

Retail Product Catalogue



IMPORTERS & SELECTORS of
ARTISAN FOODS

SUMMER AUTUMN 2018

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Errors & Omissions Excepted



Gut Health Bone Broth

The Stock Merchant innovates yet again with its new unique Gut Health Bone Broth formulation.

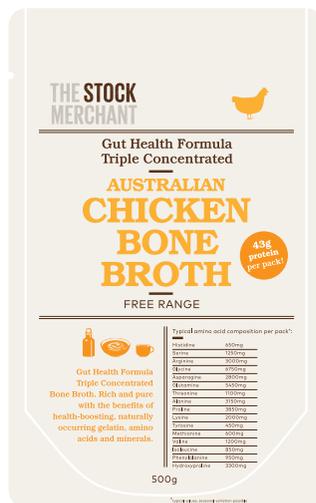
With growing consumer awareness around the importance of gut health, The Stock Merchant has launched another innovation for the bone broth/stocks category, a Triple Concentrated Gut Health Bone Broth.

Extracted over a 24 hour period, these bone broths are rich in health-boosting gelatin, amino acids and minerals. The per-pack amino acid concentration surpasses many amino acid supplements and is more than triple that of other bone broths.

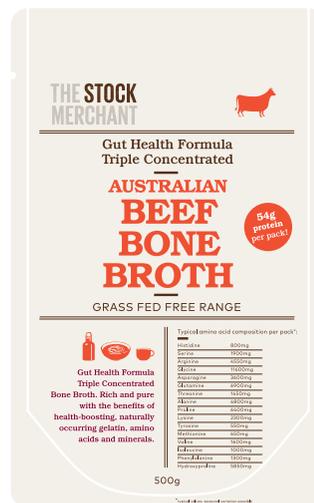
As with all The Stock Merchant bone broth products, there are no filler vegetables used - just water, grass fed, free range chicken or beef bones and apple cider vinegar.

This range is perfect for consumers who want the best possible bone broth solution for improving their gut health.

PRODUCT RANGE:



Chicken Bone Broth



Beef Bone Broth

Game changer for bone broth category

3 times as concentrated as other bone broths on the market

Bone broth regarded as medicine for people with gut health issues

4 servings per pack, great value proposition considering concentration

Rich and pure with health-boosting properties

Over 54g protein in Beef and 43g protein in Chicken packs

THE STOCK MERCHANT								
Code	Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
TSM-CGH	Gut Health Chicken Bone Broth	9344081000100	500g	8	0%	\$100.80	\$12.60	\$18.95
TSM-BGH	Gut Health Beef Bone Broth	9344081000117	500g	8	0%	\$100.80	\$12.60	\$18.95

THE STOCK MERCHANT, AUS

NEW

Australia's first range of free-range and sustainable stocks and sauces. Working with local small scale producers who provide free range, grass fed cattle, sustainably harvested shellfish and pristine vegetables and herbs. Made in a traditional way with no added salt, yeast extracts, flavour boosters, preservatives or additives – an important differentiation from most stocks. The new Bone Broth was launched for paleo dieters and is shelf stable!

Product Name	Barcode	CTN	UNIT PRICE
Free Range Chicken Stock, 500g	9344081000001	8	\$6.00
Grass Fed Beef Stock, 500g	9344081000018	8	\$6.00
Traditional Vegetable Stock, 500g	9344081000025	8	\$6.00
Umami Rich Mushroom Stock, 500g	9344081000070	8	\$6.00
Sustainable Crab Stock, 500g pouch	9344081000032	8	\$8.75
Free Range Old Fashioned Gravy, 300g	9344081000049	8	\$6.70
Free Range Master Stock, 500g	9344081000056	8	\$8.75
Free Range Red Wine Jus, 300g	9344081000063	8	\$6.70
Free Range Chicken BONE Broth, 500g	9344081000087	8	\$8.75
Grass Fed Beef BONE Broth, 500g	9344081000094	8	\$8.75

PRODUCT RANGE:





Remedy Kombucha

Remedy PROUDLY born in AUSTRALIA

CHILL with REMEDY

I love Remedy

from RUSSIA with LOVE

TRUST YOUR GUT

made with HEALTHY BACTERIA and yeasts - THE GOOD STUFF!

always ORGANIC

originated in CHINA 2000 years ago





Remedy Kombucha

Remedy Kombucha makes pure, authentic kombucha: a refreshing, thirst-quenchant, sparkling drink that is low in sugar and chock full of stuff that's good for your gut.

Each and every batch of Remedy Kombucha is made the old-fashioned way with passion and without compromise. That means taking time (no shortcuts) and using real, whole, certified organic ingredients (no fake or processed nasties).

The end result is a delicious drink that is widely believed to have energising and healing properties. Kombucha improves digestive health by introducing good bacteria, concentrated antioxidants (from the tea), organic acids (including acetic acid which helps stop the immune system from overreacting) and digestive enzymes.

Energise your drinks category with the most popular and best kombucha on the market and get Remedy today!

PRODUCT RANGE:



Original
330ml



Ginger & Lemon
330ml



Hibiscus Kiss
330ml



Apple Crisp
330ml



**Raspberry
Lemonade**
330ml



Cherry Plum
330ml



Original
750ml



Ginger & Lemon
750ml



Hibiscus Kiss
750ml



Apple Crisp
750ml



**Raspberry
Lemonade**
750ml



Cherry Plum
750ml



Remedy Kombucha

THE REMEDY RECIPE (A SNEAK PEEK)



1. Brew a very, very big pot of tea.



2. Add mother culture (aka SCOBY: symbiotic community of bacteria and yeast).



3. Wait three weeks, making sure the brewing room remains warm and calm.



4. Carefully select and add seasonal organic fruits, roots and spices to make our flavoured varieties.



5. Bottle, refrigerate and send out quick-smart to our team of amazing stockists.



REMEDY KOMBUCHA MADE IN AUSTRALIA

KOM-WHAT-CHA?

THE LOW DOWN ON BOOCH

Kombucha (often lovingly referred to as "booch") is a live cultured, sparkling drink made through a fermentation process involving tea, wild bacteria and yeasts (the good stuff)

Certified organic by Australian Certified Organic

Excellent shelf price and stock turns



Sarah Wilson and the I Quit Sugar team enjoy and recommend Remedy Kombucha

Brilliant for gut health and immunity

Loved by the I Quit Sugar crowd

Contains beneficial bacteria and organic acids

Unpasteurised and raw unlike other kombuchas

REMEDY KOMBUCHA

Code	Description	EAN (13) Unit	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
RK-3OR	Original	9350271000003	330ml	12	10%	\$32.52	\$2.71	\$4.49
RK-3GI	Ginger & Lemon	9350271000027	330ml	12	10%	\$32.52	\$2.71	\$4.49
RK-3HI	Hibiscus Kiss	9350271000041	330ml	12	10%	\$32.52	\$2.71	\$4.49
RK-3AP	Apple Crisp	9350271000065	330ml	12	10%	\$32.52	\$2.71	\$4.49
RK-3RL	Raspberry Lemonade	9350271000089	330ml	12	10%	\$32.52	\$2.71	\$4.49
RK-3CP	Cherry Plum	9350271000256	330ml	12	10%	\$32.52	\$2.71	\$4.49
RK-7OR	Original	9350271000010	750ml	12	10%	\$63.60	\$5.30	\$8.74
RK-7GI	Ginger & Lemon	9350271000034	750ml	12	10%	\$63.60	\$5.30	\$8.74
RK-7HI	Hibiscus Kiss	9350271000058	750ml	12	10%	\$63.60	\$5.30	\$8.74
RK-7AP	Apple Crisp	9350271000072	750ml	12	10%	\$63.60	\$5.30	\$8.74
RK-7RL	Raspberry Lemonade	9350271000096	750ml	12	10%	\$63.60	\$5.30	\$8.74
RK-7CP	Cherry Plum	9350271000263	750ml	12	10%	\$63.60	\$5.30	\$8.74

the

REMEDY CANS

have had a

MAKEOVER!



Drive trial of kombucha in your store
this summer with the new look

REMEDY CANS at



PRODUCT NO.	NAME	TUN	LIST PRICE	RRP
9350271000102	GINGER LEMON 250ML CAN	19350271000109	\$1.80 (EX GST)	\$3.00
9350271000119	APPLE CRISP 250ML CAN	19350271000116	\$1.80 (EX GST)	\$3.00
9350271000126	RASPBERRY LEMONADE 250ML CAN	19350271000123	\$1.80 (EX GST)	\$3.00





These cola nuts are the karma and the cola in Karma Cola.

They grow in the Rainforest around the Boma and Tiwai communities in Sierra Leone.

The people who live there still use cola every day for health, wellbeing and friendship. And for a boost, like coffee.

They also benefit directly from the sale of every bottle of Karma Cola.

It's what makes Karma Cola taste good and do good.



- | | |
|--|--|
| 1. COLA NUT | 9. LEMON |
| 2. NUTMEG | 10. LIME |
| 3. CORIANDER | 11. ORANGE |
| 4. CINNAMON | CITRUS OILS SQUEEZED FROM THE RIND, SKIN AND ZEST TO ADD A ZING. |
| 5. NUTMEG AND CINNAMON ARE SPICES GROWN IN RAINFORESTS LIKE THE VANILLA WE SOURCE FROM FAIRTRADE AND ORGANIC GROWERS IN SRI LANKA. | 12. BOTTLE |
| 6. FAIRTRADE ORGANIC CANE SUGAR FROM FARMERS IN MAHARASHTRA INDIA. | 100% GLASS MADE OF SAND AND COMPLETELY RECYCLABLE. |
| 7. ORGANIC FEMMINELLO LEMONS FROM SICILY. | 13. WATER & BUBBLES. |
| 8. FAIRTRADE ORGANIC VANILLA FROM THE HIGHLANDS OF SRI LANKA. | 14. CAP |
| | 15. FRONT LABEL |
| | FEATURING MAMI WATA THE RIVER SPIRIT WHO PROTECTS THE PEOPLE IN BOMA WHERE OUR COLA COMES FROM. SHE'S AN ANGEL AND A RASCAL. |
| | 16. BACK LABEL |
| | WITH ALL THE IMPORTANT INFORMATION TO SHOW WE HAVE NOTHING TO HIDE. |



#DRINK NO EVIL





Karma Cola - new lines



KARMA COLA							
Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
Karma Cola Sugar Free	9421902090660	330ml	15	10%	\$31.50	\$2.10	\$3.49
Summer Orangeade	94219020	330ml	15	10%	\$31.50	\$2.10	\$3.49



Karma Cola



KARMA COLA

Karma's original cola recipe is made of real cola nut grown by the Mende and Temne people in Boma, Sierra Leone.

Proceeds from each bottle go to the growers' families to re-establish their lives in the aftermath of civil war and ebola.



GINGERELLA GINGER ALE

Gingerella is made of Mother Nature's magic healer – ginger – grown organically by Fairtrade farmers in Sri Lanka.

Its clean, crisp and fiery flavour comes from its unique blend of ginger, vanilla, cane sugar, lemons, and a fair deal for the people who grow them.



LEMMY LEMONADE

Lemons weren't known for their luck until Lemmy came along.

Lemmy's organic lemons and Fairtrade and organic cane sugar bring good fortune to the farmers who get a fair deal for their crop and a lemony zing to you.



No. 5241



KARMA COLA								
Code	Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
KC-KCO	Karma Cola	9421902090028	330ml	15	10%	\$31.50	\$2.10	\$3.49
KC-GIN	Gingerella Ginger Beer	9421902090035	330ml	15	10%	\$31.50	\$2.10	\$3.49
KC-LEM	Lemmy Lemonade	9421902090066	330ml	15	10%	\$31.50	\$2.10	\$3.49

DRY RANGE



PEAR & GINGER

This dignified assemblage of unsweetened organic pears gets gate crashed by a rabble of rainforest ginger bursting with tropical heat and tang.



RASPBERRY & LEMON

Stiletto-sharp organic Sicilian lemon juice slashes into the plump richness of fresh raspberries spilling unsweetened flavour into sparkling spring water.

SPARKLING RANGE



BLACKCURRANT

Organic sparkling juice made with blackcurrants from Pleasant Point, New Zealand and Fairtrade, organic cane sugar. With 30% blackcurrant juice it's a tart explosion.



BLOOD ORANGE

Organic sparkling juice squeezed from Arancia Rossa blood oranges from sun soaked Sicily and Fairtrade, organic cane sugar. With 29% orange juice it's bloody good.



RED GRAPEFRUIT

Organic sparkling juice squeezed from red grapefruits, grown on a kibbutz near the Dan River in Israel and Fairtrade, organic cane sugar. With 41% juice it's a flavour bomb.

ALL GOOD AND SPARKLING

Code	Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
KC-APG	AG&S Pear & Ginger	94200188	250ml	12	10%	\$25.20	\$2.10	\$3.49
KC-ARL	AG&S Raspberry & Lemon	94200201	250ml	12	10%	\$25.20	\$2.10	\$3.49
KC-ABL	AG&S Blackcurrant	94007299	250ml	12	10%	\$25.20	\$2.10	\$3.49
KC-ABO	AG&S Blood Orange	94007275	250ml	12	10%	\$25.20	\$2.10	\$3.49
KC-ARG	AG&S Red Grapefruit	94007251	250ml	12	10%	\$25.20	\$2.10	\$3.49

Grounded Pleasures

Grounded Pleasures specialises in exquisite origin drinking chocolate, chai and vanilla products.

We scour the earth for the very best ingredients, grown in special places by amazing growers. We minimally process and blend, bringing you the finest sumptuous flavoured natural products possible.

We like to share in our bounty and give at least 5% of profits to community development in the grower communities where we source our fine cocoas and spices.

PRODUCT RANGE:

GROUNDLED PLEASURES COLLECTION OF DRINKING CHOCOLATE

Exquisite and complex cocoa from a small amazing growing region in Ghana and a minimum of sugar, just enough to let high notes of the naturally bitter cocoa shine.

- Minimum processing
- High in cocoa liquor/butter for a velvety smooth mouth feel
- A complex flavour that tastes like more than just chocolate! Fruit and spice with lovely resonate after taste.

Eight amazing flavour infusions:

- Original
- Vanilla Bean
- French Mint
- Orange Infused
- Cinnamon Spiced
- Chilli Chocolate
- White
- Noir 52%
- Straight up Cocoa

The world's best cocoa and spices

Beautiful new packaging launch 2016



Original Drinking Chocolate



Sicilian Orange Drinking Chocolate



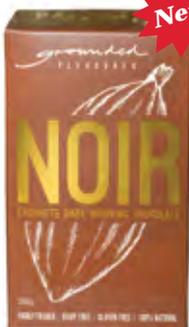
Chilli Infused Drinking Chocolate



Cinnamon Spice Drinking Chocolate



French Mint Drinking Chocolate



Noir Drinking Chocolate



Vanilla Bean Drinking Chocolate



Straight up Cocoa

Grounded Pleasures is a regionally based Australian family business.



**Seven Spice
Sri Lankan Chai**



**Unrefined
Panela Sugar**



**Real White
Drinking Chocolate**



**Organic Vanilla
Bean Extract**



Is this Australia's best drinking chocolate and chai? Consumers think so!

*Single origin
cocoa with a
velvet mouth
feel*

*Beautiful
flavour
infusions with
natural oils
and spices*

*Authentic
Seven Spice
Chai the real
thing*

*Innovating
the category
with a
real White
Drinking
Chocolate*

*No fillers
or bulking
agents, just
cocoa and
Australian
cane sugar*

*Regionally
based
Australian
family
business*

GROUNDLED PLEASURES

Code	Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
GP-AR	Original Drinking Chocolate	9369999019006	200g	8	0%	\$58.40	\$7.30	\$10.95
GP-OI	Orange Infused Drinking Chocolate	9369999031275	200g	8	0%	\$58.40	\$7.30	\$10.95
GP-FM	French Mint Drinking Chocolate	9369999033767	200g	8	0%	\$58.40	\$7.30	\$10.95
GP-SC	Cinnamon Spiced Drinking Chocolate	9369999301750	200g	8	0%	\$58.40	\$7.30	\$10.95
GP-VA	Vanilla Bean Drinking Chocolate	9369999027995	200g	8	0%	\$69.60	\$8.05	\$11.95
GP-CH	Chilli Chocolate Drinking Chocolate	9340449000034	200g	8	0%	\$58.40	\$7.30	\$10.95
GP-WC	Real White Drinking Chocolate	9340449000027	200g	8	0%	\$69.60	\$8.70	\$12.95
GP-NOI	Noir 52% Drinking Chocolate	9340449000072	200g	8	0%	\$64.40	\$8.05	\$11.95
GP-STR	Straight Up Cocoa	9340449000089	150g	8	0%	\$69.60	\$8.70	\$12.95
GP-SSC	Seven Spice Chai	9340449000010	200g	8	0%	\$64.40	\$8.05	\$11.95
GP-PS	Panela Sugar	9340449000850	250g	8	0%	\$34.40	\$4.30	\$6.49

AKUNA BLUE WATER, NT

AKUNA BLUE is drawn from a volcanic rock aquifer that's formation is over one million years old. The mineral rich water contained in the South Alligator Dolostone aquifer, located in the Northern Territory of Australia, is naturally purified over 10,000 years through a series of limestone and quartz rocks. This natural purification process means no chemicals, no additives, just a beautifully silky smooth water.

