and snacks!

\$1.85



Organic White Sesame Seeds Hulled 60g

Kura Certified Organic Sesame Seeds - Hulled are full of flavour which add a nutty, natural freshness to any meal. Perfect addition for baking recipes, making dip, sprinkled on salads or added to stir-fries.

\$2.00



Organic Black Sesame Seeds Roasted 60g

Kura Certified Organic Black Roasted Sesame Seeds are small seeds that add a delicious, nutty taste to any meal. Add to smoothies, cereal and baking recipes or sprinkle over your salads, curries, stir fries and vegetables.

\$4.00



Organic Miso Paste Shiro 200g

Kura Certified Organic Miso Paste Shiro has a beautifully rich umami flavour with soft sweet tones. Consisting of enzymes that aid digestion, it also tenderised meats and fish, and further enjoyed to make soups, dressings, and dipping sauces.

\$4.28



Organic White Sesame Paste 200g

Kura Certified Organic Japanese Style White Sesame Paste, also known as 'Shiro Neri Goma' in Japan, is a staple in many sweet and savoury dishes. Just a delight in salad dressings, sauces, baking and ice cream.

\$5.29



Organic Black Sesame Paste 200g

Kura Certified Organic Japanese Style Black Sesame Paste, also known as 'Kuro Neri Goma' in Japan, is a staple in many sweet and savoury dishes. Just a delight in salad dressings, sauces, baking and ice cream.

Product Name	Segment	Size L x W x H(cm)	Product Code	Barcode	TUN	CTN
Shichimi Togarashi Japanese 7 Spice Blend 50g	  	3.9 x 11.3	KJP009	9339337307591	19339337307598	12
Organic White Sesame Seeds Hulled 60g	  	3.9 x 11.3	KJP011	9339337307935	19339337307932	12
Organic Black Sesame Seeds Roasted 60g	  	3.9 x 11.3	KJP012	9339337307942	19339337307949	12
Organic Miso Paste Shiro 200g	  	6 x 10	KJP0105	9339337307157	19339337307154	12
Organic White Sesame Paste 200g	 	8.1 x 8.1	KJP115	9339337307690	19339337307697	8
Organic Black Sesame Paste 200g	 	8.1 x 8.1	KJP0116	9339337307683	19339337307680	8

SUSHI RANGE



\$3.45



Natural Sushi Ginger 190g

Kura Natural Sushi Ginger is made from fresh ginger root. Its sweet, spicy flavour makes it a perfectly versatile condiment on your favourite dishes.

\$3.45



Pink Sushi Ginger 190g

Kura Pink Sushi Ginger is made from fresh ginger root. Its sweet, spicy flavour makes it a perfectly versatile condiment on your favourite dishes.

\$3.45



Organic Sushi Vinegar 250mL

Kura Certified Organic Sushi Vinegar is the perfect seasoning for authentic sushi rice. It is traditionally fermented with premium rice whilst blended with salt and sugar. With a less acidic taste than most vinegar, it's delicate and sweet flavour is also versatile and excellent in stir fry, salad dressings and marinades.

\$1.50+GST



Bamboo Sushi Mat 24 x 24 cm

Kura Bamboo Sushi Mat is made of the highest quality bamboo, simply used to create beautiful homemade sushi.

Product Name	Segment	Size Lx W x H(cm)	Product Code	Barcode	TUN	CTN
Natural Sushi Ginger 190g	  	6.6 x 8	KJP0108	9339337307133	19339337307130	12
Pink Sushi Ginger 190g	  	6.6 x 8	KJP0107	9339337307140	19339337307147	12
Organic Sushi Vinegar 250mL	 	6 x 20	KJP0102	9339337307201	19339337307208	12
Bamboo Sushi Mat 24 x 24 cm	-	6.8 x 1.2 x 27.5	KJP0104	9339337305795	19339337305792	10



