# Retail **Product**Catalogue



**AUTUMN 2024 v 1** 

Last updated: 1/2/24

# **PART 1 - CHEFS CHOICE & KURA**



Phone: (08) 9227 5638

Visit: 71 Collingwood Street, Osborne Park, Perth, WA 6017

Virtual: www.artisan-foods.com Email: info@artisan-foods.com



Himalayan salt has no preservatives or additives and is processed without harsh chemicals. This pure salt is found deep inside the pristine Himalayan Mountains and is mined by hand and ground by stone. The high mineral crystals range in colour from sheer white to varying shades of pink to deep red which indicates a beneficial amount of 84 trace elements and iron. These minerals give the salt a fine, subtle flavour which suits any cuisine. It is also delicious!

#### **HIMALAYAN PINK ROCK SALT WITH ORGANIC** WHOLE BLACK PEPPER WITH GRINDER - 200g



\$5.08



**PRODUCT CODE:** SALP011 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337002007 ITF14: 19339337002004 **BOX QTY:** 12 PC/CTN





For your convenience, we have mixed our healthy Himalayan Rock Salt with our Organic Whole Black Pepper so you can enjoy this freshly ground mix at the same time. Perfect for BBQ's or on seafood and salads.

### HIMALAYAN WHITE CRYSTAL ROCK SALT WITH GRINDER - 200g



55.08



**PRODUCT CODE:** SALT015 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337000492 ITF14: 19339337000499 BOX QTY: 12 PC/CTN



This attractive, disposable grinder allows for convenient table use as it dispenses Himalayan White Rock Salt easily, in exactly the right amount, every time. Perfect for table use.

#### **HIMALAYAN PINK ROCK SALT** WITH GRINDER - 200g



\$5.08



**PRODUCT CODE: SALT010 DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337000096 ITF14: 19339337000093 BOX QTY: 12 PC/CTN



This attractive, disposable grinder allows for convenient table use as it dispenses Himalavan Pink Rock Salt easily, in exactly the right amount, every time. Perfect for table use.

#### **HIMALAYAN PINK FINE SALT** WITH SPRINKLER 200g

\$5.08



PRODUCT CODE: SALT011 **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337001253 ITF14: 19339337001250 BOX QTY: 12 PC/CTN





### HIMALAYAN PINK FINE SALT PLASTIC BAG - 300g

\$4.35



**PRODUCT CODE: SALT008 DIMENSION:** L:10 x W:4.5 x H:20.5 cms EAN13: 9339337000010 ITF14: 19339337000017 BOX QTY: 15 PC/CTN



#### **HIMALAYAN PINK FINE SALT PLASTIC BAG 1kg**



**PRODUCT CODE: SALT033 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337004810 ITF14: 19339337004817 BOX QTY: 10 PC/CTN





Chef's Choice Himalayan Pink Fine Salt is pure, hand mined salt found naturally deep inside the pristine Himalayan Mountains. The high mineral level of this salt is evident through the varying shades of the crystals, which range from light pink to deep red. The beneficial minerals make this salt have a fine, mellow and subtle flavour to suit any cuisine.

#### HIMALAYAN PINK ROCK SALT PLASTIC BAG - 300g



**PRODUCT CODE: SALT009 DIMENSION:** L:10 x W:5 x H:20 cms EAN13: 9339337001024 ITF14: 19339337001021 BOX QTY: 15 PC/CTN





### **HIMALAYAN PINK ROCK SALT PLASTIC BAG - 1kg**



\$5.80

**PRODUCT CODE: SALT035 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337004803 ITF14: 19339337004800 BOX QTY: 10 PC/CTN





Chef's Choice Himalayan Pink Rock Salt is pure, hand mined salt found naturally deep inside the pristine Himalayan Mountains. The high mineral level of this salt is evident through the varying shades of the crystals, which range from light pink to deep red. The beneficial minerals make this salt have a fine, mellow and subtle flavour to suit any cuisine.

**CHEF'S CHOICE - SALT & PEPPER** CHEF'S CHOICE - SALT & PEPPER 2



#### **ALL NATURAL HIMALAYAN PINK SALT FLAKES**



#### 180g (PLASTIC BAG)

PRODUCT CODE: SALTFLK009U **DIMENSION:** L:13 x W: 5.5 x H:18 cms

EAN13: 9339337304910 ITF14: 19339337304917 BOX QTY: 10 PC/CTN

500g (CONTAINER)

PRODUCT CODE: SALTFLK010U **DIMENSION:** L:12 x H:15.2 cms EAN13: 9339337304927 ITF14: 19339337304924 **BOX QTY:** 6 PC/CTN





Chef's Choice All Natural Himalayan Pink Salt Flakes are natural pink pyramid-shaped crystals loaded with flavour. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables.

#### **ALL NATURAL** WHITE SEA SALT FLAKES



#### 180g (PLASTIC BAG)

PRODUCT CODE: SALTFLK001U **DIMENSION:** L:13 x W: 5.5 x H:18 cms

**EAN13:** 9339337010460 ITF14: 19339337010467 BOX QTY: 10 PC/CTN

#### 500g (CONTAINER)

**PRODUCT CODE: SALTFLK005U DIMENSION:** L:12 x H:15.2 cms **EAN13:** 9339337301186 ITF14: 19339337301183 BOX QTY: 6 PC/CTN





Chef's Choice All Natural White Sea Salt Flakes are white, natural pyramid-shaped crystals harvested from the Mediterranean sea. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables.

#### **ALL NATURAL BLACK SEA SALT FLAKES**



**\$11.50** 180g (PLASTIC BAG)

PRODUCT CODE: SALTFLK002U \$15.75 **DIMENSION:** L:13 x W: 5.5 x H:18 cms EAN13: 9339337010453

ITF14: 19339337010450 BOX QTY: 10 PC/CTN 500g (CONTAINER)

PRODUCT CODE: SALTFLK006U **DIMENSION:** L:12 x H:15.2 cms EAN13: 9339337301179 ITF14: 19339337301176 BOX QTY: 6 PC/CTN





Chef's Choice All Natural Black Sea Salt Flakes are natural Mediterranean sea salt flakes enriched with activated charcoal. Use black sea salt flakes both as a garnish or a roasting salt to enhance the flavour and look to any dish. Perfect for all types of seafood as well as meats, salads, fries and vegetables.

#### **NATURALLY HARVEST CELTIC SEA SALT 500g**



PRODUCT CODE: SALT014 **DIMENSION:** L:14.5 x W:7 x H:21 cms EAN13: 9339337308796 ITF14: 19339337308793 BOX QTY: 10 PC/CTN





Chef's Choice Celtic Sea Salt it is a premium hand-harvested sea salt, with a natural grey colour and rich in minerals. With a coarse texture, and gentle briny flavours can be used for elevating your dishes.

\$7.25

### **PYRAMID SALT FINE FLAKES** PLASTIC BAG - 1kg



**PRODUCT CODE:** SALT007 **DIMENSION:** L:10.5 x H:27 cms EAN13: 9339337309014 ITF14: 19339337309011 BOX QTY: 10 PC/CTN





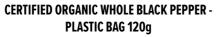


Chef's Choice All Natural pyramid-shaped crystals are harvested from the Mediterranean Sea. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables.

CHEF'S CHOICE - SALT & PEPPER



**CERTIFIED ORGANIC WHOLE BLACK PEPPER** WITH GRINDER - 100g





\$4.80

PRODUCT CODE: PEP005 **DIMENSION:** L:10 x W:4.5 x H:20.5 cms EAN13: 9339337004063 ITF14: 19339337004060 BOX QTY: 15 PC/CTN



**PRODUCT CODE:** PEP003

EAN13: 9339337002014

ITF14: 19339337002011

BOX QTY: 12 PC/CTN

**DIMENSION:** L:5 x H:16.5 cms

Chef's Choice Organic Whole Black Pepper has a sharp penetrating aroma and a woody characteristic. It is hot with a bite and can add flavour and aroma to any exotic dish. It can also be used in spice blends, salad dressings and sauces. Enjoy this premium quality hand picked organic pepper freshly ground over any dish you desire.

\$5.08

**CERTIFIED ORGANIC WHOLE WHITE PEPPER** WITH GRINDER - 120g



**PRODUCT CODE:** PEP006 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337307614 ITF14: 19339337307611 BOX QTY: 12 PC/CTN









It has a sharp yet earthy flavour to give your dishes some wholesome character! White pepper is pickled and processed differently from black pepper, providing a hearty and musty flavour whilst still giving a sharp kick. Enjoy this premium quality whole white pepper over all

CERTIFIED ORGANIC BLACK PEPPER CRACKED WITH SPRINKLER 100g



PRODUCT CODE: PEP008 **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337004261 ITF14: 19339337004268 BOX QTY: 12 PC/CTN







Our organic black pepper is produced from black immature peppercorns that have been finely crushed to give the texture of coarse ground black pepper.

**ALL NATURAL WHOLE BLACK PEPPERCORNS -**PLASTIC BAG 380g



**PRODUCT CODE:** PEP014 **DIMENSION:** L:11 x W:7 x H:21 cms EAN13: 9339337008108 ITF14: 19339337008105 BOX QTY: 10 PC/CTN





Whole Black Peppercorn has a sharp yet earthy flavour to give your dishes some wholesome character! White pepper is pickled and processed differently from black pepper, providing a hearty and musty flavour whilst still giving a sharp kick. Enjoy this premium quality whole black pepper over all your dishes!

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The production of gourmet oils is a time-honoured tradition in France. Originally, each village had a mill which roasted and extracted the oil from nuts gathered by local farmers. These delicious oils were used in hearty rustic fare and were also found in Paris' finest restaurants. La Tourangelle is one of just a handful of these remaining mills that keep this tradition alive. Through a partnership between one of the oldest and most respected French artisanal oil mills, Huilerie Croix Verte SAS from Saumur, France, and California Oils Corporation, La Tourangelle has succeeded in recreating the spirit of a traditional French oil mill in Woodland, California. Hand-crafting a wide range of delicious artisan oils in both California and France, La Tourangelle distributes an exclusive line of premium quality oils in many countries around the world.

#### **INFUSED WHITE TRUFFLE GRAPESEED OIL 250ml**



**PRODUCT CODE: OIL007 DIMENSION:** L:5.5 x H:14.5 cms

EAN13: 3245270000719 ITF14: 13245270000716 **BOX QTY:** 6 PC/CTN



White Truffles originate in Alba, Italy and are considered by many to be the most prestigious truffles. The strong, intense, earthy flavour of this oil will bring a deep aroma to your dishes, and will especially complement pasta, mashed potatoes, meat and other dishes.

#### **INFUSED BLACK TRUFFLE GRAPESEED OIL 250ml**



\$21.50

**PRODUCT CODE: OIL006 DIMENSION:** L:5.5 x H:14.5 cms EAN13: 3245270000702 ITF14: 13245270000709 **BOX QTY:** 6 PC/CTN



Black Truffles originate in Provence, France and are one of the most precious ingredients of Mediterranean cooking. The strong, intense, earthy flavour of this oil will bring a deep aroma to your dishes, and will especially complement pasta, mashed potatoes, meat and other dishes.

#### **AVOCADO OIL** 250ml



**PRODUCT CODE: OIL005 DIMENSION:** L:5.5 x H:14.5 cms EAN13: 3245270000726 ITF14: 13245270000723 BOX QTY: 6 PC/CTN





Avocado oil can be used the same way you use your extra virgin olive oil. On salads or in a dressing, it contributes a hint of avocado flavour, and it is wonderful drizzled over slices of fruits. Cook, bake, dress or simply dip, avocado oil will make it all. Avocado oil is processed on equipment very similar to those used to process extra virgin olive oil.

#### PUMPKIN SEED OIL 250ml



\$15.95

**DIMENSION:** L:5.5 x H:14.5 cms EAN13: 3245270000764 ITF14: 13245270000761 BOX QTY: 6 PC/CTN

**PRODUCT CODE: OIL008** 



Slowly roasted to perfection, expeller-pressed and lightly filtered, this oil adds a rich nutty taste to cold application as salad dressing, drizzle in pasta, spreads.

#### **ROASTED WALNUT OIL** 250ml



PRODUCT CODE: OIL001 **DIMENSION:** L:5.5 x H:14.5 cms **EAN13:** 3245270000535 ITF14: 13245270000532 **BOX QTY:** 6 PC/CTN



**EAN13:** 3245270000733 ITF14: 13245270000730 **BOX QTY:** 6 PC/CTN

**PRODUCT CODE: OIL009** 

**DIMENSION:** L:7.5 x H:16 cms

**ROASTED WALNUT OIL** 

500ml

HUILE DE NOD

Toastée

**HAZELNUT OIL** 

500ml

HUILE DE

NOISETTE

**312.40** 



This versatile treasure is delicate and pale in color, with a rich yet elusively nutty taste that has the delicacy of walnut nutmeats without the heaviness or bitterness. It is easy to use in baking, vinaigrette dressings, and every day cooking. Substitute for vegetable oil in your favorite brownie mix or add some magic to your banana bread! Plus, walnut oil is a delicious plant-based source of Omega-3 fatty acid!

#### **ALMOND OIL** 250ml



\$10.75

PRODUCT CODE: OIL003 **DIMENSION:** L:5.5 x H:14.5 cms EAN13: 3245270000559 ITF14: 13245270000556 BOX QTY: 6 PC/CTN





With its fresh roasted almond flavour, the oil reveals subtle nuances when combined with other ingredients. Its delicate character makes it a good substitute for olive oil in cases where walnut oil and hazelnut oil are just too powerful. When combined with any salad, fish or vegetable dish, almond oil helps to fashion a gourmet meal.

#### **HAZELNUT OIL** 250ml



**PRODUCT CODE:** OIL002

EAN13: 3245270000504

ITF14: 13245270000501

BOX QTY: 6 PC/CTN

**DIMENSION:** L:5.5 x H:14.5 cms

\$9.99

PRODUCT CODE: OIL013 **DIMENSION:** L:7.5 x H:16 cms EAN13: 3245270000740 ITF14: 13245270000747 BOX QTY: 6 PC/CTN





It is slowly roasted, expeller-pressed, and lightly filtered for a balanced, nutty flavour. This tempting oil makes a great addition to your salad dressings, baked goods, or as a finishing drizzle on all your dishes. La Tourangelle Roasted Hazelnut melts with any flavors and gives a festive, unique touch to your meal, transforming the ordinary into extra-ordinary.

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**CERTIFIED ORGANIC** 

**EXTRA VIRGEN OLIVE OIL 3L** 

\$60.20

**CERTIFIED ORGANIC EXTRA VIRGEN OLIVE OIL 1L** 



PRODUCT CODE: OIL033 **DIMENSION:** L:8.3 x W:8.3 x H:25.8 cms EAN13: 9339337302688 ITF14: 29339337302682

BOX QTY: 6 PC/CTN





PRODUCT CODE: OIL034

EAN13: 9339337302695

ITF14: 19339337302692

BOX QTY: 4 PC/CTN

**DIMENSION:** L:15 x W:9.2 x H:26 cms

Three Olives Certified Organic Extra Virgin Olive Oil is produced from organically grown and hand picked Mediterranean olives and has an earthy, mild, delicious fruity flavour and aroma. Perfect for everyday use and also ideal for dips, grilling or drizzling over salad, meat, fish or vegetables.

**GRAPESEED OIL** 1L

\$13.50



PRODUCT CODE: OIL024 **DIMENSION:** L:7.5 x W:8 x H:25 cms EAN13: 9339337003738 ITF14: 19339337003735







**GRAPESEED OIL** 5L

\$60.00

PRODUCT CODE: 01L025 **DIMENSION:** L:14 x W:14 x H:35 cms EAN13: 9339337003745 ITF14: 19339337003742 BOX QTY: 3 PC/CTN





Chef's Choice 100% Pure Grapeseed Oil has a neutral flavour, which allows the flavours of anything you are preparing shine through. Great for stir-frying, deep-frying, baking and salad dressings.

**ALL NATURAL** AVOCADO COOKING OIL 1L \$18.40



PRODUCT CODE: OIL030 **DIMENSION:** L:7.3 x H:34 cms EAN13: 9339337308482 ITF14: 19339337308489 BOX QTY: 6 PC/CTN





Chef's Choice Avocado Cooking Oil. With its high smoke point and heart-healthy benefits, it's ideal for sautéing, grilling, and dressing. Elevate your culinary creations and savor the natural essence of avocados in every bite.

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Chef's Choice has developed an exciting new line of vinegars and mustards in the tradition of the great French gastronomes. This prestigious range of gourmet products will excite even the most discerning gourmet. Using only the freshest and most aromatic of ingredients, Chef's Choice has taken flavours from natures most basic items - from plants to spices and fruits. They have combined these flavours to create a diverse array of tantalizing cooking condiments which have become essential items for the professional kitchen. Several great cooking minds have come together to produce these high quality vinegars, resulting in silky texture of the purest taste, suited to a range of meals, used as a meat spreads or in vinaigrettes and seasonings.

#### **CERTIFIED ORGANIC** FRENCH APPLE CIDER VINEGAR 500ml



**PRODUCT CODE: VINEG003 DIMENSION:** L:6 x H:27 cms EAN13: 9339337006036 ITF14: 19339337006033 **BOX QTY:** 6 PC/CTN







Chef's Choice Certified Organic Apple Cider Vinegar with the 'Mother' is made from organically grown apples which offer exceptional quality, flavour, full of nutrients, beneficial bacteria and live enzymes. It is versatile and can be used for culinary uses such as marinades and dressings for salads or veggies.

#### PREMIUM FRENCH **CHARDONNAY VINEGAR 500ml**



**PRODUCT CODE: VINEG077 DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337001284 ITF14: 19339337001281 BOX QTY: 6 PC/CTN







Chef's Choice Premium Selected Chardonnay Vinegar is made with Chardonnay white wine with an exquisite and bitter-sweet flavour. This versatile condiment can be used as a vinaigrette or marinade when cooking and is perfect with salads, fish, meat and vegetables.

### PREMIUM FRENCH **CABERNET SAUVIGNON VINEGAR 500ml**



**PRODUCT CODE: VINEG078 DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337001291 ITF14: 19339337001298 BOX QTY: 6 PC/CTN





Chef's Choice Premium Selected Cabernet Sauvignon Vinegar is made in France from the finest red wines available. Ideal for pasta sauces, stews, as a marinate on chicken, pork, lamb, fish and beef or as a dressing on salads or vegetables.

#### PREMIUM FRENCH RASPBERRY VINEGAR

### \$4.95



#### 500ml

**PRODUCT CODE:** VINEG056 **DIMENSION:** L:6.5 x H:27 cms **EAN13:** 9339337000058 ITF14: 19339337000055 **BOX QTY:** 6 PC/CTN

**PRODUCT CODE: VINEG052 DIMENSION:** L:18 x W:13 x H:29 cms EAN13: 9339337000447 ITF14: 19339337000444 BOX QTY: 2 PC/CTN







#### PREMIUM FRENCH WHITE WINE VINEGAR

# \$4.75



PRODUCT CODE: VINEG041 **DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337000003 **ITF14:** 19339337000000 **BOX QTY:** 6 PC/CTN

**PRODUCT CODE: VINEG044 DIMENSION:** L:18 x W:13 x H:29 cms EAN13: 9339337009204 ITF14: 19339337009201 BOX QTY: 2 PC/CTN





#### PREMIUM FRENCH **RED WINE VINEGAR**

# \$4.95



#### 500ml

PRODUCT CODE: VINEGO60 \$18.95 **DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337000034 ITF14: 19339337000031 **BOX QTY:** 6 PC/CTN

**PRODUCT CODE:** VINEG046 **DIMENSION:** L:18 x W:13 x H:29 cms **EAN13:** 9339337300240 ITF14: 19339337300247 **BOX QTY:** 2 PC/CTN





#### PREMIUM FRENCH ARDENNE CHAMPAGNE VINEGAR



\$18.95

PRODUCT CODE: VINEGO86 \$26.35 **DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337302909 ITF14: 19339337302906 BOX QTY: 6 PC/CTN

**PRODUCT CODE:** VINEG082 **DIMENSION:** L:18 x W:13 x H:29 cms EAN13: 9339337002434 ITF14: 19339337002431 BOX QTY: 2 PC/CTN





#### PREMIUM FRENCH **TARRAGON VINEGAR**

#### \$5.20



500ml

**\$22.40** PRODUCT CODE: VINEG042 **DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337000102 ITF14: 19339337000109 **BOX QTY:** 6 PC/CTN

**PRODUCT CODE:** VINEG066 **DIMENSION:** L:18 x W:13 x H:29 cms **EAN13:** 9339337000393 ITF14: 19339337000390





BOX QTY: 2 PC/CTN



#### **PREMIUM ITALIAN** WHITE BALSAMIC VINEGAR

# **\$6.45**



PRODUCT CODE: VINEGO79 \$20.30 **DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337001260 ITF14: 19339337001267 **BOX QTY:** 6 PC/CTN

**PRODUCT CODE:** VINEG085 **DIMENSION:** L:19 x W:12 x H:30.5 cms EAN13: 9339337008177 ITF14: 19339337008174 **BOX QTY:** 2 PC/CTN







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#### PREMIUM SPANISH **SHERRY VINEGAR**





#### 500ml

PRODUCT CODE: VINEGO27 \$42.70 **DIMENSION:** L:6.5 x H:27 cms EAN13: 9339337000140 ITF14: 19339337000147

**BOX QTY:** 6 PC/CTN

**PRODUCT CODE:** VINEG045 **DIMENSION:** L:18 x W:13 x H:29 cms EAN13: 9339337000331 ITF14: 19339337000338







#### PREMIUM ITALIAN **BALSAMIC VINEGAR OF MODENA**



**PRODUCT CODE:** VINEG043 **DIMENSION:** L:6.5 x H:27 cms **EAN13:** 9339337000126 ITF14: 19339337000123 **BOX QTY:** 6 PC/CTN

PRODUCT CODE: VINEGO01U **DIMENSION:** L:18 x W:13 x H:29 cms **EAN13:** 9339337000409 ITF14: 19339337000406







#### ACETO BALSAMICO DI MODENA IGP **GIOVANNA PAVAROTTI SILVER 250ml**



**PRODUCT CODE: VINEG100 DIMENSION:** L:8 x H:17.5 cms **EAN13:** 8032697840036 ITF14: 18016017001397 BOX QTY: 6 PC/CTN



This Balsamic Vinegar of Modena IGP is of high quality, with a full-bodied and velvety texture and an intense, balsamic scent of wood and cooked must. Its bittersweet, balanced flavour makes it a great dressing for fish and cheese dishes.