This custom designed bottle highlights the brand's commitment to being a premium and boutique product. A complete restaurant launch package has been designed for the brand including rechargeable docking units that light up when a bottle of 750ml sized sparkling or still is placed on it. These stainless steel, beautifully crafted units will ensure the product stays elegantly lit all night.

akuna blue™



<i>Product Name</i>	<i>Barcode</i>	<i>Ctn</i>	<i>Unit Price</i>
Akuna Blue Sparkling Water 750ml		12	\$3.79 + GST
Akuna Blue Still Water 750ml		12	\$3.79
Akuna Blue Still Water 375ml		12	\$2.48

GREEN ST KITCHEN, WA



JAMU JAMU TONIC

Jamu is a traditional Indonesian medicinal tonic that dates back thousands of years, made from natural ingredients, including roots, bark, leaves and fruits. There many diverse types of jamu however most of them contain fresh turmeric as a base ingredient which gives the jamu its distinctive yellow color and earthy, slightly spicy taste.

Here at green street we like to draw inspiration from the past and then add our little spin on to the new. Our version of jamu which we brew at the Green Street fermentation factory is wild fermented for an added living probiotic hit. We use locally grown organic turmeric, fresh ginger, lemon grass, Jujube berries, Navel oranges, black pepper, cassia bark (cinnamon) and coconut sugar. The result is a rich turmeric tonic with hits of orange and spice, a little sweetness from the jujube berries and a light sparkle.

"jamu jamu"



RAW | CLEAN | LIVING

<i>Product Name</i>	<i>Barcode</i>	<i>Ctn</i>	<i>Unit Price</i>
Jamu Jamu - 250ml	0706502557843	9	\$4.20
Jamu Jamu - 750ml	0706502557836	9	\$6.30

GREEN STREET KITCHEN (WA) FERMENTED AND RAW FOODS

Local boy makes raw wild fermented kimchi and sauerkrauts here in Perth.

RAW – VEGAN – GLUTEN FREE

All refrigerated products



Product Name	Barcode	CTN	UNIT PRICE
*Kraut – Ginger + Turmeric 430g	702785127636	9	\$9.36
*Kimchi – Thai Chilli + Galangal 430g	702785127612	9	\$9.36
*Kimchi – White Miso + Red Pepper 430g	702785127605	9	\$9.36
*Kimchi – Black Miso + Garlic 430g	702785127698	9	\$9.36
*Kimchi – Wakame and Pickled radish 430g	702785127681	9	\$9.36
*Kimchi – Szechuan and Turmeric 430g	702785127643	9	\$9.36
*Kimchi Hot Sauce 280ml	702785127674	9	\$5.85
*Coconut Kefir 250ml	702785127667	9	\$4.95
*Coconut Kefir 500ml	706502557829	9	\$6.60



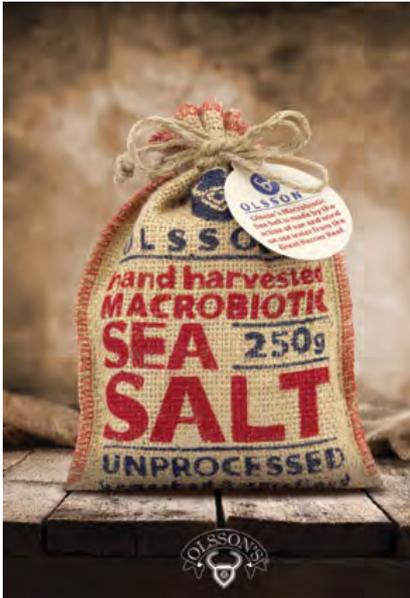
Living Coconut is the only vegan probiotic coconut kefir mylk available in Australia, and it's handmade here in WA. It eliminates the often problematic ingredients of dairy for those with digestive issues, while allowing you to take in a highly beneficial probiotic beverage.

It's got loads of health benefits, which include; healing the digestive system and liver, creating a strong immune system, enhancing hydration, recolonising and alkalisng your gut, and best of all, it tastes great!



Olsson's Sea Salt

Olsson's is the only family-owned and operated company producing super premium sea salt in Australia.



Luxurious, delicate and perfectly formed, Olsson's Sea Salt is soft, sweet and is Australia's answer to imported fleur de sel.

The ancient tradition of making sea salt into flakes is a closely guarded secret and has taken over a decade for Olsson's to perfect. Olsson's are the first company in Australia to produce "flat" Sea Salt Flakes (similar to the French "fleur de sel" sea salt flakes), an extremely delicate sea salt flake, easily crumbled in the fingers. Many other salt flakes have a "pyramid" shape, making their structure more durable and as a consequence, less delicate.

The provenance of Olsson's salt is the Spencer Gulf in South Australia and the Great Barrier Reef region in Queensland. Constant product innovation has seen the launch of a beautifully presented Macrobiotic Sea Salt and a real Truffle Salt amongst others.

With a wide variety of salts and packaging formats to choose from, Olsson's Salt is the super premium leader of the salt category in Australia.

PRODUCT RANGE:



Macrobiotic Sea Salt – Hessian Bag and Grinder

This unique product is made by the action of sun and wind on sea water from the Great Barrier Reef. It is completely natural, hand-harvested and retains many natural marine minerals and trace elements.

\$3.90 250g bag
\$4.80 150g grinder

\$13.00



Sea Salt Flakes, Ceramic Jar



Redgum Smoked Sea Salt

Olsson's Redgum Smoked Sea Salt is a beautifully packaged, traditional smoked salt enhanced with the aromatic and complex characteristics of the Australian red gum wood. It adds a rich, smoky flavour to everything from meats, poultry and seafood to salads, soups, sauces and vegetables.

\$12.00

\$2.60



Sea Salt Flakes – Cube Box and Kilner jar

Luxurious, delicate and perfectly formed, Olsson's Sea Salt Flakes are soft, sweet and delicate. This product is made from the pristine sea waters of the Great Australian Bight and is completely natural, chemical and preservative free and retains an exceptional sea salt taste.

\$6.50

THE ROYAL NUT CO

NEW

Using Australian nuts, The Royal Nut Co produces the finest nut butters around. A large selection will ensure you have every one you need, however, Almond makes up most of the sales of this brand.

No added oils, no added preservatives - just nuts.

Store in a cool dry place away from strong sunlight, **shelf life 6-18 months**



<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Almond Nut Butter 250g	9312016005827	6	\$6.00
ABC Nut Butter 250g	9312016020066	6	\$7.45
Cashew Nut Butter 250g	9312016005780	6	\$6.90
Hazelnut Nut Butter 250g	9312016005834	6	\$7.45
Macadamia Nut Butter 250g	9312016005797	6	\$10.45
Pistachio Nut Butter 250g	9312016005803	6	\$11.90
Royal Mixed Nut Butter 250g	9312016005773	6	\$7.85
ABC Chia Butter 250g	9312016020844	6	\$7.45
Almond Chia Nut Butter 250g	9312016020066	6	\$6.00

SIMARA

.....
artisan blends



product

ingredients

size

wholesale

rrp

turmeric latte

Turmeric, Cinnamon, Ginger,
Coconut Blossom Sugar

150g

\$ 12.10

\$ 19.95

turmeric cocoa latte

Turmeric, Dutch Cocoa, Cinnamon,
Coconut Blossom Sugar

150g

\$ 12.10

\$ 19.95

beetroot latte

Beetroot, Ginger,
Coconut Blossom Sugar

150g

\$ 10.47

\$ 19.95

beetroot cocoa latte

Beetroot, Ginger, Dutch Cocoa,
Coconut Blossom Sugar

150g

\$ 12.10

\$ 19.95

matcha latte

Stone Ground Green Tea,
Coconut Blossom Sugar

100g

\$ 17.47

\$ 24.95

*new

rooibos matcha latte

Stone Ground Rooibos Tea,
Coconut Blossom Sugar

100g

\$ 18.87

\$ 29.95

The Ridiculously Delicious Nut Butter Company

The Ridiculously Delicious Nut Butter Company



Available in three fantastic flavours



New flavour

From the makers of Ridiculously Delicious™ Peanut Butter comes a nut bar like no other. Energy bar? Protein bar? Health bar? It's like the best of all three.

Made with roasted peanuts, dark chocolate, chia seeds and the splendid 100% Australian taste of Ridiculously Delicious™ Peanut Butter, this Ridiculously Delicious Peanut Butter Bar is pure goodness, pure genius and pure Australian.

Gluten free Packed with protein Sweetened with rice malt syrup



Original Crunch



Honey Cinnamon



Cherry Coconut

THE RIDICULOUSLY DELICIOUS NUT BUTTER COMPANY								
Code	Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
RD-ORG	Peanut Butter Bar Original Crunch	9344081000520	50g	12	10%	\$28.80	\$2.40	\$3.95
RD-HOC	Peanut Butter Bar Honey Cinnamon	9344081000537	50g	12	10%	\$28.80	\$2.40	\$3.95
RD-CHE	Peanut Butter Bar Cherry Coconut	9344081000544	50g	12	10%	\$28.80	\$2.40	\$3.95



The Ridiculously Delicious Nut Butter Company



A recipe so old, it's new!

Most wholesome and healthy peanut butters on the market forget one thing: Peanut butter is FUN. It's nostalgic, it's comfort food, it brings a smile to your face. That's why we created Ridiculously Delicious!

We're bringing back the fun – and taste – to natural peanut butter.

Watch the story of our PB at ridiculouslydelicious.com.au

PRODUCT RANGE:



New

Ridiculously Delicious Super Smooth Peanut Butter

100% Australian peanuts from Kingaroy, golden roasted, ground to creamy smooth perfection and lightly salted with Murray River salt. That's it! No sugar, no hydrogenated oils, no preservatives.



New

Ridiculously Delicious Chunky Crunch Peanut Butter

100% Australian peanuts from Kingaroy, golden roasted, ground to a creamy chunky perfection and lightly salted with Murray River salt. That's it! No sugar, no hydrogenated oils, no preservatives.

Nut Butter Co.

THE RIDICULOUSLY DELICIOUS NUT BUTTER COMPANY

Code	Description	EAN 13 (Unit)	Unit Size	Units per Ctn	GST	Ctn price	Unit price	RRP
RD-SS	Super Smooth Peanut Butter	9344081000506	375g	12	0%	\$66	\$5.50	\$7.99
RD-CC	Chunky Crunch Peanut Butter	9344081000513	375g	12	0%	\$66	\$5.50	\$7.99

OVER THE MOON, ALBANY - WA

Down in Albany, you will find some of the finest dairy products in WA, made from Jersey Cows, unhomogenised – these really are “how it used to taste”

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
*Jersey Milk 1L	9340172000097	20	\$4.95
*Crème Fraiche 200g	9340172000011	30	\$5.30
*Kefir 250ml	0784672549035	9	\$3.40
*Kefir 500ml	0784672549042	9	\$4.70
*Natural Yoghurt 500g	9340172000073	30	\$5.30
*Honey Yoghurt 500g	9340172000080	30	\$5.95





Pepe Saya

Pepe Saya is Australia's best-known cultured butter. Chefs and consumers alike love Pepe Saya's products, and the brand's popularity is continuing to grow in leaps and bounds.

Pepe Saya's Australian Cultured Butter is made using rich Australian grass-fed cream. The 'culture' in his butter is the good bacteria (lactobacillus) which is added to the cream, fermented for 24 hours and left to ripen over 3 weeks.

The cultures eat the sugar (lactose) in the cream and turn it into lactic acid (souring the cream), which adds flavour to the butter and fills it up with probiotics so it's better for you.

The Pepe Saya brand has grown immensely over the last three years, and is used by some of Australia's finest restaurants (including Rockpool) and Qantas First and Business Class. Pepe Saya's butter and ghee is known and loved by the discerning consumer who wishes to purchase an authentic Australian grass-fed, probiotic butter.

PRODUCT RANGE:



Pepe Saya Unsalted Butter 225g

Shelf life: 3 months, refrigerated

9345126000260

225g - **\$6.75 a unit**



Pepe Saya Salted Butter 225g

Salted with Olsson's Dairy Salt and Murray River Pink Salt. Shelf life: 3 months, refrigerated

9345126000253

225g - **\$6.75 a unit**



Ghee, is clarified butter which has been simmered until the milk solids separate. It is then caramelised over a low heat, passed through a muslin cloth to remove any impurities and bottled.

Ghee is a favourite of those with intolerances to lactose or casein as it contains less than 1% of either of those potentially inflammatory substances; it has numerous holistic applications, can be stored without refrigeration for long periods of time, and is excellent for cooking with its high smoke point of 230c.

Pepe Saya Ghee is derived from our unsalted cultured butter and the finished product produces an extra special nutty flavour.

Shelf life: 6 months, ambient

9345126000529

190ml - **\$9.00 a unit**



BEE LANE, WESTERN AUSTRALIA

independently-owned artisan smokehouse specialising in the production of fine smoked foods for the individual with discerning tastes. Quality and flavour are of the utmost importance using only the finest ingredients – always Australian and local whenever possible. Our flagship product is the Cold Smoked Tomatoes. Refrigerated product.



<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Bee Lane Cold Smoked Tomatoes 150g	0680569500915	12	\$8.45
Bee Lane Star Anise Cold Smoked Tomatoes 150g	0680569500915	12	\$8.45
Bee Lane Lemon Myrtle C. Smoked Tom 150g	0680569500915	12	\$8.45

BACEL ROASTED TAHINI, WA COMPANY, TURKISH MADE PRODUCT



<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Bacel roasted Tahini 310g	706502231101	12	\$7.15

LA TORTILLERIA

Mexican Tortillas made in Australia,
Australian corn, gluten free

Tortillas 14.5cm BOX - 15 per pack	B# 9349227000211	330g	10	\$5.69
Torillas 16cm HANGING PACK - 8/pack	B# 9349227000198	220g	12	\$3.48
Tortilla Chips Totopos	B# 9349227000105	200g	9	\$4.59 + GST
Tostadas - tortilla cornchips	B# 9349227000235	300g	9	\$9.18 + GST
Totopos - Blue tortilla cornchips	B# 9349227000334	200g	8	\$4.71 + GST



THREE FARMERS QUINOA, WA

NEW

Western Australia grown Quinoa, Three Farmers has been growing quinoa in WA since 2010, 2 sizes – now available

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Australian Quinoa 400g	9348219000727	5	\$6.95
Australian Quinoa 750g	9348219000734	4	\$11.25



EDEN GATE BLUEBERRY FARM

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Blueberry Jam 250ml	9337833000015	6	\$7.10
Blueberry Chutney 250ml	9337833000022	6	\$6.95
Blueberry Vinaigrette Salad Dr 250ml	9337833000046	6	\$6.95
Blueberry Velvet Dessert Sauce 250ml	9337833000039	6	\$7.10



CHARLIE'S COOKIES, VIC, AUS

****NEW****

Established in 1995, Charlie's has grown from a much-loved local shop selling home-baked cookies to an innovative producer of seriously delicious gourmet treats – both for the food service industry and for consumers to take home and enjoy.