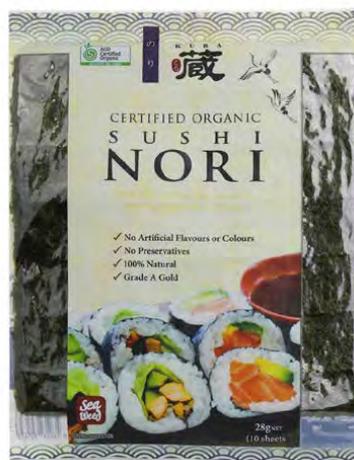
\$2.40



Wasabi Paste 43g

Kura Wasabi Paste has the unique Japanese flavour of Wasabi Japonica. This mildly spicy horseradish condiment is enjoyed with sushi, sashimi or added for extra flavour to salads, dressings and dips.

\$3.80



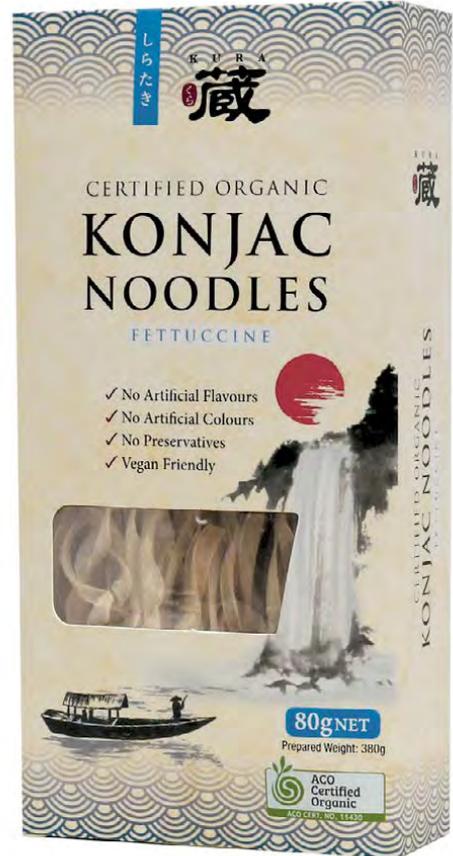
Organic Sushi Nori 28g

Kura Certified Organic Sushi Nori is of the highest quality you can buy; classifying as Grade A Gold. Its quality is shown in its dark colour, inhibiting a smooth and rich taste; truly reflecting the flavour of authentic Japanese Nori. Perfect for sushi, hand-rolls and simply eating as-is! Undeniably delicious!

Product Name	Segment	Size L x W x H(cm)	Product Code	Barcode	TUN	TUN (Outer Carton)	CTN
Wasabi Paste 43g		3.8 x 2.7 x 14.5	KJP0106	9339337307171	19339337307178	29339337307175	10
Organic Sushi Nori 28g	  	20 x 0.2 x 25.5	KJP0100	9339337305658	19339337305655	29339337305652	12

ORGANIC KONJAC NOODLES

\$3.45



Organic Dried Konjac Noodles Fettuccine 80g

are made from an all-natural vegetable Konjac-mannan; a water-soluble dietary fibre that has been a traditional staple in Japan for hundreds of years. Proven to be beneficial for aiding digestion, it's low in carbohydrates and is just simply the perfect noodles to enjoy all your favourite noodle dishes!

Product Name	Segment	Size L x W x H(cm)	Product Code	Barcode	TUN	CTN
Organic Konjac Noodles Fettuccine 80g	  	9.5 x 3.5 x 23	KJP0109	9339337307225	19339337307222	12

ORGANIC KONJAC SHIRATAKI



Kura Certified Organic Konjac Shirataki range is made from an all-natural vegetable Konjac-mannam. This water-soluble dietary fibre has been a traditional staple in Japan for hundreds of years. Imagine a 84kJ per serving, digestive aiding and low carbohydrate food that is simply perfect for all your favourite soups, salads, sauces and more!