FIG GLAZE

150ml

\$5.55

#### ACETO BALSAMICO DI MODENA IGP **GIOVANNA PAVAROTTI GOLD 250ml**



PRODUCT CODE: VINEG101 **DIMENSION:** L:8 x H:17.5 cms EAN13: 8032697840012 ITF14: 18016017001403 BOX QTY: 6 PC/CTN



This Balsamic Vinegar of Modena IGP is of high quality, with a full-bodied and velvety texture and an intense, balsamic scent of wood and cooked must. Its bittersweet, balanced flavour makes it a great dressing for fish and cheese dishes.

\$5.55

#### **POMEGRANATE GLAZE** 150ml

\$5.55



**PRODUCT CODE: SAUCE003 DIMENSION:** L:4 x H:17 cms EAN13: 9339337006838 ITF14: 19339337006835 **BOX QTY:** 6 PC/CTN





Chef's Choice Pomegranate Glaze is perfect for

decorating your delicious recipes and can be used to flavour your dishes with the taste of pomegranate and Balsamic Vinegar of Modena. Use it on salads or vegetables, drizzled over meat and fish, or as a topping on desserts

# PREMIUM FRENCH









# **APPLE CIDER VINEGAR 5L**



**PRODUCT CODE: VINEG047 DIMENSION:** L:18 x W: 13 x H:29 cms EAN13: 9339337000386 ITF14: 19339337000383 **\$21.50 BOX QTY:** 2 PC/CTN





**PRODUCT CODE: SAUCE004** 

**DIMENSION:** L:4 x H:17 cms

EAN13: 9339337001376

ITF14: 19339337001373

BOX QTY: 6 PC/CTN

Chef's Choice Fig Glaze is perfect for decorating your delicious recipes and can be used to flavour your dishes with the taste of pomegranate and Balsamic Vinegar of Modena. Use it on salads or vegetables, drizzled over meat and fish, or as a topping on desserts.

#### TRUFFLE GLAZE 150ml



**PRODUCT CODE: SAUCE025 DIMENSION:** L:4 x H:17 cms EAN13: 9339337001222 ITF14: 19339337001229 BOX QTY: 6 PC/CTN





Chef's Choice Truffle Glaze is perfect for decorating your delicious recipes and can be used to flavour your dishes with the earthy truffle flavour and Balsamic Vinegar of Modena. Use it as a glaze or sauce on salads or vegetables, cheeses, risottos, meat and chicken.

#### CLASSIC GLAZE 150ml

\$5.25



**PRODUCT CODE: SAUCE002 DIMENSION:** L:4 x H:17 cms EAN13: 9339337001383 ITF14: 19339337001380 BOX QTY: 6 PC/CTN







Chef's Choice Classic Glaze with Balsamic Vinegar of Modena from Italy and is perfect for decorating your delicious recipes. It can be used to flavour your dishes with the balance of sweet and savoury flavour. Use it as a glaze or sauce on meat or fish, vegetables, or as a topping for ice creams and other desserts



Chef's Choice Premium Mustards can add exceptional flavour and texture to all your favourite foods. It can be used to marinate chicken, fish and pork and add spice to your burgers and wraps. Also excellent in mayonnaise, vinaigrette dressings and creamy sauces.

### **PREMIUM** FRENCH DIJON MUSTARD 200g

\$3.30



**PRODUCT CODE: MUSTARD009 DIMENSION:** L:6 x H:10.5 cms EAN13: 9339337000164 ITF14: 19339337000161 BOX QTY: 12 PC/CTN



# **PREMIUM HOT ENGLISH MUSTARD 200g**

\$3.85



PRODUCT CODE: MUS-HOT-U **DIMENSION:** L:6.7 x H:8.5 cms EAN13: 9339337000508 ITF14: 19339337000505 BOX QTY: 12 PC/CTN



**PREMIUM** FRENCH WHOLE GRAIN MUSTARD 200g

\$3.30



PRODUCT CODE: MUSTARD010 **DIMENSION:** L:6 x H:10.5 cms EAN13: 9339337000171 ITF14: 19339337000178 BOX QTY: 12 PC/CTN





#### TRUFFLE MAYONNAISE 115g

\$6.98



PRODUCT CODE: ORGSAUCE022 **DIMENSION:** L:6.4 x H:7 cms EAN13: 9339337007347 ITF14: 19339337007344 BOX QTY: 6 PC/CTN



Chef's Choice Truffle Mayonnaise with Extra Virgin Olive Oil is smooth and has a creamy texture making it the ideal dip on fries, spread on burgers and sandwiches as well as meats, fishes, baked potatoes and vegetables.

#### **PREMIUM** WHOLE GRAIN MUSTARD 5Kg

\$39.20



**PRODUCT CODE: MUSTARD006 DIMENSION:** L:22 x H:18 cms EAN13: 9339337000355 ITF14: 19339337000352 BOX QTY: 2 PC/CTN





#### **CERTIFIED ORGANIC AIOLI SAUCE 185g**

\$4.75



PRODUCT CODE: ORGSAUCE016 **DIMENSION:** L:6 x H:9.7 cms EAN13: 9339337000836 ITF14: 19339337000833 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Aioli Sauce is a simple yet flavoursome blend of organically produced ingredients. With a delicious garlic kick, this creamy condiment is perfect for adding to meat, fish, poultry or chips.

### **PREMIUM** DIJON MUSTARD 5Kg

\$39.20



**PRODUCT CODE: MUSTARD004 DIMENSION:** L:22 x H:18 cms EAN13: 9339337000348 ITF14: 19339337000345 BOX QTY: 2 PC/CTN





\$31.00

**PREMIUM** 



**PRODUCT CODE: MUSTARD030 DIMENSION:** L:20 x H:18 cms EAN13: 9339337304781 ITF14: 19339337304788 BOX QTY: 2 PC/CTN







15 CHEF'S CHOICE - SAUCES CHEF'S CHOICE - MUSTARD 16



Chef's Choice Certified Organic Passatas are a superior tomato base made from the highest quality organic tomatoes and basil, hand picked and ripened under the beautiful Italian sun. The tomatoes are skinned, crushed and sieved to remove the seeds, leaving only the most succulent parts of the tomato. Passata is the key ingredient in many pasta sauces, and also makes an excellent base for pizzas, curries and soups.

#### **CERTIFIED ORGANIC** PASSATA DI POMODORA WITH BASIL - 690g



**PRODUCT CODE: CANS014U DIMENSION:** L:7.8 x H:22cms EAN13: 9339337004926 ITF14: 19339337004923 BOX QTY: 12 PC/CTN









# **CERTIFIED ORGANIC** PASSATA RUSTICA - 680g



**PRODUCT CODE: CANS015U DIMENSION:** L:7.8 x H:22cms EAN13: 9339337006913 ITF14: 19339337006910 BOX QTY: 12 PC/CTN







# DICED TOMATOES 400g

**CERTIFIED ORGANIC** 



PRODUCT CODE: CANT002U **DIMENSION:** L:7.5 x H:11 cms **EAN13:** 9339337004704 ITF14: 19339337004701 \$1.85 BOX QTY: 12 PC/CTN







It is prepared using fresh, sound, ripe tomatoes grown organically under the Italian sun. Diced into medium-small pieces and cooked in fresh organic tomato juice, they provide the perfect balance of acidity and sweetness in your recipes. Ready to add to your stews, pasta, salsa, sauces and more!

#### **CERTIFIED ORGANIC WHOLE PEELED** TOMATOES 400g



**PRODUCT CODE: CANTOO1U DIMENSION:** L:7.5 x H:11 cms **EAN13:** 9339337004711 ITF14: 19339337004718 BOX QTY: 12 PC/CTN

\$1.85





It is prepared using fresh, sound, ripe tomatoes grown organically under the Italian sun. Handpicked and vineripened at the height of flavour and nutrients, they are carefully washed, assorted for quality and peeled. They are perfect for traditional Italian soups, stews, stir-fries, pizzas and salads.

#### **CERTIFIED ORGANIC WHOLE CHERRY TOMATOES 400g**



PRODUCT CODE: CANT003U **DIMENSION:** L:7.5 x H:11 cms **EAN13:** 9339337004872 ITF14: 19339337004879

**\$2.35** 







It is prepared using fresh, sound, ripe tomatoes grown organically under the Italian sun. With a succulent and

defining flavour, these tomatoes are perfect for soups, pastas, stews and pizzas and more. Definitely a must-have in every kitchen pantry!

**CERTIFIED ORGANIC** PASSATA COOKING SAUCE - 690g





**PRODUCT CODE: CANS016U DIMENSION:** L:7.8 x H:22cms EAN13: 9339337300257 ITF14: 19339337300254 BOX QTY: 12 PC/CTN









17 CHEF'S CHOICE - TOMATO RANGE CHEF'S CHOICE - TOMATO RANGE 18



#### HIMALAYAN PINK ROCK SALT WITH CRUSHED **CHILLI WITH GRINDER 160g**

\$5.08



**PRODUCT CODE: SALT024 DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337003318 ITF14: 29339337003312 **BOX QTY:** 12 PC/CTN





This superb chilli salt that offers a balanced blend of chillies and salt that can add real flavour to your cooking and meals. A must for any chilli-fan and a perfect way to immerse yourself in the beauty of chillies as you can use as much or as little as you like on anything at all.

#### HIMALAYAN PINK ROCK SALT WITH **LEMON ZEST WITH GRINDER 150g**

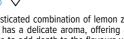
\$5.08



**PRODUCT CODE:** SALT031 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337004124 ITF14: 29339337004128 BOX QTY: 12 PC/CTN







It is a sophisticated combination of lemon zest and pink rock salt. It has a delicate aroma, offering a slight tang which is sure to add depth to the flavours you enjoy this with. It is a great way to finish off roast potatoes, crispy chicken, pastas and roasts!

#### HIMALAYAN PINK ROCK SALT WITH **ROASTED GARLIC WITH GRINDER 160g**

\$5.08



**PRODUCT CODE: SALT027 DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337004131 ITF14: 29339337004135 BOX QTY: 12 PC/CTN







It s a staple fusion of natural rock salt with real roasted garlic. The hearty flavour of the garlic is a perfect compliment to most dishes, adding an explosive layer of flavour to your seafood, poultry, meat and vegetables.

#### HIMALAYAN PINK ROCK SALT WITH FOUR **SEASONS MIX PEPPER WITH GRINDER 180g**

\$5.08



**PRODUCT CODE:** SALP012 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337003158 ITF14: 29339337003152 BOX QTY: 12 PC/CTN





It is a delightful combination of black, white, pink and green peppercorns combined with our brilliant Himalayan pink rock salt. It creates an enchanting flavour that matches anything from barbeques to fresh seafood and is a versatile seasoning.

#### NAPOLETANA SEASONING WITH GRINDER 160g

\$5.08



**PRODUCT CODE: SPICE012U DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337008238 ITF14: 19339337008235 BOX QTY: 12 PC/CTN







#### HIMALAYAN PINK ROCK SALT WITH PINK PEPPERCORNS WITH GRINDER 170g

\$5.08



**PRODUCT CODE: SALT057 DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337307522 ITF14: 19339337307529 BOX QTY: 12 PC/CTN





It is a beautiful twist to your regular salt and pepper combo that pairs with all dishes. Pink peppercorns have the same peppery bite, but only wrapped in a slightly fruity flavour, reminiscent of a berry with an attitude! This salt and pink peppercorn blend seasons all your favourite meals oh so perfectly!

#### **ARRABIATA SEASONING** WITH GRINDER 130g



**PRODUCT CODE: SPICE011U DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337008221 ITF14: 19339337008228 BOX QTY: 12 PC/CTN





It is a mix blend of spices developed by our chef for pizzas, pasta or Italian dishes. Grind this spice blend over passata sauce or can of tomatoes for making delicious pizzas and pasta sauces or any Italian dishes.

#### HIMALAYAN PINK ROCK SALT WITH DRIED PREMIUM PORCINI WITH GRINDER 140g

\$5.08



**PRODUCT CODE:** SALT029 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337004148 ITF14: 29339337004142 **BOX QTY:** 12 PC/CTN





It is an intensely aromatic finishing salt with high quality porcini mushrooms. The distinct scent of porcini mushrooms greets you when you grind this over a dish, and the concentrated flavour and aroma of the mushrooms will spread to your taste buds. It is excellent with risottos, soups, pastas and to accompany a barbecue

of meats and seafoods!

#### HIMALAYAN PINK ROCK SALT WITH SZECHUAN PEPPER & CRUSHED CHILLI WITH GRINDER 145g

\$5.08



**PRODUCT CODE: SALT056 DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337307539 ITF14: 19339337307536 BOX QTY: 12 PC/CTN





It holds a beautifully unique flavour, a classical Asian fusion, and it's just irresistibly too good! Highlighting the slightly numbing and sparks of hot citrusy goodness from the traditional Szechuan Pepper, blended with hot chilli and our hand-mined Himalayan salt, it is a must-have to

kick and spice up all your favourite dishes!

19 CHEF'S CHOICE - SEASONING CHEF'S CHOICE - SEASONING 20



Chef's Choice seasoning range are produced with premium salts and 100% all natural herbs and spices, all blended to perfection to bring the smells, tastes and flavours from different parts of the world to this product! With no fillers or preservatives added, these versatile seasonings are easy to use and can be used to marinate or be sprinkled on top whilst cooking. Perfect on poultry, seafood, pork, beef, lamb, vegetables and salad dishes these seasonings are sure to enhance any meals you to choose to prepare.

**AUSSIE STYLE SEASONING** 130g

\$5.08



**PRODUCT CODE:** SPICER003U **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337005640 ITF14: 19339337005647 BOX QTY: 12 PC/CTN







AFRICAN PIRI PIRI STYLE SEASONING 110g

\$5.08



**PRODUCT CODE:** SPICER004U **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337005633 ITF14: 19339337005630 BOX QTY: 12 PC/CTN







SICILIAN STYLE SEASONING 110g

\$5.08



**PRODUCT CODE:** SPICER002U **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337005664 ITF14: 19339337005661 BOX QTY: 12 PC/CTN







MEDITERRANEAN STYLE SEASONING

\$5.08



**PRODUCT CODE:** SPICER001U **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337005657 ITF14: 19339337005654 BOX QTY: 12 PC/CTN







21 CHEF'S CHOICE - SEASONING CHEF'S CHOICE - SEASONING 22



HBC boasts the highest quality saffron in Australia and New Zealand based on international standards through laboratory testing. Saffron is considered the most expensive spice in the world, due to the extremely labour-intensive process involved in harvesting these fine threads. This musty, honey-flavoured spice is best used in small quantities, often becoming bitter when overused. Most commonly used in risottos and paellas, this beautiful spice is a staple ingredient for Middle Eastern and European dishes.

#### **SAFFRON POWDER** ON CARD 1g



PRODUCT CODE: SAF-POW1CD **DIMENSION:** L:7 x H:10 cms **EAN13:** 9339337003653 ITF14: 19339337003650

**DIMENSION:** L:22 x W:15 x H:10 cms

BOX QTY: 24 PC/CTN



# LOVIN' BODY **SAFFRON THREADS 1g**

\$4.45



PRODUCT CODE: LOVIN020 **DIMENSION:** L:3.7 x H:4.3 cms **EAN13:** 9339337307126 **ITF14:** 19339337307123 BOX QTY: 8 PC/CTN







### SAFFRON THREADS ON CARD 0.5g



#### **CARD**

PRODUCT CODE: SAF0.5CD **DIMENSION:** L:7 x H:10 cms EAN13: 9339337000669 ITF14: 19339337000666

**DIMENSION:** L:22 x W:15 x H:10 cms

BOX QTY: 24 PC/CTN





# **SAFFRON THREADS**



**\$50** 



PRODUCT CODE: SAF10 **DIMENSION:** L:6 x W:11 x H:2.5 cms EAN13: 9339337000997 ITF14: 19339337000994 BOX QTY: 12 PC/CTN







### **SAFFRON THREADS** ON CARD 1g



#### **CARD**

PRODUCT CODE: SAF1CD **DIMENSION:** L:7 x H:10 cms EAN13: 9339337003646 ITF14: 19339337003643

**DIMENSION:** L:22 x W:15 x H:10 cms

BOX QTY: 24 PC/CTN







23 CHEF'S CHOICE - SAFFRON CHEF'S CHOICE - SAFFRON 24



100% PURE DUCK FAT 300g

\$8.70



PRODUCT CODE: FG010 **DIMENSION:** L:8.2 x H:10.8 cms EAN13: 9339337307836 ITF14: 19339337307833 BOX QTY: 6 PC/CTN



**BLOCK OF GOOSE FOIE GRAS FROM THE** PERIGORD 125g

\$36.50



**PRODUCT CODE:** FG014 **DIMENSION:** L:11.5 x H:7.7 cms EAN13: 3461950021939 ITF14: 13461950021936 **BOX QTY:** 6 PC/CTN

**BLOCK OF DUCK FOIE GRAS FROM THE** PERIGORD 125g

\$27.25



PRODUCT CODE: FG013 **DIMENSION:** L:11.5 x H:7.7 cms EAN13: 3461951001381 ITF14: 1346195101388 BOX QTY: 6 PC/CTN

100% PURE GOOSE FAT 300g

\$13.25



PRODUCT CODE: FG009 **DIMENSION:** L:8.2 x H:10.8 cms EAN13: 9339337307829 ITF14: 19339337307826 BOX QTY: 6 PC/CTN









**CUTTLEFISH INK** 90g

\$11.00



**PRODUCT CODE: INK001 DIMENSION:** L:5.7 x H:6 cms EAN13: 8427163479931 ITF14: 18427163022004 BOX QTY: 24 PC/CTN



Nortindal's cuttlefish ink is ideal for seasoning dishes such as fish, rice, pasta, bread and croquettes. Its characteristic colour, as well as its texture and sea taste, makes our ink something unique within the world of cooking.

**PRODUCT CODE: INK002** 

EAN13: 842716475940

ITF14: 18427163415004

BOX QTY: 12 PC/CTN

**DIMENSION:** L:8.9 x H:12.1 cms

**FILLETS OF ANCHOVY IN OLIVE OIL** 48g

\$3.30



**PRODUCT CODE:** ANCHOVY004 **DIMENSION:** L:2 x W:10 x H:5 cms EAN13: 810807520157 BOX QTY: 100 PC/CTN



These TALATTA Italian Anchovy Fillets in Pure Olive Oil are fresh off the Mediterranean fishing boats; within 24 hours of capture, they are hand-cleaned and washed in brine. High in omega-3 fatty acids, anchovies are a tasty part of a heart-healthy diet.

**ANCHOVY PASTE IN OLIVE OIL** 60g

\$3.00



**CUTTLEFISH INK** 

**500**g

\$36.30

**PRODUCT CODE:** ANCHOVY002 **DIMENSION:** L:17 x W:4 x H:2.5 cms EAN13: 878266000511 BOX QTY: 48 PC/CTN

These delicious fish are caught during the peak of the season for plump, rose-colored anchovies. Rich in healthy omega-3 fatty acids, this anchovy paste is great for pizzas, sandwiches, sauces, stews, salad dressings, or to spread on steaks and cooked vegetables at the end of cooking.

TALATA / NORTINDAL - SEAFOOD 26 **CHEF'S CHOICE** - FAT



#### **CERTIFIED ORGANIC LEMON SQUEEZE 1L**



PRODUCT CODE: JUICE008U **DIMENSION:** L:9 x H:22.8 cms EAN13: 9339337008078 ITF14: 19339337008075 BOX QTY: 6 PC/CTN







Chef's Choice Lemon Squeeze is ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces. The real taste of fresh Sicilian organic lemons

#### **CERTIFIED ORGANIC LEMON SQUEEZE**



\$1.90



PRODUCT CODE: JUICE002U **DIMENSION:** L:5 x H:9 cms EAN13: 9339337003752 ITF14: 19339337003759

**DIMENSION:** L:17.5 x W:23.5 x H:10 cms BOX QTY: 12 PC/CTN







Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces. The real taste of fresh Sicilian organic lemons

### **CERTIFIED ORGANIC LIME SQUEEZE**

\$1.90





**PRODUCT CODE: JUICE004 DIMENSION:** L:5 x H:9 cms **EAN13:** 9339337003769 ITF14: 19339337003766

**BOX** 

**DIMENSION:** L:17.5 x W:23.5 x H:10 cms BOX QTY: 12 PC/CTN





Ready squeezed lime for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces. The real taste of fresh organic limes.