Product Name	Barcode	Ctn	Unit Price
Raspberry White Choc Melting Moments 100g		12	\$4.08 + GST
Choc Salted Caramel Melting Moments 100g		12	\$4.08 + GST
Passionfruit Raspberry Melting Moments 100g		12	\$4.08 + GST
Traditional Lemon Melting Moments 100g		12	\$4.08 + GST
Handmade Double Choc Chip Bites 125g		12	\$4.08 + GST



ALL \$4.08 PER UNIT

THE GREEN PANTRY, DENMARK WA

Coconut Chips with apricot 100g	100g	12	\$4.42
Coconut chips with Dark Chocolate	100g	12	\$4.55 + GST
Coconut Chips Salted Caramel	100g	12	\$4.42
Coconut chips with Cherry	100g	12	\$4.55 + GST
Sweet and Spicy Nuts	80g	12	\$5.00
Curry Cashew Nuts	80g	12	\$5.00
Energy Clusters	80g	12	\$5.00
Dukkah	75g	12	\$5.65 + GST
Seaweed Salt	350g	12	\$5.80
Granola with Apple	400g	6	\$11.56
Granola with Banana	400g	6	\$11.56
Granola with Blueberry	400g	6	\$11.56
Granola with Fig	400g	6	\$11.56
Paleo Power	300g	6	\$11.56



THE AUSTRALIAN SUPERFOOD CO, VIC

Australian Native Bushfoods have been growing in Australia for 50,000 years, sustaining our Aboriginal people as sources of food and medicine, discover the staggering nutritional powers, history and flavor of these unique superfoods

Granolas, super food powders and fruits, raw bars and bites

NEW

<i>Product Name</i>	<i>Size</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Paleo Granola - Lime, Coconut & Mac Burst	320g	10	\$9.50
Paleo Granola – Cacao, Coconut Crunch	320g	10	\$9.50
Paleo Granola – Vanilla Berry Nutty Goodness	320g	10	\$9.50
Superfood Powders – Lemon Myrtle	20g	1	\$6.66
Superfood Powders – Wattleseed	30g	1	\$8.00
Superfood Powders – Davison Plum	30g	1	\$15.00
Superfood Powders – Finger Lime	30g	1	\$15.00
Superfood Powders – Kakadu Plum Powder	40g	1	\$16.70
Superfood Powders – Riberry	40g	1	\$26.65
Superfood Powders – Quandong	40g	1	\$20.00
Superfood Powders – Aniseed Myrtle	80g	1	\$19.99
Superfood Powders – Cinammon Myrtle	80g	1	\$19.99
Superfood Powders – Strawberry Gum	80g	1	\$19.99
Superfood Fruits – Whole Riberry	40g	1	\$20.00
Superfood Fruits – Quandong Halves	40g	1	\$13.35
Superfood Fruits – Whole Davison Plum	40g	1	\$23.30

<i>Product Name</i>	<i>Size</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Raw Bar - Ancient Rainforest Berry	40g	12	\$2.50*
Raw Bar - Desert Tropical Tribe	40g	12	\$2.50*
Raw Bar - Lemonseed Wonder	40g	12	\$2.50*
Raw Bar - Wattleseed Husk Cacao	40g	12	\$2.50*

*plus gst



TURBAN CHOPSTICKS, WA

Meal solutions for busy families – made right here in Perth



Product Name	Barcode	CTN	UNIT PRICE
Thai Red Curry 260g	9341845000819	12	\$5.45
Thai Green Curry 260g	9341845000802	12	\$5.45
Butter Chicken 260g	9341845000833	12	\$5.45
Satay Peanuts 260g	9341845000826	12	\$5.45



Product Name	Barcode	CTN	UNIT PRICE
Royal Festival Biryani Rice 290g	9341845000505	6	\$5.45
Majestic Almond & Cumin Pilaf Rice 230g	9341845000529	6	\$5.45
Tropical Thai Coconut Rice 260g	9341845000512	6	\$5.45
Creamy Green Pea Dahl 230g	9341845000628	6	\$5.45
Traditional Jewelled Mung Dahl 225g	9341845000604	6	\$5.45
South Indian Spiced Tomato Dahl 285g	9341845000611	6	\$5.45



Onion Bhaji Mix 200g	9341845003001	6	\$5.45
Potato Ricotta Balls 200g	9341845003018	6	\$5.45
Mini Bombay Burgers 200g	9341845003025	6	\$5.45
Lentil Coconut Fritters 200g	9341845003032	6	\$5.45

BYRON BAY CHILLI COMPANY

It all started with a chilli patch on a hill overlooking Byron Bay. With a little help from a friendly farmer and some good compost from the old Byron piggery – today – Byron Bay Chilli Co is an award winning global sensation

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Cornchips – Lightly Salted Gluten Free 175g	9320342003004	14	\$1.87*
Cornchips – Salsa Gluten Free 175g	9320342003028	12	\$1.87*
Cornchips – Jalapeno Gluten Free 175g	9320342003011	14	\$1.87*
Mild Salsa 300g	9320342000652	6	\$3.11
Spicy Salsa 300g	9320342000720	6	\$3.11
Smokey Bean Salsa 300g	9320342000966	6	\$3.11
Fiery Coconut Hot Sauce 250ml	804798000019	6	\$3.21
Green Jalapeno Hot Sauce 250ml	804798003003	6	\$3.21
Heavenly Habenero Hot Sauce 250ml	804798001009	6	\$3.21
Red Cayenne Hot Sauce 250ml	804798002006	6	\$3.21
Smokin' Mango Hot Sauce 250ml	804798000026	6	\$3.21
Spicy Sweet Hot Sauce 250ml	804798000033	6	\$3.21



NO WORRIES CURRIES

9 Jewel Veg Korma	45g	10	\$4.05
Baked Meatballs	45g	10	\$4.05
Baked Samosa	45g	10	\$4.05
Bhuna Gosht	45g	10	\$4.05
Biryani	45g	10	\$4.05
Butter Chicken	45g	10	\$4.05
Buttery Dahl Makhani	45g	10	\$4.05
Chickpea Curry	45g	10	\$4.05
Fenugreek Curry	45g	10	\$4.05
Goan Beef Powder	45g	10	\$4.05
Goan Chicken Curry	45g	10	\$4.05
Goan Fish/ Prawn	45g	10	\$4.05
Goan Vegetable	45g	10	\$4.05
Hurry Curry	45g	10	\$4.05
Indian Bubble and Squeak	45g	10	\$4.05
Kerala Chicken	45g	10	\$4.05
Kerala Fish	45g	10	\$4.05
Korma	45g	10	\$4.05
Lentil and Sweet Potato	45g	10	\$4.05
Malwani Chicken	45g	10	\$4.05
Mangalorean Bafath	45g	10	\$4.05
Masala Chai	45g	10	\$4.05
Parsi Curry	45g	10	\$4.05
Pickle Curry	45g	10	\$4.05
Rogan Josh	45g	10	\$4.05
Spinach with Ricotta Cheese	45g	10	\$4.05
Sri Lanka	45g	10	\$4.05
Tandoori Chicken	45g	10	\$4.05
Thai Mussaman	45g	10	\$4.05
Tikka Masala	45g	10	\$4.05
Tomato Kasundi	45g	10	\$4.05
Vindaloo	45g	10	\$4.05



FUDGE BY RICH

The Finest Smooth fudge, made in the Yarra Valley, hand tied with string.

Larger range of flavours available on request

Note 3-6 months' code and GST applicable

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Caramel Macadamia Fudge 110g	9349016000125	6	\$4.86*
Chocolate Hazelnut Fudge 110g	9349016000200	6	\$4.86*
Chocolate Raspberry Mac Fudge 110g	9349016000224	6	\$4.86*
Chocolate Fudge 105g	9349016000019	6	\$4.66*
Creamy Vanilla Fudge 110g	9349016000149	6	\$4.66*
Divine Caramel Fudge 115g	9349016000101	6	\$4.86*
Zesty Jaffa Fudge 105g	9349016000064	6	\$4.66*
Salted Caramel Fudge 115g	9349016000187	6	\$4.86*





FINE FETTLER FLATS

Gluten Free Veg and Seed Crackers

Beetroot & Hazelnut	80g	12	\$5.60
Carrot and Pepita	80g	12	\$5.60
Spiced Pear and Hazelnut Flat	80g	12	\$5.60
Spicy Capsicum Flats	80g	12	\$5.60
Sweetcorn Paprika Flats	80g	12	\$5.60
Tomato and Basil Flats	80g	12	\$5.60
Zucchini and Almond Flats	80g	12	\$5.60

FINE FETTLER EATS

NEW

Instant Vegetable Pots, Just add Water

Mexican Quinoa	60g	18	\$4.29
Mediterranean Quinoa	60g	18	\$4.29
Vegetable and Lentil	60g	18	\$4.29



NEW

FINE FETTLE, NSW

ORGANIC BAKED FLATS

Same as the very popular Original Flats, these new flats are baked, baking extends the shelf life to 6 months on production versus the 12 weeks of the original versions. Available in 3 flavours and a bonus now being organic certified



<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Organic Broccoli Baked Flats 80g	9345062000911	6	\$6.50
Organic Beetroot Baked Flats 80g	9345062000898	6	\$6.50
Organic Carrot Baked Flats 80g	9345062000904	6	\$6.50

RED ESPRESSO, SOUTH AFRICA

NEW

Pre ground, Premium rooibos tea - a great alternative to coffee.

Easy to make on an espresso machine, suitable for use on French press, AeroPress and stovetop espresso makers

- Sugar-free
- Anytime of the day or night
- A potent antioxidant boost of flavoursome tea
- 5x more antioxidants than green tea
- 10x more antioxidants than regular rooibos tea
- Immune boosting
- Detoxifying
- Age-defying
- Calming
- Sustainable farming practises
- No additives, preservatives or colorants
- Non-GMO
- Halaal and Kosher-certified

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Red Espresso Rooibos Espresso, 250g		12	\$9.45

RED TRACTOR FOODS/ FLAX FARM

Instant Oats 100% Australian	9348219000093	500g	9	\$2.63
Instant Oats with Omega 3	9348219000109	500g	9	\$3.16
Brown Flaxseed	9348219000482	500g	5	\$4.60
Almond Baking Meal	9348219000581	300g	6	\$4.92
Paleo Protein Mix	9348219000598	500g	6	\$6.06
Steel Cut Oats Organic	9348219000192	850g	4	\$6.45
Granola with Honey	9348219000161	300g	5	\$6.85
Bircher Muesli *NEW*	9348219000611	350g	5	\$5.00
Rolled Oats *NEW*	9348219000444	500g	4	\$2.56



ANSKO'S MUESLI

Product Name	Barcode	CTN	UNIT PRICE
Gluten Free Muesli, 400g	9340542000092	6	\$9.75
Pistachio Muesli, 400g	9340542000078	6	\$9.10
Maple and Nut Crunch Muesli 400g	9340542000030	6	\$10.14
Original Fruit and Nut Muesli 400g	9340542000016	6	\$8.58



AETOZ BEES HONEY, CHITTERING WA

Local wildflower honey

- 500g squeezey	\$7.80	B# 9310067192848
- 500g tub	\$7.15	B# 9310067453864
- 750g tub	\$10.40	B# 0796890590386
- 1kg tub	\$13.00	B# 9123456654984

Bee Pollen 100g tub

\$9.75

Fresh Honeycomb

B# 9310067532866

\$10.40

Fresh comb in

honey B#

0796890590379

\$10.40

ALL 12 PACK PER CTN



JUST JERKY

Western Australia made, premium grass fed beef jerky, available in a range of 3 flavours

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Original Garlic & Pepper Beef Jerky 50g	9350010000004	10	\$4.80
Chilli Cayenne & Pepper Beef Jerky 50g	9350010000011	10	\$4.80
Herbed Coriander & Honey Beef Jerky 50g	9350010000028	10	\$4.80



FORBIDDEN RICES

Black Rice (gluten free)	500g	6	\$5.59
Green Rice	500g	6	\$5.59
Red Rice	500g	6	\$5.59
Brown Rice	500g	6	\$3.49
White Rice	500g	6	\$3.49



THE NEXT LEVEL IN CONVENIENT ORGANICS!



BLACK RICE & COCONUT BREAKFAST PUDDING

125g

The subtle sweet black rice combined with coconut creates an enticing way to start the day. Try with your favourite fresh fruit and nuts! This black rice and coconut pudding is also great as a dessert or snack!

BLACK RICE & QUINOA

125g

Black Rice & Quinoa combines two superfood grains into an easy and convenient single serve pouch. It makes a delicious pairing with salads, vegetables and protein based meals.

Product ID	Brand	Description	Size	Unit Barcode	Wholesale Price	RRP	Subject to GST? Y/N	Units Per Carton	Carton Barcode	Master Carton Width	Master Carton Height	Master Carton Length	Master Carton Weight (kgs)	TI (# cartons per layer)	HI (# layers on pallet)	Max. Shelf Life
FM01	Forbidden	Certified Organic Black Rice & Coconut Breakfast Pudding Ready To Eat	125g	9347874000240	\$2.80	\$3.99	N	10	9347874000332	135mm	160mm	185mm	1.5	54	5	12 months
FM02	Forbidden	Certified Organic Black Rice & Quinoa Ready To Eat	125g	9347874000219	\$2.80	\$3.99	N	10	9347874000325	135mm	160mm	185mm	1.5	54	5	12 months

forbidden®foods

DELISH ICE- GOURMET ICE POPS, WA

Gourmet Ice Pops made locally using natural ingredients

NEW



One barcode for all pops regardless of flavour, keep frozen
 Cartons contain 25 of the same flavor
 RRP - \$4.50 inc GST

1st ORDER – if you order 150 pops (5 x cartons) you will receive additional POS to help promote the pops including:

- A5 Counter Display
- Corflute Roster Sign
- Promotion via our social media
- Listing on our website

Freezer - Would you like us to supply you with a branded freezer, for a minimum order amount of 200 pops per month for a minimum of 4 months we will wrap your freezer



Popular flavours available include:

Fruity

- Basil and Elderflower
- Ginger Beer, Mint and Lime
- Orange, Pineapple and Lime
- Raspberry Lemonade
- Watermelon Lemonade

Creamy

- Salted Malted Caramel
- Creamy Cold Brew Iced Coffee
- The Lamington
- Double Choc
- Cookies and Cream

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Gourmet Ice Pop (Frozen) single serve	9369999075903	25	\$2.63 + GST

LITTLESWEET BAKING

WA Producer of quality cake mixes

Old School Chocolate Cake Mix	700g	12	\$9.25
Belgian Chocolate Brownie Mix	400g	12	\$9.25
Vanilla Bean Cake Mix	590g	12	\$9.25
Chocolate Buttercream Frosting Mix	280g	12	\$7.85
Vanilla Bean Buttercream Frosting Mix	250g	12	\$7.85
^Chocolate Chip Cookie Dough (3 mth code) - FREEZER	500g	12	\$10.50*



COOLADERRA FARM, FRANKLAND RIVER

Extra Virgin Olive Oil

250ml

15 PACK/CTN B# 9337903000013

\$8.70

750ml

12 PACK/CTN B# 9337903000044

\$17.40

3L Tins

\$45.00



ASS KICKIN SAUCES - USA



<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Whoop Ass Chipotle BBQ Sauce 355ml	089382114635	12	\$7.67
Whoop Ass Jalapeno Steak Sauce 355ml	089382114659	12	\$7.67
Whoop Ass Chipotle Fire Hot Sauce 177ml	089382117438	12	\$7.25
Whoop Ass Ghost Pepper Hot Sauce 177ml	089382117452	12	\$10.56
Whoop Ass Roasted Garlic Hot Sauce 177ml	089382117421	12	\$7.25
W/Ass Surrender The Booty Hot Sauce 177ml	089382117322	12	\$10.55
Whoop Ass BBQ Wing Sauce 355ml	089382117551	12	\$7.67
Whoop Ass Rstd Onion Habanero 177ml	089382117414	12	\$7.25
Ass Blaster Hot Sauce in Dunny 147ml	089382113737	6	\$13.65
Extreme Heat mini packs (4 sauces)	089382116691	12	\$5.70
Three Banditos Salsa Habanero 384ml	089382112594	12	\$7.15
Ass Kickin Pure Cayenne Sauce 118ml	089382115069	12	\$8.45
Ass Kickin Pure Habanero Sauce 118ml	089382114857	12	\$8.45
Ass Kickin Pure Jalapeno Sauce 118ml	089382115076	12	\$8.45

GLASSEYE AND RUFUS TEAGUE

Glasseye Wild Meat Sauce 375ml – *pictured right*

B# 9421902001000

10 PACK/CTN - **\$8.70 a unit**



Rufus Teague 454g

6 PACK/CTN

\$6.95 / *\$7.95

- BLAZIN HOT*
- TOUCH OF HEAT*
- HONEY SWEET
- WHISKEY MAPLE
- APPLE MASH



MORE FROM THE USA



Beaver Brand

Coney Island Hot Dog Mustard 368g
 B# 071828002286 6 PACK/CTN
 \$6.19

Jalapeno Mustard 368g
 B# 071828002675 6 PACK/CTN
 \$6.30

Wasabi Mustard 340g
 B# 071828003009 6 PACK/CTN
 \$6.90

Sriracha Mustard 354g
 B# 071828003047 6 PACK/CTN
 \$6.90



Franks Red Hot

Original Sauce 354ml
 B# 041500805023 12 PACK/CTN
 \$6.44

Buffalo Wing Sauce 354ml
 B# 041500745107 12 PACK/CTN
 \$6.60

Stubbs

Liquid Smoke – Hickory Flavour 148ml B #734756002086
 Liquid Smoke – Mesquite Flavour 148ml B #734756002093
 12 PACK/CTN \$4.50 per unit



El Yucateca

Habanero Red Hot Sauce 120ml
 12 PACK/CTN
 \$7.92

Habanero Green Hot Sauce 120ml
 12 PACK/CTN
 \$7.92

Chipotle Sauce 120ml
 12 PACK/CTN
 \$7.92

UHT MILKS



Bonsoy Soy Milk 1 Litre

6 PACK/CTN

B# 9312336049013

\$3.96 a unit

Blue Diamond Barista Blend Almond Milk 1 Litre

12 PACK/CTN

\$3.67 a unit





LABEYRIE

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Cassoulet Duck Confit 420g		6	\$5.95
Confit Duck (2 leg) 825g (pictured)		16	\$18.15
Duck Gizzards 385g		12	\$8.65
Duck Liver Mousse 150g		12	\$10.85
Duck Rilletes - 20% Foie Gras 170g		12	\$9.65
Duck Terrine w Armagnac 65g		36	\$3.75
Duck Terrine w Cepas 65g		36	\$3.75
Duck Terrine 100% 170g		12	\$7.45
Duck Terrine Green Peppercorns 170g		12	\$8.75
Duck Terrine with Hazelnuts 170g		12	\$8.75
Duck Terrine with Mushrooms 170g		12	\$8.75
Whole Duck Foie Gran Riserva Jar 130g		12	\$39.90

KAKADU PLUM CO



Kakadu Plum Po Powder

50g, 6 per carton
B# 0797776084098
\$19.50 per unit

Lemon Myrtle and Kakadu Plum Po Powder

50g, 6 per carton
\$9.75 per unit

Kakadu Plum has the highest natural source of Vitamin C. Known to have up to 100 times the vitamin C to oranges, it has been used by Aboriginal people for centuries as the powerful antioxidant and immune boosting superfood.