ALL \$3.30 PER PACK

Product Name	Size L x W x H(cm)	Product Code	Barcode	TUN (Inner Carton)	TUN (Outer Carton)	CTN
Organic Konjac Shirataki Noodle Angel Hair 270g	12 x 4 x 18	KJP0120	9339337307782	19339337307789	29339337307786	6
Organic Konjac Shirataki Noodle Spaghetti 270g	12 x 4 x 18	KJP0117	9339337307799	19339337307796	29339337307793	6
Organic Konjac Shirataki Noodle Flat 270g	12 x 4 x 18	KJP0119	9339337307775	19339337307772	29339337307779	6
Organic Konjac Shirataki Rice 270g	12 x 4 x 18	KJP0118	9339337307805	19339337307802	29339337307809	6



SUSHI



Sushi Kit

550g

- 8 BOX/CTN
- (L)25 × (W)711 × (H)66cm
- B# 9339337304842
- TUN 19339337304849

Chef's Choice Premium Sushi Kit contains all the ingredients you need to make the perfect big sushi rolls or mini sushi rolls. With the addition of a few fresh ingredients, you will soon be enjoying quality sushi rolls in your own home.

Contains:

- *Bamboo Sushi mat*
- *Nori sheet 28g (10 sheets)*
- *Mini Ginger 5g x 4 pcs*
- *Mini Wasabi 3g x 4 pcs*
- *Mini Soy Sauce 10g x 6 pcs*
- *Sushi Vinegar 40g*
- *Sushi Rice 300g*
- *Instruction*



\$11.50 per unit (no gst)

SRIRACHA HOT CHILLI PASTE

\$6.10



\$7.50



\$7.80



Created from sun ripened chilies into a smooth paste we have captured its flavor in a convenient squeeze bottle that is easy to use.

Product Name	Dimension	Barcode	TUN	CTN
Sriracha Hot Chili Sauce 481 g	(L)6.5 x (H)22.5cm	024463061095	024463101098	12
Sriracha Hot Chili Sauce 793 g	(L)7.5 x (H)24cm	024463061163	024463101166	12
Sriracha Mayo Chilli Sauce 455 mL	(L)6.7 x (H)22cm	8853662056661		6

HARISSA HOT CHILLI

CHILLI THREADS

\$2.95



\$4.25



\$5.80



Product Name	Dimension	Barcode	CTN
Harissa Hot Chilli Paste 70g	(L)4x(W)3x(H)16cm	6194055550789	20
Harissa Hot Chilli Paste 140g	(L)5x(W)4x(H)18.5cm	6194055551779	30
Chilli Threads 50g	(L)16 x (W)7.5 x (H)23cm	9339337010309	10

ORGANIC NOODLES

ALL NOODLES ARE \$3.50 UNIT



Product Name	Dimension	Barcode	CTN
Organic Seaweed Noodles 200g	(L)7.7 x (W)2.7 x (H)27cm	9339337300134	12
Organic Udon Noodles 200g	(L)7.7 x (W)2.7 x (H)27cm	9339337004957	12
Organic Ramen Noodles 200g	(L)7.7 x (W)2.7 x (H)27cm	9339337300165	12
Organic Soba Noodles 200g	(L)7.7 x (W)2.7 x (H)27cm	9339337004964	12
Organic Sesame Noodles 200g	(L)7.7 x (W)2.7 x (H)27cm	9339337300158	12
Organic Charcoal Noodles 200g	(L)7.7 x (W)2.7 x (H)27cm	9339337300141	12



CHILLI PASTE

Chef's Choice Certified Organic Calabrian Crushed Chillies in Olive Oil give a spicy taste to pizzas, pasta, bruschetta, sauces and meat dishes.

\$5.46



\$5.46



Product Name	Dimension	Barcode	TUN	CTN
Calabrian Crushed Chillies in Olive Oil - Hot 135g	(L)5.6×(H)8.5cm	9339337304484	19339337304481	6
Calabrian Crushed Chillies in Olive Oil – Extra Hot 135g	(L)5.6×(H)8.5cm	9339337304491	19339337304498	6

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