#### **CERTIFIED ORGANIC** LIME SQUEEZE 1L



**PRODUCT CODE: JUICE009U DIMENSION:** L:9 x H:22.8 cms EAN13: 9339337008085 ITF14: 19339337008082 BOX QTY: 6 PC/CTN





Chef's Choice Lime Squeeze is ready squeezed lime for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.

#### **ALL NATURAL PRESERVED LEMONS** 350g

\$5.07



PRODUCT CODE: LEMON003U **DIMENSION:** L:7.2 x H:12 cms EAN13: 9339337008726 ITF14: 19339337008723 BOX QTY: 12 PC/CTN







### PRESERVED LEMONS 3.2kg

\$23.25



PRODUCT CODE: LEMON008U **DIMENSION:** L:15 x H:26.5 cms EAN13: 9339337303821 ITF14: 19339337303828 BOX QTY: 4 PC/CTN







Chef's Choice All Natural Preserved Lemons are used as a condiment in many Middle Eastern, North African and Moroccan dishes. The liquid and lemon peel can be used for cooking with meat, poultry, seafood, soups, stews, rice or salads. The salty, savoury, pickled taste adds depth into vegan dishes and can be used as a great alternative to anchovy.

**CHEF'S CHOICE** - LEMON & LIME CHEF'S CHOICE - PRESERVED LEMON 28



#### **PREMIUM SELECTED DRIED & SLICED HANA DONKO SHIITAKE MUSHROOMS**



**PRODUCT CODE:** MUSH008 **DIMENSION:** L:13 x H:7.5 cms **EAN13:** 9339337007538 ITF14: 19339337007535 BOX QTY: 12 PC/CTN

500a

PRODUCT CODE: MUSH006 **DIMENSION:** L:25.5 x W:11 x H:50 cms **EAN13:** 9339337006043

ITF14: 19339337006040 BOX QTY: 6 PC/CTN







Chef's Choice Premium Selected Hana Donko Shiitake Mushrooms – Dried & Sliced are flavourful and are one of the most popular gourmet mushroom varieties used. Add Shiitake Mushrooms to soups, stir fry dishes, rice dishes, casseroles and even grill with meats.

#### **DRIED PORCINI MUSHROOMS** 500g



PRODUCT CODE: MUSH011

EAN13: 9339337003455

ITF14: 19339337003452

**BOX QTY:** 6 PC/CTN

**DIMENSION:** L:30 x W:10 x H:40 cms

**20**g

\$4.55

**PRODUCT CODE: MUSH013 DIMENSION:** L:9 x W:9 x H:5 cms EAN13: 9339337003004 ITF14: 29339337003008 **BOX QTY:** 6 PC/CTN







Mushrooms' anytime and anywhere you desire.

Dried Porcini is famous all over the world for its concentrated flavour and mouth-watering aroma that is a perfect addition

to any risotto, soup or sauces. We have selected only the finest porcini mushrooms so that you can enjoy the 'King of

#### PREMIUM SELECTED DRIED & WHOLE HANA **DONKO SHIITAKE MUSHROOMS**



\$27.75

500g

**PRODUCT CODE:** MUSH035 **DIMENSION:** L:13 x H:7.5 cms EAN13: 9339337007545 ITF14: 19339337007542

BOX QTY: 12 PC/CTN

**PRODUCT CODE: MUSH034** 

**DIMENSION:** L:30 x W:39.5 x H:10 cms EAN13: 9339337008054 ITF14: 19339337008051









Chef's Choice Premium Selected Hana Donko Shiitake Mushrooms - Dried & Whole are flavourful and are one of the most popular gourmet mushroom varieties used. Add Shiitake Mushrooms to soups, stir fry dishes, rice dishes, casseroles and even grill with meats.

#### **PREMIUM SELECTED** PORCINI MUSHROOM POWDER





PRODUCT CODE: MUSH016 **DIMENSION:** L:4.5 x H:11.5 cms

**EAN13:** 9339337000430 ITF14: 19339337000437 BOX QTY: 12 PC/CTN

**PRODUCT CODE: MUSH017 DIMENSION:** L:25.5 x W:11 x H:50 cms

EAN13: 9339337304156 ITF14: 19339337304153 BOX QTY: 10 PC/CTN







Chef's Choice Porcini Powder are secret weapons in the kitchen. It's an almost instant way to add an incredible depth of earthy flavour to meats, veggies, soup, and stir fry and just about everything in between.

#### **DRIED MIXED FOREST MUSHROOMS** 20g

\$5.75



**PRODUCT CODE:** MUSH009 **DIMENSION:** L:9 x W:9 x H:5 cms EAN13: 9339337003011 ITF14: 29339337003015 BOX QTY: 6 PC/CTN





taste of this fine French delicacy.



**PREMIUM SELECTED** 

**DRIED MOREL MUSHROOMS 10g** 

\$7.80

**PRODUCT CODE: MUSH007S** 

EAN13: 9339337006845

ITF14: 29339337006849

**BOX QTY:** 6 PC/CTN

**DIMENSION:** L:9 x W:9 x H:5 cms





ITF14: 19339337003469 BOX QTY: 6 PC/CTN



These marvellous mushrooms with a pleasant aroma and flavour can be added to almost any dish, delivering a strong





flavour base and enticing taste. For the best results, add to cream soups, stews and risottos to experience the irresistible

**PREMIUM SELECTED** 

**DRIED MOREL MUSHROOMS 40g** 

\$29.30

**\$32** 

**DRIED MIXED FOREST MUSHROOMS** 

500g

#### PREMIUM SELECTED **DRIED CHANTERELLE MUSHROOMS**

\$5.75





PRODUCT CODE: MUSH018 **DIMENSION:** L:9 x W:9 x H:5 cms EAN13: 9339337001017

ITF14: 29339337001011 **BOX QTY:** 6 PC/CTN

500g

**PRODUCT CODE:** MUSH021 **DIMENSION:** L:10 x W:30 x H:40 cms EAN13: 9339337007910

ITF14: 19339337007917 **BOX QTY:** 6 PC/CTN







The flavour and aroma of Dried Chanterelle Mushrooms are an excellent complement to meat, shellfish, and omelettes. Used in a wide variety of soups, cream sauces and pastas, they are best cooked with limited seasonings so the delicious flavour can be fully enjoyed.

#### **PREMIUM SELECTED DRIED MOREL MUSHROOMS 500g**



**PRODUCT CODE: MUSH007 DIMENSION:** L:13 x H:7.5 cms EAN13: 9339337006852 ITF14: 19339337006859 BOX QTY: 12 PC/CTN









**PRODUCT CODE: MUSH004 DIMENSION:** L:25.5 x W:11 x H:50 cms EAN13: 9339337006876 ITF14: 19339337006873



**BOX QTY:** 6 PC/CTN





Morel mushrooms are an earthy, delicate and highly-prized mushroom with a beautiful honeycomb cap and light, fawn-coloured stem. Once rehydrated, they have an amazing texture and flavour and are perfect for pasta dishes, risottos, stews, omelettes or stuffing.

**CHEF'S CHOICE - MUSHROOMS** 



**MEDITERRANEAN BABY ARTICHOKE HEARTS 200g** 

\$5.58



**PRODUCT CODE:** VEG016 **DIMENSION:** L:7.2 x H:12.4 cms EAN13: 9339337305948 ITF14: 19339337305945 BOX QTY: 6 PC/CTN



Chef's Choice Baby Artichoke Hearts are firm and amongst the tastiest artichokes you will ever try. Cut them into quarters and add them to your favourite an antipasti platter. salads, pizzas or antipasti platter.

**MEDITERRANEAN** WILD OLIVES 280g

\$3.85



**PRODUCT CODE:** VEG014 **DIMENSION:** L:7.2 x H:12.4 cms **EAN13:** 9339337305955 ITF14: 19339337305952 BOX QTY: 6 PC/CTN





Chef's Choice Mediterranean Wild Olives are small and tender making it perfect for salads, sauces or as part of

**MEDITERRANEAN SEMI-SUNDRIED CHERRY TOMATOES 280g** 

**\$5.10** 



PRODUCT CODE: VEG012 **DIMENSION:** L:7.2 x H:12.4 cms EAN13: 9339337305924 ITF14: 19339337305921 BOX QTY: 6 PC/CTN





Chef's Choice Semi-Sundried Cherry Tomatoes is produced using sweet, delicious soft tomatoes marinated in oil and garlic. Over 600g of cherry tomatoes are used to make 100g of semi-sundried cherry tomatoes.

**MEDITERRANEAN GRILLED GARLIC 200g** 

\$3.85



PRODUCT CODE: VEG013 **DIMENSION:** L:7.2 x H:8.4 cms EAN13: 9339337305962 ITF14: 19339337305969 BOX QTY: 6 PC/CTN





Chef's Choice Mediterranean Grilled Garlic is delicious and can be eaten straight out of the jar, used as a marinade or sliced thinly over salads, seafood, chicken or any recipes calling for loads of garlic!

**MEDITERRANEAN** FRESH HARISSA 200g

\$3.85



**PRODUCT CODE:** VEG015 **DIMENSION:** L:7.2 x H:8.4 cms EAN13: 9339337305986 ITF14: 19339337305983 BOX QTY: 6 PC/CTN





Chef's Choice Fresh Harissa is easy to use and very versatile. Perfect for dips, salsas, as a marinade or on roasted vegetables.

31 CHEF'S CHOICE - MEDITERRANEAN CHEF'S CHOICE - MEDITERRANEAN 32



#### **CAPERS WITH SALT NON PAREILLES 75**g

\$2.50



**PRODUCT CODE: CAPER001 DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337003554 ITF14: 19339337003551 BOX QTY: 12 PC/CTN







Chef's Choice Capers Non Pareilles (5-7mm) with Salt is preserved carefully in salt so that the true flavour of the caper is retained. While having a punch, they are still subtle enough so that they do not over power the flavour of the dish you use them with. They are a great addition to salads, pizzas and pasta or to use simply as a garnish for any dish.

**CAPERBERRIES SMALL IN VINEGAR** 

950g

#### **CAPERS IN VINEGAR NON PAREILLES** 110g

\$2.60



**PRODUCT CODE: CAPER002 DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337003547 ITF14: 19339337003544 **BOX QTY:** 12 PC/CTN





Chef's Choice Capers in Vinegar Non Pareilles (5-7mm) are superb pods of flavour that are delicious! Being such a versatile addition to many dishes, they are perfect for salads, sauces and stuffings for any

### **CAPERBERRIES SMALL IN VINEGAR** 240g

\$3.20



**PRODUCT CODE: CAPER006 DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337003523 ITF14: 19339337003520 BOX QTY: 12 PC/CTN









**DIMENSION:** L:15 x H:26.5 cms EAN13: 9339337003530 ITF14: 19339337003537 BOX QTY: 6 PC/CTN

**PRODUCT CODE: CAPER007** 





Chef's Choice Caperberries Small in Vinegar are a wonderful addition to your antipasti platter! Although caperberries are the fruit of the caper bush, they are larger in size and milder in flavour than capers. This allows you to add subtle and delicate flavours to your dishes that will be just delicious!

#### **CAPERS LILLIPUT IN VINEGAR** 110g

**\$2.90** 



**PRODUCT CODE: CAPER004 DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337003684 ITF14: 19339337003681 BOX QTY: 12 PC/CTN







# **CAPERS LILLIPUT IN VINEGAR**

950g



\$15.00



**PRODUCT CODE: CAPER005 DIMENSION:** L:15 x H:26.5 cms EAN13: 9339337003691 ITF14: 19339337003698 BOX QTY: 6 PC/CTN







Chef's Choice Capers Lilliput (3-6mm) in Vinegar are superb pods of flavour that are delicious! Being such a versatile addition to many dishes, they are perfect for salads, sauces and stuffings for any occasion.

# **GREEN PEPPERCORNS IN VINEGAR**

110g

**\$2.85** 



**PRODUCT CODE:** CAPER009 **DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337003561 ITF14: 19339337003568 BOX QTY: 12 PC/CTN









Chef's Choice Green Peppercorns in Vinegar have a good peppery aroma and flavour but is still delicate. It has great balance with the vinegar that they are immersed in. The flavours are enhanced, which means that they are a great addition to your warm sauces!

# WHOLE CAPERS IN VINEGAR



BOX QTY: 12 PC/CTN





# WHOLE CAPERS IN VINEGAR

950g



**PRODUCT CODE: CAPER011 DIMENSION:** L:15 x H:26.5 cms EAN13: 9339337008283 ITF14: 19339337008280 BOX QTY: 6 PC/CTN







PINK PEPPERCORNS IN VINEGAR 110g

\$4.10



**PRODUCT CODE: CAPER008 DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337003578 ITF14: 19339337003575 BOX QTY: 12 PC/CTN









Chef's Choice Pink Peppercorns in Vinegar have a distinct peppery flavour that is well balanced with the vinegar that they are immersed in. They are used as a spice, which can be paired well with seafood and in light sauces due to their pretty colour and delicate flavour.

# 110g

**PRODUCT CODE:** CAPER012 **DIMENSION:** L:4.2 x H:12.5 cms EAN13: 9339337008276 ITF14: 19339337008273





Chef's Choice Whole Capers in Vinegar are superb pods of flavour that are delicious! Being such a versatile addition to many dishes, they are perfect for salads, sauces and stuffings for any occasion.

33 CHEF'S CHOICE - CAPERS



**CERTIFIED ORGANIC RED CABBAGE 350g** 

\$3.55



**PRODUCT CODE: VEG007 DIMENSION:** L:7.9 x H:9.8 cms **EAN13:** 9339337305252 ITF14: 19339337305259 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Red Cabbage is delicious and ready to eat. Perfect as a side dish.

**CERTIFIED ORGANIC BEETROOT SLICES 340g** 

\$3.55



**PRODUCT CODE: VEG003 DIMENSION:** L:7.9 x H:9.8 cms **EAN13:** 9339337305245 ITF14: 19339337305242 BOX QTY: 6 PC/CTN

Perfect for burgers and salads.





Chef's Choice Certified Organic Beetroot Slices are delicious and delicately sweetened with agave syrup. \$3.55

**CERTIFIED ORGANIC** 

**SWEET CORN 350g** 



**PRODUCT CODE:** VEG002 **DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305214 ITF14: 19339337305211 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Sweet Corn is tasty, fresh and juicy. A versatile addition to any kitchen

**CERTIFIED ORGANIC** SPINACH 330g

\$3.55



**PRODUCT CODE:** VEG004 **DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305221 ITF14: 19339337305228 **BOX QTY:** 6 PC/CTN





Chef's Choice Certified Organic Spinach is delicious and ready to eat. Perfect for sauces, salads or as a side dish.

**CERTIFIED ORGANIC GHERKINS 680g** 

\$6.55



**PRODUCT CODE: VEG006 DIMENSION:** L:9 x H:11 cms **EAN13:** 9339337305191 ITF14: 19339337305198 **BOX QTY:** 6 PC/CTN







Chef's Choice Certified Organic Gherkins are crunchy and delicately sweetened with agave syrup. Perfect as a snack or as part of a tasty side dish.

### **CERTIFIED ORGANIC CELERY SALAD 330g**

\$3.55



**PRODUCT CODE: VEG008 DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305207 ITF14: 19339337305204 **BOX QTY:** 6 PC/CTN





Chef's Choice Certified Organic Celery Salad is crunchy, and ready to eat. Perfect as a tasty side dish served with salads, grilled vegetables or hot dogs.

**CERTIFIED ORGANIC BEAN SPROUTS 330g** 

**\$3.55** 



**PRODUCT CODE:** VEG005 **DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305238 ITF14: 19339337305235 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Bean Sprouts is ready to eat. Perfect for salads and more.

**CERTIFIED ORGANIC GARDEN PEAS 350g** 

\$3.55



**PRODUCT CODE: VEG001 DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305412 ITF14: 19339337305419 BOX QTY: 6 PC/CTN







Chef's Choice Certified Organic Garden Peas is ready to eat. Perfect for cooking and in salads.

#### **CERTIFIED ORGANIC SAUERKRAUT 360g**



**PRODUCT CODE: VEG009 DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305160 ITF14: 19339337305167 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Sauerkraut is crunchy and ready to eat. Perfect as a tasty side dish served with salads, grilled vegetables or hot dogs.

#### **CERTIFIED ORGANIC SAUERKRAUT** WITH GINGER AND TURMERIC 350g



**PRODUCT CODE:** VEG011 **DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305177 ITF14: 19339337305174 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Sauerkraut with ginger and turmeric is a perfect accompaniment for meat, vegetables and salads

#### **CERTIFIED ORGANIC SAUERKRAUT WITH BEETROOT 350g**

\$3.55



**PRODUCT CODE:** VEG010 **DIMENSION:** L:7.9 x H:9.8 cms EAN13: 9339337305184 ITF14: 19339337305181 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic Sauerkraut with Beetroot is a perfect accompaniment for meat and vegetables and salads

35 CHEF'S CHOICE - FERMENTED VEGETABLES



LONG STEM ARTICHOKE - ALLA ROMANA 700g

\$6.90



PRODUCT CODE: ART013U **DIMENSION:** L:8.6 x H:15.1 cms EAN13: 9339337300783 ITF14: 19339337300780 BOX QTY: 6 PC/CTN



Chef's Choice Tunisian long stem artichokes prepared in the Italian "crudo tradition" and are firm and fresh tasting. Cut them in quarter and serve them as is which a drop of extra virgin olive oil, or add them to your favourite salad or pizza.

**CORNICHONS FRENCH STYLE** 350g



**PRODUCT CODE:** CORNICHONS005 **DIMENSION:** L:7.8 x H:11 cms EAN13: 9339337002441 ITF14: 19339337002448 BOX QTY: 12 PC/CTN









**CORNICHONS FRENCH STYLE** 4.1kg



PRODUCT CODE: CORNICHONS007 **DIMENSION:** L:15.5 x H:25 cms EAN13: 9339337001888 ITF14: 19339337001885 BOX QTY: 3 PC/CTN









STONE GROUND TAHINI

400g

PRODUCT CODE: TAHINI001U **DIMENSION:** L:8 x H:13 cms EAN13: 9339337007859 ITF14: 19339337007856 BOX QTY: 12 PC/CTN









\$9,50



PRODUCT CODE: TAHINI002U **DIMENSION:** L:10 x H:15.2 cms EAN13: 9339337007880 ITF14: 19339337007887 BOX QTY: 12 PC/CTN







Chef's Choice Tahini is made from ground and roasted sesame seeds and is a versatile ingredient to use. It's nutty, creamy and flavourful making it perfect for use in many different recipes. Use it as a sauce, dip, spread or dressing.



\$3.60



PRODUCT CODE: ZAT002 **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337308338 ITF14: 19339337308335 BOX QTY: 12 PC/CTN





Chef's Choice Za'atar is a traditional seasoning with endless ways of use, essential in Middle Eastern and Mediterranean cooking. This blend of high-quality aromatics and spices will liven your favourite meals with its earthy, robust, tangy zing.

CHEF'S CHOICE - MEDITERRANEAN & PICKLE 38 37 CHEF'S CHOICE - MEDITERRANEAN & PICKLE



**CHESTNUT CREAM WITH VANILLA** 325g

\$5.85



PRODUCT CODE: CHESTNUT008 **DIMENSION:** L:8.3 x H:7.1 cms EAN13: 9339337006753 ITF14: 19339337006750 BOX QTY: 12 PC/CTN





Chef's Choice Premium Selected Chestnut Cream with Vanilla is made in France using chestnuts from around Europe and has a smooth texture with a rich, sweet taste. It's an irresistible dessert on its own but can be used as a spread on toasts, yoghurt and crepes. It can also be used as an ingredient in various pastry recipes.

**CHESTNUT PUREE** 300g

\$5.55



**PRODUCT CODE: CHESTNUT007 DIMENSION:** L:8.3 x H:7.1 cms EAN13: 9339337006760 ITF14: 19339337006767 BOX QTY: 12 PC/CTN







Chef's Choice Premium Selected Chestnut Puree is made in France using chestnuts from around Europe and is a pure, unsweetened, smooth and fragrant puree that is versatile and very easy to use. It can be used in everything from stuffings, soups and sauces to baking and desserts.

**ROASTED CHESTNUT 210**g

\$6.75



PRODUCT CODE: CHESTNUT009 **DIMENSION:** L:8.3 x H:7.1 cms EAN13: 9339337006777 ITF14: 19339337006774 BOX QTY: 12 PC/CTN





Chef's Choice Premium Selected Roasted Chestnuts are made in France using chestnuts from around Europe and are so tasty that you can eat them straight from the jar, or add whole or chopped chestnuts to stuffing, rice pilaf, soups, sauces or on desserts.



PREMIUM MUSCATEL CLUSTERS 100g



PRODUCT CODE: MUSC001U **DIMENSION:** L:13 x W:6 x H:18.5 cms EAN13: 9339337303029

ITF14: 19339337303026 BOX QTY: 10 PC/CTN





Chef's Choice Premium Muscatel Clusters are hand-picked and dried in their natural form while still attached to its vine, ensuring highest quality and the natural flavour. These naturally sweet, juicy grapes are an ideal healthy snack or a perfect addition for cheese platters, fruit plates, baked foods and cereals as well.