MATCHA MAIDEN

Green Tea Matcha Powder

70g, 6 per carton
B# 0683405832379
\$19.45 per unit



CHAI BABA

WA Blender of Chai and Teas

Dandelion Chai	150g	\$10.50
Green Chai	90g	\$9.50
Masala Chai	140g	\$9.50
Rooibos Chai	140g	\$9.50





FENTIMANS – English Cool Drinks

Cherry Tree Cola - all 12 packs	275ml	\$2.83*
Curiosity Cola	275ml	\$2.83*
Dandelion Burdock	275ml	\$2.83*
English Elderflower	275ml	\$2.83*
Ginger Beer	275ml	\$2.83*
Rose Lemonade	275ml	\$2.83*
Seville Orange & Mandarin Jigger	275ml	\$2.83*
Victorian Lemonade	275ml	\$2.83*
Jasmine and Lime	275ml	\$2.83*

VIRGIL'S – SODAS FROM AMERICA

Black Cherry Cream Soda -24 pack	355ml	\$2.37*
Real Cola -24 pack	355ml	\$2.37*
Root Beer -24 pack	355ml	\$2.37*
Cream Soda - 24 pack	355ml	\$2.37*
Bavarian Root Beer -24 pack	500ml	\$3.54*



GREENWHEAT FREEKEH

Cracked Freekeh

400g

B# 9322771000012

10 PACK/CTN

\$3.90

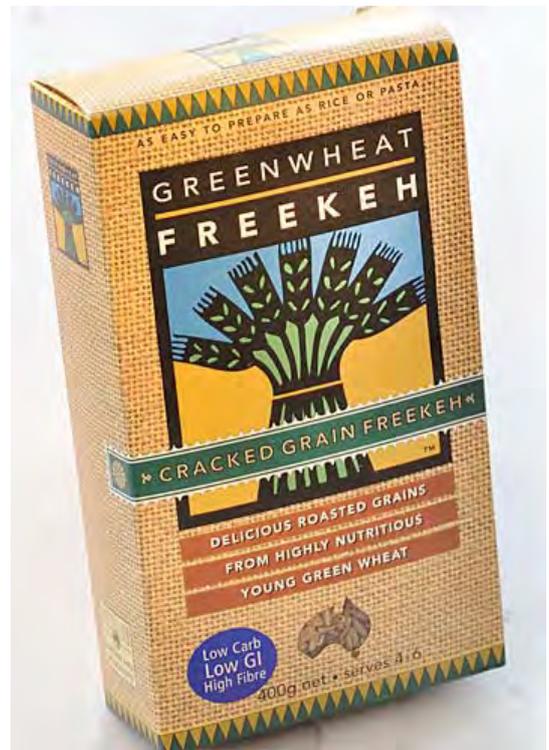
Wholegrain Freekeh

400g

B# 9322771000029

10 PACK/CTN

\$3.90



Freekeh & Quinoa

400g

B# 9322771000043

10 PACK/CTN

\$4.65

NEW



LUPIN

Raw Earth Produce

Lupin Flakes B# 0797776187607 - 400g, 6 PACK/CTN \$5.20

Lupin Flour B# 0797776412488,- 400g, 6 PACK/CTN \$3.64

Lupin Protein Crumb B# 0797776451937, 400g, 6 PACK/CTN \$4.55

Lupin Splits B# 0797776553341,- 400g, 6 PACK/CTN \$4.55

ARTISAN FOODS SMALLGOODS

*Chorizo MILD or HOT - 2.5kg packets approx.	kg	15kg	\$19.99
*Chorizito (baby chorizo) - 2.5kg packets approx.	kg	15kg	\$21.75

RETAIL CHILLIES



Dried Mexican chillies in retail packaging with barcodes. This range is perfect for gourmet cooks wanting authentic Mexican ingredients.

Also added a new explosive popping sugar packet

<i>Product Name</i>	<i>Barcode</i>	<i>CTN</i>	<i>UNIT PRICE</i>
Guajillo Dry Chillies 30g	9346701001368	6	\$3.38
Mulato Chillies 40g	9346701001375	6	\$3.38
Chipotle Chillies 20g	9346701001382	6	\$3.38
Ancho Chillies 40g	9346701001399	6	\$3.38
Pasila Chillies 30g	9346701001405	6	\$3.38
Habanero Chillies 10g	9346701001412	6	\$3.38



LATIN TREATS - PANFORTE

Panforte is a great deli item – a wonderful addition to a cheeseboard, available in 2kg wheels to be cut up in store or gift wrapped as pictured – handmade in WA

Panforte

200g 12 PACK/CTN
\$12.99 + GST

2kg
\$66 per wheel + GST

PAPRIKAS AND PAELLA FROM EL AVION

Mild Paprika vintage tin	160g	12	\$10.85
Smoked Hot Paprika vintage tin	160g	12	\$10.85
Smoked Sweet Paprika vintage tin	160g	12	\$10.85



LEONARDI BALSAMICS FROM MODENA

Balsamic Classico	250ml	6	\$11.76
Balsamic Classico	500ml	6	\$20.49
Red Balsamic '6 decantings'	250ml	6	\$17.30
Silver Balsamic '8 decantings'	250ml	6	\$28.50
Gold Balsamic '12 decantings'	250ml	6	\$46.40
Apple Balsamic	100ml	3	\$48.76
White Aged Balsamic	100ml	6	\$12.30





TAPIOCA

\$2.15



\$2.15



Chef's Choice All Natural Tapioca Pearls are a delicious and enjoyable experience to eat. These pearls are boiled with a liquid to form a gel, which can then be enjoyed as a dessert, or added to foods as a thickening agent. Tapioca's thick and chewy texture makes it fun to consume, and perfect for tapioca pudding, bubble or boba tea, and other desserts and candies.

Chef's Choice All Natural Tapioca Flour is a grain-free starch extracted from the cassava root. This product is primarily used for gluten-free baking, delivering a chewy texture and crispy crust. It is also used as a superior thickener and great alternative to corn starch and potato starch in cooking, or for making other desserts.

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
All Natural Tapioca Pearls 400g	(L)15 × (W)6 × (H)22cm	9339337009242	10
All Natural Tapioca Flour 400g	(L)15 × (W)6 × (H)22cm	9339337009259	10



GIFT PACKS

ALL PACKS ARE \$15.00 A BOX SET, 9 PER CTN



- Himalayan Pink Rock Salt with Crushed Chilli Grinder 160g NET
- Himalayan Pink Rock Salt Grinder 200g NET
- Organic Black Pepper Grinder 100g NET



- Himalayan Pink Rock Salt with Dried Premium Porcini Grinder 140g NET
- Himalayan Pink Rock Salt with Lemon Zest Grinder 150g NET
- Himalayan Pink Rock Salt with Roasted Garlic Grinder 160g NET



- Tuscan Style Seasoning Shaker 130g NET
- Neapolitana Seasoning Grinder 160g NET
- Sicilian Style Seasoning Shaker 110g NET



- Mediterranean Style Seasoning Shaker 110g NET
- Aussie Style Seasoning Shaker 130g NET
- African Piri Piri Seasoning Shaker 110g NET

Product Name	Dimension	Barcode	CTN
Kitchen Essential Pack 700g NET	(L)17.7 x (W)5 x (H)25cm	9339337009280	9
Seasoned Grinder Essential Pack 700g NET	(L)17.7 x (W)5 x (H)25cm	9339337009297	9
Italian Style Essential Pack 600g NET	(L)17.7 x (W)5 x (H)25cm	9339337009303	9
BBQ Essential Pack 600g NET	(L)17.7 x (W)5 x (H)25cm	9339337009273	9



MIDDLE EASTERN RANGE

\$2.85



Chef's Choice Eggplant Dip is a savoury dip made of roasted eggplants and seasoned with tahini (sesame paste). A delicious, healthy spread on sandwiches or perfect for dipping veggies, crackers and pita bread. It can also be served as a side dish together with chicken, rice and salad.

\$1.50



Chef's Choice Fava Beans in Brine also known as broad beans, are cooked and ready to eat cold, hot or added to other dishes. They are used in many Mediterranean and Middle Eastern dishes and are delicious in casseroles, stews, salads, curries and other dishes in place of alternative beans.

\$1.50



Chef's Choice Hummus with Tahini is made from cooked, mashed chickpeas with added sesame seed paste and is often enjoyed in Middle Eastern / Mediterranean kitchens all over the world. Suitable for fasting meals or for a vegetarian diet this delicious dip has a unique

normal bread or a side dish for all types of grilled meat.



\$4.30

Chef's Choice Tahini is made from ground and roasted sesame seeds and is a versatile ingredient to use. It's nutty,

perfect for use in many different recipes. Use it as a sauce, dip, spread or dressing.

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Eggplant Dip (Baba Ganoush) 370g	(L)7.5 × (H)10cm	9339337007842	12
Fava Beans in Brine 400g	(L)7.5 × (H)10cm	9339337007828	12
Hummus with Tahini (Hommus Tahina) 380g	(L)7.5 × (H)10cm	9339337007835	12
Stone Ground Tahini 400g	(L)8 x (H)13cm	9339337007859	12

New Products



CUPCAKE MIX



✓ **Gluten Free** ✓ **Low Sugar**
 ✓ **Organic Ingredient** ✓ **100% Natural**
 ✓ **No Corn** ✓ **No Soy**



Baking delicious Low Sugar & Gluten Free Cupcakes just got easier. Now you can easily bake and decorate delicious cupcakes that are free from gluten and wheat. Our cupcakes are easy to make and are

Top each cupcake with our icing mix or your favourite frosting to create a treat that is great for serving at picnics and parties.

EACH UNIT \$6.96

	<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
NEW	Vanilla Cupcake Mix 300g	(L)14 x (H)18.5 x (W)6cm	9339337006463	6
NEW	Lemon Cupcake Mix 300g	(L)14 x (H)18.5 x (W)6cm	9339337006456	6
NEW	Chocolate Cupcake Mix 300g	(L)14 x (H)18.5 x (W)6cm	9339337006449	6



FISHERMEN'S CHOICE

Fishermen's Choice

roe. They are packed and processed in Denmark and are of the best quality available in Australia.

Wild Salmon Caviar

\$10.71 per 50g unit + GST



Trout Caviar

\$7.91 per 50g unit + GST



Wild Lumpfish Black Caviar

\$9.91 per 50g unit + GST



...available in red or black



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Wild Salmon Caviar 50g	(L)6.9cm x (H)3.4cm	9339337006630	12
Trout Caviar 50g	(L)6.9cm x (H)4cm	9339337006647	12
Wild Lumpfish Black Caviar 50g	(L)6.9cm x (H)3.4cm	9339337006616	12
Wild Lumpfish Red Caviar 50g	(L)6.9cm x (H)3.4cm	9339337006623	12



**Pure Mancha
Saffron Threads
on Card 0.5g**

- (L)7×(W)10cm
- B# 9339337000669
-

\$3.90



**Saffron Threads 1g
on Card**

- (L)7×(W)10cm
- B# 9339337003646
-

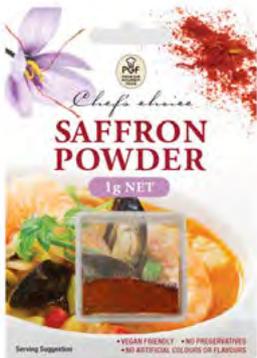
\$5.45



**Pushal Saffron
Threads 10g**

- (L)6×(W)11×(H)2.5cm
- B# 9339337000997

\$50.00 per unit



**Saffron Powder 1g
on Card**

- (L)7×(W)10cm
- B# 9339337003653
-

\$5.45

*It provides a rich flavour to all dishes with only a minimal amount.
We are sure you will love it!*



MUSHROOMS



Dried Porcini Mushrooms 20g Container/Bag

- 12 PACK/CTN
- (L)9×(W)9×(H)4.3cm
- B# 9339337003004
-

Dried Porcini is famous all over the world for its concentrated flavour and mouth-watering aroma that is a perfect addition to any risotto, soup or sauces. We have selected only the finest porcini mushrooms so that you can enjoy the 'King of Mushrooms' anytime and anywhere you desire.

\$4.50 per unit



Dried Chanterelle Mushrooms 20g Container/Bag

- 12 PACK/CTN
- (L)9×(W)9×(H)4.3cm
- B# 9339337001017
-

The flavour and aroma of Dried Chanterelle Mushrooms are an excellent complement to meat, shellfish, and omelettes. Used in a wide variety of soups, cream sauces and pastas, they are best cooked with limited seasonings so the delicious flavour can be fully enjoyed.

\$5.75 per unit



Dried Mixed Forest Mushrooms 20g Container/Bag

- 12 PACK/CTN
- (L)9×(W)9×(H)4.3cm
- B# 9339337003011
-

These marvellous mushrooms with a pleasant aroma and flavour can be added to almost any dish, delivering a strong flavour base and enticing taste. For the best results, add to cream soups, stews and risottos to experience the irresistible taste of this fine French delicacy.

\$4.50 per unit



MUSHROOMS/ SEAFOOD



Premium Porcini Mushroom Powder 40g

- 12 PC/CTN
- (L)4.5×(H)11.5cm
- B# 9339337000430
-

Powdered porcini mushrooms are secret weapons in the kitchen. It's an almost instant way to add an incredible depth of earthy flavour to meats, veggies, soup, and stir fry and just about everything in between.

*Also available in bulk
\$5.70 per unit



Premium Selected Dried Morel Mushrooms 40g

- 6 PC/CTN
- (L)13 x (H)7.5cm
-

*Also available in bulk
\$18.85 per unit



Premium Selected Dried & Sliced Shiitake Mushrooms 30g

- 12 PC/CTN
- (L)13 x (H)7.5cm
- B# 9339337007538
-

*Also available in bulk
\$2.70



- 24 JAR/CTN
- (L)5.7×(H)6cm
- B# 8427163250028

\$10.50 per unit



Fillets of Anchovy in Olive oil

\$2.85

- (L)2×(W)10×(H)5cm
- B# 810807520157



Anchovy Paste in Olive Oil 60g

- 48 PC/CTN
- (L)17×(W)4×(H)2.5cm
- B# 878266000511

\$2.35

\$8 per unit



\$8 per unit



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Graisse de Canard Duck Fat 320g	(L)8.5×(H)10.5cm	3461951010666	6
Graisse d'Oie Goose Fat 320g	(L)8.5×(H)10.5cm	3461951010673	6



LA TOURANGELLE ARTISAN OIL

The production of gourmet oils is a time-honoured tradition in France. Originally, each village had a mill which roasted and extracted the oil from nuts gathered by local farmers. **These delicious oils were used in hearty rustic fare and were also found in Paris' finest restaurants.**

La Tourangelle is one of just a handful of these remaining mills that keep this tradition alive. Through a partnership between one of the oldest and most respected French artisanal oil mills, Huilerie Croix Verte SAS from Saumur, France, and California Oils Corporation, La Tourangelle has succeeded in recreating the spirit of a traditional French oil mill in Woodland, California.

Hand-crafting a wide range of delicious artisan oils in both California and France, La Tourangelle distributes an exclusive line of premium quality oils in many countries around the world.