\$6.90

**39 CHEF'S CHOICE** - NUTS CHEF'S CHOICE - DRIED FRUITS 40



**CERTIFIED ORGANIC** FLAXSEED 500g



PRODUCT CODE: FLAXSEED002 **DIMENSION:** L:16.5 x W:7.5 x H:23 cms EAN13: 9339337001369 ITF14: 19339337001366

BOX QTY: 10 PC/CTN







Flaxseed has a pleasant nutty taste and is a good source of dietary fi bre, protein and other nutrients that make them a popular addition to any diet. While whole flaxseeds feature a soft crunch, the nutrients in ground seeds are more easily absorbed. To achieve this simply cried the flaxseeds in a coff eel seed or spice grinder. grind the fl axseeds in a coff ee, seed or spice grinder.

**CERTIFIED ORGANIC** LINSEED 500g



PRODUCT CODE: LINSEED002 **DIMENSION:** L:16 x W:7 x H:23 cms **EAN13:** 9339337305788 **ITF14:** 19339337305785 BOX QTY: 10 PC/CTN







\$4.10

**CERTIFIED ORGANIC AMARANTH SEED 500g** 



PRODUCT CODE: AMAR001U **DIMENSION:** L:15 x W:6 x H:22 cms EAN13: 9339337300226 ITF14: 19339337300223 BOX QTY: 10 PC/CTN \$5.05









Chef's Choice Certified Organic Amaranth Seeds is a versatile, healthy, nutritious and delicious ingredient that has an earthy, nutty flavour and can be used as an alternative to rice, pasta, couscous or quinoa. They can be cooked and added in a cereal, ground into flour, popped like popcorn, or toasted.

41 CHEF'S CHOICE - SEEDS CHEF'S CHOICE - SEEDS 42



**CERTIFIED ORGANIC** CHIA SEEDS 150g

\$3.75



**PRODUCT CODE: CHIASEED002 DIMENSION:** L:10 x W:4.5 x H:20.5 cms EAN13: 9339337000690 ITF14: 19339337000697 **BOX QTY:** 15 PC/CTN







**CERTIFIED ORGANIC** CHIA SEEDS 500g

**\$9.35** 



**PRODUCT CODE: CHIASEED004 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003165 ITF14: 19339337003162 BOX QTY: 10 PC/CTN











EAN13: 9339337004841

ITF14: 19339337004848

BOX QTY: 10 PC/CTN

**PRODUCT CODE:** CHIASEED005

**DIMENSION:** L:21 x W:8 x H:27 cms



**CERTIFIED ORGANIC** 

CHIA SEEDS 1kg

\$14.95



Chia seeds are one of nature's super foods - high in essential fatty acids, protein, soluble fibre, antioxidants, vitamins, and minerals. They are easy to use, taste good, and can become a valuable addition to your diet.

\$2.70

#### **CERTIFIED ORGANIC SESAME SEEDS HULLED 140g**



PRODUCT CODE: SES003 **DIMENSION:** L:10 x W:20.5 x H:5 cms EAN13: 9339337007989 ITF14: 19339337007986





BOX QTY: 15 PC/CTN



Chef's Choice Certified Organic Sesame Seeds - Roasted acquire a delicious roasted nutty taste, the perfect crunchy topping for that extra oomph to any meal. Classic addition for baked goods, making a dip, or a sprinkle on salads or even over ice cream!

#### **CERTIFIED ORGANIC TAPIOCA FLOUR 500g**



PRODUCT CODE: TAPIOCA003U **DIMENSION:** L:18 x W:7 x H:25 cms EAN13: 9339337304286

ITF14: 19339337304283 BOX QTY: 10 PC/CTN









Chef's Choice Certified Organic Tapioca Flour is a grainfree starch extracted from the cassava root. This product is primarily used for baking, delivering a chewy texture and crispy crust. It is also used as a superior thickener and great alternative to corn starch and potato starch in cooking, or for making other desserts.

\$3.75

\$4.00

### **CERTIFIED ORGANIC BLACK SESAME SEEDS ROASTED 150g**



PRODUCT CODE: SES002

**DIMENSION:** L:9.8 x W:20.3 x H:4.5 cms

EAN13: 9339337007996 ITF14: 19339337007993 BOX QTY: 15 PC/CTN







Chef's Choice Certified Organic Black Roasted Sesame Seeds are small seeds that add a delicious, nutty taste to any meal. Add to smoothies, cereal and baking recipes or sprinkle over your salads, curries, stir fry and vegetables.

### **CERTIFIED ORGANIC TAPIOCA PEARLS 400g**



PRODUCT CODE: TAPIOCA002U **DIMENSION:** L:15 x W:6 x H:22 cms EAN13: 9339337009242

ITF14: 19339337009249

BOX QTY: 10 PC/CTN









Chef's Choice Certified Organic Tapioca Pearls are a delicious and enjoyable experience to eat. These pearls are boiled with a liquid to form a gel, which can then be enjoyed as a dessert, or added to foods as a thickening agent. Tapioca's thick and chewy texture makes it fun to consume, and perfect for tapioca pudding, bubble or boba tea, and other desserts and candies.

43 CHEF'S CHOICE - SEEDS **CHEF'S CHOICE** - SEEDS / TAPIOCA 44



**CERTIFIED ORGANIC** PLAIN FLOUR - UNBLEACHED 500g



**PRODUCT CODE:** FLOUR024 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003271 ITF14: 19339337003278 BOX QTY: 10 PC/CTN \$3.80





It is produced by roller-milling the whole-wheat grain and sieving off of the bran which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour and a stronger texture, and is more flavoursome than other white flours.





**PRODUCT CODE: FLOUR030 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003257 ITF14: 19339337003254 BOX QTY: 10 PC/CTN \$3.80





It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular plain flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.

### **CERTIFIED ORGANIC** SELF RAISING FLOUR - UNBLEACHED 500g



**PRODUCT CODE:** FLOUR022 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003288 ITF14: 19339337003285 BOX QTY: 10 PC/CTN \$3.80







It is produced by roller-milling the whole-wheat grain and sieving off of the bran. This is a strong flour which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour, a strong texture and is more flavorsome than other white flours. A baking flour suitable for most everyday-cooking needs.

#### **CERTIFIED ORGANIC STONEGROUND** WHOLEGRAIN SELF RAISING FLOUR 500g



**PRODUCT CODE:** FLOUR028 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003264

ITF14: 19339337003261 BOX QTY: 10 PC/CTN







It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular self raising flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.

#### **CERTIFIED ORGANIC BLACK RICE FLOUR 500g**



**PRODUCT CODE:** FLOUR027 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337307973 ITF14: 19339337307970 BOX QTY: 10 PC/CTN \$6.10







Chef's Choice Certified Organic Black Rice Flour is produced by milling the whole or broken pieces of black rice grain into a fine flour. Black rice is filled with antioxidants and packed with nutritional goodness. It's nutty flavour and chewy texture makes it an excellent flour for baking breads or making steamed rice cakes.

#### **CERTIFIED ORGANIC STONEGROUND WHOLE GRAIN SPELT FLOUR 500g**



**PRODUCT CODE:** FLOUR016 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001666

ITF14: 19339337001663 BOX QTY: 10 PC/CTN





Chef's Choice Certified Organic Stoneground Wholegrain Spelt Flour has a fine texture and a mild, nutty flavour. This is an excellent, light alternative to wheat flour, making nutritious food that is easier to digest. Use it for baking pancakes, muffins, cakes, cookies, pasta, bread, waffles and even pizza bases.

## **CERTIFIED ORGANIC BROWN RICE FLOUR 500g**



**PRODUCT CODE:** FLOUR026 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003219

ITF14: 19339337003216 BOX QTY: 10 PC/CTN



It is produced by milling the whole or broken pieces of grain into a fine flour. It is more nutritious and slightly stronger in flavour than most commercially produced rice flours, making it an excellent flour to use for baking shortbreads, loaves and even noodles!

#### **CERTIFIED ORGANIC WHOLEGRAIN RYE FLOUR 500g**



**PRODUCT CODE:** FLOUR014 **DIMENSION:** L:16 x W:7.5 x H:23 cms

EAN13: 9339337001642 ITF14: 19339337001649 **BOX QTY:** 10 PC/CTN

\$3.90







Chef's Choice Certified Organic Wholegrain Rye Flour is produced by roller-milling the whole rye grain. The nutrient-rich properties of the wholegrain, and in particular the bran, are therefore retained. Moderately dark in colour with a strong, robust flavour. Easily digestible.

#### **CERTIFIED ORGANIC** WHITE RICE FLOUR 500g



**PRODUCT CODE:** FLOUR018 **DIMENSION:** L:16 x W:7.5 x H:23 cms

**EAN13:** 9339337003202 ITF14: 19339337003209 BOX QTY: 10 PC/CTN

**\$5.00** 







It is produced by milling the whole or broken pieces of grain into a fine flour. Because it is organic, it is more nutritious and slightly stronger in flavour than other commercially produced rice flours. Rice flour is high in protein and is excellent to use in shortbreads, loafs

45 CHEF'S CHOICE - FLOUR CHEF'S CHOICE - FLOUR 46

#### **CERTIFIED ORGANIC BUCKWHEAT FLOUR - 500g**



**PRODUCT CODE:** BUCKWHEAT003 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001154 ITF14: 19339337001151

BOX QTY: 10 PC/CTN **\$4.50** 





dishes and breakfast cereals.



Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy fl avour. It's most commonly ground into a dark, gritty fl our and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small

**CERTIFIED ORGANIC AUSTRALIAN SEMOLINA 500g** 



**PRODUCT CODE: FLOUR017 DIMENSION:** L:15 x W:7 x H:23 cms EAN13: 9339337308079

ITF14: 19339337308076 BOX QTY: 10 PC/CTN







\$3.30

It is made from hard wheat, prized for breads, hard baked goods, all-purpose flour and flour blends with its distinctive earthy aromas, colours and textures. This natural source of nutritious coarse flour is perfect for varieties of sweet and savoury preparations, including pizza bases, pasta, gnocchi, biscuits, cakes and more of your favourite foods!

**CERTIFIED ORGANIC FINE CORN FLOUR 500g** 



**PRODUCT CODE:** CORN006 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337303845

ITF14: 19339337303842 BOX QTY: 10 PC/CTN







\$4.20

Corn Flour is a versatile cooking ingredient, perfect for adding flavour and texture to a variety of baked goods and sauces. This fine, golden flour is ideal for thickening gravy, custards, soups and sauces. Use it as a central ingredient in muffins, pancakes and more.

#### **100% PURE MAPLE SYRUP 189ml**

\$7.10



**PRODUCT CODE: MAPLE007 DIMENSION:** L:7.5 x W:4.5 x H:15.5 cms EAN13: 9339337006265 ITF14: 19339337006262

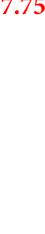






#### **100% PURE MAPLE SYRUP 1L**

\$27.75



**PRODUCT CODE: MAPLE008-6 DIMENSION:** L:10 x H:20.3 cms EAN13: 9339337006272 ITF14: 29339337006276 **BOX QTY:** 6 PC/CTN

IPLE SYRUL





**BOX QTY:** 4 PC/CTN

**PRODUCT CODE: MAPLE009 DIMENSION:** L:15.7 x H:30.5 cms **EAN13:** 9339337006289 ITF14: 19339337006286







Our 100% Pure Maple Syrup is sourced from natural Canadian maple trees. This dark amber colour looking syrup has a strong and flavourful taste and is a healthier substitute to sugar and comes with a number of health benefits. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.

**100% PURE MAPLE SYRUP 4L** 

\$110

### **CERTIFIED ORGANIC BESAN FLOUR 500g**

groats, which they toast in oil and use to make side



**PRODUCT CODE:** FLOUR012 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001628

BOX QTY: 10 PC/CTN \$4.35





ITF14: 19339337001625



### **CERTIFIED ORGANIC BESAN FLOUR 1kg**



**PRODUCT CODE:** FLOUR047 **DIMENSION:** L:19.6 x W:10.7 x H:23.5 cms EAN13: 9339337301827 ITF14: 19339337301824







Chef's Choice Certified Organic Besan Flour (chickpea flour) is produced by dehusking and milling brown (desi) chickpeas. It has a rich nutty flavour. It can be used as a binding or thickening agent in many recipes and used widely by Indian and Middle Eastern cooking for pancakes, dumplings and sweetmeat. Commonly used for pakora batter.

**\$6.15** 

#### **CERTIFIED ORGANIC QUINOA FLOUR 500g**



**PRODUCT CODE: QUINOA017 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337004087 ITF14: 19339337004084 BOX QTY: 10 PC/CTN \$8.69









It is ground pure organic quinoa. This versatile flour brings flavour and bountiful nutrition to your cooking. It is one of the healthiest types of flour on the market today and is mild with a hint of nuttiness. It can be used for both sweet and savoury recipes like biscuits, cakes,

#### **KEEJO MAPLE BUTTER 170**q



**PRODUCT CODE: MAPLE006 DIMENSION:** L:5.4 x H:8.3 cms EAN13: 627843095347 ITF14: 3627843095344 BOX QTY: 12 PC/CTN







Maple butter, also known as maple cream or maple spread, is a confection that is made from maple syrup. The consistency of maple butter is light and spreadable, very similar to the consistency of peanut butter. Use this creamy maple butter spread on bread, pancakes, muffins, toast, and biscuits. It's so tasty!

#### **CERTIFIED ORGANIC** MAPLE SUGAR 150g

\$7.10



**PRODUCT CODE:** MAPLE010 **DIMENSION:** L:10 x W:4.5 x H:20.5 cms EAN13: 9339337001956 ITF14: 19339337001953 BOX QTY: 15 PC/CTN









Chef's Choice Certified Organic Maple Sugar is packed with natural maple flavour without any artificial flavours. It is a natural sweetener and a healthier alternative to refined sugar. Perfect for sweet or savoury foods, coffee, tea and desserts.

CHEF'S CHOICE - MAPLE 48 **CHEF'S CHOICE - FLOUR** 

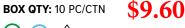


**AUSTRALIAN ALMOND MEAL 400g** 



**PRODUCT CODE:** FLOUR037 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337006791

ITF14: 19339337006798









**AUSTRALIAN** 

**ALMOND MEAL 1kg** 

**PRODUCT CODE:** FLOUR043 **DIMENSION:** L:18 x W:10 x H:24 cms EAN13: 9339337301223 ITF14: 19339337301220

BOX QTY: 10 PC/CTN \$15.60





Chef's Choice All Natural Australian Blanched Almond Meal is made from ground premium Australian almonds and is fantastic for baking or desserts. Use as an alternative to wheat flour, almond meal is perfect for baking paleo bread, cookies, cakes, muffins as well as in cereals and smoothies.

**CERTIFIED ORGANIC** 

**ARROWROOT POWDER 500g** 

PRODUCT CODE: ARROW005 **DIMENSION:** L:13 x W:7x H:24 cms EAN13: 9339337307348 ITF14: 09339337307348 BOX QTY: 10 PC/CTN







\$5.90

This natural source of starch makes an exceptional tasteless thickener to enhance and bind a large variety of your favourite foods. From baked goods to thickening sauces, puddings, soups, pie fillings, the possibilities are endless!

# **CERTIFIED ORGANIC**



**ALL NATURAL** 

**HAZELNUT MEAL 320g** 

**PRODUCT CODE:** FLOUR039

EAN13: 9339337006807

ITF14: 19339337006804

BOX QTY: 10 PC/CTN

**DIMENSION:** L:16 x W:7.5 x H:23 cms

Chef's Choice All Natural Hazelnut Meal is the perfect ingredient to every chef's wholefood pantry. It contains the nutritious goodness of hazelnuts, which are packed

full of nutritional benefits. Use hazelnut meal to add a

naturally sweet, rich flavour to baked goods such as

breads, biscuits, cakes, cookies or stuffings.

\$8.15

PRODUCT CODE: FLOUR020

EAN13: 9339337003295 ITF14: 19339337003292







#### **CERTIFIED ORGANIC** MILLET FLOUR 500g



**PRODUCT CODE:** FLOUR013 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001635 ITF14: 19339337001632

must be combined with gluten-rich flours to make

yeast raised bread and cakes and as a thickening or

binding agent - as a corn flour would be used.



BOX QTY: 10 PC/CTN



Produced by milling the hulled millet into a fine flour. No additives. USES: For flat bread, tortillas, corn chips,

\$4.00

#### **CERTIFIED ORGANIC** OAT FLOUR 500g



PRODUCT CODE: OAT002 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337006425 ITF14: 19339337006422

BOX QTY: 10 PC/CTN







Made by finely milling whole organic oats. Oat flour can be mixed with other flours to create baked goods with a nutty flavour and a boost of nutrition to your baking recipes. Good for making biscuits, cookies, breads, pancakes, and more.

# **BUCKWHEAT PANCAKE MIX 500g**



**DIMENSION:** L:16 x W:7.5 x H:23 cms

BOX QTY: 10 PC/CTN







\$4.20

It is made from a blend of high-quality buckwheat, maize flour and other organic ingredients that create a soft textured pancake with a nutty taste. Buckwheat is valued all over the world for its health benefits and its high antioxidant content.

49 CHEF'S CHOICE - FLOUR CHEF'S CHOICE - FLOUR 50



#### **ALUMINIUM FREE BAKING POWDER 200g**

\$3.75



PRODUCT CODE: BAKING001 **DIMENSION:** L:6.5 x H:9.5 cms EAN13: 9339337302954 ITF14: 19339337302951 **BOX QTY:** 8 PC/CTN





It will be your perfect pick for making fluffiest and softest texture in baked goods. This premium leavening agent is ideal for cakes, cupcakes, sponges, brownies, short breads, biscuits, scones etc.

### **PURE MULTI-PURPOSE** BI-CARB SODA 350g

\$3.75



PRODUCT CODE: SODA002 **DIMENSION:** L:9 x H:11 cms EAN13: 9339337004780 ITF14: 19339337004787 BOX QTY: 12 PC/CTN





It is a premium leavening agent with no aluminium or mercury and no bitter aftertaste. Made from deposits of mineralised sodium bicarbonate, it is extracted by a natural water process that uses no chemicals.

### **CERTIFIED ORGANIC RAW SUGAR 600g**



**DIMENSION:** L:16 X W:7.5 x H:23 cms EAN13: 9339337002427 ITF14: 19339337002424 \$3.50 BOX QTY: 10 PC/CTN





PRODUCT CODE: SUGAR002

It has a heavenly taste and is produced from 100%certified organic sugarcane and is a wholesome alternative to refined white sugar. Raw sugar is often used to sweeten coffee or drinks and can also be used in cooking and baking. Raw sugar is the most natural form of sugar you can enjoy, and ours just tastes wonderful!

#### **CERTIFIED ORGANIC RAPADURA SUGAR 500g**



**PRODUCT CODE: SUGAR003 DIMENSION:** L:16 x W:7.7 x H:22.7 cms

EAN13: 9339337302541 ITF14: 19339337302548 BOX QTY: 10 PC/CTN







**CERTIFIED ORGANIC** 

**RAPADURA SUGAR 1kg** 



**PRODUCT CODE: SUGAR004 DIMENSION:** L:19.6 x W:10.7 x H:23.5 cms

EAN13: 9339337303166 ITF14: 19339337303163

BOX QTY: 10 PC/CTN







\$7.90

It also known as Panela sugar is an unrefined and unbleached sugar, which is harvested from sugar cane and has a sweet caramel flavour and a fine texture. This healthy natural sweetener can be substituted for refined white sugar when baking or used to sweeten coffees, teas, hot chocolates, desserts and savoury dishes.

#### **GUILT-FREE NATURAL SWEETNESS 500g**



**PRODUCT CODE:** XY03 **DIMENSION:** L:8 x W:16 x H:23 cms EAN13: 9339337004636

ITF14: 19339337004633 BOX QTY: 10 PC/CTN

\$7.95







It is a 100% natural sweetener that tastes just like sugar with no nasty aftertaste, but contains added health benefits. Made from non-GMO corn, it has 40% fewer calories and 75% less carbohydrates than sugar, and is also proven to aid dental health.

51 CHEF'S CHOICE - BAKING, SUGAR & SWEETNER CHEF'S CHOICE - BAKING, SUGAR & SWEETNER 52



#### LEAF GELATINE TITANIUM 40g (12 Sheets)



\$4.90

PRODUCT CODE: GELAT003 DIMENSION: L:10.9 x H:29.7 cms EAN13: 9339337007002 ITF14: 19339337007009 BOX QTY: 24 PC/CTN

Chef's Choice Edible Leaf Gelatine Titanium Grade sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. This grade of gelatine sets quickly and is easy to use, making it a great gelatine for anyone from beginners to experts. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.

# GELATINE POWDER GOLD 150g



**PRODUCT CODE:** GELAT014

EAN13: 9339337006937

ITF14: 19339337006934

BOX QTY: 15 PC/CTN

**DIMENSION:** L:10 x W:5 x H:20.5 cms

**PRODUCT CODE:** GELAT013B **DIMENSION:** L:20 x W:10 x H:24.5 cms **EAN13:** 9339337306082

**GELATINE POWDER GOLD** 

GELATINE

ITF14: 19339337306089 BOX QTY: 10 PC/CTN

29.50 BOX



Chef's Choice Edible Gelatine Powder - Gold Grade is a natural setting agent that turns liquid into gel. It's ideal for both sweet and savoury dishes such as jellies, ice creams, mousses, cheesecakes and panna cottas.

# EWALD GELATINE POWDER 1kg



PRODUCT CODE: GELATO13
DIMENSION: L:11 x W:9 x H:28.5 cms
EAN13: 4000147008750
BOX QTY: 12 PC/CTN

**\$29.40** 

### LEAF GELATINE SILVER 30g (12 Sheets)



PRODUCT CODE: GELAT006
DIMENSION: L:10.9 x H:29.7 cms
EAN13: 9339337000638

ITF14: 19339337000635

BOX QTY: 24 PC/CTN

**\$5.55** 



Chef's Choice Certified Organic Edible Leaf Gelatine Silver Grade sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.

# LEAF GELATINE SILVER HALAL 30g (12 Sheets)



PRODUCT CODE: GELAT004
DIMENSION: L:10.9 x H:29.7 cms
EAN13: 9339337001451
ITF14: 19339337001458
BOX QTY: 24 PC/CTN

Chef's Choice Edible Leaf Gelatine Silver Grade Halal sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.

# LEAF GELATINE GOLD 24g (12 Sheets)



PRODUCT CODE: GELAT008
DIMENSION: L:10.9 x H:29.7 cms
EAN13: 9339337003172
ITF14: 19339337003179
BOX QTY: 24 PC/CTN
\$5.5

Chef's Choice Edible Leaf Gelatine Gold Grade is a colourless, tasteless and odourless ingredient that sets clearer and a smoother consistency than powdered gelatine. Gelatine can be used in countless desserts and savoury dishes and offers none of its own flavour into a dish, which allows the flavour of the dish it combines with to shine through. The grade of gelatine is determined by its strength that is measured in "blooms". The higher the bloom, the better the quality. Our gold grade gelatine is a top quality product that produces a delightful consistency in dishes and desserts.

#### EWALD GELATINE LEAF TITANIUM 1kg



PRODUCT CODE: GELAT009
DIMENSION: L:24 x W:12 x H:8.5 cms
EAN13: 4000147001171

ITF14: 4000147009306 BOX QTY: 25 PC/CTN

#### EWALD GELATINE LEAF BIO 1kg



PRODUCT CODE: GELATO11

DIMENSION: L:24 x W:12 x H:8.5 cms

EAN13: 4000147001010

ITF14: 4000147009337

BOX QTY: 25 PC/CTN

# EWALD GELATINE LEAF GOLD 1kg



PRODUCT CODE: GELAT007
DIMENSION: L:24 x W:12 x H:8.5 cms
EAN13: 4000147001119
ITF14: 4000147009313
BOX QTY: 25 PC/CTN
\$54

#### EWALD HALAL LEAF GELATINE 1kg



PRODUCT CODE: GELAT010
DIMENSION: L:24 x W:12 x H:8.5 cms
EAN13: 4000147001430
ITF14: 4000147009320
\$58

**BOX QTY: 25 PC/CTN** 

53 CHEF'S CHOICE - GELATINE 54



# **ROSE WATER** 250ml

\$3.95



PRODUCT CODE: SAUCE021 **DIMENSION:** L:4.5 xW:4.5 x H:21 cms EAN13: 9339337004667 ITF14: 19339337004664 BOX QTY: 12 PC/CTN



Chef's Choice Rose Water has a unique floral scent that can be used to flavour desserts like baklava, nougat, ice cream or your favourite cocktails. Truly versatile, Rose Water has numerous benefits from culinary gourmet flavouring, medicinal uses, to uplifting cosmetic applications and aromatherapy.

#### ORANGE BLOSSOM WATER 250ml

\$3.95



**PRODUCT CODE: SAUCE020 DIMENSION:** L:4.5 xW:4.5 x H:21 cms EAN13: 9339337004681 ITF14: 19339337004688





BOX QTY: 12 PC/CTN

Chef's Choice Orange Blossom Water has a subtle, citrus-floral aroma that adds an orange zest to your desserts and dishes like couscous, lamb, hummus and falafel. Alternatively, splash a little in your water, tea, salads or fresh fruits for a refreshing touch of orange.

#### **CERTIFIED ORGANIC AGAVE SYRUP 259ml**

**AGAVE SYRUP 740ml** 

\$5.40



BOX QTY: 12 PC/CTN

**❷ ③ ❷ ◊ ☆** 

PRODUCT CODE: SYRUP002U PRODUCT CODE: SYRUP003U **DIMENSION:** L:7.2 x W:5.5 x H:15.2 cms **DIMENSION:** L:9.5 x W:7 x H:21.8 cms **EAN13:** 9339337007453 EAN13: 9339337007460 ITF14: 19339337007450 ITF14: 19339337007467 BOX QTY: 8 PC/CTN









**CERTIFIED ORGANIC** 

\$11.60

**CERTIFIED ORGANIC AGAVE SYRUP 1L** 



PRODUCT CODE: SYRUP008U **DIMENSION:** L:10 x W:7.5 x H:20.5 cms EAN13: 9339337307560

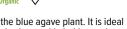
ITF14: 19339337307567 **BOX QTY:** 6 PC/CTN











Chef's Choice Certified Organic Agave Syrup is a delicious and natural liquid sweetener with a low GI (32) that is made from the nectar of the blue agave plant. It is ideal for sweetening hot and cold beverages such as coffee, tea and smoothies and can also be used on pancakes, oatmeal and cereal. It can also be used in baking recipes such as brownies, chocolate cake and cookies.

#### **POMEGRANATE MOLASSES** 250ml

\$5.15



**PRODUCT CODE: SAUCE013 DIMENSION:** L:4.5 xW:4.5 x H:21 cms EAN13: 9339337004674 ITF14: 19339337004671 **BOX QTY:** 12 PC/CTN



Chef's Choice Pomegranate Molasses is a unique, thick tarty condiment used to prepare marinades, vinaigrettes, dressings and dips. It imparts wonderful flavours to casseroles and stews and can be added to tea, on ice cream or sorbets

#### **POMEGRANATE MOLASSES 1L**

\$16.50



**PRODUCT CODE: SAUCE046 DIMENSION:** L:8 x H:28 cms EAN13: 9339337007484 ITF14: 19339337007481



BOX QTY: 12 PC/CTN

# **BROWN RICE SYRUP**





and other treats!

# 500g

\$3.77



PRODUCT CODE: SYRUP012U **DIMENSION:** L:7.2 x H:12.8 cms EAN13: 9339337308055 ITF14: 19339337308052 BOX QTY: 6 PC/CTN





Chef's Choice Certified Organic brown rice syrup is a versatile natural sweetener. Naturally fructose free, it can be used as sugar, honey or maple healthier alternative. Drizzled over pancakes, waffles, desserts

# **DATE SYRUP** 450g



**PRODUCT CODE: SYRUP009 DIMENSION:** L:5.5 x W:8 x H:14.5 cms EAN13: 9339337301513

ITF14: 19339337301510 BOX QTY: 24 PC/CTN







\$5.15

Chefs Choice 100% Natural Premium Selected Date syrup is produced from the finest dates, creating a naturally sweet and super tasty flavour. This rich and thick syrup has subtle caramel notes, just raw vegan and paleo-friendly deliciousness with no added sugar for that peace of mind.

**CHEF'S CHOICE - FLOWER WATERS** CHEF'S CHOICE - AGAVE & DATE SYRUP 56



### **CERTIFIED ORGANIC DESICCATED COCONUT -**FINELY SHREDDED 300g



PRODUCT CODE: COCONUT003U **DIMENSION:** L:17.8 x W:7 x H:24.2 cms EAN13: 9339337005237 ITF14: 19339337005234 **BOX QTY:** 10 PC/CTN







Chefs Choice Certified Organic Desiccated Coconut Finely Shredded is simply dried and grated retaining all the natural flavour and aroma of the coconut flesh without the use of sweeteners. Organic desiccated coconut is free from preservatives, sulphur and cholesterol. It is also high in fibre and very delicious. high in fibre and very delicious.

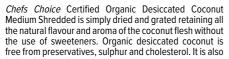
### **CERTIFIED ORGANIC DESICCATED COCONUT -MEDIUM SHREDDED 300g**



PRODUCT CODE: COCONUT004U **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337005220 ITF14: 19339337005227 BOX QTY: 10 PC/CTN \$3.50







### **CERTIFIED ORGANIC SHREDDED COCONUT 200g**



PRODUCT CODE: COCONUT014U **DIMENSION:** L:17.8 x W:7 x H:24.2 cms EAN13: 9339337008252 ITF14: 19339337008259 BOX QTY: 10 PC/CTN \$3.50







Chefs Choice Certified Organic Shredded Coconut is a baking essential. This all natural, healthy treat is bursting with tropical flavours and aromas, making it perfect as a topping or ingredient in cookies, curries, cakes and more.

#### **CERTIFIED ORGANIC COCONUT SUGAR 500g**



PRODUCT CODE: COCONUT012 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337006555 ITF14: 19339337006552







\$4.80

It is a natural sugar made from evaporated coconut sap. A pure and unrefined sugar with a low GI, it is a natural alternative to processed sugars and artificial sweeteners. It adds a rich depth of sweet flavour to desserts and baked goods. It does not have a specific coconut flavour making it a really versatile sweetener in a wide range of recipes.

#### **CERTIFIED ORGANIC COCONUT FLOUR 500g**



PRODUCT CODE: COCONUT006U **DIMENSION:** L:18 x W:7 x H:25 cms EAN13: 9339337303838 ITF14: 19339337303835 BOX QTY: 10 PC/CTN





\$3.65

It is a delicious, healthy alternative to wheat and other grain flours. It is essentially made from fresh organic coconut meat that is dried and grounded into a very fine, flour-like powder. The light coconut flavour allows coconut flour to blend seamlessly into sweet or savoury baked goods.

#### **CERTIFIED ORGANIC COCONUT FLAKES 120g**



PRODUCT CODE: COCONUT008A **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337010484

ITF14: 19339337010481 BOX QTY: 10 PC/CTN





#### **CERTIFIED ORGANIC COCONUT FLAKES 300g**



PRODUCT CODE: COCONUT008 **DIMENSION:** L:16 x W:8 x H:21.5 cms EAN13: 9339337007729

ITF14: 19339337007726 BOX QTY: 8 PC/CTN

\$4.30







 $\underline{\text{It}} \text{ is made from the dried white flesh of organically grown coconuts and have an irresistible coconut taste! Our Coconut}$ Flakes are great for snacking on its own, raw or toasted and can also be used for cooking, baking or garnishing.

57 CHEF'S CHOICE - COCONUT CHEF'S CHOICE - COCONUT 58



**CERTIFIED ORGANIC 100% PURE COCONUT WATER** 330ml

**CERTIFIED ORGANIC 100% PURE COCONUT WATER 1L** 

\$1.55



**PRODUCT CODE: COCONUT018 DIMENSION:** L:5.5 x W:5.5 x H:14.5 cms

EAN13: 9339337303234 ITF14: 39339337303235 (Tray) ITF14: 29339337303238 (Outer)

TRAY QTY: 6 PC/CTN **BOX QTY:** 24 PC/CTN









PRODUCT CODE: COCONUT016U

EAN13: 9339337007804

ITF14: 19339337007801

**DIMENSION:** L:7.8 x W:7.5 x H:24.5 cms

\$3.65

BOX QTY: 8 PC/CTN



Our Chef's Choice Certified Organic coconut waterit is made from the fresh juice of coconuts and is a healthy, refreshing and all natural drink. It makes a delicious, thirst-quenching sports and exercise drink and can be use in smoothies, protein shakes or as a juice base for drinks when mixed with other fruits.

#### **CERTIFIED ORGANIC COCONUT OIL EXTRA VIRGIN & UNREFINED 500ml**



PRODUCT CODE: OIL026 **DIMENSION:** L:8.5 x H:13 cms EAN13: 9339337004827 ITF14: 19339337004824

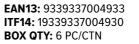












**PRODUCT CODE:** OIL027

**DIMENSION:** L:9.5 x H:18 cms







**CERTIFIED ORGANIC COCONUT OIL EXTRA** 

**VIRGIN & UNREFINED 915ml** 



**CERTIFIED ORGANIC COCONUT MILK 400ml** 



\$13.65

PRODUCT CODE: COCONUT001U **DIMENSION:** L:7.5 x H:11 cms **EAN13:** 9339337005077 ITF14: 19339337005074

\$2.50







It is a versatile ingredient with a rich creamy flavour

Chef's Choice Certified Organic Coconut Oil is 100% natural cold pressed and extracted from premium grade organic coconuts. This lighter organic extra virgin coconut oil is considered one of the healthier oils for consumption as it benefits the body in many ways. With some nutty undertones, it creates a light aroma that is mild and sweet making it versatile and suitable for all cuisines. Coconut oil is an ideal alternative to butter, or any other vegetable oils on bread, vegetables, as a dressing for salads and smoothies or can simply be consumed on its own.

#### **CERTIFIED ORGANIC PURIFIED COCONUT OIL 915ml**

#### **CERTIFIED ORGANIC PURIFIED COCONUT OIL 4L**

# **CERTIFIED ORGANIC**



PRODUCT CODE: OIL029 **DIMENSION:** L:9.5 x H:18 cms EAN13: 9339337008191

ITF14: 19339337008198 \$9.75 BOX QTY: 6 PC/CTN







as a moisturizer or conditioner for the hair or skin.





**PRODUCT CODE:** OIL028 **DIMENSION:** L:23.5 x H:20 cms EAN13: 9339337008207

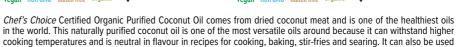
ITF14: 19339337008204 BOX QTY: 4 PC/CTN











It is a versatile ingredient with a rich creamy flavour and is often used as a recipe base to add an exotic creamy richness and flavour. Coconut cream is rich in vitamins and minerals and can be used in recipes such as curries, soups, casseroles, drinks and desserts.

**COCONUT CREAM 400ml** 

but is lighter than coconut cream with a lower fat

content. Coconut milk is used as a cooking base in

many recipes and is rich in vitamins and minerals.



PRODUCT CODE: COCONUT002U **DIMENSION:** L:7.5 x H:11 cms EAN13: 9339337005084

ITF14: 19339337005081 BOX QTY: 12 PC/CTN







**CERTIFIED ORGANIC VANILLA SINGLE BEANS 3g** 



**PRODUCT CODE:** VBS **DIMENSION:** L:4.5 x H:25 cms EAN13: 9339337001000 ITF14: 19339337001007 **BOX QTY:** 12 PC/CTN







LOVIN' BODY CERTIFIED ORGANIC **VANILLA BEANS 3g** 



**PRODUCT CODE: LOVIN019 DIMENSION:** L:2.5 W:2.5 x H:19.2 cms EAN13: 9339337307232 ITF14: 29339337307236 BOX QTY: 10 PC/CTN









Lovin' Body Vanilla Beans have brought one of the most internationally known and loved flavours to western cuisine. Lovin' Body Vanilla Beans are beautifully plumped, enhancing flavours and aromas in all your favourite desserts, beverages, milk products

**CERTIFIED ORGANIC VANILLA BEANS 6g** 



**PRODUCT CODE: VBST DIMENSION:** L:2.5 W:2.5 x H:19.2 cms EAN13: 9339337000454 ITF14: 29339337000458 BOX QTY: 10 PC/CTN \$6.50



\$3.65





For centuries, vanilla beans have been one of the most familiar flavours fundamental to western cuisine. They are commonly used to flavour desserts, beverages. milk products and coffee. Vanilla is one of the most loved flavours of the western palate.

#### **PURE TAHITIAN VANILLA BEANS BULK**



\$39.20

**VANILLA BEAN BULK 100g** PRODUCT CODE: VBEAN100 EAN13: 9339337007354 ITF14: 19339337007351

**VANILLA BEAN BULK 200g PRODUCT CODE: VBEAN200 EAN13:** 9339337308123 ITF14: 19339337308120 \$69 **VANILLA BEAN BULK 500g PRODUCT CODE: VBEAN500** EAN13: 9339337308154 ITF14: 19339337308151

\$168

#### **PURE VANILLA BEAN PASTE** WITH SEEDS 100g



**PRODUCT CODE:** EXTRACT023 **DIMENSION:** L:5.8 x H:6 cms EAN13: 9339337300035 ITF14: 19339337300032 BOX QTY: 12 PC/CTN







### **PURE VANILLA BEAN PASTE** WITH SEEDS 500g



**PRODUCT CODE:** EXTRACT074 **DIMENSION:** L:8.5 x H:11 cms EAN13: 9339337007095 ITF14: 19339337007092 BOX QTY: 4 PC/CTN







\$91.50

An infusion of a vanilla extract with finely ground vanilla beans. It will add an elegant appearance as well as an extraordinary flavour in culinary confections where the flavour and the appearance of vanilla beans are desired. \*Also available in bulk 1kg to 4kg

**PURE VANILLA BEAN SUGAR** 85g



PRODUCT CODE: VSUG002 **DIMENSION:** L:4.5 x H:11.5 cms **EAN13:** 9339337000300

ITF14: 19339337000307 BOX QTY: 12 PC/CTN





Chef's Choice Vanilla Sugar is a revolutionary vanilla and the first real alternative to pure vanilla extract, with some real advantages. Alcohol and gluten free, it is made with real vanilla beans and dextrose (corn sugar). Sprinkled on waffles, fresh fruit or cappuccinos it adds a subtle richness. Create your own hot chocolate mix with fresh cocoa, spiced mocha mix, or use it as a light glaze for fresh corn or carrots. Sprinkled on cappuccinos or lattes—it's the ultimate coffee condiment and much, much more.

\$5.75

61 CHEF'S CHOICE - VANILLA CHEF'S CHOICE - VANILLA 62



**TERPENLESS ORANGE EXTRACT** 



\$5.65

ORANGE

PRODUCT CODE: EXTRACTO48 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000980 ITF14: 19339337000987 **BOX QTY:** 12 PC/CTN

PRODUCT CODE: EXTRACT111 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337303449 ITF14: 19339337303446 **BOX QTY:** 9 PC/CTN





#### **TERPENLESS LEMON EXTRACT**



PRODUCT CODE: EXTRACTO46 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000966 ITF14: 19339337000963 **BOX QTY:** 12 PC/CTN

**PRODUCT CODE:** EXTRACT109 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337006401 ITF14: 19339337006408 BOX QTY: 9 PC/CTN





# **TERPENLESS LIME**

**EXTRACT** 



PRODUCT CODE: EXTRACTO47 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000850 ITF14: 19339337000857 BOX QTY: 12 PC/CTN

**PRODUCT CODE: EXTRACT110 DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337007026 ITF14: 19339337007023 BOX QTY: 9 PC/CTN





#### **PURE VANILLA EXTRACT**



#### 100ml

PRODUCT CODE: EXTRACT039 \$43 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000942 ITF14: 19339337000949 BOX QTY: 12 PC/CTN

500ml

PRODUCT CODE: EXTRACT062 **DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337003592 ITF14: 19339337003599 BOX QTY: 9 PC/CTN





#### **PURE ANISE EXTRACT**



PRODUCT CODE: EXTRACTO69 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337003622 ITF14: 19339337003629 BOX QTY: 12 PC/CTN

**PRODUCT CODE:** EXTRACT116 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337303487 ITF14: 19339337303484 BOX QTY: 9 PC/CTN





#### **NATURAL COCONUT EXTRACT**



#### 100ml

PRODUCT CODE: EXTRACTO71 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337003615 ITF14: 19339337003612 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT118 **DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337004209 ITF14: 19339337004206 BOX QTY: 9 PC/CTN





#### **PURE ALMOND EXTRACT**



PRODUCT CODE: EXTRACTO40 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000881 ITF14: 19339337000888 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT104 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337003851 ITF14: 19339337003858 BOX QTY: 9 PC/CTN





#### **PURE PEPPERMINT EXTRACT**



PRODUCT CODE: EXTRACT049 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000973 ITF14: 19339337000970 BOX QTY: 12 PC/CTN

#### 500ml

**PRODUCT CODE: EXTRACT107 DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337006395 ITF14: 19339337006392 **BOX QTY:** 9 PC/CTN





### **NATURAL STRAWBERRY EXTRACT 100ml**



PRODUCT CODE: EXTRACT052 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000898 ITF14: 19339337000895 BOX QTY: 12 PC/CTN

#### 500ml

**PRODUCT CODE:** EXTRACT112 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337303456 ITF14: 19339337303453 BOX QTY: 9 PC/CTN







#### **PURE CINNAMON EXTRACT**



#### 100ml

PRODUCT CODE: EXTRACT043 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000928 ITF14: 19339337000925 **BOX QTY:** 12 PC/CTN

**PRODUCT CODE:** EXTRACT102 **DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337303425 ITF14: 19339337303422 **BOX QTY:** 9 PC/CTN





\$5.65

HOCOLATE

**PRODUCT CODE: EXTRACT103** 

**DIMENSION:** L:6 x H:18 cms

EAN13: 9339337007040

ITF14: 19339337007047

**BOX QTY:** 9 PC/CTN



CHOCOLATE

**FLAVOURING** 

Nr.