Black T

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000702

\$21.50

Black Truffles originate in Provence, France and are one of the most precious ingredients of Mediterranean cooking. The strong, intense, earthy flavour of this oil will bring a deep aroma to your dishes, and will especially complement pasta, mashed potatoes, meat and other dishes. Just like the most prestigious perfumes, the black truffle extract is very rare, expensive and difficult to source. Only a few companies master the art of producing the extract. **We infuse the extract in Grapeseed Oil because of its great properties and its neutral flavour that won't interfere with the aroma like olive oil may do.**



White T

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000719

\$21.50

White Truffles originate in Alba, Italy and are considered by many to be the most prestigious truffles. The strong, intense, earthy flavour of this oil will bring a deep aroma to your dishes, and will especially complement pasta, mashed potatoes, meat and other dishes. Just like the most prestigious perfumes, the white truffle extract is very rare, expensive and difficult to source. Only a few companies master the art of producing the extract. **We infuse the extract in Grapeseed Oil because of its great properties and its neutral flavour that won't interfere with the aroma like olive oil may do.**



LA TOURANGELLE ARTISAN OIL



Roasted Walnut OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000535

\$9.25

Walnut oil is delicious and easy-to-use oil. In salads, walnut oil mixes very well with balsamic vinegar or red wine vinegar to create simple but flavourful vinaigrette. Also try it with tarragon white vinegar. It is also delicious on grilled fish or meat: A dab of walnut oil is the perfect touch for enhancing flavours and easing digestion when added towards the end of your beef bourguignon or meat dishes. You can also try it in pasta with cheese. Don't hesitate to use it in cakes and baked goods, particularly with apples or pears. After harvesting, the nuts are washed, sorted, sun-dried for several days and stored for further drying. The walnut kernels are then ground and roasted in cast-iron kettles. The resulting warm paste is pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled. **Walnut oil is extracted from English walnuts only.**



Extra Virgin Olive OIL

500ml

- 12 PC/CTN
- (L)7.5×(H)16.5cm
- B# 3245270000696

\$10.13

La Tourangelle Extra Virgin Olive Oil, handcrafted by us, will enhance your daily dishes with its subtle and deep taste, giving your recipes the sunny flavours of the Mediterranean regions. Fruity, ideal for your Southern-inspired dishes but also perfect on raw vegetables and grilled fish.



Organic Argan OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000818

\$30 per unit

The first-press virgin oil is expeller-pressed from the best Moroccan argan seeds. The argan oil is extracted from the almond of the fruit of the argan tree. **This unique endangered and wild tree grows only in South-Western part of Morocco. Famous in cosmetics, discover the intense oriental flavour of this unique oil while taking advantage of its Omega 6 and vitamin E content.**



LA TOURANGELLE ARTISAN OIL



Avocado OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000726

\$12.95

Avocado oil can be used the same way you use your extra virgin olive oil. But with a smoke point at 181 degrees it is very practical to use in the kitchen for pretty much any application. On salads or in a dressing, it contributes a hint of avocado flavour, and it is wonderful drizzled over slices of fruits. Cook, bake, dress or simply dip, avocado oil will make it all. Avocado oil is processed on equipment very similar to those used to process extra virgin olive oil. The avocado pulp is first expeller-pressed usually using a centrifuge. It is then lightly filtered and polished, using another centrifuge. The result is beautiful, emerald green oil with high level of monounsaturated fats that will bring a delicious, light avocado flavour to your dishes.



Roasted Virgin Sesame OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000665

\$9.99

Sesame Oil has long been the universal cooking medium in Asia, imparting the characteristic flavour to the foods of its regions. In Chinese and Korean cuisine it is added as a flavour highlight to cooked dishes. The Japanese often add about 10% toasted Sesame Oil to the oil used for tempura or deep-frying, creating a rich, background flavour. Australia cooks may want to use Sesame Oil to flavour an Asian stir-fry or noodle dish or as a marinade for meat or fish. Sesame Oil makes a delicious dressing for a Chinese Chicken Salad. Sesame Oil, rice vinegar, fresh grated ginger, and mustard are a delicious dressing for any combination of salad greens. Our mill slowly roasts the sesame seeds using lower temperatures. The result is lighter colour, more richly flavoured oil with a subtle, toasted taste. The production of Sesame Oil begins with sesame seeds harvested from South America or Africa. The seeds are toasted and then expeller (machine) pressed to extract the oil. This oil is filtered several times and then bottled. The quality of Sesame Oil varies depending on the quality of the seeds, and the length and temperature of the toasting process. While nearly all the Sesame Oil now available in Australia and in Europe is produced in China or Taiwan using methods that involved certain production shortcuts, La Tourangelle's Japanese partner uses only the freshest, highest quality seeds that are painstakingly cleaned and slow toasted. Japanese craftsmanship in the production of sesame oil is recognized as superior throughout Asia.



Roasted Hazelnut OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000504

\$9.99

Roasted hazelnut oil is a well-kept secret of many top chefs. Great in salads, hazelnut oil combines very well with vinegar to produce light but flavourful vinaigrette. However, some say it goes even better with lemon juice. With pasta, potatoes and beans, hazelnut oil serves as a wonderful substitute for butter. Finally, hazelnut oil works great with fish, and you won't go wrong to give it a try with cheese or carpaccio. Once you "discover" hazelnut oil, you will return time and time again to rediscover this versatile treasure! **The process of extracting the oil has not changed for centuries.** First, the hazelnuts are ground and roasted in cast-iron kettles. The resulting warm paste is then pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled. The leftover cake is sold as cattle feed or for use in bakeries.



LA TOURANGELLE ARTISAN OIL



Roasted Almond OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000559

\$10.75

Roasted almond oil is an outstanding product in the kitchen. With its fresh roasted almond flavour, the oil reveals subtle nuances when combined with other ingredients. Its delicate character makes it a good substitute for olive oil in cases where walnut oil and hazelnut oil are just too powerful. When combined with any salad, fish or vegetable dish, almond oil helps to fashion a gourmet meal. Almond oil is very popular in India with duck and curry, and in China it is also used with chicken and duck. Give almond oil a try - you are sure to love it. After harvesting, the nuts are washed, sorted, sun-dried for several days and stored for further drying. The almonds are then ground and roasted in cast-iron kettles. The resulting warm paste is pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled.



Roasted Pistachio OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000672

\$13.30

Pistachio oil is delicious and easy-to-use oil. In salads, pistachio oil mixes very well with balsamic vinegar or red wine vinegar to create simple but flavourful vinaigrette. Also try it with tarragon white vinegar. It is also delicious on grilled fish or meat: A dab of pistachio oil is the perfect touch for enhancing flavours and easing digestion when added towards the end of your beef bourguignon or meat dishes. You can also try it in pasta with cheese. Don't hesitate to use it in cakes and baked goods, particularly with apples or pears. After harvesting, the nuts are washed, sorted, sun-dried for several days and stored for further drying. The pistachio kernels are then ground and roasted in cast-iron kettles. The resulting warm paste is pressed in a hydraulic press. Following mechanical extraction, the oil is lightly filtered and bottled. **The oil has intense pistachio flavours and a luxurious, dark green colour.**



Toasted Pumpkin Seed OIL

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000764

\$15.95

Toasted pumpkin seed oil adds a rich taste to salad dressing, soup, marinade, pasta, dips, pastries and more. Check out our recipe section for more. The pumpkin seed oil vanilla ice cream may be the easiest way to enjoy it: simply drizzle the ice cream with the oil and sprinkle with some pumpkin seeds... Enjoy! **The process of extracting the oil has not changed for centuries. First, the best pumpkin seeds are toasted. It is then pressed in a hydraulic press.** Following mechanical extraction, the oil is lightly filtered and bottled in a protective tin can to preserve freshness.



LA TOURANGELLE ARTISAN OIL



Thai Wok Oil

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270000955

\$11.50

Deliciously blended flavours of Thai basil and lemon grass with expeller pressed grapeseed oil, La Tourangelle Thai Wok Oil is an easy way to make tasty South East Asian style dishes. Thai basil, which has a mild licorice and mint flavour, is commonly used as a condiment in Thai dishes. Lemon grass is also widely used in Thai soups and curries. Drizzle right before serving for great South East Asian taste.



Virgin Linseed Oil

250ml

- 6 PC/CTN
- (L)5.5×(H)14.5cm
- B# 3245270001426

\$8.95

Virgin Linseed Oil is 100% natural, organic cold pressed oil obtained from pressing quality flaxseed. Handcrafted in France using this method ensures the nutrients, natural flavour, deep aroma and golden yellow colour to be preserved.

It is the richest source of omega 3 fatty acids and alpha-linolenic acid which are beneficial for the functioning of the brain and eyes, the heart and circulatory system. Linseed oil contains powerful antioxidants to help ward your body against inflammatory diseases, cancer and promotes healthy hair, skin and nails. It even burns body fat and provides you with more energy to keep going!

With a pleasant, nutty light flavour, you can drizzle it over rice, vegetables, pasta, soups, yoghurt, tofu or mixed with fruit smoothies. It can also be used as a dipping oil, or combined with other oils in salad dressings.

It is not recommended for cooking!

To maintain freshness and prolong shelf life, flaxseed oil should be kept refrigerated after opening.

Linseed oil is an ideal vegetarian alternative to fish oil, and with many health benefits it should supplement every healthy diet to optimise health and wellbeing.

No additives or preservatives.



Grapeseed Oil

1L

- (L)7.5×(W)8×(H)25cm
- B# 9339337003738

\$9.00 per unit

It has a clean, light taste, which does not interfere with

excellent ingredient to be used in salad dressings, to make mayonnaise and as a base for oil infusions with additions of garlic, herbs and spices. This is a delicate oil which is sure to be a great addition to your pantry!



HIMALAYAN NATURAL PINK SALT

Himalayan salt has no preservatives or additives and is processed without harsh chemicals. This pure salt is found deep inside the pristine Himalayan Mountains and is mined by hand and ground by stone. The high mineral crystals range in colour from sheer white to varying shades of pink to deep red which indicates a beneficial amount of 84 trace elements and iron. These minerals give the salt a fine, subtle flavour which suits any cuisine. It is also delicious!

ALL GRINDERS ARE \$5.08 PER UNIT



HIMALAYAN PINK ROCK SALT GRINDER 200g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337000096
-

This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan Rock Salt easily, in exactly the right amount, every time. Perfect for table use.



HIMALAYAN PINK FINE SALT SPRINKLER 200g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337001253
-

This attractive, disposable sprinkler allows for convenient table use as it dispenses Himalayan Fine Salt easily, in exactly the right amount, every time. Perfect for table use.



HIMALAYAN WHITE ROCK SALT GRINDER 200g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337000492
-

This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan white Rock Salt easily, in exactly the right amount, every time. Perfect for table use.



HIMALAYAN PINK SALT AND ORGANIC PEPPER GRINDER 200g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337002007
-

For your convenience, we have mixed our healthy Himalayan Rock Salt with our Organic Whole Black Pepper so you can enjoy this freshly ground mix at the same time. Perfect for BBQ's or on seafood and salads.



ORGANIC BLACK PEPPER GRINDER 110g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337002014
-

Organic is not a luxury – but is how food is intended to be. We select the highest quality, handpicked Organic Black Pepper from Sri Lanka, to be enjoyed with any cuisine.



ORGANIC BLACK PEPPER CRACKED SPRINKLER 100g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337004261
-

Our organic black pepper is produced from black immature peppercorns that have been texture of coarse ground black pepper.



HIMALAYAN NATURAL PINK SALT

ALL GRINDERS ARE \$5.08 PER UNIT



HIMALAYAN PINK ROCK SALT WITH CRUSHED CHILLI WITH GRINDER 160g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337003318
-

This superb chilli salt that offers a balanced blend of chillies and

your cooking and meals. A must for any chilli-fan and a perfect way to immerse yourself in the beauty of chillies as you can use as much or as little as you like on anything at all.



HIMALAYAN PINK ROCK SALT WITH FOUR SEASONS MIX PEPPER WITH GRINDER 180g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337003158
-

It is a delightful combination of black, white, pink and green peppercorns combined with our brilliant Himalayan pink rock salt.

that matches anything from barbeques to fresh seafood and is a versatile seasoning.



HIMALAYAN PINK ROCK SALT WITH LEMON ZEST 150g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337004124
-

It is a sophisticated combination of lemon zest and pink rock salt. It has a delicate aroma, offering a slight tang which is sure to add

this with. It is a great way to off roast potatoes, crispy chicken, pastas and roasts!



HIMALAYAN PINK ROCK SALT WITH ROASTED GARLIC 150g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337004131
-

It s a staple fusion of natural rock salt with real roasted garlic.

is a perfect compliment to most dishes, adding an explosive poultry, meat and vegetables.



HIMALAYAN PINK ROCK SALT WITH DRIED PREMIUM PORCINI 140g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337004148
-

It is an intensely aromatic

porcini mushrooms. The distinct scent of porcini mushrooms greets you when you grind this over a dish, and the concentrated

mushrooms will spread to your taste buds. It is excellent with risottos, soups, pastas and to accompany a barbecue of meats and seafoods!



DRIED & CRUSHED JALAPENO WITH PINK ROCK SALT 100g

- 12 PC/CTN
- (L)5×(H)16.5cm
- B# 9339337004223
-

It s the perfect way to add a touch of zing to your favourite dishes. A little goes a long way

and exciting! Authentic jalapeño

that works wonderfully with soups, burgers, fries, Mexican and more!

Also available in bulk



BBQ SEASONING



Product Name	Dimention	Barcode	CTN
Sicilian Style BBQ Seasoning 110g	(L)5cm x (H)15cm	9339337005664	12
African Piri Piri BBQ Seasoning 110g	(L)5cm x (H)15cm	9339337005633	12
Mediterranean Style BBQ Seasoning 110g	(L)5cm x (H)15cm	9339337005657	12
Aussie Style BBQ Seasoning 130g	(L)5cm x (H)15cm	9339337005640	12

\$5.22 PER UNIT

Also available in bulk 2kg to 25kg



HIMALAYAN NATURAL PINK SALT



HIMALAYAN PINK ROCK SALT BAG 300g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337001024
-

\$4.35 a unit



HIMALAYAN PINK FINE SALT BAG 300g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337000010
-

\$4.35



HIMALAYAN PINK ROCK SALT BAG 1kg

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004803
-

\$5.80



HIMALAYAN PINK FINE SALT BAG 1kg

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004810
-

\$5.80



HIMALAYAN NATURAL WHITE SALT BAG 300g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337000645
-

\$4.35



ORGANIC BLACK PEPPER BAG 120g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337004063
-

*Available in bulk 500g to 1kg

\$4.35



PGF - Premium Gourmet Food VINEGAR

PGF (Premium Gourmet Foods) has developed an exciting new line of vinegars and mustards in the tradition of the great French gastronomes.

This prestigious range of gourmet products will excite even the most discerning gourmet.

Using only the freshest and most aromatic of ingredients, PGF has taken flavours from nature's most basic items - from plants to spices and fruits. They have combined these flavours to create a diverse array of tantalizing cooking condiments which have become essential items for the professional kitchen.

Several great cooking minds have come together to produce these high quality vinegars, resulting in silky texture of the purest taste, suited to a range of meals, used as a meat spreads or in vinaigrettes and seasonings.



Premium Chardonnay Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337001284

\$5.75



Premium Cabernet Sauvignon Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337001291

\$5.75



Balsamic Vinegar

\$4.95

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000126



Premium White Balsamic Condiment

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337001260

\$4.95



Organic Apple Cider Vinegar

500ml

- 6 PC/CTN
- (L)6×(H)27cm
- B# 9339337006036

\$4.64



Premium Apple Cider Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000072

\$4.15



PGF - Premium Gourmet Food

VINEGAR



Premium Raspberry Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000058

\$4.15



Sherry Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000140

\$4.95



Premium White Wine Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000003

\$3.50



Premium Reims Champagne Vinegar

750ml

- 6 PC/CTN
- (L)7×(H)28.5cm
- B# 9339337001147

\$6.10



Premium Tarragon Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000102

\$4.75



Premium Red Wine Vinegar

500ml

- 6 PC/CTN
- (L)6.5×(H)27cm
- B# 9339337000034

\$4.00

BALSAMIC GLAZE

Finest balsamic vinegar & natural fruit juice. Handy squeezed bottle. Rich in wine.
Must use for Ice cream and fruits salad, BBQ, drizzle on green salad and ethnics dishes.



ALL \$5.25 PER UNIT

	<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
NEW	BBQ Glaze 150mL	(L)4cm x (H)17cm	9339337006821	6
NEW	Pomegranate Glaze 150mL	(L)4cm x (H)17cm	9339337006838	6
	Fig Glaze 150mL	(L)4cm x (H)17cm	9339337001376	6
	Truffle Glaze 150mL	(L)4cm x (H)17cm	9339337001222	6
	Balsamic Glaze 150mL	(L)4cm x (H)17cm	9339337001383	6



Premium Gourmet Food MUSTARD

PGF (Premium Gourmet Foods) has developed an exciting new line of vinegars and mustards in the tradition of the great French gastronomes.