CHOCOLATE

#### **ALCOHOL FREE VANILLA FLAVOURING**



100ml PRODUCT CODE: EXTRACT055 \$43

**DIMENSION:** L:4.2 x H:12 cms **EAN13:** 9339337001215 ITF14: 19339337001212 **BOX QTY:** 12 PC/CTN

500ml

**PRODUCT CODE:** EXTRACT073 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337003837 ITF14: 19339337003834 **BOX QTY:** 9 PC/CTN

**PISTACHIO** 

**FLAVOURING** 

STACHIO

37





\$5.65

# **FLAVOURING**



**RUM** 

#### 100ml

PRODUCT CODE: EXTRACTO51 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000874 ITF14: 19339337000871 **BOX QTY:** 12 PC/CTN

#### 500ml

**PRODUCT CODE:** EXTRACT105 **DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337007033 ITF14: 19339337007030 BOX QTY: 9 PC/CTN







# RASPBERRY

# **FLAVOURING**



PRODUCT CODE: EXTRACTO68 \$2 PRODUCT CODE: EXTRACT042 \$21 **DIMENSION:** L:4.2 x H:12 cms **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337003639 EAN13: 9339337000935 ITF14: 19339337000932 ITF14: 19339337003636 **BOX QTY:** 12 PC/CTN **BOX QTY:** 12 PC/CTN

**PRODUCT CODE: EXTRACT115 DIMENSION:** L:6 x H:18 cms EAN13: 9339337007071 ITF14: 19339337007078 **BOX QTY:** 9 PC/CTN



# PRODUCT CODE: EXTRACTO50 \$21

**DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000867 ITF14: 19339337000864 BOX QTY: 12 PC/CTN

**PRODUCT CODE: EXTRACT106 DIMENSION:** L:6 x H:18 cms EAN13: 9339337303432 ITF14: 19339337303439 BOX QTY: 9 PC/CTN



#### MAPLE **FLAVOURING**



#### 100ml

PRODUCT CODE: EXTRACT057 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337001420 ITF14: 19339337001427 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT101 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337003844 ITF14: 19339337003841 BOX QTY: 9 PC/CTN





#### **BLACKBERRY FLAVOURING**



PRODUCT CODE: EXTRACTO41 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000904 ITF14: 19339337000901 BOX QTY: 12 PC/CTN

**PRODUCT CODE: EXTRACT113 DIMENSION:** L:6 x H:18 cms EAN13: 9339337303463 ITF14: 19339337303460 BOX QTY: 9 PC/CTN



#### COFFEE **FLAVOURING**



#### 100ml

PRODUCT CODE: EXTRACTO44 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000959 ITF14: 19339337000956 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT108 **DIMENSION:** L:6 x H:18 cms EAN13: 9339337007057 ITF14: 19339337007054 BOX QTY: 9 PC/CTN





### HAZELNUT **FLAVOURING**



PRODUCT CODE: EXTRACTO45 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000911 ITF14: 19339337000918 BOX QTY: 12 PC/CTN

#### 500ml

**PRODUCT CODE: EXTRACT114 DIMENSION:** L:6 x H:18 cms EAN13: 9339337303470 ITF14: 19339337303477 BOX QTY: 9 PC/CTN





BANANA

**FLAVOURING** 

#### 100ml

PRODUCT CODE: EXTRACTO70 \$21 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337003608 ITF14: 19339337003605 BOX QTY: 12 PC/CTN

#### 500ml

**PRODUCT CODE: EXTRACT117 DIMENSION:** L:6 x H:18 cms **EAN13:** 9339337006388 ITF14: 19339337006385 **BOX QTY:** 9 PC/CTN





#### **BRANDY FLAVOURING**



PRODUCT CODE: EXTRACT059 \$2 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337307324 ITF14: 19339337307321 BOX QTY: 12 PC/CTN

#### 500ml

**PRODUCT CODE: EXTRACT063 DIMENSION:** L:6 x H:18 cms EAN13: 9339337307331 ITF14: 19339337307338 **BOX QTY:** 9 PC/CTN











1kg

#### **CERTIFIED ORGANIC RAW CACAO POWDER** 300g



**PRODUCT CODE:** CACAO003

EAN13: 9339337003431

ITF14: 19339337003438

BOX QTY: 10 PC/CTN

**DIMENSION:** L:23.5x W:10 x H:34 cms

\$16.70

**PRODUCT CODE: CACAO004 DIMENSION:** L:16 x W:8 x H:23 cms EAN13: 9339337003424 ITF14: 19339337003421

and desserts which is just delicious!

BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Raw Cacao Powder is produced by pressing out the cacao butter after the cacao beans have been ground. Cacao powder is full of flavonoids, which act as a natural health remedy. It presents a hint of bitterness to maximise the flavour of what you add it to. This powder gives an intense chocolate taste to baked goods

#### **CERTIFIED ORGANIC DARK CHOCOLATE COUVERTURE DROPS 70% CACAO 300g**



PRODUCT CODE: CACAO008 **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337006081 ITF14: 19339337006088











It is made up of 70% cacao and is a wonderfully smooth and intense bittersweet chocolate that can be used for baking as they are for melting or nibbling. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other recipes! Ideal for baking, ice cream making and confectionery

#### **CERTIFIED ORGANIC DARK CHOCOLATE COUVERTURE DROPS 70% CACAO 1kg**



**PRODUCT CODE:** CACAOS015 **DIMENSION:** L:21.7 x W:10.5 x H:26 cms EAN13: 9339337304835

ITF14: 19339337304832 \$24.00 BOX QTY: 10 PC/CTN



# BOX QTY: 10 PC/CTN

recipes!



EAN13: 9339337302879

ITF14: 19339337302876

PRODUCT CODE: CACAO009

**DIMENSION:** L:16 x W:7 x H:23 cms



It is made up from high quality organic cocoa grown in South America. These small sized dark chocolate drops melt fast and are easy to use making it ideal for any recipe that requires dark chocolate. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other

CERTIFIED ORGANIC DARK CHOCOLATE

**COUVERTURE DROPS 55% CACAO 300g** 

46

#### **CERTIFIED ORGANIC RAW CACAO BUTTER** 300g



**PRODUCT CODE: CACAO006 DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337004247 ITF14: 19339337004244 BOX QTY: 10 PC/CTN



#### **CERTIFIED ORGANIC RAW CACAO BUTTER** 1ka



PRODUCT CODE: CACAO013 **DIMENSION:** L:23.8 x W:10 x H:29 cms EAN13: 9339337004292

ITF14: 19339337004299 BOX QTY: 10 PC/CTN







It is an amazing, highly nutritious product obtained from cold pressing the cacao bean. It is excellent in making raw chocolates and can be combined with cacao powder or liquor and sweetener to make divine desserts. Cacao butter is nutrient dense which makes it a healthier alternative to butter, for use in baking, making.

### **CERTIFIED ORGANIC MILK CHOCOLATE COUVERTURE DROPS 300g**



**DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337007422

ITF14: 19339337007429 BOX QTY: 10 PC/CTN







It is made from premium organic cocoa grown in Central America. The combination of cocoa mass for creamy flavour and cocoa butter for easier melting makes it ideal for any recipe that requires chocolate. The perfect choice for making indulgent desserts!

**CHEF'S CHOICE** - CHOCOLATE

#### **CERTIFIED ORGANIC RAW CACAO NIBS 300g**





**PRODUCT CODE: CACAO001 DIMENSION:** L:16 x W:5 x H:23 cms **EAN13:** 9339337003448

ITF14: 19339337003445 BOX QTY: 10 PC/CTN







Chef's Choice Superfoods Raw Organic Cocoa Nibs are cocoa beans that have been roasted, separated from their husks and broken into smaller pieces. These flag and full little pieces also have great putritional values of the colleges of the control of the colleges of avorful little pieces also have great nutritional value and for all ages. It is easy to digest and with its mild nutty acts as an energy booster and mood elevator! Great to flavour can be added to smoothies, breakfast bowls, use as a topping on salads or as a mix-in for baked goods or sweets for added crunch and fl ayour.

#### **LOVIN' BODY CERTIFIED ORGANIC HULLED HEMP SEED 350g**



PRODUCT CODE: HEMP001U **DIMENSION:** L:15 x W:6 x H:22 cms **EAN13:** 9339337008832 **ITF14:** 19339337008839 \$8.75

BOX QTY: 10 PC/CTN







Lovin' Body Certified Organic Hulled Hemp Seed is delicious and versatile plant that has a pleasant nutty taste and loads of nutritional benefits. Enjoy these seeds sprinkled over yoghurt and salads or added to your morning smoothies to give your meal or drink a nutritional boost.



PRODUCT CODE: HEMP002U **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337305757

ITF14: 19339337305754 BOX QTY: 10 PC/CTN







soups or baked goods.

\$8.25

#### **CERTIFIED ORGANIC RAW MACA POWDER 300g**



**PRODUCT CODE:** SUP003 **DIMENSION:** L:16 x W:8 x H:23 cms EAN13: 9339337004230 ITF14: 19339337004237

BOX QTY: 10 PC/CTN









Chef's Choice Certifi ed Organic Raw Maca Powder is a revitalising superfood that is extremely rich in nutritional substances that have wide-ranging benefi ts for your body and mind. Derived from the Maca root, the health benefi ts of Maca powder include long-lasting energy and essential vitamins, as well as improved moods, skin, sexual vitality and general health. These incredible eff ects make this product the perfect low-calorie addition to your baked foods, soups or smoothies.

\$6.50

69 CHEF'S CHOICE - SUPERFOOD CHEF'S CHOICE - SUPERFOOD 7()

#### CERTIFIED ORGANIC **RED KIDNEY BEANS IN WATER 400g**



PRODUCT CODE: CANBOO6U DIMENSION: L:7.5 x H:10.8 cms EAN13: 9339337003073 ITF14: 19339337003070 BOX QTY: 12 PC/CTN

\$1.60

#### CERTIFIED ORGANIC **BUTTER BEANS IN WATER 400g**

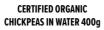
PRODUCT CODE: CANB009U DIMENSION: L:7.5 x H:10.8 cms

EAN13: 9339337003042

ITF14: 19339337003049

BOX QTY: 12 PC/CTN







PRODUCT CODE: CANBOO7U DIMENSION: L:7.5 x H:10.8 cms EAN13: 9339337002991

ITF14: 19339337002998 BOX QTY: 12 PC/CTN

\$1.60

PRODUCT CODE: CANBO10U **DIMENSION:** L:7.5 x H:10.8 cms EAN13: 9339337003066 ITF14: 19339337003063 BOX QTY: 12 PC/CTN

\$1.60

**CERTIFIED ORGANIC** 

BLACK BEANS IN WATER 400g

\$1.60



PRODUCT CODE: CANBO02U **DIMENSION:** L:7.5 x H:10.8 cms EAN13: 9339337003110 ITF14: 19339337003117 BOX QTY: 12 PC/CTN







#### **CERTIFIED ORGANIC** BAKED BEANS IN TOMATO SAUCE 400g



PRODUCT CODE: CANBO11U DIMENSION: L:7.5 x H:10.8 cms EAN13: 9339337003080 BOX QTY: 12 PC/CTN













RED ADZUKI BEANS IN WATER 400g

PRODUCT CODE: CANBO05U **DIMENSION:** L:7.5 x H:10.8 cms **EAN13:** 9339337003097 ITF14: 19339337003094 BOX QTY: 12 PC/CTN







PRODUCT CODE: CANB012U

**DIMENSION:** L:7.5 x H:10.8 cms **EAN13:** 9339337004278





CERTIFIED ORGANIC

**BROWN LENTILS IN WATER 400g** 

\$1.60

#### **CERTIFIED ORGANIC** PEELED SPLIT MUNG BEANS 500g



**PRODUCT CODE:** BEAN016 **DIMENSION:** L:15 x W:6 x H:22 cms EAN13: 9339337009341

ITF14: 19339337009348 BOX QTY: 10 PC/CTN







\$5.60

Chef's Choice Certified Organic Peeled Split Mung Beans are traditionally used in Asian and Indian dishes. They are a healthy and inexpensive addition to any diet. When cooked, mung beans can be eaten plain or with spices and vegetables.

# **CERTIFIED ORGANIC BLACK TURTLE BEANS 500g**



**PRODUCT CODE: BEAN004 DIMENSION:** L:16 x W:7.5 x H:22 cms **EAN13:** 9339337000256 ITF14: 19339337000253 BOX QTY: 10 PC/CTN







Black Turtle Beans are are known to have a few different names around the globe. They are used in a variety of dishes but are known to be a staple ingredient in Latin American cuisine. Because of their meaty texture, they frequently appear in classic dishes and work perfectly in stews, sauces, salads and side dishes!

#### **CERTIFIED ORGANIC GREEN SPLIT PEAS 500g**



**PRODUCT CODE:** BEAN023 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337302619 ITF14: 19339337302616







\$3.75

Chef's Choice Certified Organic Green Split Peas have a mild, earthy flavour, soft texture and are easy to prepare - no need to presoak. These tiny delicacies have nutritional benefits and are great to have as part of a healthy lifestyle. Delicious in soups,

stews, salads, curries, dahl or as a simple side dish.

#### **AUSTRALIAN ALL NATURAL CHICKPEA 500g**



**PRODUCT CODE: BEAN009 DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337002489

ITF14: 19339337002486 BOX QTY: 10 PC/CTN

**\$3.60** 



Chef's Choice All Natural Chickpeas are proudly grown in Australia and are a versatile ingredient of many dishes and cuisines. As they absorb a lot of flavour, they can be made into delicious dips like hummus or be added into a warm hearty soup, or simply add them

into your salads or side dishes for a boost of protein!

#### **CERTIFIED ORGANIC FOUR BEAN SALAD IN WATER 400g**



PRODUCT CODE: CANBOO1U DIMENSION: L:7.5 x H:10.8 cms EAN13: 9339337003103 ITF14: 19339337003100 BOX QTY: 12 PC/CTN









Vegan pop GMO Organic



**CERTIFIED ORGANIC RED SPLIT LENTILS 500g** 



**PRODUCT CODE: BEAN021 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337302626

ITF14: 19339337302623 BOX QTY: 10 PC/CTN







Chef's Choice Certified Organic Red Split Lentils are colourful and have a earthy, nutty flavour and aroma. They are simple and easy to use and provide a lot of nutritional value! Because of their versatility, they can be used in a variety of dishes and cuisines from

**CERTIFIED ORGANIC GREEN LENTILS 500g** 



**PRODUCT CODE: BEAN022 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337302633 ITF14: 19339337302630 \$4.75 BOX QTY: 10 PC/CTN







Chef's Choice Certified Organic Green Lentils are colourful and have a mild earthy flavour and nutty aroma. A perfect, hassle-free addition to any meal and is a must have in all kitchen cupboards. Lentils are easy to cook and contain plenty of nutritious benefits and is great as part of a healthy diet.

#### **CERTIFIED ORGANIC** FRENCH STYLE GREEN LENTILS 500g



**PRODUCT CODE:** BEAN015 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337008139 ITF14: 19339337008136 BOX QTY: 10 PC/CTN









Chef's Choice Certified Organic French Style Green Lentils have firm texture and an irresistible nutty taste. A dietary staple throughout in many regions, green lentils work perfectly as a healthy side dish. Perfect for salads, soup, curries, dahl and pilafs.

#### **AUSTRALIAN RED SPLIT LENTILS 1kg**



**PRODUCT CODE:** BEAN018 **DIMENSION:** L:16 x W:8 x H:21.5 cms EAN13: 9339337301230

ITF14: 19339337301237 \$4.10 BOX QTY: 10 PC/CTN







Chef's Choice Australian Red Split Lentils are the finest red lentils from local Australian farms with earthy flavours. They are simple and easy to add to your cooking and can provide additional nutritional value into dishes! Because of their versatility, they can be used in a variety of dishes and cuisines from around the world!

#### PETITE LENTILLE VERTE (SMALL GREEN LENTILS) - 500g



**PRODUCT CODE: BEAN006 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337000652 ITF14: 19339337000659 BOX QTY: 10 PC/CTN







Lentils have similar health benefits as common beans. Renowned for their deep nutty flavour and holding their shape when cooked. These lentils are perfect for salads or as a bedding for meat or fish

#### **AUSTRALIAN GREEN LENTILS 1kg**



PRODUCT CODE: BEAN019 **DIMENSION:** L:16 x W:8 x H:21.5 cms EAN13: 9339337301308

ITF14: 19339337301305 BOX QTY: 10 PC/CTN





Chef's Choice Green Lentils deliver the highest quality lentils for the most nutritious and delicious taste. With virtually no fat, low in calories and high in protein and fibre, this delicacy has been proven to lower cholesterol, increase energy and assist in weight loss. A perfect, hassle-free addition to any meal that is a must have in all kitchen cupboards.

#### **CERTIFIED ORGANIC BELUGA LENTILS 500g**



**PRODUCT CODE:** BEAN013 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337006500

ITF14: 19339337006507 BOX QTY: 10 PC/CTN

\$5.45







They are tiny black lentils with have a hearty, earthy flavour and soft texture. They are high in fibre, protein and nutrition making them perfect for vegetarian dishes and a great meat alternative. They can absorb different flavours making them great in stews, soups, and salads or served with rice.

73 CHEF'S CHOICE - LEGUMES CHEF'S CHOICE - LEGUMES 74



Our Chef's Choice dahls recipe have been developed by a qualified chef. Chef's Choice dahls are developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

#### **SOUTH INDIAN STYLE COCONUT DAHL 170g**



**PRODUCT CODE: SOUP005 DIMENSION:** L:12.5 x W:6 x H:23 cms EAN13: 9339337002816 ITF14: 19339337002813 BOX QTY: 15 PC/CTN \$4.15





#### SIMPLE DAHL 180g



**PRODUCT CODE:** SOUP003 **DIMENSION:** L:12.5 x W:6 x H:23 cms EAN13: 9339337002380 ITF14: 19339337002387 **BOX QTY:** 15 PC/CTN





#### **CURRY DAHL** 170g



**PRODUCT CODE: SOUP007 DIMENSION:** L:12.5 x W:6 x H:23 cms EAN13: 9339337002403 **ITF14:** 19339337002400 BOX QTY: 15 PC/CTN











#### **EXPRESS SPANISH SEASONED** PAELLA BOMBA RICE 200g



PRODUCT CODE: EXPL0002 **DIMENSION:** L:12.3 x W:6 x H:23 cms EAN13: 9339337003899 ITF14: 19339337003896 BOX QTY: 15 PC/CTN







## **CERTIFIED ORGANIC EXPRESS PERSIAN SPICED BASMATI RICE 200g**



**PRODUCT CODE: EXPL0001 DIMENSION:** L:12.5 x W:6 x H:23 cms EAN13: 9339337003882 ITF14: 19339337003889







It has been developed by a qualified chef to deliver the authentic flavour of Persian rice. The blend of saffron and Spanish paprika, that we have included, gives this rice a beautiful colour and presentation making it an excellent side dish to accompany any

\$4.25

#### **EXPRESS FOREST MUSHROOM RISOTTO 200g**



**PRODUCT CODE:** EXPL0003 **DIMENSION:** L:12.5 x W:6 x H:23 cms EAN13: 9339337003967 ITF14: 19339337003964





\$4.35

It has been developed by a qualified chef to deliver a delicious risotto with rich premium mushroom flavours. By using only the finest mushrooms sourced from around the world.

#### **EXPRESS PREMIUM SELECTED MOROCCAN COUSCOUS 200g**



**PRODUCT CODE:** EXPL0006 **DIMENSION:** L:12.5 x W:6 x H:23 cms EAN13: 9339337006593

ITF14: 19339337006590 BOX QTY: 15 PC/CTN

\$4.35





It has been developed by a qualified chef to deliver the authentic flavour of Morocco. The blend of saffron and Spanish paprika, that we have included, gives the couscous a beautiful colour and presentation making it an excellent side dish to accompany any

75 CHEF'S CHOICE - DAHL CHEF'S CHOICE - EXPRESS 76



#### **CERTIFIED ORGANIC WHITE BASMATI RICE 1kg**



**PRODUCT CODE: RICE041 DIMENSION:** L:17.5 x W:8 x H:26 cms EAN13: 9339337300172 ITF14: 19339337300179 BOX QTY: 10 PC/CTN



and curries.







Chef's Choice Certified Organic Basmati White Rice is an aromatic long grain white rice with a subtle nutty flavour and fine texture. Use Basmati rice as a perfect side dish with soups, stews, pilafs, casseroles

Chef's Choice Certified Organic Basmati Brown Rice is delightful not only for its flavour, but for its fragrance and texture. It is a delicious and healthy alternative to white rice. Basmati rice can be used in a variety of recipes such as biriyani, fried rice, pilafs, salads and stir-fries or served as a side dish with dahls, curries and other various main dishes.

#### **CERTIFIED ORGANIC BROWN BASMATI RICE 1kg**



**PRODUCT CODE: RICE039 DIMENSION:** L:19.5 x W:10 x H:24 cms EAN13: 9339337304859 ITF14: 19339337304856 BOX QTY: 10 PC/CTN







**\$6.45** 

#### **CERTIFIED ORGANIC JASMINE RICE 1kg**



**PRODUCT CODE: RICE054 DIMENSION:** L:16 x W:8 x H:22 cms EAN13: 9339337300462 ITF14: 19339337300469 BOX QTY: 10 PC/CTN







\$5.25

Chef's Choice Certified Organic Jasmine Rice is a fragrant, versatile, long grain rice with a nutty sweet flavour and soft texture. Perfect for rice dishes such as fried rice and pilafs or use as a side dish with soups, stews, casseroles and curries.

#### **CERTIFIED ORGANIC BASMATI AROMATIC RICE 500g**



PRODUCT CODE: RICE040 **DIMENSION:** L:16 x W:7 x H:23 cms **EAN13:** 9339337003783 ITF14: 19339337003780 BOX QTY: 10 PC/CTN









**\$4.10** 

It is delightful not only for its flavour, but for its fragrance. Basmati rice is a unique species of rice originating from India and it has its own special aroma. Basmati is excellent for keeping your system in good health.

#### **CERTIFIED ORGANIC BROWN RICE MEDIUM-GRAIN 500g**



**PRODUCT CODE: RICE002 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337000577 ITF14: 19339337000574 BOX QTY: 10 PC/CTN









Chef's Choice Certified Organic Red Rice is a whole grain, medium rice that has a great aroma and nutty flavour. It can be served as a side dish with a variety of foods or it can be incorporated into risotto and other mixed rice dishes as well. It is considered a healthy staple for people of all ages for its nutritious values and health benefits.

#### **ARBORIO RICE 500**g



**PRODUCT CODE: RICE006 DIMENSION:** L:15 x W:6 x H:22 cms EAN13: 9339337304187 ITF14: 19339337304184 BOX QTY: 10 PC/CTN







Chef's Choice Arborio Rice is an oval shaped, medium to long grain rice, which develops a creamy texture and nutty fl avour whilst cooking. It has the ability to absorb a lot of cooking liquid and is an excellent choice for risotto dishes but can also be used in Spanish paellas or other creamy Mediterranean recipes, soups and rice puddings.

77 CHEF'S CHOICE - RICE CHEF'S CHOICE - RICE 78

#### **WILD RICE** 150g



**PRODUCT CODE: RICE020 DIMENSION:** L:10 x W:4 x H:20.5 cms **EAN13:** 9339337001482

ITF14: 19339337001489 **BOX QTY:** 15 PC/CTN

Grade A Wild Rice is known as Extra-Fancy, Grade A Wild Rice has dark, glossy grains in varying lengths that turn a deep brown colour when cooked. Cultivated in Minnesota, this wild rice offers a heady, roasted flavour.

ARROZ BOMBA SPANISH PAELLA RICE

1kg

**PRODUCT CODE: RICE014** 

EAN13: 9339337301353

**ITF14:** 19339337301350

BOX QTY: 10 PC/CTN

**DIMENSION:** L:19.6 x W:10.7 x H:23.5 cms

#### **ARROZ LA MARJAL SPANISH PAELLA RICE 500g**



**PRODUCT CODE: RICE011 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001444

ITF14: 19339337001441 BOX QTY: 10 PC/CTN





As with any Spanish rice dish, it's extremely important to start with the right rice. While not quite as premium as our 'Bomba' rice, which should be considered the finest in Spain, our 'La Marjal' rice is still very good rice. When it cooked, the grains remain separate and do not stick together.

## ARROZ BOMBA SPANISH PAELLA RICE 500g



PRODUCT CODE: RICE010 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337001413 ITF14: 19339337001410 **BOX QTY:** 10 PC/CTN **\$6.10** 





Chef's Choice Arroz Bomba Spanish Paella Rice is the best rice for paella. Bomba absorbs three times its volume in broth and remains firm and delicious which means it is able to absorb more succulent flavours making your paella recipe even more special. When cooked, the grains remain separate and do not stick together. Bomba is the rice prized by chefs in Spain; it's the best of the best.

#### **CERTIFIED ORGANIC** BLACK RICE 500g



PRODUCT CODE: RICE042 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337004094

ITF14: 19339337004091

BOX QTY: 10 PC/CTN









Chef's Choice Certified Organic Black Rice has a sweet, alluring aroma with a nutty taste, soft texture and a striking colour, sure to be the wow factor in any dish. Black rice was considered an indulgence, but we now bring to you wholesome rice that can be enjoyed everyday in many different ways. It can be used in salads, as a side dish, paired with your main or be enjoyed as a pudding for your dessert. There are so many ways to enjoy this nutritious rice.

#### **CARNAROLI RISOTTO RICE** 500g



**PRODUCT CODE: RICE005 DIMENSION:** L:15 x W:6 x H:22 cms EAN13: 9339337004643 ITF14: 19339337004640 BOX QTY: 10 PC/CTN

### **CARNAROLI RISOTTO RICE** 1kg



**PRODUCT CODE:** RICE052 **DIMENSION:** L:19.6 x W:10.7 x H:23.5 cms EAN13: 9339337009327

ITF14: 19339337009324 BOX QTY: 10 PC/CTN





Chef's Choice Carnaroli Risotto Rice is a superior medium grain Italian rice and is also known as 'king of rices'. It is highly prized by chefs across the world for its creamy and delicious texture and intense flavour. Carnaroli Rice is also great for paella, sushi, puddings or salads and can be prepared like traditional rice.

**79 CHEF'S CHOICE** - RICE CHEF'S CHOICE - GRAIN 80



Our Chef's Choice Certified Organic Quinoa is an ancient superfood that contains more nutritional benefits and essential amino acids than any other seed. Quinoa can easily be cooked just like rice as it has a light, fluffy texture and slightly nutty flavour when cooked. This versatile ingredient can be added to any meal or recipe. Try in bread, muffins, cakes, yoghurt, soup or salad.

#### **CERTIFIED ORGANIC** WHITE QUINOA

\$7.75 \$7.05



PRODUCT CODE: QUINOA003 **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337000201 ITF14: 19339337000208 **BOX QTY:** 10 PC/CTN

PRODUCT CODE: QUINOA013 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003875 **ITF14:** 19339337003872 BOX QTY: 10 PC/CTN



# **CERTIFIED ORGANIC RED QUINOA**

\$7.05



#### **500**q

PRODUCT CODE: QUINOA004 **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337000218 **ITF14:** 19339337000215 BOX QTY: 10 PC/CTN

PRODUCT CODE: QUINOA001 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337004858 ITF14: 19339337004855 BOX QTY: 10 PC/CTN





500g



PRODUCT CODE: QUINOA002

**DIMENSION:** L:16 x W:7.5 x H:23 cms

PRODUCT CODE: QUINOA007

EAN13: 9339337001475

ITF14: 19339337001472

EAN13: 9339337005152

ITF14: 19339337005159

BOX QTY: 10 PC/CTN

BOX QTY: 10 PC/CTN

**DIMENSION:** L:16 x W:7 x H:23 cms



**CERTIFIED ORGANIC** 

**BLACK QUINOA** 

\$8.55

#### **CERTIFIED ORGANIC** 3 MIX QUINOA 500g

\$7.05



PRODUCT CODE: QUINOA006 **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337000706 ITF14: 19339337000703 BOX QTY: 10 PC/CTN







### **CERTIFIED ORGANIC** 3 MIX QUINOA 1kg



PRODUCT CODE: QUINOA009 **DIMENSION:** L:19 x W:11 x H:25 cms EAN13: 9339337004865 ITF14: 19339337004862

BOX QTY: 10 PC/CTN \$9.70







Chef's Choice Certified Organic Quinoa Flakes are made with 100% organic quinoa and has a delicious nutty flavour. Quinoa flakes are nutritious and are a great alternative to rolled oats and wheat. They can be added to breakfast cereals and muesli, or cooked into a delicious and nutritious porridge.

#### **CERTIFIED ORGANIC QUINOA FLAKES 300g**

\$5.55



**PRODUCT CODE: QUINOA018 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337004070 ITF14: 19339337004077 BOX QTY: 10 PC/CTN







Chef's Choice Certified Organic Quinoa Flakes are made with 100% organic quinoa and has a delicious nutty flavour. Quinoa flakes are nutritious and are a great alternative to rolled oats and wheat. They can be added to breakfast cereals and muesli, or cooked into a delicious and nutritious porridge.

**81 CHEF'S CHOICE - QUINOA** CHEF'S CHOICE - QUINOA 82



#### **CERTIFIED ORGANIC BUCKWHEAT KERNELS 500g**



**PRODUCT CODE:** BUCKWHEAT004 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001161 ITF14: 19339337001168 BOX QTY: 10 PC/CTN \$5.00





### **CERTIFIED ORGANIC BUCKWHEAT KERNELS 1kg**



PRODUCT CODE: BUCKWHEAT007 **DIMENSION:** L:16 x W:3.5 x H:28 cms EAN13: 9339337007651 ITF14: 19339337007658 BOX QTY: 10 PC/CTN \$6.75







Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy flavor. It's most commonly ground into a dark, gritty flour and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and

#### **CERTIFIED ORGANIC** POPPING CORN 500g



PRODUCT CODE: CORN004 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001178 ITF14: 19339337001175 BOX QTY: 10 PC/CTN







Did you know that popcorn is one of the healthiest, and tastiest, snacks around? It's a whole grain food that's low in calories and fat and it's a complex carbohydrate. Popcorn is also high in fibre and 100% natural.

#### PREMIUM SELECTED AUSTRALIAN ROASTED FREEKEH WHOLE GRAIN 500g



PRODUCT CODE: FREEKEH003U **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337007941

ITF14: 19339337007948 BOX QTY: 10 PC/CTN







It is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles

#### PREMIUM SELECTED AUSTRALIAN **ROASTED FREEKEH CRACKED 500g**



PRODUCT CODE: FREEKEH004U **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337007934 ITF14: 19339337007931 BOX QTY: 10 PC/CTN







\$4.30

It is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.

**83** CHEF'S CHOICE - GRAIN CHEF'S CHOICE - GRAIN 84

\$4.00

#### **CERTIFIED ORGANIC HULLED MILLET 500g**



**PRODUCT CODE: MILLET002 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001246

ITF14: 19339337001243 BOX QTY: 10 PC/CTN





\$4.05

Millet is highly nutritious, non-glutinous and like buckwheat and quinoa, is not an acid forming food so is soothing and easy to digest. In fact, it is considered to be one of the least allergenic and most digestible grains available and it is a warming grain so will help to heat the body in cold or rainy seasons and climates.

#### **CERTIFIED ORGANIC PEARL BARLEY 500**q



**PRODUCT CODE: BARLEY003 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001604 ITF14: 19339337001601 **BOX QTY:** 10 PC/CTN







\$3.75

Add to soups and casseroles (may need to pre-cook). Cook together with rice or as a rice substitute or Precook and add to baked goods. - To make a porridge. Add to soups (traditionally beef or vegetable) and casseroles and cook and serve as a simple side dish

#### **PREMIUM SELECTED BLACK BARLEY 500g**



**PRODUCT CODE: GRAIN001 DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337006678 ITF14: 19339337006675 BOX QTY: 10 PC/CTN







\$6.09

Delicious grain that is highly nutritious and contains a high amount of protein and fibre. Perfect addition to a range of breakfast cereals, mueslis and granolas and also tastes great when combined with yummy soups, stews and breads. It is also a great substitute for rice when used in risottos

#### **CERTIFIED ORGANIC** YELLOW POLENTA 500g



**PRODUCT CODE:** POLE002 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003189 ITF14: 19339337003186 BOX QTY: 10 PC/CTN







\$4.05

Chef's Choice Certified Organic Yellow Polenta is made by grinding corn and has a rich yellow colour with a slightly sweet flavour. Polenta is a staple ingredient in Italian households and can be cooked to be creamy and thick or allowed to set and then sliced. Polenta is an easy and delicious way to enjoy a healthy hearty meal and uncooked polenta can be used as an alternative to flour in cakes, biscuits and pastries too!

#### **AUSTRALIAN ROASTED FARRO 500g**



**PRODUCT CODE: RICE032 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001918 ITF14: 19339337001915 BOX QTY: 10 PC/CTN







\$5.50

# **ROASTED FARRO 1kg**

**AUSTRALIAN** 



**PRODUCT CODE: RICE033 DIMENSION:** L:19.6 x W:10.7 x H:23.5 cms EAN13: 9339337006890

ITF14: 19339337006897 BOX QTY: 10 PC/CTN







\$8.80

Chef's Choice Roasted Farro is a delicious, highly nutritious grain made from roasted green wheat. It is 100% natural therefore it is free from any additives, it is low GI and low in carbohydrates. This product has a fine nutty flavour and is very easy to cook, making it a perfect ingredient to use in a variety of dishes. As it is a good source of protein and fibre, adding this to your diet is a simple and delicious way to be nutritious. An absolute delight for use in salads, soups, as a side dish, or as a substitute for pasta and rice. Enjoy this superfood with your family for your healthy life!

#### **CERTIFIED ORGANIC PSYLLIUM HUSK 250g**



**PRODUCT CODE:** PSY002 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337007408

ITF14: 19339337007405 BOX QTY: 10 PC/CTN







\$6.10+GST

It comes from the Psyllium seeds and is an excellent source of dietary fibre and helps maintain a healthy digestive system. They're used to relieve constipation, irritable bowel syndrome and diarrhoea. Psyllium husk is odourless and almost tasteless so they can be added to juice, water and smoothies, sprinkled on cereals or used in baking.

#### PREMIUM SELECTED **MOGHRABIEH COUSCOUS 500g**



**PRODUCT CODE: COUSCOUS018 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337005039 ITF14: 19339337005036

BOX QTY: 10 PC/CTN





\$3.60

It is the Lebanese equivalent of couscous. Moghrabieh is used in many traditional Middle-Eastern and Arabian dishes. It can be incorporated into tagines for a hearty and flavoursome final dish.

#### **CERTIFIED ORGANIC** FRENCH WHOLE WHEAT COUSCOUS 500g



**PRODUCT CODE:** COUSCOUS005 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337000676

ITF14: 19339337000673 BOX QTY: 10 PC/CTN







\$4.00

Chef's Choice Certified Organic French Whole Wheat Couscous is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with.

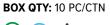
**85** CHEF'S CHOICE - GRAIN CHEF'S CHOICE - GRAIN 86

#### TRICOLOUR ISRAELI **PEARL COUSCOUS 500g**



PRODUCT CODE: COUSCOUS022 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337007781

ITF14: 19339337007788





It has a slightly chewy texture and nutty flavour. Like other couscous, it takes on flavours easily and suitable to many dishes so you can create various desired flavours using herbs and seasonings!

#### FRENCH ORIGINAL GOURMET COUSCOUS 500g



PRODUCT CODE: COUSCOUS002 **DIMENSION:** L:16 x W:7.5 x H:23 cms **EAN13:** 9339337000485

ITF14: 19339337000482

**BOX QTY:** 10 PC/CTN





Chef's Choice French Original Gourmet Couscous is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the fl avour of the liquid that you pair it with.

#### **ISRAELI PEARL** COUSCOUS 500g



**PRODUCT CODE: COUSCOUS012 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001925 **ITF14:** 19339337001922 **BOX QTY:** 10 PC/CTN

flavours using herbs and seasonings!





#### **ISRAELI PEARL COUSCOUS 1kg**



**PRODUCT CODE: COUSCOUS023 DIMENSION:** L:13 x W:5 x H:27 cms EAN13: 9339337004834 ITF14: 19339337004831 BOX QTY: 10 PC/CTN



It is tiny, round, toasted that has a slightly chewy texture, and because it's toasted, it has a slightly nutty flavour too. Like other couscous, this takes on flavours easily and adapts well to many dishes so you can create your desired

#### **ISRAELI WHOLE WHEAT PEARL** COUSCOUS 500g



**PRODUCT CODE: COUSCOUS013 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001932 ITF14: 19339337001939 BOX QTY: 10 PC/CTN





It is a tiny, round, toasted variety of pasta that has a chewy texture with a slightly nutty flavour. Like other couscous, it absorbs flavours easily and can be used as a bed for stew, meat or vegetables or add it to soups, salads, pilafs and more!

**\$4.70** 

#### **CERTIFIED ORGANIC CHICKPEA COUSCOUS 500g**



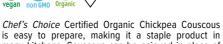
PRODUCT CODE: COUSCOUS029 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337303272

ITF14: 19339337303279 BOX QTY: 10 PC/CTN









**\$6.40** 

is easy to prepare, making it a staple product in many kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with.

#### **CERTIFIED ORGANIC** 5 EARTH BLEND 500g



**PRODUCT CODE: RICE035 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337006579 ITF14: 19339337006576

BOX QTY: 10 PC/CTN \$5.50







#### **ALL NATURAL SOUP MIX 5 BLEND 500g**



**PRODUCT CODE:** SOUP015 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337008368 ITF14: 19339337008365

BOX QTY: 10 PC/CTN \$3.75





It is made from a quality blend of ingredients. We've combined pearl barley, green and yellow split peas and lentils to produce a hearty and nutritious soup filled with fibre and protein that tastes great.

#### **ALL NATURAL SOUP MIX 7 BLEND - GRAIN FREE 500g**



**PRODUCT CODE:** SOUP016 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337008375

ITF14: 19339337008372 **BOX QTY:** 10 PC/CTN

\$3.75





It is made from quality assortment of beans, split peas and lentils. This hearty and flavoursome blend is nutritious, grain free and 100% natural.

#### **JADE MIX** 500g



**PRODUCT CODE: RICE025 DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337001536 ITF14: 19339337001533

BOX QTY: 10 PC/CTN





\$5.50

Chef's Choice All Natural Jade Mix is a balanced blend of East and West. It is made up of fragrant bamboo rice, roasted farro, basmati rice, colourful split yellow peas, earthy green lentils and red quinoa. It has an aromatic flavour that matches well with many exotic dishes.

87 CHEF'S CHOICE - COUSCOUS CHEF'S CHOICE - COUSCOUS 88



PREMIUM OYSTER SAUCE 300ml



PRODUCT CODE: SAUCE048U DIMENSION: L:6.3 x H:18.7 cms EAN13: 9339337007576 ITF14: 19339337007573 BOX QTY: 12 PC/CTN



Chef's Choice Oriental Premium Oyster Sauce is an essential ingredient in Asian cooking. This all-purpose seasoning sauce enhances the flavour and appearance of any dish. Great as a dip or use for stir fries and marinades on meat, fish or vegetables.

PREMIUM HOISIN SAUCE 300ml



PRODUCT CODE: SAUCE049U DIMENSION: L:6.3 x H:18.7 cms EAN13: 9339337007583 ITF14: 19339337007580 BOX QTY: 12 PC/CTN



Chef's Choice Oriental Premium Hoi Sin Sauce is an essential ingredient in Asian cooking. This versatile sauce can be used as a marinade on chicken, seafood and beef or on stir-fries with vegetables. It can also be used as a dipping sauce on Peking duck and springs rolls.

PREMIUM FISH SAUCE 300ml



PRODUCT CODE: SAUCE047U DIMENSION: L:5.8 x H:22.7 cms EAN13: 9339337007569 ITF14: 19339337007566 BOX QTY: 12 PC/CTN



Chef's Choice Oriental Premium Fish Sauce is a great way to pack flavour into your Asian dishes. Blends well with vegetables, seafood, chicken or beef and can be used for stir-fries, salad dressings, dipping sauces and more.

PREMIUM SUSHI KIT 550g



\$11.50 +GST



PRODUCT CODE: SUSHI001 DIMENSION: L:25 x W:71 x H:66 cms EAN13: 9339337304842 ITF14: 19339337304849 BOX QTY: 8 PC/CTN



Chef's Choice Premium Sushi Kit contains all the ingredients you need to make the perfect big sushi rolls or mini sushi rolls. With the addition of a few fresh ingredients, you will soon be enjoying quality sushi rolls in your own home.

89 CHEF'S CHOICE - ORIENTAL SAUCE & SUSHI KIT 90



**CERTIFIED ORGANIC** SOY SAUCE 250ml



\$4.13



**PRODUCT CODE:** KJP0112 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307676 ITF14: 19339337307673 **BOX QTY:** 12 PC/CTN





Kura Certified Organic Premium Soy Sauce is naturally fermented from organic soya beans with the traditional brewing and flavour of Japan! An authentic soy sauce that is just perfect for everyday use to enhance all your

**CERTIFIED ORGANIC GLUTEN FREE SOY SAUCE 250ml** 



**PRODUCT CODE:** KJP0114 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307669 ITF14: 19339337307666 BOX QTY: 12 PC/CTN







Kura Certified Organic Gluten-Free Soy Sauce is natural and traditionally fermented from organic soya beans, whilst especially made gluten-free! This authentic Japanese soy sauce is perfect in simmered dishes, stir fry, marinades, salad dressings and more!

**CERTIFIED ORGANIC REDUCED SALT SOY SAUCE 250ml** 



**PRODUCT CODE: KJP0113 DIMENSION:** L:6 x H:20 cms EAN13: 9339337307645 ITF14: 19339337307642 BOX QTY: 12 PC/CTN







Kura Certified Organic Reduced Salt Soy Sauce is natural and traditionally fermented from organic soya beans, whilst perfect for a low sodium preference with no loss of authenticity. Just perfect in simmered dishes, stir fry, marinades, salad dressings and more!

#### PREMIUM **TERIYAKI SAUCE 250ml**



PRODUCT CODE: KJP010 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307720 ITF14: 19339337307727 BOX QTY: 12 PC/CTN





Kura Premium Teriyaki Sauce has a nice balance of sweet and salty flavours, making it perfect to use as a marinade for meats or as a sauce base for stir fries. With no added preservatives, you can enjoy this flavourful sauce that will bring a rich taste to your favourite dishes.

#### **PREMIUM PONZU CITRUS SAUCE 250ml**

\$3.75



**PRODUCT CODE:** KJP0110 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307638 ITF14: 19339337307635 BOX QTY: 12 PC/CTN



Kura Premium Ponzu Citrus Sauce is the perfectly flavoured citrusy and tangy condiment, giving a light and delicate taste when used as a dipping sauce or marinade. This essential Japanese staple is the absolute pair for gyoza, meats, fish and veggies for that punchy, refreshing flavour.