This prestigious range of gourmet products will excite even the most discerning gourmet.

Using only the freshest and most aromatic of ingredients, PGF has taken flavours from nature's most basic items - from plants to spices and fruits. They have combined these flavours to create a diverse array of tantalizing cooking condiments which have become essential items for the professional kitchen.

Several great cooking minds have come together to produce these high quality vinegars, resulting in silky texture of the purest taste, suited to a range of meals, used as a meat spread or in vinaigrettes and seasonings.



Premium Hot English Mustard 200g

- 12 PC/CTN
- (W)6.7×(L)6.7×(H)8.5cm
- B# 9339337000508

\$3.20



Premium Dijon Mustard 200g

- 12 PC/CTN
- (L)6×(H)10.5cm
- B# 9339337000164

\$2.50



Premium Whole grain Mustard 200g

- 12 PC/CTN
- (L)6×(H)10.5cm
- B# 9339337000171

\$3.20



Premium Tarragon Mustard 200g

- 12 PC/CTN
- (L)6×(H)10.5cm
- B# 9339337001048

\$3.00



Premium Green Peppercorn Mustard 200g

- 12 PC/CTN
- (L)6×(H)10.5cm
- B# 9339337001031

\$3.00



Organic and Gourmet French Mayonnaise and Sauces



Truffle Mayonnaise 115g

- 6 PC/CTN
- (L)6.4×(H)7cm
- B# 9339337007347

\$6.70



Organic Mayonnaise with Olive Oil French Traditional Style 185g

- 6 PC/CTN
- (W)5.5×(H)10cm
- B# 9339337000829

\$4.75



Organic Mayonnaise French Traditional Style 185g

- 6 PC/CTN
- (W)5.5×(H)10cm
- B# 9339337000805

\$4.35



Organic Aioli Sauce French Traditional Style 185g

- 6 PC/CTN
- (W)5.5×(H)10cm
- B# 9339337000836

\$4.35



Organic Tartar Sauce French Traditional Style 185g

- 6 PC/CTN
- (W)5.5×(H)10cm
- B# 9339337000812

\$4.90



Seafood Cocktail Sauce French Traditional Style 185g

- 6 PC/CTN
- (W)5.5×(H)10cm
- B# 9339337001543

\$4.35



PGF Organic Lemon & Lime Squeeze



Organic Lemon Squeeze 125mL

- (L)5×(H)9cm
- B# 9339337003752

Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.

\$1.67 a unit



Organic Lime Squeeze 125mL

- (L)5×(H)9cm
- B# 9339337003769

Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.

\$1.67 a unit

Organic Lemon Squeeze BOX

- (L)24×(H)13×(H)24cm
- 125ml x 16pc



Organic Lime Squeeze BOX

- (L)24×(H)13×(H)24cm
- 125ml x 16pc





VANILLA PRODUCTS



\$5.80

Vanilla Single Beans

(L)4.5×(H)25cm
B# 9339337001000



\$5.65

Pure Vanilla Sugar 85g

- 12 PC/CTN
- (L)4.5×(H)11.5cm
- B# 9339337000300

PGF V

pure vanilla extract, with some real advantages. Alcohol and gluten free, it is made with real vanilla beans and dextrose (corn sugar). Sprinkled on

own hot chocolate mix with fresh cocoa, spiced mocha mix, or use it as a light glaze for fresh corn or carrots. Sprinkled on cappuccinos or lattes—it's the ultimate coffee condiment and much, much more. In essence, PGF vanilla sugar is the perfect addition to any food or beverage that you wish to enhance with the sweet, rich, yet subtle taste of pure vanilla.



\$10.15

Vanilla Beans Tube

(L)5×(H)26cm
B# 9339337000454



\$25.50

Pure Vanilla Bean Paste with Seeds 100ml

- 12 PC/CTN
- (L)6×(H)6.5cm
- B# 9339337000683

viscous carrier made of an aqueous suspension of natural gum. This hand crafted vanilla paste will add an elegant appearance as well as extraordinary

bean is desired. One teaspoon of puree is equivalent to one teaspoon of vanilla extract or 3.8cm of a vanilla pod.

-

***Also available in bulk 1kg to 4kg**



Pure Tahitian Vanilla Beans

- 12cm - 17cm

**Pack of 20
beans \$63**

Also available in bulk 500mL to 4L



EXTRACT



Pure Vanilla Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000942
-

\$21.00 per unit



Pure Vanilla Extract 500mL

- 9 PC/CTN
- (W)6×(H)18cm
- B# 9339337003592
-

\$94.25



Alcohol Free Pure Vanilla Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337001215
-

\$12.90 per unit



Alcohol Free Pure Vanilla Extract 500mL

- 9 PC/CTN
- (W)6×(H)18cm
- B# 9339337003837
-

\$60.90



Terpeneless Lime 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000850
-

The zesty taste of lime comes through magnificently in this very fine extract.

\$5.35 per unit

Also available in bulk 500mL to 4L



EXTRACT



Pure Maple Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337001420
-

\$5.35 per unit



Pure Rum Flavour Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000874
-

We have formulated this appealing flavour using Fine Meyer's Rum for the best rum flavour.

\$5.35 per unit



Special Blend Coffee Flavour Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000959
-

By extracting flavour from full-flavored, robust coffee beans we have created a premium coffee extract with generous coffee flavour

\$5.35 per unit



Pure Almond Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000881
-

Use in cookies, cakes, and almond croissants for a bold and impressive flavour.

\$5.35 per unit



Terpeneless Lemon Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000966
-

This lemon extract will exhibit a fresh lemony flavour to your culinary creations.

\$5.35 per unit



Pure Chocolate Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000935
-

The rich extract of the cocoa bean mingled with our pure vanilla extract for an outstanding, rich extract.

\$5.35 per unit

Also available in bulk 500mL to 4L



EXTRACT



Natural Pistachio Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003639
-

It is all natural and excellent in baked goods, beverages and ice cream. It is a versatile extract with sweet nutty tones that add a variety of flavours.

\$5.35 per unit



Terpeneless Orange Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000980
-

Florida's premium oranges give this lush extract an unparalleled flavour.

\$5.35 per unit



Pure Peppermint Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000973
-

Only the most premium peppermint oil from the North-western United States is used to make this bold, bright and minty flavour.

\$5.35 per unit



Pure Anise Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003622
-

It is a versatile extract with a subtle licorice overtone.

\$5.35 per unit



Natural Coconut Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003615
-

It is pure tropical bliss in a bottle. With no artificial colours.

\$5.35 per unit

Also available in bulk 500mL to 4L



EXTRACT

ALL EXTRACTS ARE \$5.35 PER UNIT



Natural Banana Flavour Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337003608
-

It is a versatile extract that gives you many ways to add natural banana flavour to your dishes.



Pure Red Raspberry Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000867
-

Oregon and Washington's red raspberries are used to make this bright, plush extract.



Natural Strawberry Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000898
-

This extract bursts with lively strawberry flavours that will add pretty notes in your gelatos, cakes, strudels, fruit salads, pies and sauces.



Natural Blackberry Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000904
-

An extract formulated to enhance sauces, bakery goods and ice creams with the succulent flavours of Oregon's blackberries.



Natural Hazelnut Flavour Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000911
-

This fine flavour has the aroma and flavour of roasted, buttery hazelnuts. It is excellent in cookies, sauces, and ice cream.



Pure Cinnamon Extract 100mL

- 12 PC/CTN
- (W)4.2×(H)12cm
- B# 9339337000928
-

We extract the oil from the bark of Ceylon cinnamon, the premium cinnamon of the world.



MAPLE



\$6.75

100% Pure Maple Syrup (Medium Grade) 189 ml (250g)

- 12 PC/CTN
- (L)7.5×(W)4×(H)15.5cm
- B# 9339337006265

Our 100% pure maple syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.



\$7.50

Organic Maple Syrup (Medium Grade) 189 ml (250g)

- 12 PC/CTN
- (L)7.5×(W)4×(H)15.5cm
- B# 9339337006487

Our Certified Organic Maple Syrup is sourced from natural Canadian maple trees, is rich in flavour, and a healthier substitute to sugar. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.



100% Pure Maple Syrup (Medium Grade)

1L

- 12 PC/CTN
- (L)10×(H)20.3cm
- B# 9339337006272

4L

- 4 PC/CTN
- (L)15.7×(H)30.5cm
- B# 9339337006289

\$26.10 for 1L plastic jug

- **\$100 for 4L plastic jug**

Our 100% Pure Maple Syrup is sourced from natural Canadian maple trees. This dark amber colour looking syrup has a strong and flavourful taste and is a healthier substitute to sugar and comes with a number of health benefits. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.



\$6.95

Maple Butter 170g

- 12 PC/CTN
- (W)5.4×(H)8.3cm
- B# 627843095347

Maple butter, also known as maple cream or maple spread, is a confection that is made from maple syrup. The consistency of maple butter is light and spreadable, very similar to the consistency of peanut butter. Use this creamy maple butter spread on bread, pancakes, muffins, toast, and biscuits. It's so tasty!



AGAVE SYRUP

\$11.45

\$5.25



Chef's Choice Agave Syrup is a delicious and natural liquid sweetener with a low GI (32) that is made from the nectar of the blue agave plant. It is ideal for sweetening hot and cold beverages such as coffee, tea and smoothies and can also be used on pancakes, oatmeal and cereal. It can also be used in baking recipes such as brownies, chocolate cake and cookies.

	<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
NEW	Organic Agave Syrup 250mL	(L)6.7 x (W)4.3 x (H)14.7cm	9339337007453	12
NEW	Organic Agave Syrup 740mL	(L)9.5 x (W)7 x (H)21.8cm	9339337007460	8



**Leaf Gelatine
GOLD**

24g (12 Sheets)

- +/- 200 blooms
- (L)9.5×(H)30cm
- B# 9339337003172

\$5.25



**Leaf Gelatine
BIO-Organic**

30g (12 Sheets)

- +/- 170 blooms
- (L)9.5×(H)30cm
- B# 9339337000638

\$5.25



**Leaf Gelatine
HALAL**

30g (12 Sheets)

- +/- 170 blooms
- (L)9.5×(H)30cm
- B# 9339337001451

\$5.25



**Leaf Gelatine
TITANIUM**

40g (12 Sheets)

- +/- 150 blooms
- (L)9.5×(H)30cm
- B# 9339337007002

\$4.50



**Gelatine Powder
GOLD**

150g

- +/- 210 blooms
- (L)10 x (H)20.5 x (W)5cm
- B# 9339337006937

\$4.95



**Premixed Vanilla
Panna Cotta 140g**

- 15 PC/CTN
- (L)10×(H)20.5×(W)5cm
- B# 9339337007606

Chef's Choice Dessert
Premixed Vanilla Panna Cotta
is a silky, smooth, vanilla

dessert. The ingredients
are premixed and only take
minutes to prepare. Perfect as
a light dessert after any meal.

Made with 88% Organic
Ingredients.

\$5.50 per unit



**Premixed Matcha
Panna Cotta 140g**

- 15 PC/CTN
- (L)10×(H)20.5×(W)5cm
- B# 9339337007613

Chef's Choice Dessert
Premixed Matcha Panna Cotta
is a silky, smooth, matcha

The ingredients are premixed
and only take minutes to
prepare. Perfect as a light
dessert after any meal.

Made with 84% Organic
Ingredients.

\$5.50 per unit



ORGANIC PRE-MIX CHIA PUDDING



Lovin' Body

Chia Pudding is a delicious, easy to make healthy breakfast, lunch or snack option made with organic chia seeds. It is packed

Serve with your choice of fruits, nuts, seeds and more as delicious toppings.

ALL \$2.90 per unit

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Organic Pre-Mix Vanilla Chia Pudding 155g	(L)10 x (W)4 x (H)20.5cm	9339337008818	15
Organic Pre-Mix Matcha Chia Pudding 155g	(L)10 x (W)4 x (H)20.5cm	9339337008801	15
Organic Pre-Mix Cacao Chia Pudding 170g	(L)10 x (W)4 x (H)20.5cm	9339337008788	15



ORGANIC HEMP SEED



\$10.88 per unit

Lovin' Body

Seed is delicious and versatile plant that has a pleasant nutty taste and loads of nutritional

yoghurt and salads or added to your morning smoothies to give your meal or drink a nutritional boost.

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Organic Hulled Hemp Seed 350g	(L)15 x (W)6 x (H)22cm	9339337008832	10



BI-CARB SODA



Pure Multi-Purpose Bi-Carb Soda 350g

- (L)9×(H)11cm
- B# 9339337004780
-

It is a premium leavening agent with no aluminium or mercury and no bitter aftertaste.

Made from deposits of mineralised sodium bicarbonate, it is extracted by a natural water process that uses no chemicals.

*Also available in bulk 1kg to 25kg

\$3.35 per unit



FLOWER WATER



\$4.50



\$3.35



\$3.35

Product Name	Dimension	Barcode	CTN
Pomegranate Molasses 250ml	(L)4.5×(W)4.5×(H)21cm	9339337004674	12
Orange Blossom Water 250ml	(L)4.5×(W)4.5×(H)21cm	9339337004681	12
Rose Water 250ml	(L)4.5×(W)4.5×(H)21cm	9339337004667	12



Natural Sweetness/ Sugar



\$2.99

Organic Raw Sugar 600g

- Product of Paraguay
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337002427
-

This organic raw sugar has a heavenly taste and is produced from 100% certified organic sugar cane grown on cooperative and sustainable family farms in Paraguay. Our sugar is hand cut and we do not burn or spray our fields.

*Also available in bulk
1kg to 25kg



\$6.75

Organic Maple Sugar 150g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337001956
-

Maple sugar is a traditional sweetener in the northeastern United States and Canada, prepared from the sap of the maple sugar tree. It can be used as an alternative to cane sugar. Maple sugar is about twice as sweet as standard granulated sugar.



\$7.95 + GST

Guilt-Free Natural Sweetness 500g

- 10 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337004636
-

It is a 100% natural sweetener that tastes just like sugar with no nasty aftertaste, but contains

from non-GMO corn, it has 40% fewer calories and 75% less carbohydrates than sugar, and is also proven to aid dental health.

*Also available in bulk
1kg to 25kg



\$4.80

Organic Coconut Sugar 500g

- 10 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337006555
-

Coconut Sugar is a natural sugar made from evaporated coconut sap. A pure

is a natural alternative to processed

desserts and baked goods. It does not it a really versatile sweetener in a wide range of recipes.

*Also available in bulk
1kg to 25kg

New Look
Coming soon!



Organic Berries



\$9.70

Organic Dried Blueberries 100g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337000188
-



\$6.96

Organic Dried Cranberries 100g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337000195
-

Also available in bulk 1kg to 25kg



SUPERFOODS



\$8.70

Raw Organic Cacao Powder 300g

- 15 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337003424
-

Chef's Organic Raw Cacao Powder is produced by pressing out the cacao butter after the cacao beans have been ground. Cacao powder is full

a natural health remedy. It presents a hint of bitterness to

you add it to. This powder gives an intense chocolate taste to baked goods and desserts which is just delicious!



\$23.95

Raw Organic Cacao Powder 1kg

- (L)10×(W)23.5×(H)34cm
- B# 9339337003431
-

Chef's Choice Raw Organic Cocoa Powder is produced by pressing out the cocoa butter after the cacao beans have been ground. Cocoa powder

as a natural health remedy. It presents a hint of bitterness to

you add it to. This powder gives an intense chocolate taste to baked goods and desserts which is just delicious!



\$7.40

Raw Organic Cocoa Nibs 300g

- 15 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337003448
-

Chef's Choice RAW ORGANIC COCOA NIBS are cocoa beans that have been roasted, separated from their husks and broken into smaller pieces.

have great nutritional value and acts as an energy booster and mood elevator! Great to use as a topping on salads or as a mix-in for baked goods or sweets



\$11.40

Raw Organic Maca Powder 300g

- 15 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337004230
-

It is a revitalising superfood that is extremely rich in nutritional substances that have wide-

and mind. Derived from the Maca

powder include long-lasting energy and essential vitamins, as well as improved moods, skin, sexual vitality and general health. These incredible effects make this product the perfect low-calorie addition to your baked foods, soups or smoothies.



\$8.85

Raw Organic Cacao Butter 300g

- 10 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337004247
-

It is an amazing, highly nutritious product obtained from cold pressing the cacao bean. It is excellent in making raw chocolates and can be combined with cacao powder or liquor and sweetener to make divine desserts. Cacao butter is nutrient dense which makes it a healthier alternative to butter, for use in baking, making.



\$5.65

Organic Inca Purple Corn Powder 300g

- 10 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 9339337004629
-

It is a highly nutritious, superior antioxidants than blueberries.

however, the high level of antioxidants makes this product perfect for adding to smoothies, juices or soups. Prized as the healing food of the ancient Incas, this purple powder has reputable

improving blood circulation, reducing cholesterol levels and slowing the ageing process.