#### **CERTIFIED ORGANIC TAMARI SOY SAUCE 250ml**



\$3.15



**PRODUCT CODE:** KJP0103 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307195 ITF14: 19339337307192 BOX QTY: 12 PC/CTN









Kura Certified Organic Tamari Soy sauce is naturally fermented from organic soya beans; the traditional processing and authentic Japanese style soy sauce! Naturally gluten and wheat-free; its exquisite flavour is

highly enjoyed to enhance sauces, marinades, stir fry, and any dishes you please!

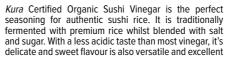
#### **CERTIFIED ORGANIC** SUSHI VINEGAR 250ml



**PRODUCT CODE: KJP0102 DIMENSION:** L:6 x H:20 cms EAN13: 9339337307201 ITF14: 19339337307208 BOX QTY: 12 PC/CTN







in stir fry, salad dressings and marinades.

## PREMIUM MIRIN 250ml

\$3.77



**PRODUCT CODE:** KJP0111 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307621 ITF14: 19339337307628 BOX QTY: 12 PC/CTN



Kura Mirin has a uniquely sweet and slightly tangy flavour. Cook it with a saltier base, and you'll have the key to that distinct umami flavour in Japanese cuisine! Create beautiful fusions in all your favourite simmered dishes, soups, salads and more.

#### **CERTIFIED ORGANIC RICE VINEGAR 250ml**



PRODUCT CODE: KJP0101 **DIMENSION:** L:6 x H:20 cms EAN13: 9339337307218 ITF14: 19339337307215 BOX QTY: 12 PC/CTN







**91 KURA** - JAPANESE SAUCE **KURA** - JAPANESE SAUCE **92**  **WASABI PASTE** 43g

\$2.40



**PRODUCT CODE: KJP0106 DIMENSION:** L:3.8 x W:2.7 x H:14.5 cms **EAN13:** 9339337307171

ITF14: 19339337307178 (Inner Carton)

BOX QTY: 10 PC/CTN

**PRODUCT CODE:** KJP016

EAN13: 9339337308093

ITF14: 19339337308090

**BOX QTY:** 10 PC/CTN

with any Japanese dishes.

**DIMENSION:** L:15 x W:7 x H:22 cms

Kura Short Grain Sushi Rice is a premium grade

Japanese style short grain rice. When cooked, this

rice has a great consistency, making it easy to eat with

chopsticks and ideal for all types of sushi or simply



Kura Wasabi Paste has the unique Japanese flavour of Wasabi Japonica. This mildly spicy horseradish condiment is enjoyed with sushi, sashimi or added for extra flavour to salads, dressings and dips.

JAPANESE STYLE

**SUSHI RICE 500**q

#### **BAMBOO SUSHI MAT** 24 x 24 cms

\$1.50 + GST



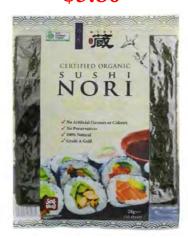
**PRODUCT CODE:** KJP002 **DIMENSION:** L:6.8 x W:1.2 x H:27.5 cms EAN13: 9339337305795 ITF14: 29339337305799 (Tray case) BOX QTY: 10 PC/CTN

Kura Bamboo Sushi Mat is made of the highest quality bamboo, simply used to create beautiful homemade sushi.

**JAPANESE STYLE** 

#### **CERTIFIED ORGANIC** SUSHI NORI 28g

\$3.80



**PRODUCT CODE:** KJP0100 **DIMENSION:** L:20 x W:0.2 x H:25.5 cms **EAN13:** 9339337305658 ITF14: 29339337305652 (Inner Carton) BOX QTY: 12 PC/CTN







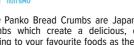
Kura Certified Organic Sushi Nori is of the highest quality you can buy; classifying as Grade A Gold. Its quality is shown in its dark colour, inhibiting a smooth and rich taste; truly reflecting the flavour of authentic Japanese Nori. Perfect for sushi, handrolls and simply eating as-is! Undeniably delicious!

#### **JAPANESE STYLE TEMPURA BATTER MIX 350g**



**PRODUCT CODE:** KJP017 **DIMENSION:** L:15 x W:6 x H:23 cms EAN13: 9339337308109 ITF14: 19339337308106 \$3.00 BOX QTY: 10 PC/CTN





Kura Panko Bread Crumbs are Japanese style bread crumbs which create a delicious, crispy and light coating to your favourite foods as they absorb less oil than ordinary bread crumbs. It is the perfect coating for chicken, fish, seafood, meat and vegetables.



**PRODUCT CODE:** FLOUR048 **DIMENSION:** L:15 x W:7 x H:22 cms EAN13: 9339337308116 ITF14: 19339337308113 BOX QTY: 10 PC/CTN



Kura Japanese Style Tempura Batter Mix enhances your fried foods with a golden coating that appears light and delicate. With this mix, you'll be able to make greattasting tempura for all of your recipes such as seafood, fish, meat and vegetables.

#### **SEAWEED FURIKAKE SEASONING 85**q

\$3.64



**PRODUCT CODE:** KJP0126 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337307966 ITF14: 19339337307963 BOX QTY: 12 PC/CTN





Kura Authentic Seaweed Furikake is an authentic Japanese style seasoning that has been specially formulated by a Japanese Chef. Seaweed Furikake can be enjoyed by sprinkling over rice, eggs, salads, or meats to add texture and give an umami taste to

#### **SUSHI GINGER NATURAL** 190g

\$3.45



**PRODUCT CODE: KJP0108 DIMENSION:** L:6.6 x H:8 cms EAN13: 9339337307133 ITF14: 19339337307130 BOX QTY: 12 PC/CTN







#### **BONITO FURIKAKE SEASONING 80g**

\$3.64



**PRODUCT CODE:** KJP0127 **DIMENSION:** L:5 x H:16.5 cms EAN13: 9339337307959 ITF14: 19339337307956 BOX QTY: 12 PC/CTN



Kura Authentic Furikake Seasoning Bonito is an authentic Japanese style seasoning that has been specially formulated by a Japanese Chef. Bonito Furikake can be enjoyed by sprinkling over rice, eggs, salads, or meats to enhance flavour and add an umami flavour to any dish.

190g

Kura Japanese style roasted sesame dressing complements any dish you wish to add it to. From salads, to tofu, to cooked vegetables, meat and fish. It's a must for every pantry!

**ROASTED SESAME DRESSING** 

220ml

OASTED SESAM DRESSING

**PRODUCT CODE:** KJP029

EAN13: 9339337308369

ITF14: 19339337308366

BOX QTY: 12 PC/CTN

**DIMENSION:** L:5.2 x H:18.3 cms

\$3.69

# **SUSHI GINGER PINK**

\$3.45



**PRODUCT CODE: KJP0107 DIMENSION:** L:6.6 x H:8 cms EAN13: 9339337307140 ITF14: 19339337307147 BOX QTY: 12 PC/CTN







# **DASHI TSUYU** 300ml



**PRODUCT CODE: KJP031 DIMENSION:** L:6.6 x H:17.7 cms EAN13: 9339337308406 ITF14: 19339337308403 BOX QTY: 12 PC/CTN





Kura Dashi Tsuyu is a delicious, vegan friendly sauce with dashi (soup stock) made from shiitake mushroom and kombu (kelp). Tsuyu adds extra umami flavour to Japanese cooking and nicely complements noodles, soups, donburi, tempura, teriyaki and much more.

93 KURA - SUSHI ESSENTIAL KURA - JAPANESE ESSENTIAL **94**  SRIRACHA HOT CHILI SAUCE 455ml

\$6.10

SRIRACHA HOT CHILI SAUCE 730ml

\$7.60

**PRODUCT CODE: SRI008 DIMENSION:** L:6.5 x H:22.5 cms **EAN13:** 8853662056012 ITF14: 8853662058016 BOX QTY: 12 PC/CTN

**PRODUCT CODE: SRI007 DIMENSION:** L:7.5 x H:24.5 cms EAN13: 8853662056029

BOX QTY: 12 PC/CTN





SRIRACHA SAUCE 740ml



PRODUCT CODE: KJP032 DIMENSION: L:8 x H:25.5 cms EAN13: 9339337300967 ITF14: 19339337300964 (Inner Carton)

**BOX QTY:** 8 PC/CTN



Kura Sriracha Sauce is ready to add to all your favourite foods. Enjoy the hot and tangy fl avours of this versatile condiment

#### SRIRACHA MAYO CHILLI SAUCE 455ml



**PRODUCT CODE: SRI005 DIMENSION:** L:6.7 x H:22 cms EAN13: 8853662056661 ITF14: 19324807002233 BOX QTY: 6 PC/CTN





#### HARISSA HOT CHILLI PASTE 70g



**PRODUCT CODE:** SAUCE024 **DIMENSION:** L:4 x W:3 x H:16 cms EAN13: 6194000210058 ITF14: 36194000210059 BOX QTY: 24 PC/CTN

#### HARISSA HOT CHILLI PASTE 140g



PRODUCT CODE: SAUCE023 **DIMENSION:** L:5 x W:4 x H:18.5 cms **EAN13:** 6194000240222 ITF14: 36194000240223 BOX QTY: 24 PC/CTN



# **CHILLI THREADS 50**g



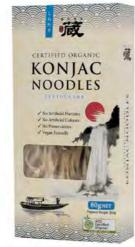
PRODUCT CODE: CHIL002U **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337010309 ITF14: 19339337010306 BOX QTY: 10 PC/CTN





#### **CERTIFIED ORGANIC KONJAC NOODLES FETTUCCINE 80g**

\$3,45



PRODUCT CODE: KJP0109 **DIMENSION:** L:9 x W:2.5 x H:19 cms EAN13: 9339337307225 ITF14: 19339337307222 BOX QTY: 8 PC/CTN











These Konjac Noodles are made from an all-natural vegetable Konjac-mannan; a water-soluble dietary fibre that has been a traditional staple in Japan for hundreds of years. Proven to be beneficial for aiding digestion, it's low in carbohydrates and is just simply the perfect noodles to enjoy all your favourite noodle dishes!

#### **CERTIFIED ORGANIC** WHITE SESAME SEEDS HULLED 60g



PRODUCT CODE: KJP011 **DIMENSION:** L:3.9 x H:11.3 cms EAN13: 9339337307935 ITF14: 19339337307932 BOX QTY: 12 PC/CTN







Kura Certified Organic Sesame Seeds - Hulled are full of flavour which add a nutty, natural freshness to any meal. Perfect addition for baking recipes, making dip, sprinkled on salads or added to stir-fries.

#### **CERTIFIED ORGANIC BLACK SESAME SEEDS ROASTED 60g**

**\$4.13** 



**PRODUCT CODE:** KJP012 **DIMENSION:** L:3.9 x H:11.3 cms EAN13: 9339337307942 ITF14: 19339337307949 BOX QTY: 12 PC/CTN





Kura Certified Organic Black Roasted Sesame Seeds are small seeds that add a delicious, nutty taste to any meal. Add to smoothies, cereal and baking recipes or sprinkle over your salads, curries, stir fries and vegetables.

#### **CERTIFIED ORGANIC MATCHA POWDER 100g**

\$10.15



**PRODUCT CODE:** KJP048 **DIMENSION:** L: 7.8 x H: 7.2 cms EAN13: 9339337308352 ITF14: 19339337308359 BOX QTY: 08 PC/CTN









Kura Certifi ed Organic Matcha is green tea in its most aromatic form. Ground from the fi nest tea leaves, it inherits a vibrant green colour and smooth, authentic taste from Japan, creating a delicious drink or a perfect addition to your favourite bakes, dressings and sauces.

95 KURA - CHILLI AND SAUCES KURA - JAPANESE ESSENTIAL 96



**CERTIFIED ORGANIC** MISO PASTE SHIRO 200g

\$4.00



**PRODUCT CODE: KJP0105 DIMENSION:** L:6 x H:10 cms EAN13: 9339337307157 ITF14: 19339337307154 **BOX QTY:** 12 PC/CTN





Kura Certified Organic Miso Paste Shiro has a beautifully rich umami flavour with soft sweet tones. Consisting of enzymes that aid digestion, it also tenderised meats and fish, and further enjoyed to make soups, dressings, and dipping sauces.

#### SHICHIMI TOGARASHI **JAPANESE 7 SPICES BLEND 50g**

\$3.90



**PRODUCT CODE:** KJP009 **DIMENSION:** L:3.9 x H:11.3 cms EAN13: 9339337307591 ITF14: 19339337307598 (Inner Carton) BOX QTY: 12 PC/CTN



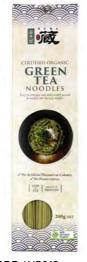




Kura Shichimi Togarashi is the traditional staple of Japanese cuisine. The perfect trifecta of flavour-heat. citrus and umami is a killer addition to any dishes you please, including all soup, noodle dishes, roast veggies, meats and snacks!

#### **CERTIFIED ORGANIC GREEN TEA NOODLES 200g**

\$4.35



PRODUCT CODE: KJP013 **DIMENSION:** L:7 x W:2 x H:26.5 cms **EAN13:** 9339337302152 ITF14: 19339337302159 (Inner Carton) ITF14: 29339337302156 (Outer Carton)







Kura Certified Organic Green Tea Noodles are made with the highest quality green tea powder and Australian organic wheat flour. Free from artificial colouring, flavours and preservatives, these noodles can be enjoyed guilt free. These noodles can be enjoyed hot or cold, in soups, salads, in stir fried dishes or alone with a light dipping sauce.

#### **CERTIFIED ORGANIC RICE CRACKERS BROWN RICE**

\$2.10

#### CERTIFIED ORGANIC RICE CRACKERS **CHEESE AND ONION**

\$2.10

#### **CERTIFIED ORGANIC RICE CRACKERS ORIGINAL WHITE RICE**

\$2.10







**PRODUCT CODE:** KJP036 **DIMENSION:** L:5 x W:26 x H:8 cms EAN13: 9339337308529 ITF14: 19339337308526





**BOX QTY:** 12 PC/CTN



PRODUCT CODE: KJP037 **DIMENSION:** L:5 x W:26 x H:8 cms EAN13: 9339337308567 ITF14: 19339337308564 **BOX QTY:** 12 PC/CTN







**PRODUCT CODE: KJP038 DIMENSION:** L:5 x W:26 x H:8 cms EAN13: 9339337308543 ITF14: 19339337308540 **BOX QTY:** 12 PC/CTN





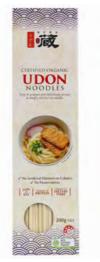




Kura Rice Crackers are Australian Certified Organic and stored in our BRC Certified facility for our customers who appreciate high quality and safe food ingredients. Enjoy them with your favourite dips, cheese or straight from the packet for a snacking!

#### **CERTIFIED ORGANIC UDON NOODLES 200g**

\$4.35



**PRODUCT CODE:** KJP018 **DIMENSION:** L:7 x W:2 x H:26.5 cms **EAN13:** 9339337305689

ITF14: 19339337305686 (Inner Carton) ITF14: 29339337305683 (Outer Carton)







Kura Certified Organic Udon Noodles are made with the highest quality Australian organic wheat flour. It is enriched with proteins and fibre with no artificial colours and flavours. These soft and slightly chewy noodles can be served hot or cold for a variety of hearty and authentic Japanese dishes.

#### **CERTIFIED ORGANIC RAMEN NOODLES 200g**

\$4.35



**PRODUCT CODE:** KJP014 **DIMENSION:** L:7 x W:2 x H:26.5 cms

EAN13: 9339337305733 ITF14: 19339337305730 (Inner Carton) ITF14: 29339337305737 (Outer Carton)

**BOX QTY: 24 PC/CTN** 





Kura Certified Organic Ramen Noodles are made with the highest quality Australian organic wheat flour. It is enriched with proteins and fibre with no artificial colours and flavours. These soft and slightly chewy noodles can be served hot or cold for a variety of hearty and authentic Japanese dishes.

#### **CERTIFIED ORGANIC SOBA NOODLES 200g**

\$4.35



**PRODUCT CODE:** KJP015

**DIMENSION:** L:7 x W:2 x H:26.5 cms

**EAN13:** 9339337305696

ITF14: 19339337305693 (Inner Carton) ITF14: 29339337305690 (Outer Carton)

**BOX QTY:** 24 PC/CTN







Kura Certified Organic Soba Noodles are made with the highest quality Buckwheat and Australian organic wheat flour. It is enriched with proteins and fibre with no artificial colours and flavours. These soft and slightly chewy noodles can be served hot or cold for a variety of hearty and authentic Japanese dishes.

**97 KURA** - JAPANESE ESSENTIAL KURA - NOODLE & MISO SOUP 98



PREMIUM SOY SAUCE 1.9L



PRODUCT CODE: KJP020 **DIMENSION:** L:12 x H:30 cms EAN13: 9339337308208 ITF14: 19339337308205 BOX QTY: 6 PC/CTN





Kura Premium Soy Sauce is naturally fermented from soya beans with the traditional brewing and flavour of Japan! An authentic soy sauce that is just perfect for everyday use to enhance all your favourite dishes!

**MISO PASTE SHIRO** 500g

\$3.95



**PRODUCT CODE:** KJP025 **DIMENSION:** L:10 x W:8.2 x H:16 cms EAN13: 9339337308260 ITF14: 19339337308267 **BOX QTY:** 12 PC/CTN





*Kura* Miso Paste Shiro has a beautifully rich umami flavour with soft sweet tones. Consisting of enzymes that aid digestion, it also tenderised meats and fish. and further enjoyed to make soups, dressings, and dipping sauces.

MISO PASTE SHIRO 1Kg

\$6.80



**PRODUCT CODE:** KJP024 **DIMENSION:** L:12 x W:8.2 x H:18 cms EAN13: 9339337302237 ITF14: 19339337302234 BOX QTY: 10 PC/CTN





Kura Miso Paste Shiro has a beautifully rich umami flavour with soft sweet tones. Consisting of enzymes that aid digestion, it also tenderised meats and fish, and further enjoyed to make soups, dressings, and dipping sauces.

#### **GLUTEN FREE SOY SAUCE** 1.9L



**PRODUCT CODE:** KJP022 **DIMENSION:** L:12 x H:30 cms EAN13: 9339337308215 ITF14: 19339337308212 BOX QTY: 6 PC/CTN





Kura Gluten-Free Soy Sauce is natural and traditionally fermented fromsoya beans, whilst especially made gluten-free! This authentic Japanese soy sauce is perfect in simmered dishes, stir fry, marinades, salad dressings

#### SRIRACHA SAUCE 740ml

\$6.80



**PRODUCT CODE:** KJP032 **DIMENSION:** L:8 x H:25.5 cms EAN13: 9339337300967 ITF14: 19339337300964 (Inner Carton) BOX QTY: 8 PC/CTN





Kura Sriracha Sauce is ready to add to all your favourite foods. Enjoy the hot and tangy flavours of this versatile

#### ROASTED SESAME DRESSING 1.5L



**PRODUCT CODE:** KJP030 **DIMENSION:** L:9.3 x H:30.5 cms EAN13: 9339337308376 ITF14: 19339337308373 BOX QTY: 6 PC/CTN

Kura Japanese style roasted sesame dressing complements any dish you wish to add it to. From salads, to tofu, to cooked vegetables, meat and fish. It's a must for every pantry!

# SUSHI GINGER PINK \$8.20



**PRODUCT CODE:** KJP023 **DIMENSION:** L:22 x W:3 x H:30 cms **EAN13:** 9339337308253 ITF14: 19339337308250 BOX QTY: 10 PC/CTN





Kura Pink Sushi Ginger is made from fresh ginger root. Its sweet, spicy flavour makes it a perfectly versatile condiment on your favourite dishes.

#### PREMIUM MIRIN 1.9L



**PRODUCT CODE:** KJP019 **DIMENSION:** L:12 x H:30 cms EAN13: 9339337308192 ITF14: 19339337308199 BOX QTY: 6 PC/CTN







Kura Mirin has a uniquely sweet and slightly tangy flavour. Cook it with a saltier base, and vou'll have the key to that distinct umami flavour in Japanese cuisine! Create beautiful fusions in all your favourite simmered dishes, soups, salads and more.

### **RICE VINEGAR** 1.9L



**PRODUCT CODE:** KJP026 **DIMENSION:** L:12 x H:30 cms EAN13: 9339337308277 ITF14: 19339337308274 BOX QTY: 6 PC/CTN



Kura Rice Vinegar is traditionally brewed through the fermentation of premium rice. It's delicate, mildly sweet and natural flavour is perfectly versatile for stir fry, salad dressings, marinades and all recipes requiring vinegar!

#### **SUSHI VINEGAR** 1.9L



**PRODUCT CODE:** KJP021 **DIMENSION:** L:12 x H:30 cms EAN13: 9339337308239 ITF14: 19339337308236 BOX QTY: 6 PC/CTN





 $\textit{Kura}\, Sushi\, Vinegar\, is\, the\, perfect\, seasoning\, for\, authentic$ sushi rice. With a less acidic taste than most vinegar, its delicate and sweet flavour is versatile and excellent in stir fry, salad dressings and marinades

**99** KURA - FOOD SERVICE KURA - FOOD SERVICE 100