New Products



CHOCOLATE

NEW LOOK



\$7.55

New



\$9.15

New



\$11.05

	<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
NEW	Organic Dark Chocolate Couverture Drops 300g	(L)16×(W)7×(H)23cm	9339337006081	10
NEW	Organic Milk Chocolate Couverture Drops 300g	(L)16×(W)7×(H)23cm	9339337007422	10
NEW	Organic White Chocolate Couverture Drops 300g	(L)16×(W)7×(H)23cm	9339337007439	10

Also available in bulk 1kg to 25kg



COCONUT PRODUCTS



\$3.05



\$3.05



\$3.65



\$1.90



\$3.05

Product Name	Dimention	Barcode	CTN
Organic Desiccated Coconut - Finely Shredded 300g	(L)16x(W)7.5x(H)23cm	9339337005237	1 0
Organic Desiccated Coconut - Medium Shredded 300g	(L)16x(W)7.5x(H)23cm	9339337005220	1 0
Organic Coconut Flour 450g *Available in bulk 1kg to 10kg	(L)16x(W)7.5x(H)23cm	9339337003905	1 0
Organic Coconut Flakes 120g	(L)15.5x(W)7.5x(H)22.5cm	9339337007736	1 0
Organic Shredded Coconut 200g	(L)16x(W)7.5x(H)23cm	9339337008252	1 0



COCONUT PRODUCTS

BOTH \$2.32 PER UNIT



Product Name	Dimention	Barcode	CTN
Organic Coconut Milk 400ml	(L)7.5×(H)11cm	9339337005077	1 2
Organic Coconut Cream 400ml	(L)7.5×(H)11cm	9339337005084	1 2

\$13.65



\$9.15



\$5.85



Product Name	Dimention	Barcode	CTN
Organic Coconut Oil Extra Virgin & Unrefined 915mL	(L)9.5×(H)16cm	9339337004933	6
Organic Coconut Oil Extra Virgin & Unrefined 500mL	(L)9×(H)11cm	9339337004827	1 2
Organic Raw Coconut Butter 300g	(L)8.5 × (H)7.5cm	9339337007637	1 2



COCONUT PRODUCTS

\$42.05

\$9.75



Chef's Choice

Oil comes from dried coconut meat and is one of the healthiest oils in the world. This naturally

oils around because it can withstand higher

in recipes for cooking, baking, stir-fries and searing. It can also be used as a moisturizer or conditioner for the hair or skin.

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Organic Purified Coconut Oil 915mL	(L)9.5 x (H)16.5cm	9339337008191	6
Organic Purified Coconut Oil 4L	(L)23.5 x (H)20cm	9339337008207	2



Chef's Choice

Water is made from the fresh juice of coconuts and is a healthy, refreshing and all natural drink. It makes a delicious, thirst-quenching sports and exercise drink and can be use in smoothies, protein shakes or as a juice base for drinks when mixed with other fruits.

\$3.36 a unit

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Organic 100% Pure Coconut Water 1L	(L)7.8 x (W)7.5 x (H)24.5cm	9339337007804	8

Also available in bulk

QUICK!
SIMPLE!
TASTY!



At Chef's Choice, we have new, exciting products in our recently added Express range, so it's easy to find everything you'll need in one place. Tasty, convenient and great value – we have done the work for you so that you can prepare a perfect meal with an ease of mind.



Chef's Choice Express Spanish Seasoned Paella Bomba Rice 200g

- 15 PACK/CTN
- (L)12.3Ý(W)6Ý(H)23cm
- B# 9339337003899
- Certified Kosher

It has been developed by a qualified chef to deliver the authentic flavour of Spanish Paella. The blend of saffron and Spanish paprika we have included along with the gourmet flavours and spices incorporated in this rice, works magnificently with any paella you wish to bring to the table.

\$4.25



Chef's Choice Express Organic Persian Spiced Basmati Rice 200g

- 15 PACK/CTN
- (L)12.3Ý(W)6Ý(H)23cm
- B# 9339337003882
- Certified Kosher

It has been developed by a qualified chef to deliver the authentic flavour of Persian rice. The blend of saffron and Spanish paprika, that we have included, gives this rice a beautiful colour and presentation making it an excellent side dish to accompany any main meal.

\$4.10

NEW



Chef's Choice Express Forest Mushroom Risotto 200g

- 15 PACK/CTN
- (L)12.3Ý(W)6Ý(H)23cm
- B# 9339337003967
- Certified Kosher

It has been developed by a qualified chef to deliver a delicious risotto with rich premium mushroom flavours. By using only the finest mushrooms sourced from around the world.

\$4.25



Chef's Choice Express Premium Selected Moroccan Couscous 200g

- 15 PACK/CTN
- (L)12.3Ý(W)6Ý(H)23cm
- B# 9339337006593
- Certified Kosher

It has been developed by a qualified chef to deliver the authentic flavour of Morocco. The blend of saffron and Spanish paprika, that we have included, gives the couscous a beautiful colour and presentation making it an excellent side dish to accompany any main meal.

\$3.95

Also available in bulk 1kg to 25kg



GRAINS - COUSCOUS

It is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the spices too!

\$3.05



French Original Gourmet Couscous 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000485
-

\$3.75



French Organic Whole Wheat Couscous 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000676
-

\$3.05

Premium Selected Moghrabieh Couscous 500g

500g:

- (L)16×(W)7.5×(H)23cm
- B# 9339337005039

It is the Lebanese equivalent of couscous. Moghrabieh is used in many traditional Middle-Eastern and Arabian dishes. It can be incorporated into tagines for a hearty and flavoursome final dish.



Also available in bulk 1kg to 25kg



COUSCOUS



\$4.35

Israeli Pearl Couscous 500g

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001925

It is tiny, round, toasted that has a slightly chewy texture, and because it'

seasonings!



\$4.35

Tricolour Israeli Pearl Couscous 500g

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337007781
-

It has a slightly chewy texture . Like other

easily and suitable to many dishes so you can create

herbs and seasonings!



\$4.35

Israeli Whole Wheat Pearl Couscous 500g

500g:

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001932
-

It is a tiny, round, toasted variety of pasta that has a chewy texture . Like

easily and can be used as a bed for stew, meat or vegetables or add it to soups, salads, pilafs and more!

Also available in bulk 1kg to 20kg



GRAINS - FLOUR



Golden Jewel Blend 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001499
-

Golden Jewel Blend is a colourful bouquet of Israeli couscous, tri-coloured orzo pasta, split baby garbanzo beans and delicate quinoa. Extremely versatile blend for many menu applications.

\$5.10



Fine grain Corn Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001185

is very useful for gluten-free contains no gluten, it must be preparing yeasted breads.

*Available in bulk 1kg to 25kg
\$3.65



Buckwheat Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001154
- Certi ed Kosher

Buckwheat is loaded with nutrients, especially protein, and it has a nutty It's most commonly ground

used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.

*Available in bulk 1kg to 25kg
\$3.15



Organic Barley Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001598

Produced by milling pearled barley to make a more

. USES: Because of the low gluten content, must be mixed raised bread, can be substituted scones, etc. And as a thickening agent in soups, gravies, etc.

\$3.10



Organic Besan Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001628

produced by dehusking and milling brown (desi) chick peas. Has a rich nutty

. USES: As a binding or thickening agent in many recipes and used widely in Indian and Middle Eastern cooking for pancakes, dumplings and sweetmeat - commonly used for pakora batter.

\$4.15



Organic Rye Flour Wholegrain 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001642

Produced by roller-milling the whole rye grain. The nutrient-rich properties of the whole grain, and in particular the bran, are therefore retained. Moderately dark in colour with a strong, . Easily digestible.

\$3.20

Also available in bulk 1kg to 20kg



GRAINS - FLOUR



Organic Soya Bean Flour 400g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001659

Produced by hulling the whole through the secondary milling

\$3.20



Organic Stone ground Whole grain Spelt Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001666

outer husk then stoneground-milling the inner kernel of grain. The end product makes for an easy digestible food when baked. Retains a substantial proportion of spelt wheat's nutrients and

Uses:
Well suited to baking producing excellent dough's and pasta.

\$4.30



Organic Millet Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001635

Produced by milling the hulled . No

tortillas, corn chips, must be to make yeast raised bread and cakes and as a thickening or would be used.

\$3.80



Organic White Rice Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003202
-

It is produced by milling the whole or broken pieces of grain . Because it is organic, it is more nutritious and other commercially produced

in protein and is excellent to use in shortbreads, loafs and noodles!

\$4.30



Organic Buckwheat Pancake Mix 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003295
-

It is made from a blend of high- and other organic ingredients that create a soft textured pancake with a nutty taste. Buckwheat is valued all over

and its high antioxidant content.

\$3.80



Organic Brown Rice Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003219
-

It is produced by milling the whole or broken pieces of . It is more nutritious and slightly stronger in

shortbreads, loaves and even noodles!

\$4.27

Also available in bulk 1kg to 20kg



GRAINS - FLOUR



Organic Stoneground Wholegrain Plain Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003257
-

It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular plain baking as it gives a hearty and creates a robust texture which is sure to be enjoyed by anyone.

\$3.20



Organic Stoneground Wholegrain Self Raising Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003264
-

It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular baking. This is great for baking as it gives a robust texture which is sure to be enjoyed by anyone.

\$3.20



Organic Unbleached Plain Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003271
-

It is produced by roller-milling the whole-wheat grain and sieving off of the bran which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour and a stronger texture,

\$3.20



Organic Unbleached Self Raising Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003288
-

It is produced by roller-milling the whole-wheat grain and sieving off of the bran. This is a strong proportion of wheat's natural nutrients. It has a creamy colour, a strong texture and is more

A most everyday-cooking needs.

\$3.20



Organic Purple Wheat Wholegrain Plain Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003806

It is grown in Australia and is one of the newest product in the market. It has a delicious subtle notes of nuttiness and sweetness. It can be used as a substitute for plain wholegrain

is an absolute delight to bake with!

\$4.60



Organic Quinoa Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004087

It is ground pure organic quinoa.

nutrition to your cooking. It is one of the healthiest types of

mild with a hint of nuttiness. It can be used for both sweet and savoury recipes like biscuits, cakes, breads and pastas.

\$8.69

Also available in bulk 1kg to 20kg



GRAINS - FLOUR



Organic Oat Flour 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006425
-

create baked goods with a nutty to your baking recipes. Good for making biscuits, cookies, breads, pancakes, and more.

\$4.10



Premium Selected Chestnut Flour 300g

- (L)16×(W)6×(H)22.5cm
- B# 9339337005190
-

It is an all-natural product that is milled from natural chestnuts. A great alternative to grain-

is far healthier and is perfect for cooking or baking.

*Available in bulk 1kg to 10kg

\$10.00

NEW



All Natural Almond Meal 400g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006791
-

It is made from ground premium Australian almonds and is fantastic for baking or desserts. Use as an alternative to wheat , almond meal is perfect for baking paleo bread, cookies,

cereals and smoothies.

\$8.55

NEW



All Natural Hazelnut Meal 320g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006807
-

It is the perfect ingredient to every chef's wholefood pantry. It contains the nutritious goodness of hazelnuts, which are packed full of nutritional

to add a naturally sweet, rich

breads, biscuits, cakes, cookies

\$7.85

NEW



Organic Psyllium Husk 250g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337007408
-

It comes from the Psyllium seeds and is an excellent source of dietary fibre and helps maintain a healthy digestive system. They're used to relieve constipation, irritable bowel syndrome and diarrhoea. Psyllium husk is odourless and almost tasteless so they can be added to juice, water and smoothies, sprinkled on cereals or used in baking.

\$6.10

Also available in bulk 1kg to 25kg



GRAINS



Hulled Millet 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001246
-

Millet is highly nutritious, non-glutinous and like buckwheat and quinoa, is not an acid forming food so is soothing and easy to digest. In fact, it is considered to be one of the least allergenic and most digestible grains available and it is a warming grain so will help to heat the body in cold or rainy seasons and climates.

\$3.35



Tricolour Hulled Millet 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337005176
-

Tricolour Hulled Millet is a unique, versatile grain that can be easily digested and has a to seasonings. It cooks quickly

\$3.77



Popping Corn 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001178
-

Did you know that popcorn is one of the healthiest, and tastiest, snacks around? It's a whole grain food that's low in calories and fat and it's a complex carbohydrate. Popcorn is also

\$3.75



Buckwheat Kernels 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001161
-

Buckwheat is loaded with nutrients, especially protein, and it has a nutty It's most commonly ground

used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.

\$3.35



Organic Pearl Barley 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001604
-

Add to soups and casseroles (may need to pre-cook). Cook together with rice or as a rice substitute or Pre-cook and add to baked goods. - To make a porridge. Add to soups (traditionally beef or vegetable) and casseroles and cook and serve as a simple side dish or pilaf.

\$3.35



Organic Cracked Purple Wheat 450g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003813
- QR Cord for Video Recipe
-

It is packed full of healthy goodness and can be enjoyed in many ways. Purple wheat offers

but is versatile as it can easily

\$4.60

Also available in bulk 1kg to 25kg



GRAINS



Farro 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001918
-

It is a delicious, highly nutritious grain made from roasted green wheat. It is 100% natural therefore it is free from any additives, it is low GI and low in carbohydrates. This product has

easy to cook, making it a perfect ingredient to use in a variety of dishes. As it is a good source

this to your diet is a simple and delicious way to be nutritious.

\$5.10



Organic Yellow Polenta 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003189
-

It is made by grinding corn and has a rich yellow colour with a . Polenta is a staple ingredient in Italian households and can be cooked to be creamy and thick or allowed to set and then sliced. Polenta is an easy and delicious way to enjoy a healthy hearty meal and uncooked polenta can be used as an alternative to in cakes, biscuits and pastries too!

\$2.65



Premium Selected Black Barley 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006678
-

Delicious grain that is highly nutritious and contains a high

addition to a range of breakfast cereals, mueslis and granolas and also tastes great when combined with yummy soups, stews and breads. It is also a great substitute for rice when used in risottos.

\$6.09



Premium Selected Fine Brown Burghul 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337005022

It is a tasty whole grain that is easy to include in your daily diet to increase your nutrient levels. It is commonly used in Turkish, Middle Eastern, Indian and Mediterranean foods. Burghul is best known as an ingredient in tabouli salads, and stews.

\$2.75



Premium Selected Australian Roasted v Whole Grain / Cracked 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337007941 (Whole Grain)
- B# 9339337007934 (Cracked)
-

It is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health s quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.

BOTH \$4.10 A UNIT

Also available in bulk 1kg to 25kg



GRAINS - RICE



Wild Rice 150g

- 15 PACK/CTN
- (L)10×(W)4.5×(H)20.5cm
- B# 9339337001482
-

Grade A Wild Rice is known as Extra-Fancy, Grade A Wild Rice has dark, glossy grains in varying lengths that turn a deep brown colour when cooked. Cultivated in Minnesota, this wild rice offers a heady

\$4.20



Arroz La Marjal Spanish Paella Rice 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001444
-

As with any Spanish rice dish, it's extremely important to start with the right rice. While not quite as premium as our 'Bomba' rice, which should be considered

Marjal' rice is still very good rice. When it cooked, the grains remain separate and do not stick together. The rice in paella should be dry and separate when it's done, not creamy like risotto.

\$4.65



Organic Basmati Aromatic Rice 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003783

It is delightful not only for its , but for its fragrance. Basmati rice is a unique species of rice originating from India and it has its own special aroma. Basmati is excellent for keeping your system in good health.

\$3.95



Organic Black Rice 500g

- Parboiled
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004094

It has a sweet, alluring aroma with a nutty taste, soft texture and a striking colour, sure to be the wow factor in any dish.

\$4.80

New Look
Coming soon!



Arroz Bomba Spanish Paella Rice 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001413
-

The best rice for paella is Bomba, a Spanish short-grain rice that is able to absorb three times its volume in liquid. (The rice in paella should be dry and separate when it's done, not creamy like risotto.) Bomba is the best of the best.

\$5.80



Organic Brown Rice Medium-Grain 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000577
-

It is whole grain rice with all the nutritious goodness. It has a

texture, which is subtle and delicious when enjoyed with any dish. It is easy to cook and a pleasure to eat.

\$4.50

Also available in bulk 1kg to 25kg



GRAINS - RICE



Carnaroli Risotto Rice 500g

- 10 PC/CTN
- (L)8×(W)16×(H)23cm
- B# 3245270004643
-

It is a superior medium grain Italian rice with an intense flavour. The rice has an excellent creamy consistency, absorbing the liquids and flavours of other ingredients while maintaining a firm, tasty texture. Known as the 'King of Rice', Carnaroli Rice is traditionally used to enhance dishes such as paella, seafood risotto and rice salad.

\$4.50



Medium Grain Sushi Rice 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001437
-

\$3.35



EARTH BLENDS



Organic 5 Earth Blend 500g

- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006579



Organic 10 Earth Blend 500g

- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006562



Organic 16 Earth Blend 500g

- 10 PC/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006586

Chef popular in Japan as a healthier alternative to white rice. Great as a side dish in Western, Asian and Indian cuisines to compliment any main meal or with salads and soups.

ALL \$5.10 PER UNIT

Also available in bulk 1kg to 25kg



MULTIGRAIN BLENDS



\$5.10

Aztec Mix 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001895
-

Chef's Choice All Natural Aztec Mix is a unique and wholesome blend of grains including brown long grain rice, red rice, multi-coloured split peas and hulled millet. This colourful combination does not only have a great texture and visual appeal, its versatility allows it to be enjoyed with everything from soups and salads to stews and curries.



\$5.10

Black Pearl Blend 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001529
-

Chef's Choice All Natural Black Pearl Blend has a striking presentation with the combination of long grain brown rice, black barley and red quinoa. It is a wholegrain product that complements dishes from lighter entrees to main meals.



Whole Grain 5 Blend 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001901
-

Chef's Choice All Natural Whole Grain 5 Blend is a combination of roasted farro, black barley, brown long grain rice, wild rice, and red rice. This versatile whole-grain blend has a fantastic visual

sure to compliment whatever it's paired with. These healthy whole grains do not only provide essential nutrients, they're delicious too!

\$5.10



Caviar Mix 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001505
-

Chef's Choice All Natural Caviar Mix provides a unique mix of couscous, roasted farro with long grain rice. It is a great mix for a delicately coloured side dish or to be used as a base in salads.

\$5.10



Jade Mix 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001536
-

Chef's Choice All Natural Jade Mix is a balanced blend of East and West. It is made up of fragrant bamboo rice, roasted farro, basmati rice, colourful split yellow peas, earthy green lentils and red quinoa. It has an

well with many exotic dishes.

\$5.10



Jewel Blend 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001499
-

With a phenomenal combination of Israeli pearl couscous, tricolour Israeli pearl couscous, yellow split peas and delicate red quinoa, Chef's Choice All Natural Jewel Blend is the perfect accompaniment for a variety of dishes. This versatile product does not only have a beautiful taesthetic and moreish texture, but it's perfect for absorbing the

to pair it with.

\$5.10



SOUP MIX



Chef's Choice All Natural Soup Mix 5 Blend is made from a quality blend of ingredients. We've combined pearl barley, green and yellow split peas and lentils to produce a hearty and protein that tastes great.

\$3.05



Chef's Choice All Natural Soup Mix 7 Blend – Grain Free is made from quality assortment of beans, split peas and lentils. This hearty and 100% natural.

\$3.20

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
All Natural Soup Mix 5 Blend 500g	(L)16 x (W)7.5 x (H)23cm	9339337008368	10
All Natural Soup Mix 7 Blend – Grain Free 500g	(L)16 x (W)7.5 x (H)23cm	9339337008375	10

Also available in bulk 1kg to 25kg



Seeds - Quinoa



Organic White Quinoa 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000201

\$8.69



Organic Red Quinoa 500g

Alternative To Organic
Gluten Free Couscous

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000218

\$8.69



3 Mix Organic Quinoa 500g

Alternative To Organic
Gluten Free Couscous

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000706

\$7.70



Organic Black Quinoa 500g

Alternative To Organic
Gluten Free Couscous

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001475

\$10.88



Organic Quinoa with Basmati Aromatic Rice 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003790

\$7.05



Organic Quinoa Flakes 300g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337004070

\$7.98

Also available in bulk 1kg to 25kg



SEEDS

Chia seeds are one of nature's and minerals. They are easy to use, taste good, and can become a valuable addition to your diet.

\$6.00



500g (Clear Bag / Printed Bag)

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003165

\$12.00



1kg (Clear Bag / Printed Bag)

- 10 PACK/CTN
- Clear Bag: (L)17.5×(W)7.5×(H)30cm
- Printed Bag: (L)21×(W)8×(H)27cm
- B# 9339337004841

\$4.15



Certified Organic Flax Seed 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001369

**New Look
Coming soon!**

\$1.95



Organic Sesame Seeds Hulled 140 g

- 15 PACK/CTN
- (L)10 x (H)20.5 x (W)5cm
- B# 9339337007989

\$2.10



Organic Black Sesame Seeds 150 g

- 15 PACK/CTN
- (L)10 x (H)20.5 x (W)5cm
- B# 9339337007996

Flaxseed has a pleasant nutty taste and is a good source of dietary fibre, protein and other nutrients that make them a popular addition to any diet. While whole flaxseeds feature a soft crunch, the nutrients in ground seeds are more easily absorbed. To achieve this simply grind the flaxseeds in a coffee, seed or spice grinder. Use the ground flaxseeds in yoghurt, shakes, smoothies, salads or in muffins, bread and cake mixtures to add the nutty taste and added health benefits of this product.

Also available in bulk 1kg to 25kg



BEANS



South Indian Style Coconut Dahl 170g

- 15 PACK/CTN
- (L)12.5×(W)6×(H)23cm
- B# 9339337002816
-

Our South Indian Style Coconut Dahl recipe has been developed by Chef's Choice. Chef's Choice dahl is developed for busy people who want healthy options. Chef's

healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

\$3.75



Simple Dahl 180g

- 15 PACK/CTN
- (L)12.5×(W)6×(H)23cm
- B# 9339337002380
-

Our simple dahl recipe has been

Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice scour

tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

\$3.75



Curry Dahl 170g

- 15 PACK/CTN
- (L)12.5×(W)6×(H)23cm
- B# 9339337002403
- Certified Kosher

Our Curry Dahl recipe has been

Chef's Choice dahl is developed for busy people who want healthy options. Chef's Choice

healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

\$3.75



Australian Red Lentils 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337002472

Lentils are rich in protein as well as being a good source of iron

\$3.05



Australian Green Lentils 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003127

Chef's Choice Green Lentils deliver the highest quality lentils for the most nutritious and delicious taste. With virtually no fat, low in calories and high in

has been proven to lower cholesterol, increase energy and assist in weight loss. A perfect, hassle-free addition to any meal that is a must have in all kitchen cupboards.

\$3.05



Petite Lentille Verte (Small Green Lentils) 500g / 1kg

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000652

Lentils have similar health

Renowned for their deep nutty

when cooked. These lentils are perfect for salads or as a bedding

\$5.00

Also available in bulk 1kg to 25kg



BEANS



Organic Mung Beans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001352
- Product of Australia

Mung are traditionally used in East Asian and Indian cuisines. They are a healthy and inexpensive addition to any diet. When cooked, the mung beans can be eaten plain or with spices and vegetables.

\$4.85



Green Split Peas 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337003134

Green Split Peas deliver the highest quality green peas for the most nutritious and delicious taste. With virtually no fat, low in calories and high in protein

proven to lower cholesterol, increase energy and assist in weight loss. A perfect, hassle-free addition to any meal that is a must have in all kitchen cupboards.

\$3.05



Organic Chickpea Splits 500g

- Product of Australia
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001611
-

Produced by dehusking and splitting brown (desi) chickpeas. Known alternatively as Channa Dahl. Easily stored for long periods with their nutritional value intact. USES: An excellent base for soups and casseroles and can be used instead of whole chick peas in many recipes including Dahl.

\$3.95



All Natural Chickpea 500g

- Product of Australia
- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337002489
-

Chickpeas are a helpful source of zinc, folate and protein. They also can assist in lowering of cholesterol in the bloodstream. Chickpeas add lots of flavor and protein to all kinds of dishes, from hummus dips to salads to easy sides.

\$3.05



Organic French Style Green Lentils 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337008139

Green Lentils have an irresistible nutty taste. A dietary staple throughout in many regions, green lentils work perfectly as a healthy side dish. Perfect for salads, soup, curries, dahl and pilafs.

\$5.40



Organic Beluga Lentils 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337006500

They are tiny black lentils with have a hearty soft texture. They are high in fibre, protein and nutrition making them perfect for vegetarian dishes and a great meat alternative. They can absorb different flavours making them great in stews, soups, and salads or served with rice.

\$5.00

Also available in bulk 1kg to 25kg



GRAINS - BEANS



Organic Red Kidney Beans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000232

True to their name, these popular beans are kidney shaped and are especially good in simmered dishes where they absorb the

other foods with which they are cooked.

\$3.99



Organic White Kidney Beans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000249

True to their name, these popular beans are kidney shaped and are especially good in simmered dishes where they absorb the

other foods with which they are cooked.

\$3.99



Organic Borlotti Beans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000263

texture, borlotti are popular in Italian and Portuguese cuisine.

\$3.99



Organic Azuki Beans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000225

Known simply as "red bean" where it is widely cultivated in East Asia. Adzuki Bean is light and creamy texture and mild,

when cooked that make it an easy and delightful pairing with other Asian tastes.

\$3.99



Organic Black Turtle Beans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337000256

Black Turtle Beans are also known as black Spanish beans, Tampico beans and Venezuelan beans. These black beans are traditionally used in Mexican and Latin American recipes.

\$3.99



Soybeans 500g

- 10 PACK/CTN
- (L)16×(W)7.5×(H)23cm
- B# 9339337001208

The soybean is a species of legume native to East Asia, widely grown for its edible bean which has numerous uses.

\$3.99



CANNED BEANS



\$1.45



\$1.45



\$1.45



\$1.45



\$1.60

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Organic 4 Bean Salad in Water 400g	(L)7.5cm x (H)11cm	9339337003103	12
Organic Black Beans in Water 400g	(L)7.5cm x (H)11cm	9339337003110	12
Organic Borlotti Beans in Water 400g	(L)7.5cm x (H)11cm	9339337003028	12
Organic White Cannellini Beans in Water 400g	(L)7.5cm x (H)11cm	9339337002991	12
Organic Butter Beans in Water 400g	(L)7.5cm x (H)11cm	9339337003042	12



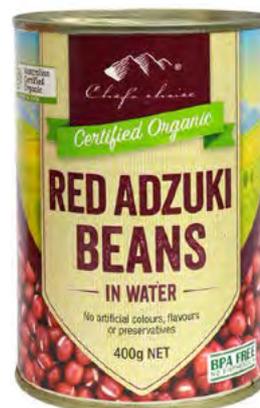
\$1.45



\$2.03



\$1.45



\$1.45



\$1.45

<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Organic Chickpeas in Water 400g	(L)7.5cm x (H)11cm	9339337003066	12
Organic Green Peas in Water 400g	(L)7.5cm x (H)11cm	9339337003035	12
Organic Brown Lentils in Water 400g	(L)7.5cm x (H)11cm	9339337004278	12
Organic Red Adzuki Beans in Water 400g	(L)7.5cm x (H)11cm	9339337003097	12
Organic Red Kidney Beans in Water 400g	(L)7.5cm x (H)11cm	9339337003073	12



CANNED BEANS

\$1.60



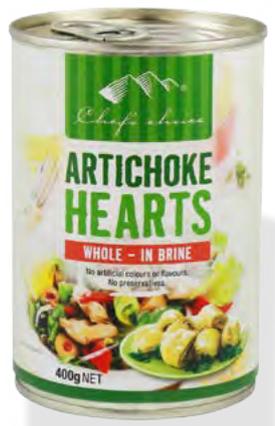
Grown and harvested in the Choice

valleys of the Italian countryside, Chef's Tomato Sauce have been developed These

potential to be brought out in this dish. A quick, easy and high protein delicacy that is a must-have in any kitchen cupboard.

	<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
NEW	Organic Baked Beans in Tomato Sauce 400g	(L)7.5 x (H)11cm	9339337003080	12

\$3.63



\$3.33



~ &.) 5



~ &.) 5



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>	<i>Kosher</i>
Whole Artichoke Hearts (In Brine) 400g	(L)7.5cm x (H)11cm	9339337004339	12	✓
Quartered Artichoke Hearts (In Brine) 400g	(L)7.5cm x (H)11cm	9339337004353	12	✓
Dill Gherkins Sweet Spiced 670g	(W)9x(L)9x(H)13.3 cm	9339337002458	12	
Cornichons French Style 350g	(L)7.5 x (H)11cm	9339337002441	12	

\$3.85



\$3.36



\$2.70



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>	<i>Kosher</i>
Marinated Mushrooms 340g	(L)7.5cm x (H)12.5cm	9339337004391	12	✓
Marinated Artichoke Salad Mix 340g	(L)7.5cm x (H)12.5cm	9339337004407	12	✓
Whole Baby Pears (In Light Syrup) 420g	(L)7.5cm x (H)11cm	9339337004384	12	✓

\$5.80



\$5.80



\$3.36



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Preserved Lemons 470g	(L)7cm x (H)16.5 cm	9339337006524	12
Preserved Lemons With Spices 470g	(L)7cm x (H)16.5 cm	9339337006531	12
All Natural Sliced Jalapenos 480g	(L)7cm x (H)16cm	9339337005268	12

\$6.45

\$5.85



\$5.55



<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
Chestnut Cream With Vanilla 325g	(L)8.3 × (H)7.1 cm	9339337006753	12
Chestnut Puree 300g	(L)8.3 × (H)7.1 cm	9339337006760	12
Roasted Chestnuts 230g	(L)8.2 × (H)10.3cm	9339337006777	12



CAPERS

\$14.80



Capers in Vinegar Lilliput

- 110g**
- (L)4×(H)12.5cm
 - B# 9339337003684

- 950g**
- (L)8×(H)18cm
 - B# 9339337003691

\$12.35



Capers with Salt NonPareilles

\$2.25

- 75g**
- (L)4×(H)12.5cm
 - B# 9339337003554

- 660g**
- (L)8×(H)18cm
 - B# 9339337005169

\$6.30



Caperberries in Vinegar

\$2.55

- 240g**
- (L)4×(H)12.5cm
 - B# 9339337003523

- 950g**
- (L)8×(H)18cm
 - B# 9339337003530



Green Peppercorns in Vinegar

- 110g**
- (L)4×(H)12.5cm
 - B# 9339337003561

\$2.25



Pink Peppercorns in Vinegar

- 110g**
- (L)4×(H)12.5cm
 - B# 9339337003578

\$3.25



TOMATO PRODUCTS

\$2.89



\$2.89



\$2.61



Product Name	Dimention	Barcode	CTN
Organic Pasta Sauce Napoletana w/ Italian Chilli Pepper	(L)7cm x (H)12cm	9339337002939	12
Organic Pasta Sauce Arrabbiata w/ Italian Chilli Pepper	(L)7cm x (H)12cm	9339337002946	12
Organic Passata Di Pomodoro with Basil 690g	(L)7.5 x (H)21.5cm	9339337004926	12

\$1.85



\$1.85



\$2.18



Product Name	Dimention	Barcode	CTN
Organic Diced Tomatoes 400g	(L)7.5cm x (H)11cm	9339337004704	12
Organic Whole Peeled Tomatoes 400g	(L)7.5cm x (H)11cm	9339337004711	12
Organic Cherry Tomatoes 400g	(L)7.5cm x (H)11cm	9339337004872	12



ORGANIC NOODLES

ALL NOODLES ARE \$2.99 A UNIT



Product Name	Dimention	Barcode	CTN
Organic Soba Noodles with 40% Buckwheat 200g	(L)7×(H)21.5×(W)1.5cm	9339337004964	15
Organic Udon Noodles with Brown Rice 200g	(L)7×(H)21.5×(W)1.5cm	9339337004957	15
Organic Green Tea Noodles 200g	(L)7×(H)21.5×(W)1.5cm	9339337004971	15
Organic Shiitake Noodles 200g	(L)7×(H)21.5×(W)1.5cm	9339337004988	15

Harissa Hot Chilli Paste



\$3.65 PER 140g TUBE



\$2.60 PER 70g TUBE



Product Name	Dimension	Barcode	CTN
Harissa Hot Chilli Paste 140g	(L)5×(W)4×(H)19cm	6194017302630	20
Harissa Hot Chilli Paste 70g	(L)4×(W)3×(H)16cm	6194017302791	30



ROASTED CAPSICUMS



Chef's Choice Premium Selected Fire Roasted Capsicums are big, bright roasted capsicums that are delicious and a great addition to any platters, sauces, sandwiches, salads, pizzas or on Mediterranean or Italian dishes.

\$2.93 per unit

	<i>Product Name</i>	<i>Dimention</i>	<i>Barcode</i>	<i>CTN</i>
NEW	Fire Roasted Capsicums (Strips) 340g	(L)7.2cm x (H)12cm	9339337007705	12
NEW	Fire Roasted Capsicums (Whole) 340g	(L)7.2cm x (H)12cm	9339337007682	12

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